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Opinion Protecting yourself against nightmare of mail theft [A4]

Arts Strong local link to Ashland Shakespeare Festival [B3]

Displaced Bulb populace calls on City Hall

By James Carter

ALBANY — Eighteen people from the rock-and-rubble landfill known as the Bulb gathered outside City Hall Tuesday to protest what one man described as "a never-ending string of lies told to us."

Many were haggard and unwashed, their clothes threadbare, like refugees returning from a long forced march.

Battered bicycles lay on the grass while two puppies on a leash stood on

their hind legs and boxed. Most folks smoked cigarettes, their hands trembling with anger, frustration and fear.

All had come from the Bulb to voice a long list of grievances to Assistant City Administrator Ann Ritzma, though most did not like being there.

It was a muggy day though nobody seemed to notice. When Ritzma stepped out of City Hall she seemed surprised by the crowd, though she greeted most folks by their first name.

Lt. Greg Bone appeared nearby, and a few folks in the crowd said "No cops!"

"He's cool," several said, "he's been a really nice person," a view all seemed to share.

After making arrangements, Ritzma ushered folks from the Bulb into the council chambers. The two puppies on a leash went along.

A good number of those present at the meeting July 13 had already moved into temporary quarters provided by Opera-

tion Dignity—a portable shelter erected by that group with the help of Ladbroke Corporation and \$5,000 from the city of Albany.

Folks were there to complain about the shelter and other issues related to the Bulb. Chairs were organized into a half circle with Ritzma and Lt. Bone at the front.

"We're unhappy with the present situation," a woman named Paula began, a chorus of voices making the same point.

There was a long list of complaints, but the main one was that folks living in and out of the temporary shelter recently learned they had just 21 days to move out.

"We were promised 90 days in the shelter," Jimbo the Hobo said. "And this isn't the first promise you broke."

Those living in the portables said there was no running water, no sinks, and lit-

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Another Plaza restaurant closing



SITTING at the counter at Mr. Michael's are Phillip 'Curly' Markus and Art Chisholm, both regular customers at the soon-to-close Plaza restaurant.

Mr. Michael's has been a favorite gathering spot for seniors

By J.R. Deaton

EL CERRITO — The popular Mr. Michael's family restaurant is closing its doors July 18 rather than relocate for Plaza reconstruction. Owners Laurie and Miguel Reynoso say they simply can't afford the high cost of relocating the restaurant to the south side of the Plaza

when north side buildings are demolished to make way for new stores and parking. Plaza General Manager Janet Jolley said just installing a required sprinkler system into the restaurant's proposed new space would have cost in excess of \$400,000.

Mr. Michael's is the third Plaza eatery to close its doors in the past seven

months and some patrons say they are rapidly running out of places to find modestly priced, tasty fare in the area. It is not a fancy place. Mr. Michael's is the kind of restaurant where ketchup and mustard often accompany ordered entrees, but it is a place loved and appreciated by many.

"It's not gourmet food — it's fine food

for seniors like us," said 85-year-old Jane Quarfoot, a longtime Albany resident. "It doesn't bother my stomach. It doesn't have a lot of salt. It's all OK."

She said she and a friend go to Mr. Michael's daily and that she likes the convenience, the hours and the staff. "Since

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EC traffic projections questioned

Despite criticism, commission sends General Plan update to council

By J.R. Deaton

EL CERRITO — The city's proposed new General Plan won unanimous endorsement from the Planning Commission last week. It still has to be approved by the City Council, but last week's vote was a big step forward for the new plan which will guide El Cerrito's land use policies well into the next century. Chairman Carl Groch and Commissioner Sandra Potter were absent from the meeting.

The City Council will hold a public hearing on the draft General Plan this Monday. At last week's Planning Commission meeting, attended by about eight members of the public, there were more questions about such things as traffic growth, public rights of way and the possibility of adding a "fiscal element" to the General Plan.

General Plan Process Team member Kathleen Perka and others continued to question the traffic projections stated in the draft plan. Perka cited one area south of Moerser Lane on San Pablo Avenue that is already approaching levels a 1994 study estimated they would not be at until the year 2010.

"Our numbers are not based in reality," Perka contended. Pointing to the 1994 traffic data used by the General Plan traffic consultant, El Cerrito Beatrice O'Keefe said "we need to have newer data."

Planning Commissioner Kathleen McKinley pointed out that the General Plan traffic estimates were dealing mainly with "spillover" traffic increases onto city streets from the outside or regional traffic growth. McKinley said she is "sympathetic to the people who are alarmed about the increased traffic," but added that El Cerrito cannot solve regional traffic problems.

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Idaho Apartments dedicated

28-unit facility dedicated to breaking cycle of homelessness

By J.R. Deaton

EL CERRITO — The Bible says we will always have the poor among us, but

now at least some of the poorest will have a captain's bed, a microwave oven and azaleas growing outside their front door. The Idaho Apartments, 28 units on 10203 San Pablo Ave. reserved for formerly homeless people with disabilities, had its grand opening last Friday.

The rehabilitated former motel will provide a chance to rehabilitate lives, as well.

About 90 people, including a representative from Congressman George Miller's office, former and current El Cerrito mayors and council members, a few formerly homeless people and a lot of

See IDAHO, Page A12

Sierra Club group opposes plan for restriping Marin Avenue

By James Carter

ALBANY — A restriping plan supporters say will make Marin Avenue safer is opposed by the Sierra Club's Northern Alameda County Regional Group.

Marin Avenue is the main east-west corridor between the Berkeley hills and Interstate 80.

"I don't think the proposal would work," said Jerry Holan, a member of the Sierra Club group. "Reducing lanes and not reducing the volume of traffic would slow things down, which in turn would mean increased emissions from automobiles."

"Our primary concerns are environmental, not safety," Holan added. "We are concerned about safety, but slower traffic will increase air pollution."

The issue came to a head when former Albany Mayor Bruce Mast asked the NACRG to endorse a proposal made by the Albany Traffic and Safety Commission to slow traffic on the avenue.

Under the plan, the current four-lane thoroughfare would be converted into two traffic lanes, with a third left-turn lane running down the middle of the residential street.

The proposal would also create bike lanes on each side of the avenue, add an additional stop signal and slow cars to 25 miles per hour.

Currently, all sides in the debate agree traffic on Marin Avenue generally travels at speeds of 40 miles per hour and faster.

According to Mast, the Traffic and Safety Commission proposal was crafted

'We are concerned about safety, but slower traffic will increase air pollution.'

—Jerry Holan, Sierra Club's Northern Alameda County Regional Group.

to make the street safer for pedestrians and automobiles, and to create bike lanes that would provide an alternative to driving.

"I see close calls on Marin all the time,

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Summer String Ensemble sets July concert

The Albany Community Orchestra's Summer String Ensemble will present its annual July Concert on Tuesday evening, July 20, at 8 p.m. in the Marin School Auditorium. Marin School is located at the corner of Marin Avenue and Santa Fe in Albany. Admission is free.

Featured violin soloists will be Marga Stone, playing the Bach concerto #1 in A minor, and Janet Zia Small, who will perform the solo passages in the "Primavera" movement from Vivaldi's "The Seasons."

Marga Stone is an El Cerrito resident who began studying the violin at age nine in Germany. After college and a promising career with the United Nations, she moved to California with her husband, author and teacher Ralph Stone.

There she raised three sons and worked for UC-Berkeley, designing and managing administrative computer systems. She has played with the Kensington Symphony, the Albany Summer String Ensemble, and numerous chamber groups. Stone currently studies with Berkeley violinist

Jim Shallenburger.

Berkeley resident Janet Zia Small has been a long-time member of the Albany Community Orchestra, where she has often been featured as a piano and violin soloist.

She is a Stanford graduate, where she studied computer music with John Chowning and piano with Adolph Baller. Small has had a varied career as a professional musician, touring and recording with the jazz quartet Alive and The Shakers. Recently she has taken an interest in studying the playing the baroque violin, performing in local early music ensembles. This summer she is serving as concertmaster of the Summer Strings.

Conducted by Ernie Douglas, the strings will also play selections from the "Serenade For Strings" by Sir Edward Elgar.

The Summer String Ensemble is sponsored by the Albany Adult School, with financial assistance from the Albany branch of Soroptimist International.

For further information call (925) 934-3627.



MARGA STONE is violin soloist with the Albany Summer String Ensemble.

Fast action saves pet after attack

EL CERRITO — At 3:30 a.m. June 27, a vandal hurled two rocks through the living and dining room windows of a home in the 7700 block of Curry Avenue, causing \$200 in damages.

Between 2-3 p.m., June 29, someone drew a bow and shot an arrow at a cat near the 5600 block of El Dorado Street. The pet's horrified owner rushed the animal—the arrow still embedded in its skull—to a veterinarian's office. The cat miraculously survived.

A crook smashed open the passenger side window of an automobile parked on the 800 block of Seaview Drive sometime between June 29-30, reached inside and ripped off a laptop computer valued at \$5,340.

On the 2000 block of Key Route Boulevard the afternoon of June 30, a burglar crawled through the window of a house. The thief snatched a backpack and got away.

Sometime either late at night July 1 or during the early morning of July 2, vandals drove an automo-

bile around on the fifth green at Mira Vista Country Club, causing extensive damage.

At 4:50 a.m., July 2, a soda machine at the Union 76 gas station on San Pablo Avenue—one that had been burglarized the day prior—was set ablaze. An eyewitness described three suspects seen near the machine just prior to the fire.

A crook broke a window of a residence on the 7300 block of Manila Avenue July 3, climbed inside and took stereo and computer equipment valued at over \$1,400.

A 20-year-old man was arrested for possession of a concealed and loaded weapon late at night July 4.

At 9:10 p.m. July 5, a burglar climbed through a window into a house on the 5800 block of El Dorado Street, eased the place, then exited empty handed through the garage door.

Target "loss prevention" personnel arrested a 37-year-old woman for suspected burglary the night of July 5. During a search by police, a

POLICE REPORT

crack pipe was uncovered and a suspect was arrested for possession of a controlled substance.

A woman called police to witness a teen-age boy attempt to unlock a car parked on the block of Willow Street the night of July 7. The would-be car thief attempted to engage the ignition with a pair of scissors, breaking the process. The suspect fled away from the scene of the crime and was later detained and identified the thief in a field lineup.

Just after noon July 8, a 19-year-old man waited at the bus out station at a sporting goods store on the 11000 block of San Pablo Avenue, a teen-age boy snatched a wallet from the counter and ran out of the store and into the street.

Unsecured bikes stolen outside shop

By K. Osborn

ALBANY — At about 2 a.m. on July 5, Albany officers stopped a black 1984 Volkswagen Rabbit for erratic driving on San Pablo Avenue near Gilman Street. The two occupants of the car initially gave officers incorrect identification. Upon further checking, one of the occupants, a 38-year-old Oakland man, was found to have an outstanding warrant for DUI and the other, a 31-year-old Alameda man, was found to have an outstanding warrant for being under the influence of drugs. Both were arrested, cited and transported to the Berkeley jail. Their car was impounded.

On July 5, a resident on the 900 block of Ordway Street reported that during the night thieves broke into her gold 1990 Nissan. There were no witnesses.

At about 1:30 a.m. on July 6 a resident on the 1400 block of Thousand Oaks reported that thieves stole her black '94 Honda Civic from in front of her home. There were no witnesses.

On the afternoon of July 8, two Albany boys reported that thieves stole their BMX Predator Single-speed 24-inch bike and black Dymo Single-speed 24-inch bike while they were parked in front of the Toy Exchange on Solano Avenue. There were no witnesses.

On the afternoon of July 8, a resident on the 500 block of Adams Street reported that thieves had stolen his 1982 Honda motorcycle from his driveway. There were no witnesses.

On the afternoon of July 10, officers responded to the 600 block of Madison Street to reports of juveniles who were throwing things into vehicles at the Blind Center. Officers arrested two 12-year-old Albany boys and transported them to Juvenile Hall.

At about 10 p.m. on July 10, Albany officers investigated an 1981 Datsun parked at the northern end of Eastshore Highway and arrested a 39-year-old man for trespassing. He was cited and released with a Notice to Appear.

On the night of July 10, a resident on the 800 block of Adams Street reported that thieves had stolen his silver 1986 Toyota van.

There were no witnesses.

Just before midnight on San Pablo Avenue near Solano Avenue, Albany officers stopped a silver 1998 Honda for erratic driving. The driver, a 27-year-old Hayward man, was found to be intoxicated. He was arrested and cited to be released when sober.

There is nothing new to report from Neilson Street this week. Maybe the two gentlemen have worked out their differences and are resolved to be good neighbors to each other.

During the week of July 12, officers towed two cars, responded to six false alarms, attended to lost or deceased animals and three people who were looking for their house or car and responded to nine reports of barking dogs.

In the domestic arena, officers responded to 25 reports of disturbances and 46 civil assault. Officers stopped 64 vehicles, 23 citations and 41 warnings, firefighter/paramedics responded to four fire calls and five medical emergencies.

Home composting workshop in Kensington

A free home composting workshop will be offered at the Kensington Community Center's Youth Hut at 59 Arlington Ave. on Saturday, August 7, 9-11 a.m. Participants will be given hands-on experience in making, maintaining and harvesting a compost pile.

Practically anyone can learn to compost or improve existing compost techniques by following some basic steps taught in the workshop.

The workshop also touches on worm composting (Vermicomposting) as a means of turning kitchen scraps

into a compost of exceptional quality. Additionally, high-quality compost bins are available at a discounted rate and a free book on home composting will be provided to attendees.

Did you know that each person is responsible for an average of 661 pounds of material sent to the landfill annually, and of that up to an average of 22 percent of the material is potentially compostable (yard and food waste)? You can make a difference by just composting at home.

Composting is fun, easy and it's recycling. Home composting is a simple

way to enhance your garden and help the environment. Compost is a great way to add free nutrients to the soil while decreasing the need for water. If done correctly, a compost pile can produce finished compost within three months which can be used as a soil booster.

All those interested are welcome.

Reservations can be made by calling Deidra Dingman of the Contra Costa County Community Development Department at (925) 335-1224. Class size is limited to 30 people, so reserve your seat early.

WORTH CHECKING OUT

Working in the creek

Get your feet wet on Saturday, July 17, join Friends of Five Creeks in cleaning up and removing invasive plants from lower Cerrito Creek. Bring work gloves and weeding tools if you have them, and come dressed for wading in the shallow creek. Meet at Creekside Park at the south end of Santa Clara Street, El Cerrito (north of Albany Hill). For more information call 412-7257, or e-mail f5creek@aol.com.

Mystery in Albany

M.C. Newburn Books, 950 San Pablo Ave. in Albany, promises "a lively but deadly affair with the piano man ... Evan Horne," when it hosts author Bill Moody, author of "Bird Lives", today at 7 p.m. Later in the month the shop welcomes authors Janet Dawson and Nancy Tesler on July 27 at 7 p.m. Details: 524-1370.

Albany development review

On Tuesday, July 20, the city Planning and Zoning Commission will have a special meeting to help speed applicants through the development review process. The Planning and Zoning Commission typically meets on the second and fourth Tuesdays of the month. Seeing an unusually long queue of applicants requesting Planning and Zoning Commission approval for Design Review of additions, new construction and other permits, the commission decided to hold an extra meeting in July. In addition to this special meeting, the commission will hold regular meetings on July 13 and July 27. The meetings begin at 7:30 p.m. and take place in the City Council

Chambers at Albany City Hall, 1000 San Pablo Ave.

Greenway/Creek Walk

Berkeley Path Wanderers leads a walk on the Ohlone Greenway and lower Codornices Creek on Saturday, July 24. Explore history and possibilities, from the Santa Fe Railroad to pioneer integration efforts to today's art-filled community gardens, creek restoration, and future trails. The walk is level, but some footing may be tricky. Meet at 10 a.m. Saturday, July 24, at the north side of the Berkeley BART Station. Details: 524-0713 or 848-9358.

Acrylics and watercolors

"Painting Myself," an exhibit of paintings by Christine Curtis using acrylics on paper will be exhibited through Aug. 31 at the Gallery of the Center for Psychological Studies. Ms. Curtis, who is also a lawyer, uses a process of automatic painting similar to that used by the early surrealists. Her paintings are on display each weekday from 10 a.m. to 5 p.m., excepting 12 to 1, at the Gallery for the Center for Psychological Studies, located at 1398 Solano Avenue in Albany. Also on exhibit is "Dream Imagery," an exhibit of prints of watercolors by Jon Larsen through July 31. Details: 524-0291.

Weed warriors wanted


Keep spiny, invasive yellow star thistle out of the new East Shore State Park. Help Weed Warriors of the East Bay pull out these pest plants, Tuesdays and Thursdays from 6-8 p.m. Meet at

Marina Blvd. just north of University Ave. (opposite the Berkeley Marina). Wear long pants; bring work gloves if you have them. Dogs are welcome. For information call Virginia Harrison, 510-237-5287, or e-mail susanschwa@aol.com.

Shellmound conference

Our community is home to two historically significant shellmound sites: the Emeryville Mound at the foot of Powell Street and the West Berkeley Mound at the foot of University Avenue. The Emeryville and West Berkeley shellmounds, although now greatly damaged, were once of immense size—nearly 30 feet deep and 300 feet long. Built up from ashes, shells, animal bones, artifacts, and human remains, they remind us that the East Bay has been home to people for thousands of years. On Saturday, July 25, from 10 a.m. to 5 p.m. at Mountain Light Photography (1466 66th St.) in Emeryville, the Berkeley Architectural Heritage Association, News from Native California and the University of California, Archaeological Research Facility will collaborate in a day-long conference to explore the archaeological, scientific, historic, cultural, and spiritual values of these two shellmounds from a number of perspectives. Members of the community are invited to join in the discussion; a forum will follow on how these sites might be managed in the future. All events are open to the public, there is a \$5 suggested donation fee.

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
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Art teacher adds color to school experience

By James Carter

Ed Hill sat at his desk, one cluttered with ceramics and paints and drawings. The blue denim sleeves of his shirt were rolled up to his elbows as he looked over a painting done by a student.

Students at Albany High School, their work in hand, waited their turn to speak with him. It was the last day of school.

Light splashed in through a wall of windows with brass latches. Paintings leaned against walls, intoxicated by the light, as a spectrum of students waited patiently to hear their name.

"Next!" Hill said with the voice of a football coach.

Two students entered the classroom just to see him and give him a card they made. Hill smiled. He was glad to see them—Genuinely glad and grateful for the gift.

Students fluttered about talking, flirting, waiting.

"Next!" Hill said again in a booming voice. But the kids were distracted. It was warm outside and summer vacation beckoned them.

A young Asian man with baggy pants stood up, with a burn hair-cut, his hair trimmed like a round cap. He took his time walking to Hill's desk, swaggering as he held a watch chain.

"Let's go! Hustle!" Hill said. The young man jogged to the desk. The art teacher looked at his work.

"Good, good," he said. "Terrific." "So what's my grade, Mr. Hill?"

"I'm gonna have to flunk ya," Hill said, looking him right in the eye. The young man was stunned.

"You got an A," Hill said with a smile. "You did good."

The young man smiled. He got an A. Mr. Hill's hell.

Three weeks later, Ed Hill is at home, answering the door, a big Southern California smile on his face. He's been painting like crazy, and there are canvases everywhere, brilliant colors neatly stacked, one leaning on another, a huddle of art work waiting to break loose.

Hill is a terrific artist and paints in an unusual style all his own, a style he calls "abstract expressionism." From a studio in his backyard that opens up to the garden, Hill paints people, rivers and streams, coastal mountains, winding roads, stormy days and starry nights.

He also paints locker rooms. Locker rooms. He knows a lot about those. Hill was a football player and a coach for years.

"All the images that stick with me from my football days are centered around that locker room," he said. "That's where all the drama is, that's where all the good stuff takes place."

"A lot of wins, a lot of defeats, I've been on both sides. I feel like, why just paint the heroes? Let's say there's 10 teams in a league. One of them wins, the rest lose. That's the way Americans look at it," Hill said.

"Take the Super Bowl. The team that loses is the 'loser.' But wait a minute, the 'loser,' they were one of the best in the country. They're winners, too. I'm just tired that one team gets all the recognition."

Just looking at Hill you can tell he knows a lot about football. Now in his mid-50s, he's still built solid as a rock, a linebacker with a big red Jeep.

As a senior at John Burroughs High School in Burbank, Hill won all-league honors as a linebacker. It was at Burroughs High where he had his first experience with the arts.

The first day of his senior year, Hill was kicked out of an art class.

"You're captain of the football team, aren't you?" the teacher asked.

"Yep," he answered with a bit of pride.

"You're out of here," his teacher replied. She didn't allow athletes in her class.

Fortunately for students at Albany High School, when Hill went to Glendale City College, he was forced to take two art classes.

"I petitioned to get out because I was a football player," Hill said, "since I got kicked out of class in high school." But he needed the classes to transfer to Cal Poly San Luis Obispo, so he took them during the summer.

"I just fell in love with art," he recalled with a grin. "I said, 'Sheez, this is the greatest!'"

As it turned out, Hill didn't attend CalPoly. There was a tragedy. The school lost half its football team in a plane crash just at the time Hill was being recruited.

"They were just devastated by that," Hill recollected. "It was terrible. And I wanted to go to school where people were upbeat and positive. By the way, do you know who one of their football coaches was? John Madden. That's why he doesn't fly."

Hill received a scholarship to Whitworth College in Washington, a school with good programs in both art and football. He received his bachelor's degree there, with a major in art and a minor in physical education.

After coaching football at his

high school alma mater for a year, Hill was admitted to Otis Art Institute in Los Angeles where he earned his master's.

It wasn't long before a friend told him about an opening at a high school in a town called Albany.

"I heard about this job and I couldn't find Albany on the map," Hill said. Nobody knew where it was.

Ready to give up on what otherwise sounded like a great opportunity, Hill happened to take his kids to McDonald's. Though not generally known as a bastion of knowledge—the nutritional breakdown of a Big Mac excluded—McDonald's had a map of all the spots in the nation where one could order a McMuffin. There, across the bay from San Francisco, no less, was a star marked "Albany."

"Of course McDonald's is actually in Berkeley," Hill said, "but then I finally knew where it was."

Through a series of events best described as a combination of tenacity, good luck, and a minor miracle, Hill landed a job teaching at Albany High, a position he has enjoyed for 26 years.

There he has opened a world of art to thousands of students. It's safe to say not one of them will ever forget him.

And Ed Hill is determined to fight for young people and their right to experience the arts, which he considers to be "the most important part of an education."

"Let the arts teach people to love life and enjoy it," Hill said.

"After nine years of college and taking math all the way through, all I ever use is a little addition, subtraction, and multiplication. In my entire life since graduating from college I haven't used trigonometry or calculus. We overemphasize that stuff."

Hill's eyes are wide open now, a star athlete waiting for the football to snap.

"We get kids in art doing a project and they never want to leave. You look at kids in a math class and they never want to stay. They're looking up at the clock the whole time," Hill said.

"When we were kids we had all these wonderful classes where kids could build things. We had art, we had shops. Now people can't make or repair anything. My prediction is that in 10 years, anyone who can use their hands will be making more than anyone sitting behind a computer because there will be



JOANNA JHONKA

WITH SCHOOL OUT, Albany High teacher Ed Hill is focusing on his own artwork this summer. The former high school football coach is working on a project to put his memories of the locker room on canvas.

such a demand for people that know how to build things and to fix 'em."

"I'm getting militant now," Hill says with a smile. "I'm kinda angry. We've got kids who can do great things. But we don't give them the chance. We've got to get kids to explore things, to express themselves,

to learn about art and music and be creative. We've got to give them freedom."

With a shake of his head, Hill said "Unfortunately, this great society of ours decided to ruin things for kids. Now we're paying for it. Now we've got gangs, we've got kids in prison, we've got all these problems. So

we'll build more prisons. What is that? We should be out there taking care of these kids, giving them the chance to play sports, to have fun. That's what I think, anyway."

Ask any student of Ed Hill what they like most about the man, and they'll tell you. It's simple, really. Ed Hill is hella cool.

Burnett calls NRC report 'disturbing'

By James Carter

A report revealing that 35 nuclear power plants in the United States are not yet Y2K compliant is "disturbing news," said Bob Burnett.

Burnett is a computer program expert currently advising the city of Berkeley in its Y2K preparations.

The startling July 7 report released by the Nuclear Regulatory Commission said, "Of the 35 (U.S.) plants, about one third have remaining work involving systems needed for power generation. Other plants have work that deal with plant monitoring and administrative systems."

"None of the remaining work affects the ability of a plant to shut down if needed," according to the

NRC report.

"It is disturbing, I think, that with all the pressure to become complaint, there's that much stuff to do," Burnett said July 10. "And it is sobering news for the rest of the world. I would think there is a high likelihood that a nuclear power plant offshore might have problems."

"I'm really surprised that the New York Times hasn't published an article about this."

The report, available on the world wide web, said "there are no Y2K-related problems which directly affect the performance of safety systems. Sixty-eight of these plants indicated that all of their computer systems that support safe plant operation are 'Y2K ready.'"

"I would understand that to mean

they will have the systems ready to shut down if need be. Yet it seems to suggest that there's not really a problem with the safety systems."

The NRC findings break down their findings plant by plant. Diablo Canyon, located in San Luis Obispo, shows a "Y2K ready date" of Sept. 31, 1999.

The report said "typically, the remaining Y2K work to be completed after July 1 is because of a scheduled plant outage in the fall, or the necessity to wait for delivery of a replacement component."

"We might be looking at the possibility that a handful of plants might be shut down," said Burnett. "Some parts of the United States might have less power generated as a consequence," he said.

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Opinion

VIEWPOINT

Thorough Plaza review protects public's best interests

By Mike Daley

While El Cerrito's business community has carried out an effective political and public relations campaign to get the El Cerrito Plaza development approved as quickly as possible, reading that "El Cerrito's design review process is too slow" (Journal, July 8) brought to mind the story of the boy who cried wolf.

Recently we heard similar complaints about the Planning Commission—before it finished on schedule, with little or no delay.

There was name-calling and accusations of "pre-judgment" from people who themselves were demanding the Planning Commission act as little more than a rubber stamp for the developer. The Chamber of Commerce went so far as to call ahead of time for commissioners' resignations if they didn't approve (or was it pre-approve?) the plan.

Certainly our city needs to move forward as quickly as possible on Plaza revitalization, but also to see that our General Plan, zoning laws, and building guidelines are followed. That is why we have a Planning Commission and Design Review Board. They are appointed by our elected City Council, and are thus part of our democratic process.

Those watching the approval process know that in terms of filing applications and designs that could be reviewed, the owners have gotten fairly rapid response from city staff and commissions. If the few months that have elapsed since American Stores actually filed an application have been the "toughest" Mr. Gee

has been through as an architect, he must be a very lucky architect, indeed.

If the DRB is making Mr. Gee's life difficult even in the face of the business community's pressure campaign to approve the Plaza, I give them sincere thanks and admiration. It is their job to make his design fit city guidelines—otherwise we might as well dispense with the DRB (and the Planning Commission), and just let businesses build whatever they want.

It also seems contradictory for the developers to claim that they can't submit designs because they don't have tenants, and then to blame city commissions for holding up the process. Even "major national tenants," have to follow our city's laws. If the developers can't design without leases, they can't get designs reviewed until then.

Certainly they can't build without tenants, leases or designs, anyway. They could start work on the buildings they have designed—and which have been approved—and get approval for other buildings after they have tenants, leases and designs.

To be blunt, I would think the DRB would tell them to come back when they have designs to be reviewed.

The whole city is looking forward to a revitalized El Cerrito Plaza—and soon. However, as citizens we must insist that our interests are protected by city staff, commissions and elected officials. After all, we will be living with the results for decades. A speedy Plaza approval process is appropriate, a hasty one is not.

A firsthand warning about mail theft

Regulatory changes are needed to help residents deal with a growing crime

By Michael Fretz

In October 1997, I received a letter from First USA Bank requesting proof of my current address and a photocopy of my social security card to process my recent application. I began to suspect that a pre-approved credit card application had been stolen from my mailbox and sent in with a change of address. So started my long and difficult experience with mail theft and credit fraud.

This article recounts my experience with the rapidly increasing problem of "identity theft" and recommends changes to laws and policies that heap insult onto the injury suffered by the victims of this crime.

While we live in a country where nearly every measure of violent crime is decreasing, this other, more subtle invasion of our personal lives is on the rise (for violent crime statistics see the latest FBI Uniform Crime Report, for identity theft statistics see the U.S. Postal Inspection Service's Law Enforcement Report titled, "Identity Theft: Stealing your name and your money"). Debbi Baer of the U.S. Postal Inspection Service, in the above referenced report, describes some of the methods used by identity thieves.

"[They] may use a variety of tactics to drain your finances: posing as a loan officer and ordering your credit report (which lists account numbers); 'shoulder surfing' at the ATM or phone booth to get your PIN code; 'dumpster diving' in trash bins for unshredded credit applications, canceled checks or other bank records; or ... notifying the Postal Service to redirect your mail to the address of choice, such as a mail drop, which allows anonymity."

In my case, it started with mail being stolen from my home in El Cerrito.

I was concerned enough about the letter from First USA Bank that I re-

turned it, stating that I had not applied for one of their credit cards. I asked that they not issue a card in my name and that they send me a copy of the original application.

I also went to the El Cerrito post office to see what could be done to safeguard my mail. The clerk suggested that I fill out a customer complaint form, describing what had happened, and someone would get back to me.

I thought I was handling the situation responsibly—notifying the people involved and waiting for them to respond. Unfortunately, I did not keep my copy of the postal complaint form, nor did I follow up on the letter to First USA Bank. These two mistakes caused me endless grief in the months to come.

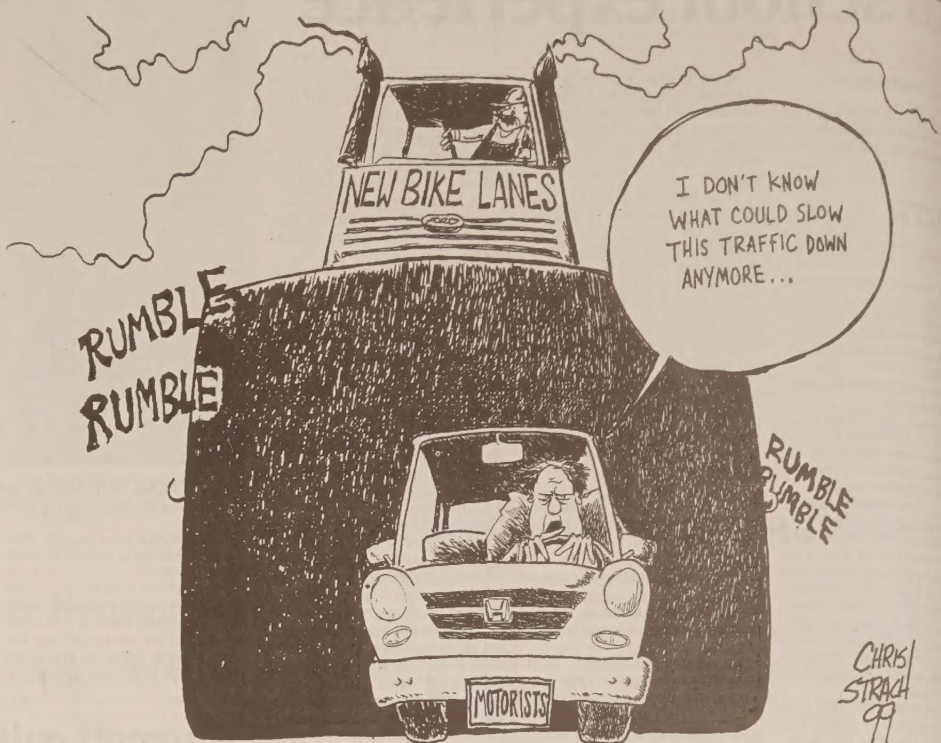
Some time passed and I did not hear back from the post office or the bank. In the meantime, someone continued to go through my mailbox while I was at work. I later realized that mail was being removed selectively, so it was not easy to detect.

The real problems started when I received my credit card statement after Christmas. I could not believe the amount due on my account—I thought I had stayed within my Christmas budget. The problem was not my spending, but rather that someone had obtained "convenience checks" drawn against my credit card and cashed them for over \$7,000!

I learned later that the bank issuing my credit card thought I might like a few checks to use during the holidays, in case a merchant did not take credit cards. Unfortunately, my bank did not warn me that checks were sent and they went completely unnoticed when stolen from my mailbox.

The checks were laundered through fraudulent bank accounts in Northern and Southern California. I later obtained copies of the checks from my bank. The criminals in-

See MAIL, Page A12



LETTERS TO THE EDITOR

Raze and then raise the Plaza

I have been a homeowner in El Cerrito for 25 years. Along with neighbors and friends from nearby communities, I continually lament with exasperation the lack of progress on Plaza development since Emporium/Capwell closed. So naturally I cheered the news that plans had finally been agreed upon and demolition of Capwell's would begin the first of July to pave the way for rebuilding. Today The Journal reported about frustration of architect Edward Gee getting plans approved by the Design Review Board—the most difficult he had encountered in 36 years.

Here we go again, I thought. There has been a history of frustration for merchants wanting to do business in our city.

Obstacles and roadblocks seem to be the city's way of welcoming. The welcome mat is upside down. The Plaza has such potential for business in a wonderful community that is rich in cultural and demographic diversity.

I beseech those in positions of power to say with their actions "Come to El Cerrito; do business here" and then make it possible. Those who live here are dying for some great places to say hi, to dine with neighbors and friends again and to spend our revenue raising tax dollars.

Please let the Plaza be razed so it can again be raised. Now — Yesterday.

Judy Chandler
El Cerrito

Unrealistic estimates, unrealistic ideology

Traffic estimation is an accepted methodology, used to predict future traffic for alternative development scenarios. It uses statistically validated factors to justify spending billions of dollars to try and reduce congestion.

Californians accept this, as well as earthquake probability and the associated damage assessments. Taxpayers understand that we have to spend billions to retrofit structures. If someone claimed the forecasts are overstated by a factor of 10, we would check it out, to see whether earlier forecasts were wrong. As long as the new claims stated unproven would we let special interests deliberately use false data to divert funds to their own pet projects?

It has happened here in El Cerrito, where the Planning Commissioners have just recommended adopting a General Plan based on a single consultant's claim that regional traffic growth will total only 5 percent in 20 years! This is a fraction of what is being projected by our regional agencies for the I-80 freeway/San Pablo Avenue corridor.

When asked for proof, the consultant pointed to a single sentence in an outdated 1994 report. The report assumed unjustifiable benefits concerning the HOV freeway lane and a proposed, but discarded, light rail line along San Pablo connecting downtown Oakland and Hilltop.

Actually the immediate next sentence of this report says the corridor "will operate at 17 percent over its capacity in the year 2010," confirming recent MTC, ABAG, BART and Con-

gestion Management Agency figures.

The obviously embarrassed Commissioners tried various excuses: "This is in any case beyond our control." "How can we know what the correct numbers are?" "Computers and Internet are changing behavior." There may be some validity to the last statement, so I queried MTC. They said they see no immediate effect of Internet use on traffic, but will try and discern a trend on the basis of their new year 2000 census survey.

The Planning Commissioners did not insist on current and realistic estimates, thus we cannot plan adequate measures for managing the increased "cut-thru" traffic on local streets, nor reserve space around BART stations to streamline transit transfers.

El Cerrito already is a "City of Homes." San Pablo Avenue should get destinations, offices, hotels, institutions, retail to serve them, and a chance for pedestrians to cross the Avenue.

Yet, the commissioners approved a senseless plan that promotes dense housing on San Pablo Avenue, rather than where we, and they, would want to live. Not because of ignorance. What drove them was plain garden-variety opportunism.

They were all nominated by an ideologically motivated political group that's pushing economically disastrous "people warehouses" in undesirable locations and has traditionally used the commission as a testing ground for potential office holders.

Our town has real challenges and problems to solve. We do not need council candidates who will whitewash hogwash. If we do not understand the disasters wrought on our town by the Norman La Force/Norma Jellison duo, we might go along with their chosen successors.

Obviously, potential candidates are being pressured to prove their loyalty. The Old Guard is deathly afraid of candidates who, like Mayor Gina Brusatori, might think for themselves and for a better town, rather than promote the interests of the Political-In-Group.

Peter Loubal
El Cerrito

Beyond legacy thinking

I read with interest the recent letter by Art Schroeder, in which he calls upon local politicians, business leaders and citizens to join forces behind the call for greater balance and stabilization among funding sources for local, county, state and federal tax revenues. I agree with his position of getting a fairer share of our income and property taxes working for us. I agree with his compliment of the hard working Committee of the Whole (CotW), as it tries to find solutions to help improve the financial situation in the city.

But, the problem is larger than recent state takeaways and a lackluster commercial environment.

In retrospect, these revenue losses have been modest in relation to other spending misuses and questionable allocations by the city. And, since the city has gained significant revenues from other tax sources in the meantime, one is left to ask, where's the money that's missing under "deferred maintenance" all these years? Or, what if the city's RDA had spent millions of dollars more wisely, and in a strategically sound

manner—would we have more than a lackluster commercial environment today?

Pointing to state takeaways does not fully address the right issue. Trying to rally people to campaign against the state is not addressing the right target if we can't clear up the internal damage first. We need to get beyond the legacy thinking of the past that points at external sources rather than finding real solutions. It's about as ineffective as promoting petitions, however well-meaning, but produce no results, or planning endless "visioning" workshops that are always cast to hold promise, but go nowhere.

There are still winning solutions that can greatly improve El Cerrito. But, there's been too much breakthrough achievement by any of the behavior we've seen in the past.

What we need now are more people who know how to get to the source of a problem and who can deliver results. As we look towards candidates who might want to lead us tomorrow, let's not get caught choosing those who are quick to pin blame, look for simple solutions to complex problems, or fall back on legacy behaviors of the past instead of addressing the needs of tomorrow.

Grant Rickelt
El Cerrito

Folks behind scenes made celebration a success

I would like to thank all the people who gave their time and effort to make this year's July 4 celebration a great success.

This event could not have been possible without the help of Jewel Okawichi, George Krebs, Michael Kaplan, Diane Haas, Owen Jones, Roxanne Wiley, Alan Cain, Ray Anderson, Jack Rosano, and city of Albany staff, especially John Medlock, Jennifer Adams and Bill Jones.

Jon Ek

Chairman, July Fourth Committee
Albany

Close the School of the Americas; Support HR732 and SB873

The School of the Americas in Fort Benning, Georgia, has earned the name School of Assassins because most Latin American dictators are graduates of the SOA. Our U.S. tax dollars have trained more than 59,000 Latin American military, policemen and civilians to torture, rape, "disappear," and massacre civilians. These techniques are in the curriculum. Our tax dollars fund these crimes against humanity.

Since 1990 the growing movement to close the School of the Americas has included demonstrations, public fasting, civil disobedience (and prison terms meted out by the same judge who sentenced Dr. Martin Luther King, Jr.), and education by trade unions and religious organizations.

Rep. Joseph Moakley (Mass.), with strong

See LETTERS, Page A5

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"... were it left to me to decide whether we should have a government without newspapers, or newspapers without a government, I should not hesitate a moment to prefer the latter."

— Thomas Jefferson, 1787

Filing period opens for school board elections

By Glen Price

On Nov. 2, West County voters will elect two members to the West Contra Costa Unified School District's school board.

Last Monday, July 12, the filing period opened for people who wish to become candidates for this office.

Forms may be obtained from the Contra Costa County Elections Office at 524 Main St. in Martinez. Call 925-646-4166. Candidates have until 5 p.m. on Aug. 6 to file election papers. Two school board members, Adrienne Harris Pitts and Diana Easton, are up for re-election at this time. If either incumbent chooses not to run

WEST COUNTY SCHOOL WATCH

the filing period will be extended by an additional five days.

ECDC candidates night

The El Cerrito Democratic Club has announced plans to hold what will likely be the first opportunity to listen to and ask questions of all prospective school board candidates. The candidates' night will be held on Tuesday, August 24 at 7:30 p.m. at the Northminster Presbyterian Church 545 Ashbury Ave. in El Cerrito across from El Cerrito High School. All members of the public are warmly invited to attend.

Want to receive this column and other action alerts on local school issues delivered to your e-mail? Send the message "Subscribe" to pak-glen@aol.com. Glen Price is a member of the WCCUSD school board; opinions and views expressed here are his own and do not reflect official views or positions of the school board or WCCUSD unless noted.

Letters

FROM PAGE A4

bi-partisan support, introduced HR732. An SOA vote is expected in September. SOA supporters are targeting co-sponsors of this bill. DO NOT TAKE ANY CO-SPONSOR FOR GRANTED.

Our legislators need to know they have strong constituent support for closing the school.

Thank them for their position, or urge them to close the School of the Americas. Phone (202) 224-3121 and write your representative: The Honorable _____, U.S. House of Representatives, Washington, D.C. 20515.

Senators Feinstein, Boxer, and others have co-sponsored SB873. We need the support of the Foreign Operations Subcommittee: Bennett (UT), Bond (MD), Campbell (CO), Gregg (NH), Harkin (IA), Inouye (HI), Lautenberg (NJ), Mikulski (MD), Murray (WA), Shelby (AL), and Specter (PA). Phone the Capitol Switchboard (202) 224-3121 and write: The Honorable _____, U.S. Senate, Washington, D.C. 20510.

Request an update from SOA Watch, P.O. Box 4566, Washington, D.C. 20017. (202) 234-3440.

Joan Bartulovich
El Cerrito

other 25 cents a gallon at the local pump in the last month.

All right, long distance service, despite the promises of de-regulation, is being jacked up with quadrupling, monthly "usage charges" (whether you use it or not)...something we never saw a few years ago. Sure, another power outage...the third in the last six months...this one caused by a "squirrel," (if you can believe it) no less.

So what if it fries your software and costs you another \$100 to restore it?

The post office?... Forget it!... unless you like spending half your morning waiting to mail a manila envelope or pick up a package!

Housing? Yeah, sure... maybe in Fresno or Arcata.

It's all beginning to look like the proverbial frogs being slowly boiled to death in the caldron of water.

The heat rises so gradually, no one really notices... and if you do, good luck getting anyone to take you seriously.

It's hard to draw attention to reality when so many people are maniacally busy trying to make a killing on the Internet or blabbering away... slurping their new age power drugs.

Frogs Fricasseed anyone?

Marcus O'Realuis

Berkeley

Don't say you weren't warned

Okay, so the price of gas is up an-

Mail letters to the editor to P.O. Box 1624, El Cerrito, 94530 or e-mail them to journal@cctimes.com

All letters must include a phone number for verification

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EL CERRITO IN BRIEF

Body found on Berkeley shore

The body of a 46-year-old El Cerrito woman was found washed ashore Saturday afternoon at 1:45 p.m. near the Berkeley marina. The grisly discovery was made by a woman walking her dog and looking for seashells on land owned by Catellus to the southwest of Seabreeze Market. Authorities later identified the body as that of a woman reported missing to El Cerrito police at 2 a.m. on Saturday. Police said there were no sign of foul play. Police said the woman may have drowned after jumping off the Berkeley pier.

Fire prevention

On a 3-2 vote last week the City Council approved \$5,000 towards a coordinated fire prevention project on the western slope of Wildcat Canyon.

The \$5,000 matches amounts committed by the Kensington Fire Protection Board of Directors and by the East Bay Regional Park District. Called the "vegetation management demonstration project," El Cerrito Fire Chief Mark Scott reported the effort will reduce the risk of wildfires in the area.

The work will be done by a professional crew from Shelterbelt Builders Inc. and local volunteers. According to Scott's report to the council, work will consist of selective cutting, pruning and thinning of

"fire-prone and exotic vegetation in the buffer zone behind houses." Locally collected seeds will be propagated and planted after the first winter rains to restore native plants.

Councilman Norman La Force argued that an environmental review should be done prior to council approval of the project. Shelterbelt wildfire specialist and project manager William McClung told the councilmembers they were playing "Russian roulette with the health of your city and the safety of your city by having basically no break in very heavy fuel loads right up to the edge of the city."

Cadillac dreams

Michael W. McNevin of McNevin Cadillac and Volkswagen of Berkeley sent a letter to the City Council earlier this month to explore the possibility of relocating to El Cerrito.

The dealership sold 950 vehicles last year with a total sales volume of \$30 million. McNevin said he hopes to sell 1,150 vehicles this year amounting to \$35 million. Thirty-five million dollars in sales would generate \$350,000 in sales tax for the city, Community Development Manager Gerald Raycraft noted in a recent memorandum to the city manager and the City Council.

McNevin said the dealership started

in Richmond in 1939, moved to Berkeley in 1967 and now needs space to expand. McNevin has his eye on the Redevelopment Agency's 3.9-acre Eastshore Boulevard Development Site. The agency was recently put into hiatus by the City Council, but can be reactivated for an "extraordinary opportunity." The matter will be discussed at the July 19 council meeting.

Creek development

The council voted unanimously last week to help convert part of an underground storm drain into an above-ground creek along the northeast side of the Plaza. They authorized creek improvements costing about \$8,000 to be paid out of the National Pollution Discharge Elimination System (NPDES). Currently, an underground storm drain runs under a northeast section of the Plaza, under what will be the location of a new Lucky-Savon store.

The new creek will run above ground for 220 feet, just south of Fairmont Avenue within the Ohlone Greenway on city-owned property. Total creek improvements are estimated at \$20,000, with most of the money being paid by Plaza owners. NPDES is a federally mandated clean-water program funded by a storm drain utility assessment collected by the county.

EL CERRITO PLAZA

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Home, garden tour to benefit Richmond Plunge

It has been 25 years in the making, and the fruits are evident. So are the vegetables and the ornamentals.

The house and garden of Walter and Jean Brooks started about the same time on a 50-by-150-foot lot along a bayside road in Point Richmond. Walter is an architect and was eager to execute his ideas on his own property.

The couple and their four children built the house in an oblong shape reminiscent of a Mayan temple.

The three-story, steel-frame structure, covered with acrylic shingles, is about 800 square feet on the ground floor. It has received an American Institute of Architects' award and has been featured in Newsweek and Sunset magazines, plus publications in Germany and

South America.

What started as an edible landscape now includes ornamentals, such as New Zealand and other ferns, and moss among the rocks. But 80 fruit trees — dwarf and semi-dwarf — and several levels of gardens still beautify the lot.

There are strawberries growing on top of the garage and as ground-cover around the upper terrace.

A seedling area along the front fence is situated above a plot of carrots, beets and other root vegetables. A level of squash and chard is separate from cool crops of lettuce and cauliflower. Blueberries border both sides.

Below a plot of corn and potatoes is a vineyard that has been developing for eight years. Seven ponds

throughout the terraces, each with mosquito-eating fish, help reduce maintenance and keep the house cool, Walter said.

The garden will be part of a home and garden tour of five Point Richmond homes and five gardens from 1 to 4 p.m. July 18. Sponsored by Save the Richmond Plunge Trust, a nonprofit community group, the tour will begin in front of the plunge, at East Richmond Avenue and Garrard Boulevard. Call 510-235-0738 for tickets at \$25.

Paintings of the tour gardens created by local artists will be auctioned during a reception after the event.

All proceeds will help provide seismic upgrades and repairs at the plunge, which was damaged in the 1989 Loma Prieta earthquake.

Sea Scouts sue to return to marina

Berkeley yanked troops' free berths over national policy on atheists, gays, but local troops say they don't discriminate

By Chuck Squatriglia

A group of young mariners has sailed into legal waters with a lawsuit challenging the city's decision last year to revoke its free berth at the Berkeley Marina.

The 16- and 17-year-old boys from the Sea Scout Explorer ship Farallon, and their skipper argue that the City Council broke a decades-old promise when it ended the troop's free ride at the marina because of Scouting's long-standing policy barring gays and atheists.

Word of the lawsuit, filed in Alameda County Superior Court in February, surfaced Monday when city officials named in the suit were served with subpoenas.

City officials were tight-lipped Tuesday, but City Attorney Manuela Albuquerque said the case "has no merit and will be resolved in favor of the city." Councilwoman Diane Woolley, a longtime critic of the Scouting policy, insists the council did the right thing.

"They are defending their right to discriminate," she said. "Berkeley doesn't do that."

Two Sea Scout troops, the Farallon and the Northland, lost their free berths at the city marina in May, 1998 because the Scout policy against gays and atheists defies a city

law requiring those who receive free city services to embrace nondiscrimination.

Although the two troops insisted they have never discriminated, the council told them to pay their own way. The Northland moved to a free berth at the Richmond Marina, but the Farallon has been unable to find another home.

For more than a year, Skipper Eugene Evans, a high school teacher in Alameda, has been paying \$433 a month to keep the 85-foot former Navy patrol boat at the marina, said his attorney, Jonathan Gordon of Pleasant Hill.

Evans could not be reached for comment. But Gordon said Evans has been forced to charge the boys for cruises and other activities, and that the council's decision has gutted the Farallon program because many of the boys can no longer afford it.

"It is disintegrating," Gordon said of the group.

The Sea Scouts are affiliated with the Mount Diablo-Silverado Council, which governs Scouting in Alameda and Contra Costa counties. The council provides insurance to the Sea Scouts, but not financial support for the programs, Gordon said.

At the heart of the lawsuit is an allegation that the council violated a

verbal agreement, made in 1988, to provide the Scouts with a free berth in exchange for 80,000 tons of fuel from Camp Berkeley, then owned by the Boy Scouts. The rock was used in the construction of the marina and portions of Aquatic Park.

Gordon said the council in 1988 reaffirmed the agreement, recorded in the book, "A History of the Mount Diablo Council Boy Scouts of America 1910-1958," written by Victor J. Blad, executive director of the Scout group at the time of the agreement.

However, in reaffirming the agreement, the council also ruled the berth could be revoked with 30 days' notice, city officials said.

Gordon accused the council of playing politics at the expense of a program that teaches dozens of seamanship and the value of teamwork.

"The City Council wanted to make a political statement to the national office and used these kids to do it," he said. "The kids are suffering because of it."

Berkeley Opera's first homegrown production opens tomorrow

The world premiere of "Serpentina," an original opera written by Albany resident John Thow, will open at the Julia Morgan Theater beginning July 16.

Thow, a professor of music at UC Berkeley, based Serpentina on the tale by E.T.A. Hoffmann, known best a story upon which The Nutcracker is based. This is the company's first entirely homegrown operas.

Serpentina is a fantastic tale about a promising though inept young man

that falls in love with a serpent — one with extraordinary powers of seduction.

The snake — the offspring of a salamander from Atlantis — evolves into a beguiling woman who unleashes a string of events that include a love triangle, sorcery, and a battle between the forces of darkness and enlightenment.

Serpentina is the brainchild of Jonathan Khuner, whose Berkeley Opera Company has delighted audi-

ences with both standard and out-there repertoire for many seasons.

Details or tickets on the Berkeley Opera performances of Serpentina, which runs through Aug. 1: 841-1903 or (925) 798-1300.

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SATURDAY, JULY 24,

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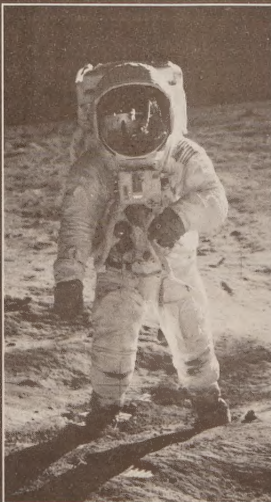
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Spain offers traveler many memorable sights

Community Folk

By Clara-Rae Genser

As we leave Spain:

At our farewell dinner we were asked to speak about our favorite places in Spain. Three places won unanimous votes. First is The

Guggenheim in Bilbao, of which I have already written. This magical titanium and glass edifice will forever live in our memories.

Second was the Alhambra, in

Granada.

This Moorish citadel, again, is beyond description. We were so fortunate to have a guide who loved every inch of several buildings snuggled in a garden spot, and cared for by loving attendants. He was also a history teacher, so he included history with architecture.

We traversed the fortress and the Generalife, the summer palace of the Kings of Granada, with its terraced water gardens, and the Chapel Royal, with its tombs of the Catholic Monarchs. Besides its own beauty, it is built so that through every aperture is a glorious view. An incomparable architectural treasure, and we traversed every bit of it, happily.

The third most moving and exciting adventure was in Foix, or rather, outside that lovely little town in the French Pyrenees. It was during our visit to the Grotte de Niaux, the caves at Niaux. Under a natural stone canopy so vast that it was impossible to photograph, was an opening to a cave. Led by a naturalist who knew every step of the rocky, uneven path, often damp and slippery, of ten steep, or running beneath an

overhang so low even the shortest of us had to bend below it. We followed the path for some time, carrying lanterns to enable us to see where the next step might safely be found. At last we were told to put down and turn off our lanterns. Led only by our guide's soft light, we found ourselves on a slightly wider area where we saw prehistoric wall paintings that literally took our breath away.

I have seen petroglyphs in other spots around the globe, but these were not petroglyphs. These were works of art.

The bison was as full-bodied and menacing as anything you might see on foot. The antelope, with his swept-back horns, was a delicate and beautiful creature. There was even a horse, although it was only suggested, which made me feel that these were not creatures they saw very often.

The drawings were variously situated on the wall of the cave, near each other yet not part of each other. The bison was obviously the most important creature, and was pictured several times. As a source of food and of danger, he had to be most important to the people of the time.

How exciting and thrilling. Our visit then to a nearby museum was also delightful. Featuring collections of tools, furnishings and illustrations—including an entire classroom—gave us graphic illustrations of the "vanished traditions of peasant Arriège."

There were other delights during the trip. The quick stop at Burgos, hometown of El Cid; the tour of the walled city of Carcassonne, led by author Lily Devezze who knew she was a character and who revealed in it. We all bought at least one of her books. Mine, a (very) short history of France is amazingly full of information in very little space.

And although I mentioned Seville, I did not mention the Flamenco dinner and show. Although we could not see what we were eating, we were mesmerized by the dancers and the wonderful flamenco rhythms.

In my first report, I spoke of the Spanish art at the Prado. This was enhanced when we visited the other most renowned Spanish artists. Salvador Dali's museum in Figueras was planned and constructed by the artist, and is a roving path through his works. Most

unusual. In Barcelona, the Picasso Museum is situated in three old palaces, on a small street awash with art.

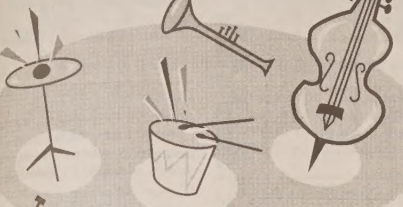
Barcelona, too, is of great interest. A city that has reinvented itself several times, it is still growing and building. In fact, the Holy Family Church, which has been building since the 1880s, should be finished, they tell us, in about 70 years. And if you see it you understand. Every inch of every tower is a work of art, all, of course, constructed by hand. Gaudi is the name you hear everywhere, and Barcelona is, indeed, Gaudi's city.

From very modern apartment buildings with the most amazing iron railings, to the aforesaid church, his touch is everywhere.

I wish I could introduce you to everyone of my co-travelers. Most of them are teachers from the greater Bay Area, although a few were not. One of the two we called "The Sisters" lives in Connecticut with her two-star admiral husband and children. Another couple have retired to Nevada. Our leader, Marilyn Nye, and another traveler, Bev Hock, have doctorates in children's literature, and read us chil-

See FOLK, Page A12

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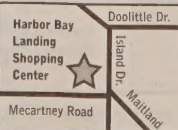
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The diary of a former non-swimmer

Editor's Note: After 50 plus years of sitting on the sidelines, Alice Stern recently decided it was time to take the plunge and learn to swim. The following is a diary of the Lafayette resident's adventures.

July 1997: Patti Barker told me today about an adult swimming class she just completed. The classes were in Berkeley given by a woman named Melon Dash, the founder of the Transpersonal Swimming Institute. Patti and I have had many discussions over the years about our discomfort in and near the water. It is amazing that we were able to raise our kids to be comfortable in the water. "I didn't care about developing a really great stroke. I just want to be comfortable in water above my head," she said. "It was the right time for some changes. After my lessons, the family went to Hawaii; I went into the ocean and felt completely comfortable. This method of teaching is amazing."

August 1997: I should sign up at the Transpersonal Swimming Institute. Berkeley isn't far away.

January 1998: My New Year's resolution is to learn how to swim.

November 1998: I wish I weren't so busy. There just isn't any time for that swimming class, and besides, it's too expensive.

February 1999: I really look horrible in a bathing suit, so there isn't any reason to take swimming lessons. If I couldn't "get it" in those high school and college classes, as well as in that attempt at a Lafayette private pool, then it just isn't in the cards for me to swim.

March 1999: Can't wait for our family vacation. With the kids being so busy, it is nice that we have all found the time. Probably we will go somewhere that has a pool. I can sit in the shade while they all swim.

May 4 1999: Maybe I should think about those swimming lessons.

May 13 1999: Maybe I should think about those swimming lessons.

May 29, 1999: Turned on the radio this morning, and Melon Dash was speaking on the Joanne Greggins show. What serendipity! She sounds very nice and certainly enthusiastic about the program. She coached swimming both at Harvard and Michigan before coming to California. She has been teaching adults who are afraid of the water for the last 16 years. In all that time, only one man didn't buy into her method. There is also a money-back guarantee.

The sessions consist of 24 hours of instruction. The first hour of each class is spent on "dry land," and the

next two hours are in a pool where the water is 93 degrees.

I would probably be the only student she ever had who stayed in the shallow end for the whole eight weeks. Anyway, the class is \$585. I could use that money for lots of other things.

June 1, 1999: Signed up for those swimming lessons. Now I have to find my bathing suit.

June 13: I had the best time this morning! Melon is an incredible woman. She is caring, nurturing, encouraging and truly believes in what she is doing. Though she has been swimming since age 3, she really understands how people feel when they see a body of water and can't make a connection with it. She has had great success in translating both her love of the water and the concept of being at peace in the water by simply "staying in your body." Last week her phraseology would have spawned a sarcastic reaction in me, but today they seem to make sense.

We talked for the first hour, and then the next two hours were spent in the shallow end. A couple of former students, who are now addicted to the water, volunteer to be "spotters" and act as teaching assistants. No student is ever asked to do anything that is out of their comfort zone.

The deep end really looked far away from where I had been hanging out—and very deep. But the shallow end was fine. For the first time in my long life, I actually enjoyed the sensation of relaxing, floating and putting my face in the water.

I bought the goggles that Melon has—and what a difference! It was so nice to see where I was going. I didn't mind getting my hair wet (remember those caps we wore in the '60s with the flower petals all over?), but maybe I'll buy one of those Speedo caps just to keep the hair out of my face.

June 15: Did my swimming homework, which is a bit of reading and thinking about the water. Some of it sounded silly, but when we discussed it as a group, a few relevant points came up.

We started out in the shallow end and, to my great surprise, a trip to the deep water didn't sound so bad. Half of us wanted to try it. We went as a group, hanging onto the lip of the pool for dear life. It was almost a Candid Camera scene!

And then something amazing happened. Being in 12 feet of water was no big deal, and I was bobbing up and down like a cork—and lov-

ing it. I was near the wall at first and then ventured out to the middle. Again, the time flew by.

In the evening I went back to the practice swim and spent some time with Fred, a spotter. He looks as if he has been swimming his whole life, but he was in the beginning class just five years ago. I mentioned my fantasy of jumping into the deep end, liking it and even living to tell the tale.

And 10 minutes later, I was jumping in, swimming (of sorts) to the other side, climbing out and repeating it. Here I was, 50-something, acting like a 4-year-old. I think this is a miracle.

June 30: Missed class last week because of vacation, so I did a make-up class today. Kate Johnson is the other instructor, and I like her too. I carpoled with two Lamorinda women whom I met at the Thursday practice swim.

Lucinda Woodall of Moraga learned about the classes through the Learning Annex and took a couple of four hour mini-classes before she signed up for the "First Step" session that I am in. She had a bad experience in the water as a child which has had a profound impact on her life. But she had come to the realization that it was time to deal with this lifelong problem.

One of her dreams has been to go to Hawaii and swim with the dolphins. I really admire her determination. She was the first to admit that she cried at the first lesson, just being in the shallow end. After the third class and a bit more crying, she had a major breakthrough when Sylvia, a spotter, was working with her.

Today was her fourth lesson. "I have been looking forward to class all day," she told me. "It is the first time that I have ever thought of swimming without trepidation!"

On the way home, she added: "I know now that I will be going on the Hawaiian trip! This class is the best thing I have ever done in my life." Sharon Taschenberg of Lafayette found the Transpersonal Swim Institute in the Yellow Pages two weeks before the class started.

"I wanted to deal with the swimming issue in my life now. I don't want to be 96 years old and realize that I still can't swim," she said.

"I hadn't developed the physical side of my life until recently," said the dedicated hiker and yoga aficionado, "and I now worry that I might not be able to hike at the pace I like forever. Swimming might be a good alternative; I would like to be able to swim well for the exercise."



INSTRUCTOR MELON DASH listens to Gary Muszynski during a swimming class in Berkeley last month.

July 1: Practice swim just hit the spot tonight. My family is going to be pleased when they see me in the water without that death grip on Gary's arm!

I have finally put my own child-

hood fear aside. I don't have anything like a good stroke, but I do know how to feel secure in deep water. The rest will come, with time. Go girl!

For more information on the

Transpersonal Swimming Institute, call Melon Dash at (510) 528-6666 or e-mail transwim@aol.com. The next introductory mini-class is July 24. Tell Melon that Alice "Water Woman" Stern sent you.



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An overload of sights and sounds in an unlikely setting

Snappshots

By Martin Snapp

name it. The whole idea was to listen for a while, then move on to the next room and listen to whatever was going on there, all at your own pace.

Many of the individual concerts were delightful all by themselves. But the combined effect — coupled with that gorgeous Julia Morgan architecture — was almost overwhelming. By the end of the evening, I was staggering around in sensory overload.

It was as if I had consumed my favorite desserts — fudge pie from Toot Sweets, amaretto macaroons

and chocolate chip cookies from the Phoenix Pastificio, ollalieberie pie from Fatapple's, XO chocolate truffles from Cocobears, Weekend Cake from Just Desserts — all at the same time, with whipped cream and a cherry on top.

Not that I'm complaining. Far from it. It was just a whole lot of pleasure to take in at one time. Think of it as a Black & White Ball for the avant-garde.

Props (as the kids would say) to 20th Century Forum for putting on an only-in-the-East Bay experience. And props to the Chapel of the Chimes, for having the wit to host the event. Mark your calendar for next summer's Garden of Memory V. And in the meantime, do yourself

a favor and check out the Chapel of the Chimes. Even without music, this place is truly amazing.

Speaking of the Black & White Ball, lots of people put on the dog that night. But no one looked as dapper as a yellow Labrador retriever named Alden, who was appropriately decked out in bow tie and top hat.

Alden is a Guide Dog for the Blind who belongs to Michelle Braman of Albany. The two of them, along with Michelle's fiancé, Oakland attorney Bob Bezemek, attended the ball, and were the biggest hit of the evening.

"Surprisingly, a large number of people even knew enough to ask my permission before trying to pet

Alden," says Michele. "They knew that a working dog shouldn't be disturbed while he's in harness."

And did Alden have a good time? "Well, he got bored waiting around for Jerry Lee Lewis to appear, but he really enjoyed Joan Baez."

Finally, since everyone else has had their say about the U.S. Women's Soccer Team, here's mine. Last month, I went out to dinner with two old friends: a gay man and a straight woman.

During the meal we talked about the bad old days in high school, which we agreed were no picnic for either women or gays (or anyone else, for that matter).

But they disagreed over who faced the worst discrimination.

My male friend thought he'd ended the debate when he said to her, "You'll never know what it was like to be picked last for the teams in gym class."

But she topped him with, "Yeah. That's because we never had any teams."

Last Saturday, looking at the static faces on all those 10-year-old girls and listening to them chant, "Girls rule! Boys drool! Soccer's cool!" I knew that times really have changed. You go, girls!

Phone Martin Snapp at 510-273-9079 or e-mail him at catman@california.com.

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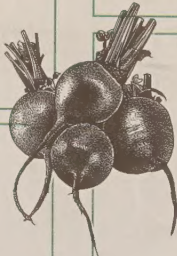
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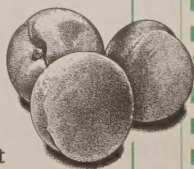
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'Jewish Experience' poetry competition

The Anna Davidson Rosenberg Award for Poems on the Jewish Experience is holding its 1999 competition. Sponsored by the Judah Magnes Jewish Museum, this is the only major nationwide/international competition for unpublished poetry in English on the Jewish experience.

Writers wishing to enter should send a self-addressed stamped envelope for entry form and guidelines by July 31 to: Poetry Award, Judah Magnes Museum, 2911 Russell St., Berkeley, 94705.

Each year, hundreds of writers around the world enter the competition, open only to unpublished poems in English. Winners have included such recognized poets as Philip Terzian, Robin Becker, and Myra Sklarew, as well as many emerging writers.

Judges have included Alicia Ostriker, Chana Bloch, and other distinguished poets and editors. Created by the Magnes Museum, the Rosenberg Award is made possible by funding from the descendants of California community leader Anna Davidson Rosenberg to encourage poetry on the Jewish experience.

Awards include first place \$100, second place \$50, third place \$25. Emerging Poet Award \$25, and honorable mentions. Writers under age 18 are also eligible for a Youth Commendation, and poets over 65 are also eligible for a Senior Award. Winning poems will be read in a ceremony at the Magnes during Chanukah.

Chamber calls for decision on Plaza design

By Sewell Glinternick

Chamber of Commerce President Bill Kerber last night called on the city's Design Review Board to complete their consideration of plans for revitalization of El Cerrito Plaza.

"While our organization appreciates the great effort you have made over the past several months to improve the design of El Cerrito Plaza," Kerber told the board, "the chamber believes that it is time for you to move forward."

He pointed out that each meeting of the Design Review Board had produced new suggestions for improvements—and each time the architects had redrawn the plans to accommodate the board's wishes.

"No doubt," Kerber went on, "if you had all the time in the world, there is an endless number of these so-called improvements you could come up with. But, the clock is ticking. It is time for you to recognize that the needs and desires of the community take precedence over your aesthetic architectural exercises."

Pointing out that the Planning Commission had finally recognized it was time to end the bickering and take action, "Now it's your turn," Kerber told the board. "You might say the planners put a 'gift' for the people into a plain box. Your job is to make sure the box is wrapped in attractive paper. You seem reluctant to decide exactly which wrapping paper to choose."

Saying he felt he was speaking for most of the business and residential community, the chamber president reminded the board that it was the "gift" that was important—not the wrapping paper.

"Please end this time-consuming ego trip," Kerber said. "Stop trying through the power of government to tell the people who own the Plaza and the people who hope to shop there what kind of a center it should be. We know what kind we want. Something that is up and running at the earliest possible date."

Membership still growing

Membership in the El Cerrito Chamber, already at a record high, continued to climb as two new firms joined up, one former member returned under new ownership and three current members reinvested for another year.

Newest members are The Gate Media Group and Richmond Family Dental Care.

Specializing in design, post-production and manufacturing for audio and digital media is the newly-opened Gate Media Group. Located

at 6921 Stockton Ave., the firm is headed by Benjamin Van Der Wel. Also new to the chamber is Dr. Vera Renee Polinta, head of Richmond Family Dental Care. Located at 4131 MacDonald Ave. across from Montgomery Ward in Richmond, Polinta offers a full range of dental services.

Mercury Mail Service, 6331 Fairmont Ave., returns to membership in the chamber under a new owner. Now heading the firm, which specializes in the handling of mail and the packaging and shipping of parcels, is Kanwal Sangha.

The chamber would like to thank the Muffler Works, 10733 San Pablo Ave., Steve Price, and Stark Realities, 3029 Carlson Blvd., for showing loyalty to this organization by reinvesting for another year.

Doing what is best for customers

El Cerrito Plaza Travel, one of the chamber's newer members, is one company that prides itself on giving customers exactly what they want at the best possible price.

And thanks to the special technical knowledge of owner Raj Patel and the skill of manager Jill Adams, the firm is in a unique position to accomplish both goals.

Before taking over the travel agency at 500 El Cerrito Plaza in 1992, Patel worked for a computer design company, setting up offices in Europe. For the last three years, in addition to running Plaza Travel, he has been creating and designing Internet Web sites for other companies. Currently he is building a web-site for a consortium representing over 200 travel agencies.

Working on this latest project has given Patel the opportunity to deal directly with the heads of companies serving the travel industry, putting him in a unique position to know what exceptional travel buys are available at any given time.

"I'm no different from most travel agents," says Patel, "but, because of my experience working with the Internet, I'm in a position to make use of technology to get my clients the best possible level of travel at a price that assures them of getting the most bang for their buck."

"For instance, by making use of our connections, we are now offering a 10-day cruise to the Panama Canal for the super rate of \$799, with a free shore excursion thrown in, a \$100 discount per person for AARP members and a \$500 discount for anyone booking 10 cabins."

Generally, Patel says, it costs no more to book trips through his agency than to arrange them directly with the travel company.

EL CERRITO CHAMBER

"There are always good deals available on the Internet," he says, "and I know how to find them."

Plaza Travel manager Adams also stresses service saying "We don't just go for the high-priced sale. We're more interested in customer satisfaction."

Pointing out that, with the exception of airline tickets, there has been no substantial increase in travel costs during the past five years, she urges those planning to travel to make their reservations as far in advance as possible.

"That way," Adams explains, "you get a better deal instead of having to take what's left at the last minute."

Both Patel and Adams are quite optimistic about the future of El Cerrito Plaza Travel.

"Today," said Patel, "more and more baby boomers are retiring. As their leisure time grows, travel will increase. Technology will never completely replace the human element. People will always favor human interaction."

El Cerrito Plaza Travel is open 10 a.m.-5 p.m. Monday-Friday, and 10 a.m.-2 p.m. Saturdays.

Campus opening on schedule

Pacific Academy Preparatory School, parent institution of El Cerrito Chamber of Commerce member Nomura Preschool, reports their new Hilltop campus is nearing completion and will be ready for the 1999-2000 school year.

For the first year at the new campus Pacific Academy will be offering two sixth grade classes, two seventh grade classes, one eighth grade class, and one ninth grade class.

International show set

Celebrating Culture & Community, an associate member of the El Cerrito Chamber of Commerce, will join International Performing Arts Media group in co-sponsoring a fashion show here on Sunday, August 1.

Open to the public, the "International Bouquet of Entertainment and Delicacies" will run 3-8:30 p.m. at the El Cerrito Veterans' Hall, 6401 Stockton Ave. In addition to a fashion show there will also be music, dance and refreshments.

Included in the fashion show will be traditional wear as well as original clothing from around the world.

For information, call Beverly Jumbo at 237-1528.



EL CERRITO PLAZA TRAVEL manager Jill Adams, left, receives the agency's Chamber membership plaque from EC Chamber President Bill Kerber. They are joined by El Cerrito Mayor Gina Brusatoro and Plaza Travel owner Raj Patel.

JACK LONDON VILLAGE

ON THE WATER

ON THE WATER

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Marin

FROM PAGE A1

the former mayor said he was "negatively impacted" by "increased auto emissions" if the proposal supported by Mast is implemented.

Holan also said she opposed using bike lanes as "a method to slow traffic," adding the NACRG supports other approaches to problems on Marin Avenue, including "better police surveillance."

According to Holan, the NACRG endorses the addition of a traffic light on Marin, a move she said would increase the time pedestrians have to cross the street.

"And it looks like the (Albany) City Council has already done that," she said.

"You don't take a really busy street and add things to it," Holan said. "That's not going to reduce vol-

ume."

Holan also suggested other streets in town that she said bicyclists can use other than Marin Avenue.

Both Washington and Portland avenues are good alternative routes for bikers, according to Holan.

Mast said both streets have already been earmarked as bike paths, but neither is wide enough to support a bike lane.

"And for cyclists who live south of Marin, pedaling up to Washington is quite a detour," he said. "Bikers dislike detours more than motorists because they have to use their bodies to get there."

Mast said no other street south of

Marin provided an acceptable east/west bike route.

"You have Dartmouth, and that is all over the place. Then you have Gilman, which is narrow and not that safe."

Mast said he approached the eight-member Sierra Club group believing he was in "friendly territory."

The vote—decided by a 4-3 margin—"baffles me," he said, adding that it "does not accurately represent" the views of the Sierra Club on this issue.

Mast said one problem facing the restriping proposal is that those who oppose it strongly oppose it, while supporters are not as committed.

"We're not talking about speed bumps, choking, or diversions," Mast said. "We want traffic to go 25 mph."

"Maybe all the public feedback is wrong and most people want traffic to go 40 mph," he said.

The NACRG letter to the City Council expressed support for the city's traffic plan "in general," suggesting it is "a step in the right direction towards improving Albany's traffic patterns."

Yet "our members were concerned that traffic lanes would be reduced but no decrease in the volume of cars was expected," the letter said.

"This is aggravated by the fact that Marin Avenue is the main

east/west artery in the area and there are no other alternative arteries."

Mast suggested some individuals may oppose the restriping plan because of bad experiences with bicyclists.

"Car drivers have a legitimate complaint that many bike riders don't drive safely," he said. "They want to be treated like traffic, but they don't want to follow the rules."

"Then there are some people who think it is a bad idea to promote bikes because they associate them with toys," he said, "when, in fact, they are a legitimate alternative source of transportation."

REUNIONS

Berkeley High School, Class of 1979, is holding its 20-year reunion Saturday, Sept. 18, at Scott's Restaurant in Oakland. Contact Great Reunions at 1-714-937-1800 or 1-800-655-7971.

Cerrito High School, Class of 1979, is organizing its 20-year reunion for Saturday, Oct. 23, at the Concord Condo Hotel. Contact Great Reunions at 1-714-937-5000 or 1-800-655-7971.

Marquette High School, Class of 1979, is searching for alumni for a 20-year reunion, which is scheduled for July 24-25, 1999, in the Walnut Creek area. Contact Ellie Kessler, reunion committee coordinator, at 1-916-933-1826, or e-mail at edelli@sonic.net.

China-Burma-India Veterans Association is organizing its 52nd annual reunion for Sept. 1-8 in Cincinnati, Ohio. For information, contact Jim McMullen, 120 W. 49th St., Bernardino (92407-3202).

USS Maddox destroyer crew members are planning a reunion for

Sept. 8-12 in Norfolk, Va. Contact Cliff Gillespie at 1-714-960-5283 for more information.

Ygnacio Valley High School, Class of 1979, is holding its 20-year reunion on Saturday, Sept. 25, at the Embassy Suites Hotel in Walnut Creek. Contact Reunion Masters at 1-408-448-7888 or 1-800-359-7888.

El Cerrito High School, Class of 1979, is organizing its 20-year reunion for Saturday, Oct. 23, at the Sheraton Concord Hotel. Contact Great Reunions at 1-714-937-5000 or 1-800-655-7971.

Polytechnic High School, classes of fall 1948, spring 1949 and fall 1949, in San Francisco is planning its 50-year anniversary for October. For information, contact Dick and Marylou (Emerson) Ellis at 1-925-672-4753.

San Lorenzo Valley High School, Class of 1989, is organizing its 10-year reunion.

To pass along updated information of classmates, call or fax Jenni (Markley) Allen at 1-925-754-7231, or e-mail at Callen3079@aol.com.

City Hall

FROM PAGE A1

the food in the kitchens, and the place was already overcrowded with people.

"There's 50 people on the landfill and room for 27 in the portables," Ashby Dancy said.

Others complained about the 10 p.m. curfew and said they couldn't even go outside to use the portable toilets there. Some were forced to toss urine out the windows at night, one woman said, adding that being there was like living in a prison.

As others in the group began to voice their grievances, Ritzma held up her hands. She announced she'd like to meet separately with those already living at the Operation Dignity shelter.

But they refused. "We came down here as a group," one said. As one voice tumbled over another, Ritzma raised her hands again and people stopped to listen.

"This is all about choices," said Ritzma. The temporary shelters provided people a place to live for 90 days beginning June 15, she added.

"That's not what they promised us," a man named Rabbit said softly.

"There are 21 days left, my friends," Ritzma continued. She said she'd been out on the Bulb since Jan-

uary telling everyone that changes were going to come and that they needed to make plans.

Again Ritzma suggested a separate meeting with those currently living in the shelter. She said she would meet with the others on a one-to-one basis only to discuss their "personal issues."

Someone in the crowd told Ritzma she— or somebody— should have told them from the start that they couldn't stay in the shelter 90 days. Then we would have moved in sooner, he said. You should have told us the truth.

"Could have, should have, would have," Ritzma answered. "Those people on the landfill now are in violation of a city ordinance..."

"We've been forced out of places for a long, long time," Paula said.

"I understand you are angry and frustrated," Ritzma replied. "And I want you to understand me. I've been very upfront with you from the beginning."

Ritzma said there were a variety of options offered people since June if they had wanted to take advantage of them. She mentioned Harrison House, an organization in Oakland where she said there are openings for people every month. She suggested people work with a number of social workers and organizations that she said visited the Bulb during the past

12 months.

She named names.

Many in the crowd had never heard of them.

"And he sends me to him, and he sends me to him, and he sends me back to the first one," Dancy declared.

Ritzma said Operation Dignity has provided them with a temporary shelter option for some time, one she said most have chosen to ignore.

"But there's no dignity there," a carpenter with a house on the landfill asserted.

"There's no counseling or advice of any kind," added Rabbit as he sat in a chair like a scholar smoking a pipe. "That was also a promise. A lot of people can't get in (to the shelters) at all. And quite a number of people from the landfill will not be permitted anywhere near the place."

"You've been told some terrible things about what's going on here," said Osha Neumann, a Berkeley attorney, "and all I hear is 'You have choices!'"

Neumann works with a group called "Community Defense, Inc.," a Berkeley-based nonprofit organization. He was angry and upset at the same time.

"In fact, Operation Dignity— so-called— has taken away these people's choice. This to them is like going to Santa Rita (Prison)," he said. "That's no way to give people help."

"They don't receive any services," he added. "There's not even clothing there. What I heard you say is, 'Well, go somewhere else. Go camp somewhere else.'"

"You know perfectly well that if the city of Albany really wants to keep its promise, it can find a way to do it," Neumann said.

Ritzma said she was willing to meet with the people in the shelters to address the issues they raised.

"I don't have a problem doing that," she said, adding that she was more than willing to schedule a meeting that included herself, Alex McElree from Operation Dignity, and those with grievances.

Though there was no formal declaration, all seemed to agree. Folks filed past the doors of the chamber, through the air-conditioned hallway of City Hall and out to the street where they gathered to discuss what they would do next.

Many appeared to be hanging on to something they'd lost long ago—the thought of a home, a Christmas dinner, or perhaps a friend. For a few, just one clear thought free of demons would do— just a moment where the world would sit still.

Inside the chamber, Ritzma turned her attention to a man from Channel 4. She had a difficult job and she performed it well, though some outside said she was too good.

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Idaho

FROM PAGE A1

just plain folks attended the grand opening festivities. There were speeches and cake and Crystal Geyser fruit drinks. People toured some of the open apartments — inspecting toilets, turning on lights and testing water faucets. Everything seemed in order and ready for occupancy.

"This has been a project many years in the making, many dollars in the making, a lot of sweat in the making, but it was all worth it," said Rick Aubrey, executive director of Rubicon Programs Inc. Richmond-based Rubicon is a non-profit social services organization that helps the down-trodden get back on their feet.

All the new residents of the Idaho Apartments are former homeless people who have a mental health disability or are disabled by HIV/AIDS (Acquired Immune Deficiency Syndrome).

Additionally, eligible residents must have an income at or below 35 percent of the area median income. They pay one-third of their income for rent; the remainder is subsidized

by a federal Housing and Urban Development program and the county Housing Authority.

Resident screening criteria includes past tenant history, history of disruptive behavior and the applicant's ability to live independently. Residents pay a required \$450 security deposit and sign leases, renewable annually. On-site case management, substance abuse services, vocational training and life skills education help residents stay on the right path.

More than 11 public and private entities, including the City of El Cerrito, Contra Costa County, HUD, Bank of America and State Farm Insurance, helped finance the Idaho Apartments development.

Mayor Gina Brusatori proclaimed July 9 to be "Rubicon Programs Day" in El Cerrito and Councilman Norman La Force praised the city and the new apartments. Of programs such as the Idaho Apartments, La Force said a lot of communities have said "no — we don't want homeless people on our main commercial strip — we don't want to spend the money for this." La Force said "it's a lot harder to say yes, but we did say yes."

Update

FROM PAGE A1

Commissioner Letitia Moore said "we have a traffic problem, but we have a traffic problem because we're in the Bay Area region." Moore said El Cerrito is "going to do planning regardless of that" and that "traffic and parking is going to be a major issue" in every future project the city considers.

Talking about regional traffic congestion, Commissioner Janet Abelson said it "really is a regional problem — it's not an El Cerrito problem."

Abelson said that although the regional traffic problem cannot be solved at the city level, "we can do things that are within our power" to help solve the problem. She praised

El Cerrito's "transit-first" policy and said the city's land use policies should be compatible with a public transportation and transit system that works.

On the matter of adding a fiscal element to the General Plan, the commission decided to recommend the draft plan as is and that such an element could be added later after more study and public comment. Acting Chair Julie Rogers said that "the General Plan process should go forward" and she and other commissioners said that they were not implying by their decision that the fiscal element concept was a bad idea.

The City Council will hold a public hearing on the proposed new General Plan on Monday, July 19, at 8 p.m. in the Council Chamber, 7007 Moers Lane.

Folk

FROM PAGE A7

Ferdinand the Bull. Pat Barrett-Dragan, an artist, designed the red T-shirts with Ferdinand dreamily smelling the flowers that we all wore at one time. She also put together small books, journals of the trip, really, for each of us. Judy Sams, one of the "sisters" is a coordinator for the Read Aloud program at Chavez School in Richmond. I shouldn't mention some names because each person there was fascinating in her own way

(there was only one him. That was Dayton Thorne who, with wife Margo, are the ones who retired to Nevada). My roommate, whom I only met on the trip, was a charming Pat Brodchi, also a teacher. A good group.

And so, farewell to Spain. And back to the East Bay. As always, it is good to be back.

Don't forget to give me your ideas: interesting persons, events, organizations, etc. Write to me at 555 Pierce St., #443, Albany, CA 94706 or call 525-4585. My e-mail is crgenser@aol.com.

Seniors share their life stories in writing group

By Christina Engelbrecht

It is Monday morning story time and a classroom at the Creative Retirement Center in Piedmont quiets down as Jerome Dumchin begins to read his latest essay, "Sketches of the Past."

Dumchin's series of vignettes begins with a memory of being 3 or 4 years old during an eventful visit to the zoo and ends years later as a retired Dumchin tells off a telephone solicitor.

His audience of five howls with laughter as they relate to his encounter.

Dumchin finishes and there is a pause before Seymour Collins, the unofficial leader of the gathering, joins the walk down memory lane.

"You mentioned your illness at 9 years old, you had a mustard plaster ...," begins Collins.

"Oh, I hated those things," Berkeley resident Paye Das interrupts. "I made a vow I would never use them with my own children."

"At least with a mustard plaster, you could feel them working for you. Today, you take a pill and who knows what it's doing?" Collins interjects.

Dumchin attempts to bring the focus back to his entire essay.

"I decided to do a bunch of unconnected stories that wouldn't make a whole story," he says.

Everyone agrees that his approach was successful.

Then there is another brief silence before Lucile Bent offers her poignant observation: "History disappears too quickly and the personal history especially."

Formally, this group of amateur sociologists is called the Informal Writers' Group. Informally, they call themselves the Monday Morning Clump of Writers.

Why "clump"? "We are very aware of word usage and someone once used the phrase 'clump of violets' in their writing and for a while, everything we said was a clump of this or a clump of that. We finally decided we were a clump of writers," explains group member Anne Rifennath of Oakland.

Even though the half dozen writers in this particular clump have been together for several years, Rifennath describes them as "just a bunch of strangers sitting down and suddenly we're a little bunch of our own."

Essentially, they operate as a test audience for one another as these retirees endeavor to record their personal histories for family and friends. There is a lot of laughter and good-natured barbing throughout the two-hour weekly meetings, but comments are only meant to improve the efforts of the writer.

Creative Retirement Center director Pat Angle has observed that each person is a source of inspiration for the others. "Their comments are kind but rigorous."

"If they don't understand something, then maybe my kids won't. So I can correct it," Bent says. "I'm basically doing family research. I've done my father's side and my mother's side and then I'll do my husband and mine and I'll give it to my family."

She says the writers' group keeps her stimulated because "I try to go out every

day to have something to write about. I'm retired and don't go out much."

Angle explains that the group, established in 1980 as a writing class with a teacher, has been on their own since last September. Although the center is searching for someone to officially lead them, these six writers have gotten on so well by themselves that everyone is a little uncertain as to how a teacher will disturb the mix.

Bent feels the current system is working to keep everyone motivated.

"We have a weekly assignment. Nothing specific. You don't even have to produce, but they track you down," she laughs.

Jane Flammang was part of a writers' group in Chicago before moving to Oakland two years ago. She thought meeting a peer group of writers would ease the transition into a new community.

"With writers, you have people who can think," says Flammang, who appreciates her quick-witted, intelligent companions.

"I think as seniors, sometimes the thoughts don't flow as smoothly when speaking, so I prefer to write them," she says.

Some of the members, like Collins and Das, have been interested in writing their entire lives and are using these retirement years to finally sit down and do it.

"I've been a dormant writer all of my life. Back when I had a career direction choice between being a writer and being an engineer, I chose being an engineer

because it might bring me money," Collins shares.

Collins joined the informal writers' group to get objective feedback on his writing. Upon completion he published it, gave it to his friends and placed it on a collection of travel essays and personal essays. These he is currently creating the next book.

Das initially came to the writers' Group to write her memoirs since written children's books a month, she started her first book.

"I started doing a chapter a week on my own experiences, but I had a line, which I kept to myself and to week," says Das, who would become a professional writer.

When Das finished her cliffhanger ending of her memoirs at a recent gathering, Collins said, "You certainly have a way of making all want to come back for more."

According to Das, the memoirs said for any of the life stories in weekly among this group.

"So many of our experiences and we laugh or we cry, but the case may be."

The Informal Writers' Group meets every Monday from 10 a.m. to 12 p.m. at the Creative Retirement Senior Center, 4000 Monticello Avenue, Suite 100, Oakland, CA 94612. New members \$5 and older come. For information, call 232-1111.

Closing

FROM PAGE A1

they're open all day long we can eat at 3 o'clock — we don't have to eat at regular dinnertime," Quarfoot added.

She said "the service is wonderful" and that other than breakfast at home, her 3 p.m. Mr. Michael's supper is her only meal of the day. "We don't know where to go now," Quarfoot said and added: "I don't want to start cooking again — I don't like to cook — it's just too hard for me to cook."

Richmond Annex resident Hildegard Herrmann, 85, said she comes to the restaurant daily for a good meal. "I like the food and I like the prices too," she said. Herrmann said

she doesn't drive and Mr. Michael's is a 20-minute walk from her house. "Lots of retired people come here," Herrmann said and added that she doesn't know where she will go for lunch after July 18.

Berkeley residents Eleanor and Ray Rouse had lunch at Mr. Michael's last Monday with several of their friends. They said they liked the convenience and the service at Mr. Michael's. "It's just a nice place close by," Eleanor said.

Owner Laurie Reynoso said she and her husband have no immediate plans to open another restaurant, although they have looked for possible locations from Berkeley to Richmond. The couple has lived in El Cerrito for the past eight years and they have a 2-year-old son. Owning a restaurant has been a dream fulfilled

for husband Miguel, who worked at local restaurants in various capacities until the couple opened Mr. Michael's 6-1/2 years ago.

Mr. Michael's prepares about 300 meals a day, Reynoso said. She said four waitresses and three other restaurant workers will be without employment when the restaurant closes. Reynoso said Mr. Michael's has many longtime and faithful customers.

"We have people that come here twice, sometimes three times a day, everyday," Reynoso said. "We have a group of guys that meet here every day of the week for breakfast," she added. "We've got, I would say probably at least 20 different couples that come in every night for dinner — the exact same time — we know exactly what they're going to have. It's the

main eating place of the Phyllis Kline restaurant, Chuck E. Cheese is apparently unknown at Mr. Michael's.

Plaza General Manager said the restaurant's management gave notice that "they don't move where we were going them." Jolley said she is "not" that they're going to leave added that she has not received "formal notice" of their closure.

The Plaza Chuck E. Cheese Technical Manager Charles said earlier this week that "the management here — we've been told anything." A call to E. Cheese's corporate offices was not returned by press time.



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GENERAL PLAN UPDATE
DRAFT FOR CITIZEN REVIEW

Berkeley's new draft General Plan for the years 2000-2020 is available for public review. Berkeley residents and business owners are encouraged to read and comment on the Draft Plan. Copies are available at the City's website (<http://ci.berkeley.ca.us>) at 2118 Street, Suite 300, and at all Berkeley Public Libraries.

Help guide Berkeley into the new millennium. Participate in the planning process by commenting on the Draft Plan. Written comments are encouraged and verbal comments will be received at the following Public Workshops.

General Plan Citizen Review Workshop will be held on:

Sat., June 12, '99 - 2-4 p.m. - North Berkeley Senior Center
Thurs., June 24, '99 - 7-9 p.m. - West Berkeley Senior Center
Thurs., July 8, '99 - 7-9 p.m. - South Berkeley Senior Center
Thurs., July 15, '99 - 7-9 p.m. - North Berkeley Senior Center
Thurs., July 22, '99 - 6³⁰-8³⁰ p.m. - St. Clements Church 2837 Claremont

The first two meetings in June will also serve as scoping sessions for the Draft Environmental Impact Report (EIR) being prepared for the General Plan. The deadline for comments on the scope of the EIR is June 30, 1999.

Copies of the Draft Plan/Questions: Contact Andrew Thomas or Quentin Levy, Planning and Development Department
2118 Milvia Street, Suite 300 • Berkeley, CA 94704

Tel. 510-705-8135 • TDD: 510-644-6915. email: <http://www.ci.berkeley.ca.us>

AC Transit adding night, transbay lines this fall

tween about midnight and dawn.

BART and others said there's little or no demand for overnight service, but the AC Transit plan announced Tuesday could renew interest in extended schedules.

AC Transit cut owl service because of budget problems in 1996. The agency will restore midnight-to-6 a.m. runs connecting Richmond, Berkeley, Oakland, San Leandro, Hayward and Fremont.

People working at round-the-clock businesses, including Federal Express and United Parcel Service centers at the Oakland International Airport, need public transit, said AC Transit's Mike Mills.

"There are a lot of employment opportunities around the Oakland airport for people who need to get to work before 6 a.m.," Mills said.

AC Transit will also expand routes at other times across the Bay Bridge, between East Bay stops and the Transbay Terminal in San Francisco. A 10-cent fare increase for local

buses, from \$1.25 to \$1.35, plus improved financial reserves, will help fund the improvements.

The airport remains busy at night, even while most travelers are snoozing. Cargo planes fly in and unload parcels and packages that will be shipped out by the next morning.

Of 10,600 people working at the airport, 4,000 are in cargo-related positions, said the airport's Cyndy Johnson. "The cargo jobs are around the clock, but the bulk are at night," she said.

Many U.S. transit systems face the same dilemma, when major employers operate 24 hours but workers are scattered around a region. Serving such an off-hour market is difficult for agencies, which often struggle to balance daytime budgets.

"It's increasingly a challenge," said Amy Coggin of the American Public Transit Association, a trade group in Washington, D.C.

San Francisco's Muni is one of the few Bay Area agencies with overnight service, with some buses

and trolleys running every 30 minutes from 1 to 5 a.m.

The last train for CalTrain, a Peninsula commuter rail system, departs San Francisco at midnight, said the system's Rita Haskin.

BART, the major Bay Area rail system, closes from about midnight to 4 a.m. Anyone attending plays, movies or concerts in San Francisco needs to make sure they can make the last train home to the East Bay.

BART ran 24 hours after the 1989 Loma Prieta earthquake closed the Bay Bridge. Post-earthquake service set records for ridership, but BART still didn't attract enough late-night riders to pay bills for operating trains at those times.

"We didn't get the ridership," said BART's Mike Healy. A 1993 demonstration of BART owl service, with later San Francisco departures, also flopped. BART remains busy even when closed, because maintenance and repair crews are working or inspecting tracks and other equipment, Healy said.

MORE CHOICES

AC Transit service starting in September includes:

Night "owl," midnight to 6 a.m., connecting Richmond, Berkeley, Oakland, San Leandro, Hayward and Fremont.

Line A, express from Transbay Terminal in San Francisco to West Oakland, downtown Oakland, Oakland International Airport and Oakland Amtrak.

Line F, San Francisco-Berkeley, will be extended and rerouted to circle UC-Berkeley, with a new terminal at Sproul Plaza.

Line HX, express from El Cerrito, Albany and North Berkeley, via Gilman Street and Interstate 80, to San Francisco.

Information: TRAVINFO at 510-817-1717 (from the 925 area code), or 817-1717 from other area codes; online www.transinfo.org, or www.actransit.org.

Bayer breaks ground on new building

By Marc Albert

"The building that will rise where we are standing today will see the Bayer site into the 21st century. It's been a good hundred years. I hope Bayer and Berkeley will get to celebrate another hundred years together."

The former Cutter Lab opened on the site in 1903. Cutter merged with Miles Pharmaceuticals in 1974. Miles, partly owned by Bayer, adopted the Bayer name in 1995.

Under a Development Agreement with the city, Bayer plans to double production and add 500 new jobs by 2020. Alameda County Board of Supervisors President Keith Carson lauded the company as a good corporate citizen and member of the community.

"Bayer is a leading biotech company," Carson said, "but more than

that, it has a reputation for treating its employees fairly, paying them decent wages, and listening to their voices."

The Bayer campus's leading Berkeley-produced product is Kogenate, a blood product used by hemophiliacs to help clot blood.

City Councilwoman Margaret Breland, whose district includes Bayer's facility, praised the 1992 Development Agreement that outlines parameters of future growth and allows both to plan ahead with certainty.

"We are here to celebrate another milestone in the long and productive relationship between Bayer and the city of Berkeley. We have shown what can be accomplished by working together," Breland said.

Without the agreement, Bayer would have to undergo a lengthy public process for each change on its campus. The agreement allows the city to plan on future company growth and get mitigations and gives the company assurances that it won't face city road-

blocks if it stays within the agreement.

"The staff and leadership of Bayer have always been positive, professional and conscientious," said Assistant City Manager Weldon Rucker, who helped hammer out the Development Agreement with Bayer when he served as acting city manager.

He noted that the Development Agreement is the first such agreement in the city, and it "forced the city of Berkeley to be more coordinated" among the various departments.

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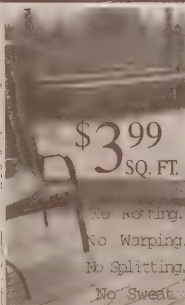
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SPORTS

VJ

July 15, 1999

Section B

Baseball Colts' season continues in sanctioned tournament [B2]

Baseball El Cerrito Blue had a wild ride in soaring heat of Vacaville [B2]

UCP all-star football Saturday

Staff report

El Cerrito and St. Mary's had four players chosen for the 34th annual United Cerebral Palsy All-Star Football Classic Saturday at 7 p.m. at Diablo Valley College.

The game features the top graduated high school players from Contra Costa and Alameda counties.

El Cerrito running back Terrell Davis and lineman Jeff Ghidella will represent the Gauchos for the Contra Costa All-Stars, while St. Mary's running back Paki Gordon and Kefense Hynson will play for the Alameda County All-Stars.

Davis, at 5-10, 192 pounds, is a fiery runner who also plays cornerback. Ghidella plays both sides of the line at a stout 6-3, 265 pounds. Gordon is 5-8, 190 pounds of speed as a running back and in the defensive backfield.

Ygnacio Valley's Tim Murphy will coach the Contra Costa team, and Amador Valley's Rick Sira will coach the Alameda team.

Murphy coached the Warriors to a share of the Bay Valley Athletic League championship last season. Sira led the Dons to the semifinals of the North Coast Section 3A East Bay playoffs. Alameda County won last year's game 18-7.

Tickets are \$10 at the gate or \$7 if purchased in advance. The cost is \$5 for children and seniors. Proceeds benefit United Cerebral Palsy of the Golden Gate. For ticket outlets and more information, call UCP at 510-832-7430 or 925-939-8000.



JORDAN WHITE races his shadow as he rounds second in Albany Little League majors' game against North Oakland. White doubled to get on base.

Albany majors make a game of it

Team shows spirit in season finale

By Scott Strain

Someone had to win, someone had to lose. The losers turned out to be Albany.

After getting pounded 10-0 by East County in the opening game of the District 4 Majors International Tournament on Saturday afternoon, the Albany team dropped into the losers' bracket and played North Oakland Monday evening at the Village Fields.

Albany lost 15-9 and was eliminated, but at least they made it interesting.

"We came back and made them work for it a little," Manager Dave Preuss said. "I told the kids that pitching and defense were going to have to carry us in this tournament. Our pitching today didn't live up to its billing, and our hitting stopped dead in the first game (against Antioch)."

"They came back from way down and got some hits late and showed they have some spirit. They didn't give up and kept on fighting until the end."

Albany scored two runs in the first and then fell behind 9-2, victims of North Oakland's six-run third. Down 11-2 in the fifth, Albany scored four runs in the fifth, cutting the lead to 11-6. NOLL scored four in the sixth for 15-6, then Albany came back to score three in the bottom of the inning for 15-9. It was that kind of game.

The team never could catch up — every time Albany appeared to make a

run, NOLL would put a few more runs on the board to plunge the home team further into the debt column.

Liam Smith led off the first with a pop single to left and went to second when Jason Giblin was safe on a fielder's choice. Greg Johnson forced Giblin at second with Smith going to third. Patrice Azi walked to load the bases and one out later Chris Wijekoon lined a two-run single to center.

North Oakland came back to build the lead to 11-2 before Albany batted around in the fifth, scoring four runs on three hits. Azi and Jason Haller scored on errors; Jordan White doubled home one run and Marcelo Munoz singled in another.

North Oakland upped the lead to 15-6 with three in the top of the sixth, but Albany wasn't done yet. Azi and Max Livingston drew walks to open the inning. Wijekoon crashed a double to right that scored Azi and sent Livingston to third. One out later, White grounded to second and that scored Livingston and sent Wijekoon to third. Luuk Sasse was safe on an error and Wijekoon scored the final run.

Albany batted out 10 hits in the game, with Haller, White, Wijekoon and Greg Johnson hitting doubles. But the Albany pitching couldn't hold NOLL, allowing 12 hits. Harlan Walls of North Oakland hit two two-run home runs over the center field fence in the last two innings, sealing the Albany fate.

EC 1 takes Colt Championship

Younger Colts gain league bragging rights after winning best-of-three series

In the final game of the El Cerrito youth Baseball Colt Championship Series, the EC1 15-year-old squad outlasted the EC2 16-year-old squad with two outstanding come-from-behind rallies to take the championship series for the Colt League.

By taking the season rubber match between the two teams, EC1 laid claim to the championship — as well as the season-long bragging rights that come with such an attainment — even though there is no formal title.

The EC1 Colts staged two dramatic comebacks to wrestle the game from the control of a very talented 16-year-old dominated EC2 team.

The 15s came back from a 4-0 first inning deficit, and then, in the fifth inning, rallied from five runs down to tie the score 8-8.

In the sixth inning, EC1 roared into the lead with a three-run rally, then held on for an 11-9 victory with the tying runs on base.

Although the league does not provide a true playoff for this age group, both teams and managers acknowledged that the winner of the series is the unofficial Colt League champions.

EC 2 wins series opener

The three-game series began on June 26 at El Cerrito High School. EC2 rushed to an early 3-1 lead against EC1 ace left-hander Kenny Salyer on the offensive fireworks of leadoff hitter Fernando Salguera.

Salguera hit two triples in his first two at-bats, scoring once and driving in two RBI with his second three-bagger. However, Salyer eventually settled down, and got command of the game, striking out 11 batters while giving up only five hits and three walks in a gutsy, 113-pitch, seven-inning complete-game performance.

EC2's ace lefty, Marcos Neely-Sanchez kept the young bucks on EC2 at bay with eight strikeouts in the first five innings, allowing only three hits until he tired in the sixth inning.

The 15-year-olds staged a three-run rally to take the lead, 4-3 in the bottom of the sixth inning. With two outs, Salyer led off with a single to start the EC1 heroics. Chase Moore followed with a single,

and Ardy Davaran stroked an RBI double to score Salyer. Joe Starkey capped the rally by smashing a dramatic long double into the right field gap to score Moore and Davaran.

EC2 was not to be denied in this game, and met the EC1 challenge with their own two-run rally to take the game, 5-4. Kyle Stewart walked with one out in the bottom of the seventh inning. Again, EC2's pesky leadoff hitter, Salguera stroked his third hit of the game to drive in Stewart and tie the game, going to third on an outfield error.

With two outs and the winning run on third, Brandon Liggins stroked a 1-1 pitch to right-center to end the game with a victory by EC2, sending Salyer to only his second defeat of the year.

EC 1 ties series

The series resumed the following Saturday, July 3 at Cerrito Vista Park. EC1 answered with their star right-handed pitcher, Jesse Alter, while EC2 countered with righty, Liggins.

The game went in a see-saw fashion, with each team matching the other by scoring single runs in the first two innings. In the bottom of the third inning, EC1 scored twice to take the lead 4-3, but EC2 answered the call in the top of the fourth inning to tie the game, 4-4.

For EC2, Liggins singled and scored twice in those four innings, while recent add-on Ken Hirose singled, tripled, and scored twice. Tony Lorraine singled twice, with Matt Salinas, Morgan Lunt, and Jahmari Butler also stroking singles to lead EC2's attack.

EC2 never got the big break against Alter, who always seemed to get out of a jam just when it seemed that EC2 was about to break the game open. A lot of that was due to the outfield heroics of center fielder Dominic Mejia who snagged three deep bombs to center field with running catches in all directions.

With two outs in the bottom of the fourth inning, the youngsters of EC1 put on one of their trademark rallies, scoring seven runs with two outs in their game-winning fourth inning offensive extravaganza.

Gabe Mello started the rally with a

See COLT, Page B2

Albany juniors blast Concord Continental

Izumizaki's drive and Chernicoff's pitching highlight win, next game Friday

By Phil Jensen

Bob Hansen smiled widely after his Albany Junior all-stars smashed Concord Continental 13-1 on Friday.

"This team is full of sluggers," said the Albany manager. "We don't go for a lot of bad balls."

Albany pounded out 12 hits in four innings, as the game was called after the top of the fifth with Albany holding more than a 10-run lead.

Perhaps the biggest hit was a smash by No. 6 hitter Eddie Izumizaki. In the third inning, Izumizaki launched a shot that traveled approximately 270 feet and would have kept going if it had not hit the top of a 40-foot fence in right field.

Izumizaki had to settle for a two-run double, giving his team a 4-0 lead. "If that had been in left field, it would have been out of the park," Hansen said. "I always thought he could hit for power. He made the adjustment."

Dave Chernicoff was holding his own on the mound also. Chernicoff hurled a one-hitter with six strikeouts, as he kept Concord Continental hitless for three-and-a-half innings.

"The key to their game was their pitcher," said Concord Continental coach Mark Thomas. "He kept us confused."

Albany is in the midst of a long layoff. Its next game is Friday. "If we play like we're capable of playing, I think we can win (the all-star district)," Hansen said.

Albany certainly looked like it had all the tools Friday. In addition to the hitting and pitching, catcher Emanuel Mejia made an excellent double play to end the game. He caught a quick foul tip off the bat of Concord's Chad Casserly, then fired to third to pick off Tristan French.

In the bottom of the first, Albany opened the game with two runs. With one out, Mejia walked and stole second. Mejia advanced to third on a wild pitch that was blocked by Concord catcher Daniel Stoll. But Stoll then fired the ball wide of third

base, and Mejia scored. Chernicoff, who reached base on a walk, later scored on a wild pitch.

But Albany exploded for five runs in the third inning and six runs in the fourth inning to put the game out of reach.

In the third, Chernicoff walked with one out. He went to second on a passed ball and advanced to third on a steal, then Alex Sinclair walked.

Izumizaki then hit his bomb, and after moving to third on a ground out, scored on an RBI single by Doug Fisch for a 5-0 Albany lead. Michael Clement sent a sharp single to left field that drove in two more runs later in the inning.

In the fourth, Albany's big hits were a two-run double by Louie Worth and a bases-clearing three-run double by Mejia that gave Albany a 12-1 lead.

Clement had the best hitting game for Albany, as the No. 9 hitter went 3-for-3 with two RBI. Worth added two hits from the No. 7 spot, while Sinclair also went 2-for-3.

EC Pony-14 plays a game to remember

El Cerrito Blue ends tourney with a bit of everything

By Peter Mentor

When the manager of the other team comes over and says your guys should have won, you know it was a good game.

El Cerrito Blue exited the Pony 14 Sanctioned Tournament Tuesday night on such a contest, losing 12-11 to East Diablo Valley in extra innings.

It was a classic game, the kind players, coaches and fans will remember for

years to come. It included an inside-the-park home run for three runs, numerous runners thrown out at the plate, and an ejection that left one team — temporarily — with only eight players.

There were also a number of rallies to bring both teams back from deficits.

After trailing 2-0, El Cerrito had leads of 3-2, 5-3, 10-6 and 11-7 along the way. East Diablo Valley was up twice in the game and was able to tie it twice, including 11-11 on four runs in the bottom of the seventh inning that sent the game into extra innings.

What came after that home half of the seventh was an oddity that almost never happens in baseball games.

East Diablo Valley had substituted

most of its players and was down to nine in that seventh inning. Then, with the score tied, an East Diablo Valley runner tried to score from third. He lowered his shoulder to hit the El Cerrito catcher and was called out at the plate for the tactic.

Not only was he out, but the umpires ejected him from the game. That left East Diablo Valley with only eight players.

The umpires said East Diablo Valley should play with its remaining eight, but Pony League commissioner Jim Almond overruled the umpires and said the team could bring back a player to give it nine on the field.

In the top of the eighth El Cerrito had

See PONY, Page B2

EC Colts enter Pony tourney

The El Cerrito Youth Baseball Colt teams are enjoying a solid season. With a week of Interlock competition remaining, EC2 is 9-4, while EC1 is 13-8. Both teams entered the Pony Sanction Tournament this week in Pittsburg.

On the season, EC1 has played an aggressive supplemental schedule in order to prepare the 15-year-olds to play the caliber of baseball that would enable them to win in the upcoming sanctioned tournament.

In addition to the standard Pony Interlock competition, in which they are 8-3 for the season, EC1 has played a variety of AAU, American Legion, and Division 5 summer entry varsity teams.

Opponents such as De La Salle and Northgate Jr. American Legion, Citrus Heights, San Bruno, Vacaville, Half Moon Bay, and an AAU Nor-Cal team have been engaged.

Currently, with two more supplemental games remaining, the 15-year-olds are 5-5 against this level of competition in addition to their 8-3 Interlock record.

Big starts

For their initial season, EC1 is having a very solid campaign, both as a team and individually.

The team is led offensively by the "400 Club" of Jesse Ardy, Jonathan Gary, Ardy Davaran, and Dominic Mejia who are hitting .475, .422, .408 and .407, respectively.

Colt

FROM PAGE B1

single. Alter then stroked an RBI single to give his team the lead. Jonathan Gary then knocked EC2's starter, Liggins, out of the game with a towering two-run, left-field home run.

Even with a 7-4 lead, EC1 was not finished. After EC2's ace closer, Salguera entered the game, EC1 continued to flex its offensive muscles. Joe Sorno and Chase Moore walked to restart the 15-year-old uprising. Salyer stroked a two-run single to right field to build EC1's lead to a commanding 9-4. Mejia finished the EC1 rally by singling in Salyer, and then, stealing home on the pitcher to build an insurmountable 11-4 lead by the rookies.

Salyer closed out the final three innings for EC1, striking out three and allowing only one hit to keep EC2 at bay. In winning the game, Alter raised his record to 4-0 for the EC1 Colts.

Rubber match

The rubber match championship was held July 5 at Cerrito Vista Park. With the warm afternoon sun tempered by a breeze, the game was played in perfect and idyllic Bay Area baseball weather.

EC1 started right hander Derek Yow, while EC2 countered with De Anza High star, Matt Salinas. With everything on the line, the 16s came out with gusto, striking for four unanswered runs in the top of the first inning.

Marlon Leveron walked and advanced to third when Salguera singled to right field. Lorraine then singled home Leveron. Liggins continued the first-inning fireworks with a two-run single, scoring Salguera and Lorraine. Butler tackled on another run when he struck pay dirt with a single to left, scoring Liggins.

Yow, who leads EC1 in quality starts without a decision, settled down and gave the rookies yet another quality start. Yow pitched three scoreless innings by putting down the EC2 lineup in 1-2-3 fashion the next three innings.

EC1 got on the scoreboard in the bottom of the second inning when Mello was hit by a pitch, second baseman Ben Enos laid down a beautiful sacrifice bunt to advance Mello to second, and Yow helped himself by hitting an RBI single

Alter leads the team in batting average, while Gary leads the team in runs scored with 22 and extra base hits as well (9). Mejia leads the team with 17 stolen bases and is second on the team in runs scored with 20.

After that, EC1 boasts a Murderer's Row of six players who are hitting over .350. Chase Moore (.382), Joe Starkey (.375), Kenny Salyer (.370), Derek Yow (.360), Joe Sorno (.353), Ben Enos (.324), and Gabe Mello (.308) make EC1 a formidable offensive juggernaut who average eight runs a game.

Salyer leads the team with 19 RBI, but five others are close behind with 10 or more RBI. Three others have eight RBI and are sure to end the season in double digit RBI and runs scored.

EC1 is hitting a cool .370 as a team, with 11 of its 13 members hitting over .300. But, as good as its hitting is, EC1 is perhaps even more distinguished by a very formidable starting rotation of Salyer (6-2), Alter (4-0), Sorno (3-1), and Yow.

Sorno leads the team with the lowest ERA (1.84) and lowest opponents' on-base percentage (.331). Salyer owns the lead in strikeouts (54) and lowest opponents' batting average (.197) while having an ERA of 2.72. Alter is the consummate right handed control pitcher who owns a nifty 2.58 ERA. The crafty Yow leads the team in pickoffs and quality starts without a decision, owning a very respectable

to make the score, 4-1.

In the bottom of the third, EC1 struck again, scoring twice to pull back into the game, trailing 4-3. Mejia singled to begin the rally, stealing second. Salyer grounded to shortstop, advancing Mejia to third. Ardy Davaran then had an RBI groundout to shortstop, scoring the fleet-footed Mejia from third.

Chase Moore hit a towering 350-foot drive to deep center field for a triple. Joe Sorno promptly hit a line drive to right field to score Moore, putting EC1 back into the game.

The rookies' defense was helped greatly by Mejia's three Ken Griffey-like catches of several deep drives by EC2 in the second, third, and fourth innings that could have broken open the game.

EC2 was not to be undone in this battle for respect, striking for five runs of their own in the top of the fifth inning to take what looked to be a commanding 8-3 lead. EC1 replaced Yow as pitcher in the fifth inning, countering with Salyer when Yow had tired. Morgan Lunt greeted the southpaw's first pitch by smacking a leadoff double.

After Salyer walked Jimmy McDermott and Leveron, an infield error led to Lunt and McDermott scoring two unearned runs. Salinas hit a searing line drive to the first baseman for the inning's first out, but two more infield errors led to Salguera and Lorraine scoring, building EC2's lead to five.

It appeared that rookie mistakes would be the youngsters' undoing as they allowed four unearned runs in the fifth inning. Just when it appeared all had been lost, EC1 staged yet another of their patented rallies.

Mejia again jump-started EC1's high octane offense, stroking a single, and then proceeding to steal second and third. Salyer stroked his second single of the game to drive him in, and Ardy Davaran reached first on a fielder's choice.

After Chase Moore reached first on an infield error, Mello crushed a two-out, two-run double to deep left field, driving in Davaran and Moore.

Ben Enos then chipped in with a single to keep the rally alive, eventually scoring when Yow singled to drive him in. The rally ended when Nate Lohman drove a 3-2 pitch for a clean single, but the EC2 defense came up big when they threw out the speedy Yow attempting to score the lead run.

After five innings, the game was tied at 8. The dogfight was now quite real to

4.29 ERA.

The relief pitching is also very reliable, with Nate Lohman and Ben Enos providing clutch performances over the season as they have been asked to do at times. Because of these six young men, the team ERA is a very respectable 3.21.

Defensively, the team has improved greatly over the season, becoming of late a rather stable defensive club. The infield is anchored by the steady-handed Joe Flannery, who acts like an infield coach at second base.

In addition, Joe Sorno, Joe Starkey, Nate Lohman, Mejia, Gary, and Alter lead the players who have committed five or fewer errors over the course of the season.

EC1 will finish its regular season this week with Interlock games against Fairfield 1 and 2, and a supplemental doubleheader against the Walnut Creek (Northgate) Jr. American Legion squad. Their first Sanction game was set against Pittsburg 2 on July 13.

The team looks forward to next year, when nearly all of its members return for their final voyage together. The team boasts junior varsity and varsity players from El Cerrito, St. Mary's, Berkeley, John Swett, Head-Royce, and Sausalito high schools.

By the end of the season, 10 of the 13 members will have logged over 100 innings of competitive baseball in preparation for their varsity careers next spring.

all in attendance. In the top of the sixth inning, Salyer struck out three EC2 batters, setting up EC1 for its final rally.

In the bottom of the sixth inning, against Richmond High star Leveron, the 15s again bit hard, scoring three runs to take an 11-8 lead.

Again, it was Mejia who started the rally with a leadoff double. After Salyer laid down a perfect sacrifice bunt along the third base line to advance Mejia to third for the possible winning run, Ardy Davaran drove in Mejia by doubling, thus scoring the lead run. Joe Sorno and Mello then walked to load the bases with two outs.

Ben Enos drove in the game's eventual winning run with a clean single to shallow center field, that scored Davaran from third.

Yow followed with EC1's 15th and final hit of the game, a run-scoring single. True to the nature of these games, the Fourth of July fireworks were not over yet. Ace lefty Salyer got two quick outs on three pitches to start the top of the seventh.

Lorraine stroked a two-out single. Salyer then quickly got ahead of Liggins with two quick strikes, but missed a possible game-ending strikeout on what looked like an obviously low and outside slider on the corner. With a 2-2 count, Liggins stroked a ground-rule triple to left-center field that barely missed being a home run.

Salyer walked Hirose to put the tying run on first. EC1 then replaced the tiring Salyer with their other ace lefty, Sorno, who was 4-1 on the St. Mary's High varsity team as a freshman.

Having just pitched a complete game, 6-0, over Pinole 1, Sorno entered the game with all the chips on the table. But the stoic Sorno, inheriting two outs and runners on third and first, struck out the final EC2 batter, preserving the win for Salyer, who ran his season record to 6-2.

Usually a starter, Sorno gained his first save of the season, and what a save it was.

With that final fastball on the corner, EC1 was the first 15-year-old team in the last half decade to gain the advantage over the older team in the league, laying claim to the series.

Up-and-down ride for El Cerrito Blue

Pony League 14-year-old all-stars have a wild ride in soaring heat of Vacaville during sanctioned tournament

By Peter Mentor

The El Cerrito Blue Pony 14-year-old all-stars had their ups and downs this past week in the soaring heat of Vacaville.

El Cerrito Blue won their first game, lost their second, won their third and finally met their demise in the fourth game in the Pony Baseball sanctioned tournament.

The two losses came against East Diablo Valley, a team that has posed problems for El Cerrito in the past.

Things started off well for El Cerrito on Saturday in a 6-2 win over Clayton Valley.

The Blues were down 1-0 on an unearned run, but they scored three runs in the bottom of the fourth inning, two in the fifth and one in the sixth for the victory.

The fourth inning rally started with David Greenstein's walk and consecutive singles by Matt Toma and Tyler Nation. Nick Gray had an RBI-sacrifice fly for the third run.

D'Andre Miller walked in the fifth to start a two-run rally. Toma singled in Miller and he scored on an RBI single by Greg Morales. In the sixth Noam Kopmar singled and scored on a RBI single by Matt Goynne.

Greenstein and Miller pitched three innings each, while Toma fin-

ished the game in the seventh inning.

The next day wasn't as good against East Diablo Valley in a game played with temperatures soaring over 100 degrees. El Cerrito went up 3-0 and with Tyler Nation pitching three innings of shutout ball it looked good for El Cerrito. But the Blues couldn't hold on as East Diablo Valley scored four runs in the fourth and two more in each the fifth and sixth innings for an 8-5 win.

"It was very hot," said El Cerrito manager Mike Sommers. "We aren't used to that being from El Cerrito. They handled it better than we did."

The game went back and forth. After going up by three El Cerrito trailed by a run in the fourth, only to regain the lead with two runs in the sixth on a single by Greenstein, an run-scoring triple by Toma and an RBI single by Morales. That, however, was the last run El Cerrito would score.

Toma had a great game despite the loss. He almost hit for the cycle, getting an RBI single, a double, and an RBI triple. He also pitched the final inning.

It was a lot cooler when El Cerrito went back to Vacaville Monday night for an 8 p.m. game against San Pablo.

The El Cerrito Blues took another 3-0 lead after three innings and this time held on for the 7-2 win.

Toma pitched six innings and

notched eight strikeouts a way. He held San Pablo through four innings and in the top of the fifth went to Miller pitched the final out.

El Cerrito went on another run bing in the first two innings a 3-0 lead.

In the first inning Kevin Greenstein and Greenstein both walked. Toma advanced the runners on base. Morales reached on an error overthrew by San Pablo to two runs to score.

In the third inning Greenstein and later scored on a single to right by, who else?

After giving up the two runs in the top of the fifth, El Cerrito scored three times in the bottom of the fifth to erase the lead. Greenstein singled, Toma made an error, Morales knocked in with another single and Miller blasted a two-run single.

El Cerrito scored one more in the sixth on a walk by Miller and other RBI single by Greenstein. Greenstein also scored three, that contest.

That victory brought El Cerrito the rematch against East Diablo Valley on Tuesday.

Pony

FROM PAGE B1

Diablo got a walk and stolen base from its leadoff hitter, followed by a single. With no outs El Cerrito decided to walk the third batter intentionally to create a force play at any base, but the next batter singled for the winning run.

What came before all that was a really exciting game for both teams and their fans.

East Diablo Valley went up 2-0 on two El Cerrito errors in the second inning, but El Cerrito got three runs back in the top of the fourth.

In that fourth inning David Green-

stein reached on an error and Matt Toma singled. Greg Morales hit a comebacker to the mound, but he was safe on an error that scored Greenstein. Nick Gray singled in Toma, then Tyler Nation's fielders' choice had Morales thrown out at the plate. Gray scored on a passed ball and El Cerrito led 3-2.

East Diablo Valley tied the game on two singles in the bottom of the fourth, but once again El Cerrito responded. In the top of the fifth D'Andre Miller reached on an error, Greenstein walked and Toma's hit to the shortstop knocked in Miller. Toma would later score on a balk for the 5-3 lead.

East Diablo Valley gained a 6-5

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Arts

East Bay's connection to Ashland

Bard's festival in Oregon has strong local links

By Steve Cassal

The Oregon Shakespeare Festival and the East Bay theatre scene have this little thing going on. Call it an unofficial exchange program, a shuttle system of talent, or an infatuation with one another's dramatic styles, it is evident that the two theater hotbeds are willing to share and share alike when it comes to using some of the same key personnel.

This sharing philosophy is on display right now in Ashland, Oregon, a small town about 330 miles from Berkeley. Located just off I-5 about 40 miles north of the California-Oregon border, Ashland annually hosts the Festival — which in turn hosts some of the brightest East Bay theatrical lights.

Many of OSF's artistic staff have strong links to this area. Libby Appel, the Festival's artistic director since 1995, served as associate director for Orinda's California Shakespeare Festival. Penny Metropoulos, associate director at Ashland, has directed a whole slew of shows for California Shakes, as well as "Missing Person" for Berkeley Rep. And the Rep's artistic director, Tony Taccone, is now celebrating his fourth season at OSF with a staging of "Othello."

The honor roll of actors who have graced both East Bay and Ashland stages is a long one. For example, Demetra Pittman, who plays Mrs. Shin in OSF's "The Good Woman of Szechuan," has appeared in "The Rivals" and "The Winter's Tale" for Berkeley Rep.

Sometimes, the collaboration between the two areas has gone beyond simply an exchange of directors, or actors. Two years ago, Taccone directed "Pentecost" first for



OTHELLO (Derrick Lee Weeden), left, affirms his trust in honest Iago (Anthony Heald) in the Oregon Shakespeare Festival's 1999 production of William Shakespeare's "Othello."

OSF, then brought the Festival's set designer, movement coach and language coach to Berkeley where the Rep restaged the David Edgar drama with its own cast.

Even though the West Coast is known for its theatrical cross-fertilizations, such interdependence is striking — and suggests that the dramatic styles of the two areas may be unusually compatible. Surely, the propensity to take risks, the knack for staging classic works in new ways and new works in classic ways, the use of new translations, the penchant for combining thoughtfulness with physical action — all of these are shared traits.

Audiences can judge the similarities for themselves by making the six hour drive to Ashland, where the

Festival currently is staging eight shows at three different theatres. Alexander Dumas' "The Three Musketeers" joins Shakespeare's "Henry IV, Part II" and "Much Ado About Nothing" in the 1200 seat outdoor Elizabethan Theatre. "Othello" co-stars with Brecht's "The Good Person of Szechuan" and a Roaring Twenties comedy, Maurine Watkins' "Chicago," at the 600 seat indoor Bowmer Theatre. And Octavio Solis' "El Paso Blue" shares the stage with Ibsen's "Rosmersholm" at the 150 seat Black Swan.

Finding common themes among such a large and disparate group is a dicey matter, but the seven plays that I saw appeared to share at least two threads: rollicking adventure, and unfaithful wives. Among the

highlights of this year's Festival:

■ "The Three Musketeers." Probably the biggest hit of the Festival. Using a new adaptation by Douglas Langworthy, Metropoulos, and Linda Alper, this briskly paced, thoroughly entertaining adventure piece also features fine ensemble acting — truly, all for one and one for all — as well as entertaining swordplay (there are four major sword fights in the first act alone). The four Musketeers are sharply defined and individualized — Porthos (David Kelly) is the dandy; Athos (Richard Howard) is the philosopher; Aramis (U. Jonathan Toppo) is the oddly conflicted lady's man/would-be monk; D'Artagnan (John Hansen) the idealistic country

See ASHLAND, Page B4

HOT SHEET!

■ "Grease," a 50s musical, continues at the Woodminster Amphitheater July 16-18. Tickets \$12-25. Call 510-531-9597.

■ "From People to Paradox: The Photographs of Gerard Castello-Lopes," by Portuguese photographer Gerard Castello-Lopes, makes its West Coast premier at UC-Berkeley.

EVENTS

Summer evening sounds

The City Center's summer evening sounds 13th annual concert series, sponsored by the Shorestein Company, L.P., will feature music styles such as swing, jazz, blues, pop, a cappella and international every Thursday in July, 5-6:30 p.m.

This Thursday, July 22, features Latin music with Carlos Godinez. City Square and Stage, in the heart of the City Center complex at downtown Oakland's 12th Street BART station. Parking is available at the City Center Garage (entrances on 11th Street and 14th Street, between Broadway and Clay Street). The events are free and open to the public. City Center events hotline, 510-628-8490.

Nick Baron Puppets

The Oakland Public Library will host the Nick Baron Puppets presenting "Tales from the Enchanted Forest." Act I, "The Biggest Little Bug" is about a little bug who learns a surprising lesson about being grown up. Act II, "The Grumpy Old Tree," features a cranky tree who learns about his important role in the lives of the animals from the Enchanted Forest. This free family program will be showing at the Melrose Branch, 5420 Bancroft Ave., on July 21, 4 p.m. For information, call 535-5623.

Photo exhibit

An exhibition of work by Portuguese photographer Gerard Castello-Lopes will make its West Coast premiere at the UC-Berkeley Art Museum. On view through Sept. 26, "From People to Paradox: The Photographs of Gerard Castello-Lopes" presents a short survey of Castello-Lopes' career as a photographer, and includes black and white photographs from 1957-1992. The exhibition will be on view in the BAM/PFA Theater Gallery. Enter at Pacific Film 2621 Durant Ave. The Theater Gallery, which is free to the public, is open from 8 a.m., Monday-Friday, and 11 a.m., Saturday-Sunday, and closes at the end of the last Pacific F Archive screening. For information, call 642-0808.

Oakland Museum of California

Bay Area Sculptors Group "Exhibition V: The Object," features the work of Bay Area sculptors Margaret Herscher, Charlie Milgrim, Eddy Martinez Hood and Jane Grimm.

Each artist turns found objects into new ones and recreates common objects from unexpected materials.

The exhibit is on view at the museum of California Sculpture Court at City Center, 1111 Broadway, Oakland, through Sept. 11. Sculpture court hours are 8 a.m.-6 p.m., Monday-Saturday. Admission is free. For information, call 1-888-625-6873.

Lawrence Hall of Science

Ice Cream Day at the hall is July 21, noon-2 p.m.

Find out if there's really "ice" and "cream" in ice cream. Sniff out real vs. artificial flavors. Make your own ice cream and taste how it compares to commercial brands.

Lawrence Hall of Science is open daily, 10 a.m.-5 p.m. Admission is \$6 for adults; \$4 for children 7-18, seniors, and students; and \$2 for children 3-6. LHS is located above the UC-Berkeley campus, on Centennial Drive. Parking is 50 cents an hour. LHS is also accessible by AC Transit and the UC-Berkeley Shuttle. For information, call 612-5132.

Art exhibit

A.C.C.I. Gallery presents "Art is Figurative," a California State competition juried by Dr. Libby O. Lumpkin. Lumpkin is a writer, educator and curator of The Bellagio Gallery of Fine Art in the Bellagio Hotel in Las Vegas, Nev. Featured artists include Ellen Bepp, Brent Bushnell, Mary Black, Elizabeth A. Cates, Judith Corning, Jill Daskalakis, Judy Davis, Saggi Erez, Erik C. Friedman, Lora L. Graham, Karen Green, Pamela Hill Enpicknap, John Jacobson, Ira M. Lapidus, Edward Lightner, David Lippenberger, Don Lob-

The world's best vegetarian recipes bring readers to 'Heaven's Banquet'

By Corey Lyons

Miriam Hospodar's new text, a kind of epic cookbook, required visits to three continents and nearly a quarter century to complete.

Still, the 48-year-old author scrambled under tight deadlines to finish "Heaven's Banquet: Vegetarian Cooking for Lifelong Health the Ayurveda Way," her mammoth 610-page book.

The former Berkeley resident, who traveled the world as a chef and teacher of transcendental meditation, is finally able to rest.

Well, sort of. Now it's simply a matter of promoting her creation, which Hospodar finds the least enjoyable part of the project.

"I'm essentially an introvert," she admits, smiling. "I'm happy in my kitchen or in front of my computer screen. But it's my work, and this is kind of how you get it done these days."

These days are kinder to Hospodar, who spent 12 painstaking months with her New York-based editor, Amy Mintzer, downsizing the bulky manuscript.

INTERVIEW

Who: Miriam Kasin Hospodar, author

What: "Heaven's Banquet: Vegetarian Cooking for Lifelong Health the Ayurveda Way," (Dutton, \$39.99)

Because when Hospodar completed her text in 1995, it was, well, bursting at the seams. "It had, like 1,000 pages," Hospodar says, laughing. "We had to cut it down to about 600 pages. It felt like an amputation."

The book, despite losing nearly half its weight, is still the largest of its kind, the author says. With more than 700 recipes procured from all over the globe, "Heaven's Banquet" is a kind of bible to Ayurveda cooking.

Ayurveda, or "science of life," is an ancient Indian practice that strives to make a connection between mind, body and diet.

For the author, the book evolved into a kind of international menu, a platter of contemporary dishes steeped in ancient principles.



MIRIAM KASIN HOSPODAR

The result is 26 chapters full of unique culinary dishes arranged by main ingredients, from grain and tofu to herbed Chevre sauces and Lentil burgers.

"This is for everybody," says the author, who studied cooking in Oakland while attending the California College of Arts and Crafts before traveling

abroad. "Even if people are not into Ayurveda or are not vegetarians, you can read it and enjoy it. This is for people who like healthy, delicious food."

While in her 20s, Hospodar was preparing delicious international courses for foreign ambassadors in France and Switzerland.

Throughout a 24-year sojourn that brought her from the Philippines to India, Hospodar kept collecting recipes and asking local cooks to divulge their culinary secrets.

One couple with whom Hospodar stayed in the Philippines asked one evening if she were interested in preparing a dish with cheese.

Hospodar shrugged, and the couple led her out behind the house to begin milking a buffalo. "We sort of forgot where food comes from," she says.

Hospodar, whose first book, "Age of Enlightenment," was penned in 1980, became a full-time writer in 1991.

The inspiration for "Heaven's Banquet" came much easier than the work.

"I was really writing a book about a cookbook that I'd want on my shelf," she says.

Learn how to get noticed at concerts

By Deirdre McGruder

I'M IN THE MIDDLE of a life crisis right now, and maybe it'll help me if I talk about it a bit.

See, it's summertime, a hard time of the year for me because I have an addiction: concerts. Not just going to concerts, mind you, but going to concerts and sitting/standing REAL close. Close enough-to-see-nose-hairs close.

It's becoming a problem now, because I'm going to be the big 3-0 this year, and I think I'm getting too old to be a groupie. I don't know how much longer I'll have the patience to stand in pre-dawn ticket lines, fight off manic teen-age girls or press up against a barricade, only to step back at show's end to discover I've lost five pounds of weight.

But for now, I'm not ready to give it up.

You have to understand. It's one thing to go to a concert, but it's a totally different experience to go to a concert and be in the first few rows, where the musicians can actually see you. And once you have the singer of your dreams — whether it's Lauryn Hill, Bob Dylan, one of the Backstreet Boys or anyone else — hold your hand or sing romantic lyrics as they stare into your eyes, well, you won't be satisfied with anything less.

And I have to admit, it's a bit of a personal power trip, too. Imagine — you're in a crowd of, oh, several thousand people. And here's your favorite star singing right to you, grinning at you — you, out of all the other young babes or hunks down front fighting for their attention. You. It's a rush.

I won't bore you with my personal triumphs (if you really want to know, call). But I will offer some tips on what to do when

you're down front. This is "no duh" stuff for the most part, but it's also the stuff you don't think about until you're walking back to your car after the show.

Know now that I'm not talking about the best way to get backstage. Why ruin the fantasy by meeting your favorite singer, only to discover he/she is an idiot?

First the basic rule: Your success depends on your mind-set. You're going to spend hours in line to get a ticket (go for general admission when possible; reserved seats down front are hard to come by). Then you're going to spend more hours waiting to get into the venue. So you have to get it set in your head that he/she/they will see you. You will have a good time.

Let's talk specifics.

1) Dressing like a hooker will get you nowhere but in trouble. Ladies (and you know who you are), tell me, what kind of message

do you think you're sending wearing washcloths and Band-Aids for clothes? If you think people are laughing at you, it's because they are. Dress like a hoochie and you'll get treated like one.

Think comfort. I recommend jeans and boots or tennis shoes. Yeah, I know the really stacked shoes and high-heeled sandals are "in" now, but imagine standing in those babies for six or seven hours, watching your toes turn blue. Imagine someone stomping on those blue toes in a rush to get to the stage. Anyway, who's going to see your feet or your outfit if you're struck in a crush of people?

And girls, leave your purse at home. You'll just spend the whole show trying to keep up with it. If it's chilly out, wear a light jacket that you can tie around your waist to keep your arms and hands free.

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See EVENTS, Page B4

Multimedia Notes

By Bill Mann

Post-Cup, a few things for parents to consider

Net Worth: A few pertinent thoughts on last Sunday's World Cup win from a long-time soccer parent and television writer who's watched the game try to gain acceptance for years on TV in this country. Some of the following areas have not been fully addressed, if at all, in your daily paper.

To start with, I'm as happy as many of you about the U.S. women winning, and just as important, to see the media's focus at long last shift to a women's sport. In this respect, it doesn't matter who won the big game in Pasadena.

Men's sports these days have come to be dominated, to speak plainly, by thugs, felons, dimbuls, the emotionally unhinged, the uneducated and the grotesquely self-centered. In other words, they have little class.

What these sports do, college or pro, is generate large sums of TV revenue. With few exceptions, tennis being one of them, this former sports-writer cannot abide watching most televised sports any more.

Television is a great squanderer of our increasingly precious time on this earth, and TV sports, with its relentless marketing of beer and stupid gas-guzzling trucks to males, is one of the worst offenders. It is fitting that women got the spotlight in a team sport, soccer, since women tend more than men to adopt a cooperative approach in many areas of life.

Sunday's China-U.S. game was this country's largest-ever soccer TV audience, but even saying this I hasten to make an observation that has not been popular in the glow of the U.S. women's victory: Soccer will probably never be a big spectator sport in this country — that is, unless you're a soccer parent.

It will always be primarily a participant sport. And believe me, this is a good thing. (See previous paragraph). We already have enough spectators and TV watchers. And soccer is booming as a participant sport — probably more so in the Bay Area than anywhere else. For years I've seen local women's and girls' traveling teams from Northern California go back East, where the game has been rooted much longer, and win the vast majority of their games. One North Bay high school girls' team was recently ranked No. 1 in the country.

And please don't tell me a scoreless tie is exciting television. It isn't. (Yes, I watched Sunday's game). Neither is a scoreless tie in baseball, which will make baseball "purists" indignant. I have watched and covered enough of both sports — and have covered TV long enough — that I have little doubt of the above.

If soccer, professional or otherwise, really wants to succeed in this country on TV, it must do what I've been suggesting hockey do for years — get rid of the offside rule.

Open the game up. I know this is heresy to some. But Americans have repeatedly shown they want scoring in their televised sports. Basketball, on the other hand, has too much scoring. But that sport is hopeless anyway — it's largely become a showcase for flash, cash, and trash.

I have been standing on soccer sidelines cheering and coaching both of my kids for almost two decades.

My son, now 24, was an all-star junior soccer player, and I coached soccer teams for a couple of years. I like the game and its more genteel European traditions, like the yellow card. I've also been a school girls' coach.

I loved watching my daughter, now 20 and a college junior, play four years of varsity soccer and four years of varsity track in high school. My wife and I have traveled the state to see her compete, and we never missed a game or a meet. I've always liked high school girls' soccer with its combination of teamwork and competitiveness. And I can't tell you how often I've heard soccer moms remark during games, "I wish I'd had the chance to do what my daughter's doing back when I was in high school. All we had was cheerleading." Title IX, which mandated more women's sports, has been a great boon to young women.

Not to be a wet blanket here, but saying this, I still have several reservations. The current focus on women's soccer is still, after all, a focus on athletics. Yes, I know the U.S. soccer win will do good things to empower young women and give them

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Mann

FROM PAGE B3

an enhanced sense of self-esteem. That's the upside.

But it's still athletics. I'd rather see more of a national focus on academics, achievement, learning, wisdom and kindness. True, male athletes have long hogged the spotlight, and now maybe it's the women's turn. Which seems fair enough. But shouldn't we be asking ourselves why so much of our national attention should be on sports at all?

My daughter was a superbly talented athlete, and was named Outstanding Female Athlete at her high school in her senior year. But she was also a National Merit Finalist and a straight-A student as well, and a talented classical musician who was named her school's Outstanding Musician.

I remember getting scores of calls from coaches recruiting my daughter in her senior year, 1987. After she won the 100-meter dash in the regionals, breaking the all-time record, we even heard from Stanford's track coach. Coaches flew in from out of state to recruit her.

But in all that time, I can never remember getting a single call from

a college professor or instructor. Sadly, that's where the priorities are in our society today. Fortunately, as you'll see, my daughter, at least, had her priorities straight.

So for all the good it does, the ascendance of women's sports may also make a bad situation worse. Many of our colleges are already jock factories.

I still remember something my daughter, who's always been a serious student first and an athlete second, told me on a flight from back East into Oakland. She'd been pursued by the track coach at Williams College in Mass., one of the country's toniest liberal-arts schools. She was pondering her decision. Williams, for all its academic excellence, selectiveness, money and rich history (two presidents were alumni), still had a big sports program and major, expensive athletic facilities.

"I'm an athlete, not a jock," my daughter said. Soon, she chose instead to go to Reed College, which banned intercollegiate sports in its charter. I almost wept when I saw hundreds of thousands of dollars in athletic scholarships flying out the window. Her high school coaches were shocked. And I still occasionally ache at the thought of these college years when my wife and I

could be watching her win all those races. But I think she made the right choice, at least for her. We have enough jocks.

And we don't need any more, male OR female. What we could probably use, however, is more scholar-athletes.

I remember once being assigned to cover a college football game at McGill College just after I'd arrived in Montreal to work as a sportswriter.

Having covered U.S. college and pro ball, I dreaded talking to football players. What I didn't know — and what most Americans still don't know — is that college athletic scholarships don't exist in Canada. This was a pleasant surprise.

Here's something even more surprising — even amazing:

Some of the McGill players I met in the locker room were fourth-year med students.

Now THAT's a student-athlete.

Sports already have too big a place in our celeb-saturated society. We don't need things to get even worse.

OK, you might say, then how about women sports celebs simply replacing males? That I could probably live with. At least, for awhile.

Concerts

FROM PAGE B3

Avoid wearing dangly earrings and glasses; I've seen earrings accidentally ripped out of ears (at least I hope it was accidental), and I once had my glasses knocked off in a particularly vigorous group shove. I got them back, but you may not be so lucky. And since we're talking fashion:

2) Wear a white shirt. I guarantee you that 90 percent of the floor crowd will wear black, "cause that's what the "cool" people always do — they wear black. You'll stand out not only because you're the only one up front wearing white, but when the lights go down, you'll shine like day-glo Play-Doh in the dark.

3) When you pick a spot, plant your feet and don't move. If you catch a star's eye, they might want to check back later. Move and they may not spot you again quickly, and they'll lose interest. Hold your

ground. If you think I'm kidding, you obviously haven't seen an act that has mass teen appeal. A 16-year-old girl "in love," with Lee Press-On nails and a bad attitude, can be your worst nightmare. Stay alert to interlopers and stay focused on the object of your affection.

4) Give yourself breathing room. If you're in the front row, stand back from the barricade a few inches, then rest your forearms on it. That way, when the crowd makes the inevitable surge forward, you won't get smushed like a bug — and you'll keep your white shirt clean.

5) Don't try to be seductive; just have fun. You'll get more respect and more attention from the stars if you just be yourself and have a good time. Bedroom eyes, floozy outfits and mouthed dirty suggestions may get you backstage, but you're more likely to find yourself fighting off roadies than having one of the 'N Sync guys decide you're his soulmate.

And no hysterical crying and screaming — you'll look like everyone else if you do. Sing along, dance, smile, and there's your noticed.

On the same note: Down with a sign that reads "I'll be a blank), I WANNA HAVE YOU BABY!" Visions of paternity and statutory rape convictions no turn-on.

6) Don't ignore the rest of the band. I've had more fun listening and singing with keyboard, guitarists and drummers than I have trying to catch the eye of the main singing stud. The members appreciate the attention, and there's always at least one hottie in the bunch!

Wow, just thinking about all this stuff makes me want to be there. Gotta go — I need to find a concert schedule!

Deirdre McGruder can be reached at 925-952-2686 or e-mail: dmgruder@cttimes.com.

Ashland

FROM PAGE B3

man/would-be monk; D'Artagnan (John Hansen) the idealistic country bumpkin. One wonders about the misogynistic depiction of women — every married woman in the play is an adulteress, or wishes she was — but perhaps that speaks to Dumas' own involvement with married women. Metropolis directs. John Sipes manages the tight choreography.

■ "Othello." A noir version of the Shakespearean tragedy. Every scene is staged in darkness. It is almost as if the title character's deepest, most powerful fears are being represented in visual form. Derrick Lee Weeden brings a powerful physical presence to the role of the Moor. And the set, featuring a watery pool, aptly depicts the traps that wait everywhere for the characters. Taccone directs. Amy Cronise is a compelling Desdemona, wrongfully accused of adultery.

■ "Chicago." This is not to be confused with the musical. This version of "Chicago" premiered in New York in 1926, but slipped into oblivion a few years later. If you merely read the script, you would probably understand why — it paints its main figures, murderesses who offed their husbands or lovers — in awfully broad strokes. But the Festival has a

way of shaping questionable scripts into fast-moving, crowd-pleasing productions. Director Kenneth Albers does this splendidly, and milks from the play's media exploitation, jury manipulation, and lawyer/defendant theatrics some interesting links to contemporary murder trials, e.g. O.J. Simpson's. Catherine Davis gives a star turn as Roxie Hart, murderess de jour.

■ "The Good Person of Szechuan." A crisp, clear production of Brecht's masterpiece about the search for truth in today's world. Langworthy supplies a new translation. This play, usually considered difficult, almost inaccessible, is anything but in this version directed by the peripatetic Metropolis. One wonders, in fact, if the problems in this notoriously problematical play haven't simply been glossed over. Many who come to this production expecting to be alienated may be surprised when they are not. However, the philosophical and ethical concerns of Brecht's script seem to have survived intact. BW Gonzalez offers a virtuoso performance in the dual roles of Shen Te/Shui Ta, the one "good person" the gods discover on Earth.

■ "Henry IV, Part II." Though this is not among Shakespeare's greatest history plays — it has "sequel" written all over it, and serves primarily as a bridge between the bril-

liance of "Henry IV, Part I" and "Henry V" — Ashland turns in a solid production. Appel's decision to do the play with an all-male cast — in Shakespeare's time, the only approach available, but in our own era a gimmick — adds some interest initially, but neither G. Valmont Thomas (as Mistress Quickly) or David Kelly (as Doll Tearsheet) have the comic genius to make the play an overwhelming success. Albers is a fairly able Falstaff at twilight — creaky of joint, but still quick-witted. The main problem here is that the most interesting relationships — Hal-Henry IV, Falstaff-Hal — really aren't explored until the final scenes.

■ "Much Ado About Nothing." This production under-utilizes its Argentinean theme: there are one or two tangos, and a few changes from "signore" to "signor," but not much else to give the flavor of the Pampas. Mark Murphey and Elizabeth Norment need to do more to convince us that Beatrice and Benedick are truly in love; the production underscores the character's sharp-edged wits, but ought to bring out their tenderness as well. James Edmondson directs.

Plays at the Oregon Shakespeare Festival perform in repertory until Oct. 31.

For ticket information, call the box office at 541-482-4331.

Events

FROM PAGE B3

ner, Constance Maher, Pamela Markmann, Irene McCray, Stephen Mereu, Rego W. Parker, Lee Puffer, Arlene Selmonosky, Catherine Stone and Victoria Sulski. Gallery hours are from Tuesday-Saturday, 11 a.m.-6 p.m., Fridays until 7 p.m., and Sunday, noon-5 p.m. Call 843-2527 for information. The gallery is located at 1652 Shattuck Ave.

Posters American Style

One hundred years of poster-making in America is celebrated in "Posters American Style," an exhibition of 86 images by American graphic designers and artists, at the Oakland Museum of California through Aug. 29.

The exhibition includes colorful circus and literary posters of the 1890s, government-sponsored posters from World Wars I and II, psychedelic rock concert posters of the 1960s, protest images of the 1970s and new designs of the 1990s.

The museum is located at Oak and 10th streets in downtown Oakland, one block from the Lake Merritt BART station and four blocks from Interstate 880.

Museum hours are Wednesday-Saturday, 10 a.m.-5 p.m.; Sunday, noon-5 p.m.; first Friday of the month, 10 a.m.-9 p.m. Admission is \$6 for adults, \$4 seniors and students with identification, free for children 5 and under. Free the second Sunday of the month.

For information, call 1-888-625-6873.

Durham Studio Theater

The UC-Berkeley Center for The-

ater Arts will resume its popular summer production series in Durham Studio Theater. The CTA summer series will open with "A Perfect Garnish" by Terrence McNally, through July 17, 8 p.m.; and July 18 at 2 p.m. The series continues with "Pterodactyls" by Nicky Silver, Aug. 6-28, at 8 p.m.; and Aug. 29, at 2 p.m. Information, 642-1677.

Children's Fairyland

Children and their families members are invited to a summer Family overnighter at Children's Fairyland on July 17 and Aug. 14. Families may register now for the opportunity to sleep and dream inside the enchanted world of Fairyland.

Each family is asked to bring their own tent, sleeping bag and personal items. The fun begins with dinner at 6 p.m., followed by unlimited Fairyland rides, entertainment, a visit with Woolkins the Lamb and after-dinner snacks, and ends with breakfast the next morning before 9 a.m.

The cost of the Family Overnighter is \$35 for the first adult, \$25 for additional adults within the party, and \$15 per child. There is no charge for children under age 1. Children must be accompanied by an adult, and each overnighter is limited to 100 people.

It is located on the shores of Lake Merritt at Bellevue and Grand avenues. During the spring season, it is open Wednesday-Sunday, 10 a.m.-4:30 p.m. The front gate closes at 4 p.m. Admission is \$5, and includes unlimited rides.

For information and reservations for the overnighter, call 238-6878, ext. 6. General information call 452-2259.

Nancy Tesler

Mystery writer Nancy Tesler, the

master of "Suburban Fringe" in Berkeley on July 23 to entertain fans and sign copies of her thriller, "Shooting Stars and Deadly Things."

She will be appearing at Lamorinda Arts Alliance on July 24, 3086 Claremont Ave., for the twists and turns of "Shooting Stars" and show samples of the deroer martial arts weapons in the novel.

She can also talk about some similarities and how she came to her unique brand of murder mystery. Call 565-6756 for information.

Lamorinda art exhibit

Lamorinda Arts Alliance presents Village Exhibition Hall, Jack C. Square, July 16 through Aug. 1, 11 a.m.-4 p.m. There will be a reception at 18 from 1 p.m.-4 p.m. See original by award-winning local artists. Oil, watercolors, photography, sculpture, and much more on display.

Movie benefit

Pyramid Alehouse in benefit Women's Daytime Drop-In Center a series of summer movies with theme costumes each week. Every Sunday night doors open at 7 p.m. the movies beginning at dusk.

Movies coming up are: July Bug's Life," July 24, "Caddyshoe and July 30, "There's Something Mary." Located at 901 Gilman Berkeley. Bring your own chairs, blankets, or beach chairs. Nation suggested.

For more information or to teen, call 548-6933 or 527-9090.

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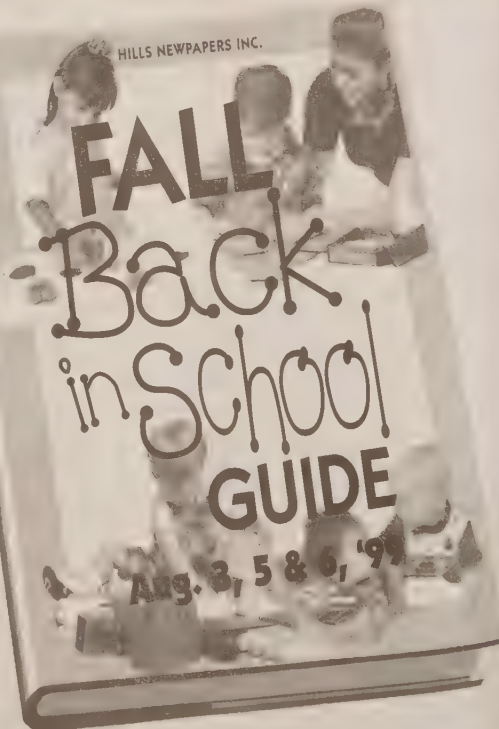
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Calendar

Submissions to the Community Calendar must be received Thursdays one week prior to publication. Listings are on a space-available basis.

Classes

Program for Adult College Education (PACE) Fall 1999 is open for enrollment at Vista Community College. Enrollment continues through Saturday, Sept. 4. PACE is a college alternative for adults with job and family responsibilities. The program allows the completion of freshman and sophomore years in two and a half to three years, enabling participants to transfer to a four-year college. Classes are held one evening a week and several Saturdays a term. Call 841-0809 or e-mail scooploggy@aol.com for enrollment information.

There will be a free screening and discussion class entitled "Inspirational Roundtable" held at Berkeley Community Media on Tuesday, July 20 from 6:30 p.m. to 9 p.m. The class is for anyone who wants to get feedback on their own work or to view other people's work for inspiration. Bring in progress work to be shown and learn progressive video techniques. Berkeley Community Media is located at 2239 Martin Luther King Jr. Way. For more information call 848-2288 and ask for Marisa, Sage, or Kristen.

Learn Your Rights When Dealing with the Police. A free three-hour orientation teaches how to observe police and to help prevent police brutality. Copwatch is a grassroots, all-volunteer organization, which works to defend the rights of everyone under the law. For additional information, call 548-0425. **Life Stories/Collage and Ceramics** classes forming at St. John's Senior Center, 2727 College Ave., Tuesday mornings 9 a.m. to noon. All are welcome. Free. Sponsored by Berkeley Adult School. Teachers are Diana Bohn and Judith Carroll. Call 845-8830 for additional information.

Contemporary Women's Issues class is forming at the North Berkeley Senior Center, 1901 Hearst St. Free class offered by the Berkeley Adult School, taught by Judith Carroll, MFCC. Friday mornings 10 a.m. to noon. Open to all women 55 or older. Call 644-6107 for additional information.

Dance and Fitness Classes open to all in flamenco, Afro-Brazilian, belly dance, salsa, swing, ballroom, tap, theatre dance, yoga, chi gung, tai chi, aikido, pilates-based body conditioning and more at the YWCA, 2600 Bancroft Way, Berkeley. Drop in fees: \$8-10. Information, 848-6370.

Let's Swing and Jitterbug 7 p.m. beginning classes, 8 p.m. intermediate; four-week dance classes beginning the first Tuesday of the month; Finnish Brotherhood Hall, 1970 Chestnut, Berkeley; Diana Castillo, 549-3591; \$40 for four classes

Children

Free Puppet Shows: Program on Cultural and Media Differences at the Hall of Health, 2230 Shattuck Ave., on Saturday, July 17 at 1:30 p.m. and 2:30 p.m. The shows are for children of all ages and their parents. The Kids on the Block, the award-winning educational puppet troupe, includes puppets from diverse cultures and puppets with medical conditions such as leukemia and spina bifida. The Hall of Health is a hands-on community health-education museum and science center sponsored by Children's Hospital Oakland and Alta Bates Medical Center. Call 549-1564.

"Theater Rats," Julia Morgan's kid's theater camp program, offers swimming, singing, dancing, acting, and field games as some of its exciting activities. The camp is a two-week session for kids 6-14. Call 883-7023 for additional information.

Health

Volunteer as an Information and Re-

source/Referral Worker at the Berkeley Free Clinic. Help people find resources in the healthcare fields. Call 288-5813 for more information regarding July training.

YWCA Health and Community Education: drop in classes in dance, fitness, yoga, martial arts and more; University YWCA, 2600 Bancroft Way; 848-6370; \$8 - \$10

Community

The Berkeley Psychic Institute hosts a Psychic Faire and Spiritual Healing Festival on July 17 and 18 from 11 a.m. to 6 p.m. at 2018 Alston Way. Readings and healings on a variety of topics will be available. The Seven Bodies of Man (and Woman too), follows at 7 p.m. Call 548-8020 for more information or visit the website at www.berkeleypsychic.com.

St. Paul AME Church, 2024 Ashby Ave., hosts its Usher's Day Celebration on Sunday, July 18 at 3 p.m. Dinner will be served from 1 p.m. to 2:30 p.m. For more information, contact Annette Cary at 521-5583 or St. Paul AME Church at 848-2050.

The Friends of the Garden meet Thursday, July 22, at 10:30 a.m. at the North Berkeley Senior Center, 1901 Hearst. The group welcomes newcomers interested in gardening. Call 644-6107 for additional information.

The Grand Opening of The New "F" and "G" Docks at the Berkeley Marina takes place on Saturday, July 24 from 11 a.m. to 1 p.m. There will be ribbon cutting, dock walking, musical entertainment. Hot dogs and veggie burgers will be available. The new F and G Docks are the first in Northern California to offer a ramp that complies with requirements of the Americans with Disabilities Act. For more information contact Cliff Marchetti, Waterfront Manager, 644-6376 ext. 224.

The University of California Botanical Garden announces extended hours for the summer, continuing through Labor Day, Sept. 6. During this period the garden will be open from 9 a.m. until 7 p.m. every day. Summer hours offer the opportunity to relax in the Garden after work, and to enjoy a picnic supper on the lawn or in the Redwood Grove. Plan some quiet time to take advantage of the soft evening light and the magnificent site. The Botanical Garden is located on Centennial Drive in Strawberry Canyon behind the Memorial Stadium. Call 643-2755 for more information or directions.

The Anna Davidson Rosenberg Award for Poems on the Jewish Experience announces its 1999 competition. Sponsored by the Judah Magnes Jewish Museum, it is the only major nationwide/international competition for unpublished poetry in English on the Jewish experience. Writers should first send a self-addressed stamped envelope for entry form and guidelines by July 31, to Poetry Award, Judah Magnes Museum, 2911 Russell St., Berkeley, CA 94705.

Toastmasters, do it now. Stand up and say what you mean. Come practice—Tuesday, noon to 1 p.m. at 700 Heinz Ave. Call 883-6708 for additional information.

Civil Rights activists needed. Write the ACLU chapter of Berkeley, Albany, Richmond, and Kensington. P.O. Box 11141, Berkeley, CA. 94701.

The City of El Cerrito is accepting job applications for 1999 Summer Employment, day camp and pool staff positions. Ages 15 plus (must have job permit if under 18) Ages 12 + for volunteers. Applications may be picked up at the El Cerrito Community Center, 7007 Moers Lane, Monday through Friday, from 8:30 a.m. to 4:30 p.m. For information call 215-4370.

"Work Buddies" volunteers needed to perform volunteer work with people in early stage Alzheimer's Disease. Minimum six-month commitment, two to

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NEW WORKS by Frances Spencer, an Albany artist, can be seen July 10 - Aug. 7, at the Albany Arts Gallery, 1251 Solano Ave., Albany. This is her second solo show of prints with poems at the gallery in the past three years.

Dining & Entertainment

Advertising Feature

Garibaldi's on College

5256 College Ave., near Manilla, Oakland (510) 595-4000
The menu at Garibaldi's focuses

on Mediterranean-style seafood, from tantalizing appetizers (baked oysters, scallop ceviche) to perfectly done entrees (grilled swordfish, spaghetti with scallops and prawns).

Zesty mussels, with saffron, aioli and orange are piled high, and a rich dessert of warm chocolate pudding-cake, espresso ice cream and toasted nuts is enough to satisfy almost anyone.

First-rate pizzas and cold tapas make this a great place for sharing, and a semi-private back dining room is good for groups. Major cards accepted and wheelchair accessible.

Nava Restaurant

5478 College Ave.
Rockridge (510) 655-4770

The best place in the East Bay to eat your last meal? That would be Nava, a new gem in Berkeley's culinary crown.

This place is a winner and the bill of fare, which changes monthly to take exquisite advantage of peak seasonal ingredients, is downright fabulous. The taste sensations here are seductive and varied.

Every appetizer here is astounding, but the crab cakes are a knockout, enhanced by a range of exotic relishes, glazes, and sauces, on every menu so far. The menu features seven to eight entrees featuring fish, fowl, a vegetarian entree or two, and fabulous cuts of meat.

Pyramid Alehouse & Brewery

901 Gilman Street, Berkeley
(510) 528-9880

Since its grand opening in February 1997, the Pyramid Alehouse & Brewery has been serving hand-crafted Pyramid Ales and extraordinary pub-style food. Everything from pizza to mahogany-smoked chicken to baby back ribs covered in our very own Espresso Stout BBQ sauce. Private areas for groups and meetings available. Brewery tour daily. Have a good beer. Lunch and Dinner Sun-Wed. 11:30 a.m.-10 p.m., Thurs. 11:30 a.m.-11 p.m., Sat.-Sun 11:30 a.m.-midnight.

The Reef

1000 Embarcadero-Oakland
(510) 836-2519

At The Reef restaurant you get a combination of quality fresh fish bought daily, with the culinary expertise from the same owners for 18 years.

The menu features grilled, sautéed, broiled or Cajun seafood. Salmon, swordfish, halibut, prawns and year-round lobster plus seasonal specials are prepared to your liking. Sauces include curry, champagne, and various Thai specials.

The Reef Restaurant is located about one mile south of Jack London Square off 880 freeway. Free parking and a complimentary guest dock make this a good destination by land or sea.

Nava

RESTAURANT

2 for 1 Entree
 Dinner \$12 Maximum
 (Valid Sunday - Thursday, not valid on holidays • Expires 7/31/99)

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Sunday Brunch starts July 18 • 10:30am to 2pm

EGGS (2) served with croissant & rosemary potatoes

- Scrambled with smoked salmon, onion & chopped tomatoes... 7.25
- Poached with Canadian bacon, hollandaise & whole wheat crepes... 7.50
- Poached with chili oil & grated romano... 6.95
- Fried with crushed tomatoes & basil... 7.95
- Omelette with mushrooms & cheese... 7.95
- Scrambled with mushrooms & cheese... 7.95
- Apple sausage... 5.00

OTHERS

- Cold cereal... 5.00
- Cured salmon, cream cheese, avocado, onion, focaccia bread sandwich... 7.50
- Breakfast risotto with nutmeg, honey & dried figs... 7.00
- Pear, gorgonzola, walnut, baby greens salad... 7.00
- Romano mushroom, mozzarella, garbanzo, chopped tomato, caesar dressing salad... 7.00
- Vine ripened Beef steak, tomatoes, fresh mozzarella, basil, olive oil salad... 8.00
- Paragus ravioli with fresh tomato basil sauce... 8.00
- Chicken Alfredo... 8.00
- Grilled chicken & apple sausage w/ sweet polenta... 8.00
- Grilled eggplant, roasted tomatoes, potatoes, ricotta, mushrooms, timbale... 8.00
- Grilled salmon filet with lemon sabayon... 8.00
- Fresh squeeze OJ sm... 0.50

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VOICE • THE JOURNAL • ALAMEDA JOURNAL

Calendar

FROM PAGE B5

three hours per week. Training provided. Contact Nannette Lipton, 644-8292.

Psychic Healing clinic: 7 to 9 p.m. Mondays; free clinic at the Academy for Psychic Studies in Berkeley, aura cleansing, stress relief; 1-800-642-9355.

SMART project: the Alcohol Research Group in Berkeley is conducting a study to compare the cost and effectiveness of two kinds of substance abuse day treatment: medical model day treatment and social model day treatment. By calling 1-888-249-8802 and agreeing to do three interviews, individuals chosen for the study receive free treatment at existing treatment programs.

The Edible Schoolyard, an organic gardening and cooking program at Berkeley's King Middle School, seeks volunteers to work with students, 9 a.m. to 3 p.m. Call 558-1335 for information.

English-In-Action lets you make friends from around the world. Volunteer as a conversation partner with a foreign UC scholar/student for one hour a week. YWCA, at Berkeley, Call 843-9716.

Women's Daytime Drop-in Center in Berkeley, serving women who are homeless or at risk of becoming homeless, needs volunteers. The Center is open from 9 a.m. to 4 p.m. Monday through Saturday. Volunteers are needed for morning and afternoon shifts. For more information, call 466-5663.

Exhibits

"Food for Thought," an exhibit of drawings and paintings by Raul Serrano continues at the French Hotel Gallery, 1528 Shattuck Ave., through July. The gallery is open from 7 a.m.-10 p.m. daily.

Alta Bates Medical Center presents work by members of the California Watercolor Association at its Community Art Gallery, 2450 Ashby Avenue, Berkeley. The gallery is in the main corridor to the left of the information desk and main entrance. Call 204-4444 for additional information.

Kala Art Institute, 1060 Heinz Ave., continues its "Veil, Mark, Mirror" exhibition through Aug. 27. The exhibit is a portfolio of twelve prints produced by

artists-in-residence to commemorate Kala's 25th anniversary. A reception takes place on Thursday, July 15 from 6 p.m. to 8 p.m. Gallery hours are Tuesday through Friday, noon to 5 p.m. Other times by appointment. Call 549-2977 for additional information.

The Richmond Art Center, 2540 Barrett Ave., presents an New Exhibitions beginning July 17 and continuing through Sept. 4. A reception takes place on Saturday, July 17 from 3 p.m. to 5:30 p.m. Gallery hours are Tuesday-Friday, 10 a.m. to 4:30 p.m. and Saturday, noon-4:30 p.m. Free admission, wheelchair accessible. Call 620-6772 for additional information.

Roots and Memory: A Portrait of the Last Moroccan Jews of the Atlas and Sahara continues through Oct. 31 at the Judah Magnes Museum, 2911 Russell St. For additional information call 620-6772.

"Still Here: The Jews of the Pale of Settlement," — A photographic exhibition by Peggy Myers is on view through Oct. 31 at the Judah Magnes Museum, 2911 Russell St. For additional information call 620-6772.

A New Leaf Gallery, 1286 Gilman St., presents an exhibit, "Water Visions 1999," a contemporary water sculpture, which continues through Aug. 1. Gallery hours are Wednesday through Friday from 10 a.m. to 5 p.m. Call 525-7621 for additional information.

Sticks Fine Art Gallery and Custom Picture Framing, 1579 Solano, presents the paintings of David Martin through July 29. Call 526-6603 for additional information.

The Albany Arts Committee exhibits "Facing Change," continues through Sept. 9 at the Albany Foyer Gallery, 1249 Marin Ave. The exhibit represents three eighth grade Albany Art classes led by art teacher Meg Brady.

The Berkeley Art Museum Pacific Film Archive presents "Emerge: New Work by UC-Berkeley Master of Fine Arts Graduates," through Aug. 15. Emerge is an exhibition of works by candidates for the Master of Fine Arts degree at UC-Berkeley. Artists include Nina Lynn Bellio, Jason Byers, Sook Kim Choi, Elizabeth Demaray, Stephanie Anne Johnson, and Katherine Shozawa.

New Pieces Gallery presents a list of artists for the year 1999. Located on Solano Avenue, New Pieces is the only gallery which shows quilts and soft cloth sculptures and dolls exclusively. The gallery is open during store business hours: Monday, Wednesday, Friday, and Saturday, 10 a.m. to 6 p.m. Tuesday and Thursday, 10 a.m. to 9 p.m. and Sunday Noon to 5 p.m. except major holidays. Details: 527-6779.

Literary Events

The Other Change of Hobbit, 2020 Shattuck Ave., presents Amy Thomson, author of "Virtual Girl" and the "Color of Distance," reading and signing her new book "Through Alien Eyes," on Thursday, July 29, 6 p.m. to 8 p.m. For additional information call 848-0413.

"Strong Women: Writers and Heroes of American Literature," 1:15 to 3:15 p.m. every Thursday; free course in the Berkeley Adult School Older Adults Pro-

MISLEADING MENAGERIE

By NANCY SALOMON / EDITED BY WILL SHORTZ

- ACROSS
- 1 Stone of some Libras
- 5 AM selections: Abbr.
- 9 Tussle
- 14 Raising a sweat, perhaps
- 19 Pitch
- 20 Foot: Prefix
- 21 Verse from Villon
- 22 Do some campaign work
- 23 When to slop in the mud on the farm?
- 26 Kind of joint
- 27 Gray, for one
- 28 Maryland athlete, for short
- 29 Almost purée
- 31 "— dreaming?"
- 32 Like some apartments
- 33 Council of — (1409)
- 35 With bite
- 37 Took action
- 38 '60s coll. radicals
- 39 Wisest of the centaurs, in Greek myth
- 41 Brown shade
- 42 Not be alert
- 43 Tale of a tiny bellower?
- 46 Talk effusively
- 49 Alpine sight
- 50 Hot to trot
- 51 Priest of I Samuel
- 52 Shoulder piece
- 54 '20s beer barrel busters
- 55 Like some shopping
- 59 Homecoming visitors
- 60 Acted like
- 62 Apple product
- 64 Shortly before?
- 65 Traitorous intruder?
- 68 What an ass declares in cards?
- 71 Berlioz's "Les Nuits d'—"
- 72 Beloved subject of Thomas Campbell
- 73 Jaywalking, e.g.
- 74 Home run, slangily
- 75 Not at all like
- 78 News writer's specialty
- 80 Exploitative employer
- 82 Rough stuff
- 83 Tot toter
- 84 Stitch souvenir
- 86 Abbr. starting names
- 87 Bedtime reading in the forest?
- 93 Place for a run
- 94 Call upon
- 95 Canine cover
- 96 Calendar abbr.
- 99 Roaster, maybe
- 100 Nonabrasive
- 101 Cross with a loop
- 102 They exist from hand to mouth
- 104 It's often left hanging
- 105 "Got it"
- 106 Warrant follower
- 108 High point
- 121 Takes off life support?
- 112 "Time to have a foal?"
- 115 Gold standard
- 116 Pal
- 117 Profusion
- 118 Prince Albert, e.g.
- 119 Doesn't fold
- 120 Like cancan dancers
- 121 Noise pollution
- 122 Play opener
- DOWN
- 1 Them
- 2 Held jointly
- 3 Troublemakers, never
- 4 Potted plant place
- 5 1974 Sutherland/Gould spoof
- 6 Airborne faultfinder
- 7 Botheration
- 8 Separates
- 9 Prodder
- 10 Tight
- 11 "Radio Free Europe" rock band
- 12 Red-white-and-blue
- 13 Green gem
- 14 Comfortably inviting
- 15 New England state sch.
- 16 One who accepts charges
- 17 Use Schedule A
- 18 Put down
- 24 Common aspiration
- 25 Singer Lennon and others
- 30 Essayist Day
- 34 Smooth
- 36 Stick-to-it-iveness?
- 40 Blood pigment
- 42 Seat of honor location
- 43 Handy digit
- 44 Scratched (out)
- 45 Big cheer
- 46 Ready, with "up"
- 47 Burning the midnight oil, so to speak
- 48 Makes veal, maybe
- 53 Shaq's alma mater
- 54 "That's — sure!"
- 55 Source of 85-Down
- 56 Germanic tribesman
- 57 Familiarize
- 58 Tube-nosed seabird
- 60 7th-century Arab caliph
- 61 Brown, in a way
- 63 Phone button trio
- 66 Set aside
- 67 Test for a college sr.
- 68 Part of an e-mail address
- 69 So far, on a pay stub: Abbr.
- 70 Hindu habits
- 73 Handle
- 76 Sci-fi writer Frederic
- 77 It makes one hot
- 79 Item that's often hidden
- 80 Athens attraction
- 81 Voice stretcher
- 83 Like many a sports report
- 84 Comparison basis
- 85 Stopper
- 87 Center strip cuts?
- 88 Gorge
- 89 Trumpet blast
- 90 Barely enough
- 91 One step
- 92 Flubbed
- 96 Affixed
- 97 Boot
- 98 A matter of will?
- 100 Nubs
- 103 Author Jane
- 107 "When"
- 109 Seasoned hands
- 111 Word from a con
- 113 Fix
- 114 A crowd, by Caesar?

gram; Helen Rippler Wheeler, instructor; North Berkeley Senior Center, 1901 Hearst, corner of Martin Luther King, Jr. Way; 549-2970 after 9 a.m.

Meetings

Joy of Yiddish: Yiddish conversation

at 1 p.m. at the North Berkeley Senior Center, 1901 Hearst. Call 644-6107 for additional information.

The Berkeley Communicators Toastmasters Club meet on the first and third Wednesday of the month from 7:15 to 8:30 a.m. at the Berkeley City Club, 2315 Durant. Details: 524-3765.

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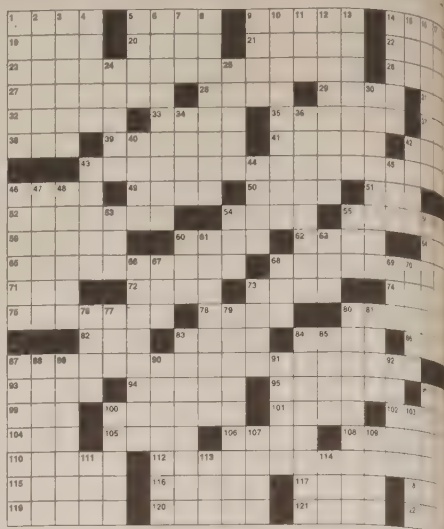
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NEW YORK TIMES CROSSWORD PUZZLE



- 56 Germanic tribesman
- 57 Familiarize
- 58 Tube-nosed seabird
- 60 7th-century Arab caliph
- 61 Brown, in a way
- 63 Phone button trio
- 66 Set aside
- 67 Test for a college sr.
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- 100 Nubs
- 103 Author Jane
- 107 "When"
- 109 Seasoned hands
- 111 Word from a con
- 113 Fix
- 114 A crowd, by Caesar?

The Berkeley Arthritis Support and Education Group meets on the second Tuesday of each month (except December) 1 to 2:30 p.m. in the Maffly Auditorium, Herrick Campus, 2001 Dwight Way. Dr. Brian Kaye, a rheumatologist, has treated many patients with various types of arthritis and will be available for questions. For additional information call 204-4503.

Toastmasters on Campus meet on the second and fourth Wednesday of the month from 6:15 to 7:30 p.m. at the

See CALENDAR, Page B6

XI Annual Celebration for Life

GOOD TIMES AND BAD TIMES, WE'VE SEEN THEM ALL AND MY DEAR ...

WE'RE STILL HERE!

TEEN YEARS OF CELEBRATION FOR LIFE

PERFORMERS FROM CONTRA COSTA MUSICAL THEATRE, DIABLO LIGHT OPERA COMPANY, DIABLO BALLET, NEW URBAN DANCE COMPANY

Dean Leshner Regional Center for the Arts in Walnut Creek

Saturday, July 17, 1999 8:00 p.m.

In the mid 1980's a group of theatre and dance artists, moved to action by the death of so many of their friends in the theatre community, held the first **Celebration For Life**, a benefit to raise money for those living with HIV in Contra Costa County. Twelve years and eleven shows later, the eleventh annual benefit is an extraordinary retrospective of the first ten years of **Celebration For Life**.

Featuring the best musical, dance and dramatic performances from the first ten years the show includes such favorites as *Frugue* from the musical *Sweet Charity*, *Gina and Annette* from *Parallel Lives*, and CFL IX's *Bohemian Rhapsody*. Also see new works by Diablo Ballet and the CFL XI company

Until there's a cure our commitment continues: "Good times and bad times, we've seen them all and my dear... **WE'RE STILL HERE!**"

Tickets: \$15, \$25, \$35 — Call (925) 943-SHOW

Attire is Festive.

For further information call New Connections, 925.676.1601, extension 137

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DEAN LESHNER REGIONAL CENTER FOR THE ARTS

EXCELLENCE

general excellence award

On June 26, The Contra Costa Times and Sunday Times won a first-place award for general excellence from the California Newspaper Publishers Association.

The general excellence awards were based in part on departmental news and coverage, editorial and opinion pages, story organization headlines, page design, art, advertising, presentation and press work.

The paper also won first-place for a spot news photo by Karl Mondon showing members of the Contra Costa Fire Protection District's Swift Water Rescue Team struggling to pull a 15-year-old horse, Kachina, from rain-swollen Little Pine Creek

Second-place awards went to the Times for editorial comment and design. The editorial comment award was for John Glennon's editorial decrying expenditures of taxpayer dollars by public agencies on major league stadiums. The design award cited the papers' layout, effective use of typefaces and headlines, photos, graphics, color and black-and-white, and consistency of style.

We congratulate our entire Contra Costa Times editorial team for working hard to make our newspaper California's best!

CONTRA COSTA TIMES

THE SUNDAY TIMES

WEST COUNTY TIMES • VALLEY TIMES • SAN RAMON VALLEY TIMES

Calendar

FROM PAGE B6

English Language Program Building, 2515 Hillegass Ave., Berkeley, 94704-1822. Details: 704-1822.

Public speaking skills and **meta-physical** Toastmasters. On-going meetings first and third Thursdays, 8:15 to 9:30 p.m., 2515 Hillegass Ave., Call 869-2547 for details.

Spirituality and Healing. Voices of Healing Story Circles. Spiritually oriented healing group for people living with life-threatening illness. Meets second Wednesday of each month in North Berkeley. Call 528-1235 for information.

State Health Toastmasters Club meet every second, third and fourth Thursday of the month from 12:10 to 1:30 p.m. at the State Health building, 1151 Berkeley Way. Details: 649-7750.

Higher Alignment: 7 p.m. - 9:30 p.m. Mondays, fun, informative seminars creating spiritual partnerships; Feldenkrais Center, 830 Bancroft Way, Berkeley; (415) 461-5337; \$20.

Alta Bates Support Groups - Arthritis Support Group meets the second Tuesday of every month; 1 - 2:30 p.m.; 204-4573. Call for additional special events.

Overeaters Anonymous, a 12-step program providing free aid for those with eating problems, meets in Berkeley every Saturday at 8:30 a.m. (newcomers at 8 a.m.) at St. John's Church, 2727 College Ave. and in Richmond every Thursday at 7 p.m. at Kaiser Hospital, 501 Nevin (take Elevator C to the third floor). For further information, call 273-5392.

YOGA: 9:30 a.m., Mondays; Take Pounds Off Specially, Albany Chapter meets at 100 Sannage St. at Mann; 233-2948 or Karen 525-6858.

Avatar Meta-physical Toastmasters: meetings on the 1st and 3rd Thursdays of the month from 8:15 p.m. to 9:30 p.m. Call 643-7645.

Toastmasters, noon - 1 p.m., Tuesdays; stand up and say what you mean; practice with the toastmasters; 700 Hinch Ave., Berkeley; 883-6708.

Alta Bates Rehabilitation Center and East Bay Neurology sponsors a free monthly stroke support group. No ad-



NITA WINTER

AFTER RUNNING several months in San Francisco at the Lorraine Hansberry and Bannam Place theaters, Marvin X's drama about recovering manhood and womanhood in America returns to the Berkeley Black Repertory Group Theatre, 3201 Adeline St. Performs Wednesdays, July 21, 28 and will run during August on Thursdays, Fridays and Saturdays, 8 p.m. Donation \$10, but no one will be turned away. Persons in recovery from any addiction urged to attend. Details: 653-9326 or 652-2120.

vance reservations are required, drop-in anytime. The group meets the first Tuesday of each month from 4 p.m. to 5 p.m. in the Maffly Auditorium on Herick Campus, 2001 Dwight way, Berkeley. Details: 204-4503.

Strong Women-Writers and **Heroes of American Literature** meet on Thursdays from 1:15 p.m. to 3:15 p.m. at the North Berkeley Senior Center, 1901 Hearst. This is a free course in the Berkeley Adult School Older Adults Program. For additional information call 549-2970.

Music

Chamber Music Sundaes presents musicians of the San Francisco Symphony and Opera orchestras in viola quintets by Mozart and Brahms and features soprano Sarah Brindell in "Sleep" by Brindell and "Patterns" by Sheldon for soprano, cello and piano; July 18 at 3:15 p.m. in St. John's Presbyterian Church, 2727 College Ave. Tickets at the door: \$15, seniors and students \$12. For more information call (415) 584-5946.

The World Vision Youth Ambassadors, a group of young people, age 18-22, representing 50 nations, perform two free concerts in the East Bay. The first performance is with the Oakland First Congregational Church, 27th and Harrison, Oakland, Wednesday, July 21 at 7 p.m. The second performance takes place on Thursday, July 22, 7:30 at the First Presbyterian Church, 2407 Dana St., Berkeley. The concerts feature music, dance and drama from around the world. World Vision is the largest privately funded Christian humanitarian agency in the world, serving more than 70 million people in nearly 100 countries. For ticket information, call 626-303-8811 ext. 7932.

The South Berkeley Neighborhood Development Corporation presents "Jazz on a Sunday Afternoon" with the G. Tatt Gettys Trio and the Benjamin Ball Trio, on Sunday, July 25, 5 p.m. at the Black Repertory Group, 3201 Adeline St. A pre-performance social takes place at 4 p.m. Donation: \$20. For additional information call 652-2178 or 841-0392.

"Friday Night Folk Dancing 8 p.m. - 11 p.m.; no partners necessary for line

dances taught from Romania, Bulgaria, Israel, Turkey, Near East and other lands each Friday from 8 p.m. to 9 p.m., followed by request dances from 9 p.m. to 11 p.m. No experience necessary - all ages welcome. Albany YMCA, 901 Kains Ave.; \$4; call 525-1542.

Outdoors

East Bay Regional Parks Botanical Garden Tilden Park, presents regular tours, seven days a week. Week days 8:30 a.m. to 5 p.m. Saturdays, and Sundays 2 p.m. Special tours by appointment. Call 841-8732. For a schedule of upcoming classes call 925-820-1021.

Support

Stroke Support Group for Stroke survivors, their families and friends. No advance reservations required. Meets the first Tuesday of each month, 4 p.m. to 5 p.m., Maffly Auditorium, Herick Campus, 2001 Dwight Way.

Lecture/Workshop

"What is Meditation," is a peaceful and practical introduction to the basics of meditation. The free seminar takes place at Barnes and Noble Booksellers, 2352 Shattuck Ave. Prayto Dove is the facilitator. Call 64-0661 for additional information.

Emotions Anonymous: Twelve-Step meetings every Sunday at 8 p.m. Call 236-8226 for Berkeley location.

Religion

"Daily Word Readers": Anyone interested in meeting with others to study the Unity principles contact Anne Allen, 843-5611.

Theater, Dance & Film

The North Berkeley Senior Center, 1901 Hearst, presents the film documentary: "The Voyager Odyssey 1977-1989 Interplanetary Flybys on Thursday, July 22. The opera "Lucia Di Lammermoor" will be shown on July 23. Both films begin at 1 p.m. For more information call Maggie of Suzanne at 644-6107.

The Shotgun Players presents Harry Kondoleon's "Christmas on Mars," at La Val's Subterranean, 1834 Euclid, Friday, July 17 at 8 p.m. and continuing

through Aug. 15. **Previews** on Thursday, July 15, 8 p.m. and Friday July 16, 2 p.m. Tickets are \$12 general and \$10 students and seniors. For reservations and information call 655-0813.

Dance and fitness classes are currently open to all at the YWCA, 2600 Bancroft Way. Classes are in flamenco, Afro-Brazilian, belly dance, salsa, swing, ballroom, tap, theatre dance, classical Indian dance, yoga, chi gung, tai chi, aikido, karate, pilates-based body conditioning and more. Drop-in fees \$8-\$10. For more information, call 848-6370.

Black Repertory Group, 3201 Adeline St., presents "Steal Away," a story of religious church women who bake cakes, cookies, pies and breads to send young women through college and the desperate measures the women take when they need more money. The performance continues through July 31. Showtimes are Thursdays, through Saturdays, 8 p.m. and a 2:30 matinee Saturday. General tickets: \$12, students \$8, child \$5, seniors \$3. For additional information call 652-2120.

Winning Photos: First Annual Richard Nagler Photography competition of the Jewish Magnes Museum highlights images by 15 extraordinary photographers. The Magnes Museum's new competition encourages Jewish work in contemporary art forms. The exhibit continues through Oct. 31. Call 549-6950.

Swing Dance Classes! Learn East coast swing and Lindy Hop with Michael and Persephone of Shagtime Dance Instruction, on Mondays at the Work Studio, 2566 Telegraph Ave. Beginning Lindy Hop runs 8:30 p.m. to 9:30 p.m. East Coast Swing from 7 p.m. to 8 p.m. and beginning Lindy Hop 8 p.m. to 9 p.m. on Tuesdays, at The Beat, 2560 Ninth St. Classes run as a monthly series. For more information, call Michael Marangio at 528-7658.

The UC-Berkeley, Berkeley Art Museum, 2626 Bancroft Way, continues its exhibit "Show and Tell: A Selected History of Photography and Video," through July 31. The exhibit is a selective survey of the history of photography and of early video art. For further information on this or any other museum programs call 642-0808.

Health & Fitness

Advertising Feature

As I See It



Dr. Jason A. Deitch

Mr. Jones comes into a doctor's office complaining of a variety of symptoms including fatigue, depression, arthritic aches and headaches. She is on several different medications prescribed by different specialists and she continues to get worse. Her doctor has provided her with an accurate diagnosis, but she doesn't really understand much about what it means other than what she was told. Mr. Jones represents the millions of people today that are sick and tired of being sick and tired. She has health care insurance that covers medical care and her primary physician offers medication in an

attempt to either manage the symptoms or to medicate her into health. Mrs. Jones doesn't like to take drugs, but doesn't know what else to do. She wants to have the power to make her own decisions and follow what she knows to be true.

Knowledge is power. Having the right knowledge can and will save lives. While many of us simply live our fast paced lives doing what feels good others are in a pursuit of excellence and happiness. The desire to have a quality of life that is worth living. The difference is based on the understanding of what we believe is true. So how do we really know about what's true in health care? Do we simply trust what our HMO, health magazine or news reporter tells us?

Living a high quality of life today requires being able to determine what makes sense and what doesn't. Notice that today's recent studies are often in conflict with studies that were conducted only a few years ago. What do we think the studies in the near future will say about the supposed proven research of today?

The Foundation for Natural Health and

Healing is a community resource center that provides both information and knowledge. Anyone can now receive free information about the effects of medications that have been prescribed and also information on herbs and supplements. In addition, there is a comprehensive list of symptoms and diseases most popular in infants, children, adults and seniors, listed with references supporting the latest research.

Understanding the information and being able to apply it in our lives usually requires additional training and knowledge. The Foundation offers on-site seminars and lectures for groups, organizations and businesses to provide an understanding of what the information means. This new resource can save lives, increase our quality of life and enhance our life experience.

Simply visit our website at www.discoverchiropractic.com at the home page you will be able to double-click on The Foundation for Natural Health and Healing. Here you will have the opportunity to research your medications, herbs and supplements or your health issue and there are links to information about vaccinations as well.

The Foundation for Natural Health and Healing is committed to seeing a healthier more powerful future, through healthier more powerful people. We are here to serve you. Live life fully.

Dr. Jason A. Deitch is a Doctor of Chiropractic and the founder of The Foundation for Natural Health and Healing located at 5530 Redwood Road, in the beautiful Oakland Hills. Dr. Jason is also the club chiropractor for 24-Hour Fitness in Oakland. For more information contact dja@discoverchiropractic.com or 510-531-5433.

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Doctor At Pacific Vision Institute Brings Intacs™ To Bay Area Residents

Ella G. Faktorovich, M.D., Estimates Over 500,000 Local Candidates

San Francisco, Calif. June 25, 1999 - Ella G. Faktorovich, M.D., director of the Pacific Vision Institute and one of only a few surgeons in the U.S. to specialize exclusively in laser and refractive surgery vision correction, is one of the first ophthalmologists in private practice to offer Intacs™, in the Bay Area. Approved by the FDA this April, the non-laser procedure can treat mild and moderate amounts of nearsightedness (myopia).

"Much like LASIK and PRK procedures, Intacs will appeal to people who are nearsighted, who lead active lifestyles and who don't want to trouble with their glasses or contact lenses," said Dr. Faktorovich. "In the hands of an experienced surgeon, state-of-the-art procedures like these are highly effective."

Intacs are clear, ultra-thin polymer crescents that reshape the cornea, allowing patients with nearsightedness to see clearly. Unlike other surgical procedures, the Intacs can be removed, thereby reversing the treatment.

"An ideal candidate for Intacs is mildly nearsighted and is interested in trying out clear, natural vision," said Dr. Faktorovich. "Should he or she later decide to remove the Intacs, their eyes will return to their former refraction within three months, in most cases."

About Dr. Faktorovich

Ella G. Faktorovich, M.D. is the director of the Pacific Vision Institute in San Francisco. During her Ophthalmology residency at the University of California, San Francisco, Dr. Faktorovich developed new techniques for retinal transplantation and pioneered sight-saving medications for patients with retinal degeneration. She completed a fellowship in refractive and corneal surgery at the Jules Stein Eye Institute, UCLA School of Medicine, where she also served as an assistant visiting professor. Dr. Faktorovich teaches other ophthalmologists corneal surgery and other refractive techniques and has lectured extensively, both in the U.S. and abroad. In addition, she has published numerous articles and abstracts on eye biology, laser vision correction and refractive surgery and is on the editorial board for the San Francisco Medical Society Magazine. Dr. Faktorovich is also the chief clinical consultant for Intracocular Refractive Research, Inc. For further information - (415) 922-9500.



Boosting Memory With Phosphatidylserine (PS)

By Dale Bhar, Owner

You forgot your keys again? You can't seem to remember the name of someone you were just introduced to. Sound familiar? As we age, we can lose over half of our ability to perform tasks related to memory, learning and concentration.

There is excellent research showing that the nutrient Phosphatidylserine (PS), has a profound influence on brain function and thinking ability. It benefits virtually every brain function that can be tested. It may also be helpful for various learning and behavior disorders in younger people as well.

What is Phosphatidylserine (PS)?

PS belongs to a unique, class of fat nutrients and is abundant in the brain where it facilitates nerve transmitter action and helps regulate the functioning of the brain's trillions of nerve cells.

Given orally, PS is absorbed rapidly and readily crosses the blood brain barrier to reach the brain, where it appears to act exclusively in cell membranes.

PS facilitates an array of cell functions that build on membrane functions.

PS is one of the most extensively researched nutrients for human cognition (memory, learning and concentration)

PS has been shown to dramatically improve cognitive functioning in older adults who may already be experiencing a noticeable decline in memory and learning

In double-blind, clinical trials, PS significantly improved the learning and recall of names and faces, telephone numbers, and locations of frequently misplaced objects

PS is a safe nutrient. It is derived from soy phospholipids which have a long history of safe use in dietary supplements.

Offering proven benefits that are not matched by any other nutrient or pharmaceutical, PS should be the foundation of everyone's personal program for conserving memory and other mental capacities so endangered by modern life

Dale Bhar, Owner of Healthy Life Vitamins • 6130 Medau Place, Oakland, CA 94611

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When it comes to pain or illness, many of us are accustomed to taking medication. In chiropractic health care we believe that the secret to good health lies within your body, not your medicine cabinet. Did you know that from birth and throughout your life, your body has the ability to make every chemical it will ever need? Chiropractors focus on your spine. This is because the spine houses the spinal cord and spinal nerves. Nerves carry vital information between the control centers in the brain and all other parts of

the body. When a spinal bone is misaligned, it causes the nerve in that area to stop functioning properly, which affects your overall health. If you are one of the thousands of people suffering needlessly because of spine-related problems, there's not a drug in the world that will make you better. You've tried drugs and other chemicals that only temporarily cover up the symptoms of disease. They never increase your resistance or promote health. Isn't it time you gave Chiropractic a try?

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Hours: Mon., Wed., Thurs. 9:30-11:30, 4:30-7; Tues. 4:30-7 or by appoint.



The Benefits of Therapeutic Massage

By Barbara Lytle

Member of the American Massage Therapist Association

No one argues that a good massage can be like a day off or a good vacation to relieve pain and tension. The values of a therapeutic massage go much deeper in providing for our well being and total spiritual renewal. It releases chronic tension and pain in muscles and increases flexibility in the joints.

Massage is a natural way to improve circulation, which lowers blood pressure. Studies have shown that with regular treatments, therapeutic massage will help the body's own immune system.

A massage makes you feel better because it treats the whole person. A gentle touch for the body, an oasis for the mind, a respite for the spirit and time out for you. Massage is usually performed in a warm and quiet room with soft music to set a relaxing mood.

There are many types of massages including Swedish and Shiatsu.

The Swedish strokes are Effleurage - long even strokes on the arms and legs toward the heart. These movements push along the blood and lymph and lower blood pressure.

Petrissage - kneading movements which create pumping action to move blood and lymph and to increase circulation.

Friction - relieves muscle tension.

Tapotement - stimulates the nerve endings and capillaries. This is done at the end of a massage.

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Sustainable living is not as difficult or expensive as you might think

By Dave Brian

There is a plethora of local stores and services that not only benefit the demanding customer but also make living more convenient.

"Sustaining the Earth: Choosing Consumer Products That Are Safe For You, Your Family And The Earth," written by California-based consumer advocate Debra Dadd-Redalia suggests a few strategies for sustainable shopping: Choose products with little or no packaging; know where it

was manufactured or grown—the further it travels to reach your basket, the more energy is required to get it there and the more air and water pollution can be associated with it.

Try to buy from small, local businesses — it keeps the money circulating in the local economy. Minimize buying products made from or packaged in nonrenewable resources, such as fossil fuels, that cannot be replenished by nature within our lifetimes.

Food

I grew up in meat 'n' potatoes country where "organic" is either:

- Expensive; and/or
- Tree-hugger propaganda.

In Berkeley, where organic food is the norm not the exception, the word obviously means something else: Tasty? Healthy? Trendy? Perhaps Berkeleyans are aware of what buying conventionally-grown products could mean: Supporting pesticide and other dangerous chemical

use. Great horror stories about pesticides abound.

But what's the big deal, these days, when the labels of pesticides and other chemical products clearly indicate that 99.9 percent of the ingredients are "inert?" The big deal is that "inert" ingredients can be as toxic as the active ingredient.

According to the most recent report from the Northwest Coalition for Alternatives to Pesticides, 1,799 out of 2,311 total inert chemicals (78 percent) are of "unknown toxicity."

(as classified by the EPA) yet they are still used. The report states that "Over 600 inert ingredients have been classified as hazardous by other regulatory programs, or federal or international agencies..." Let me restate that 78 percent of the chemicals in the same category as these 600 just mentioned ("inerts") are of "unknown toxicity" as classified by the EPA. In other words, we don't understand the toxins we are spraying over our land.

Local Alternatives

If you have a garden, organic seeds, compost, and safe disease-prevention products are available at the **Indoor Garden Center** (844 University Ave., 549-2918), the **Beaumont Center** (see Resources), or try contacting a nearby nursery. Even if you don't use organic seeds, by growing your own food, you'll reduce transportation and packaging costs.

See SUSTAIN, Page B9

Pet Talk

Advertising Feature



Summer Pet Care Tips

by Allen E. Cesafsky, D.V.M.

- **Heartworm Disease** – This mosquito-transmitted disease can be fatal to your dog. Have your dog tested for heartworms by your veterinarian. If your dog's test is negative, ask your veterinarian about heartworm

preventatives, available in chewable or pill form given monthly. In many areas, such as the Bay Area, it is recommended that dogs be on heartworm preventatives throughout ear.

- **Fleas and Ticks** – Watch for signs of these parasites that are particularly prevalent during warmer weather.

Discuss the various methods of flea and tick prevention and treatment with your veterinarian (liquid applications, collars, powders, sprays, etc.). Be sure that any product you use is safe for your pet.

If your pet becomes infested with fleas, you must treat your pet and your pet's environment. If you notice a flea problem in your home, be sure to dispose of vacuum cleaner bags after each use. It might become necessary to obtain special products from your

veterinarian to rid your home of fleas. Some ticks can transmit diseases such as Lyme disease and Rocky Mountain Spotted Fever. Any tick found on your pet should be removed promptly and completely. Using a tissue, gently pull the tick from your pet's skin, making sure to remove the head and mouth parts. Have your veterinarian show you the correct way to remove ticks.

In heavily wooded areas or other areas where ticks are prevalent, dis-

• **Bites and Stings** – Unusual swell-

ling or soreness may be signs of a bite or sting. Contact your veterinarian immediately.

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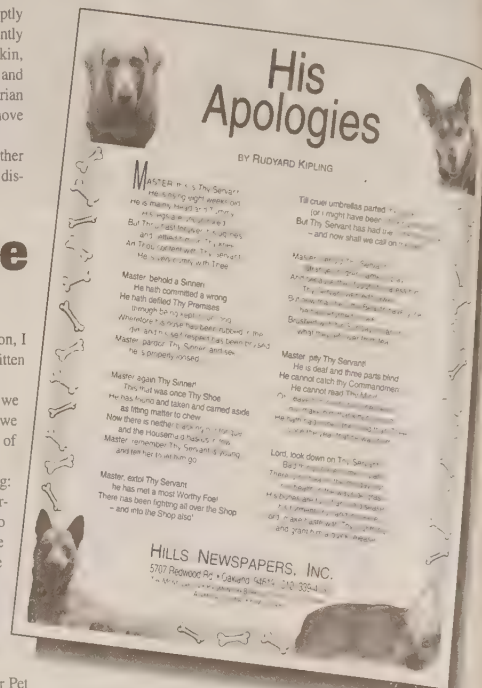
By Roberta Trout

If you have dogs in your life and do your best to live up to their devotion, I salute you! To illustrate this devotion, I am sharing the following poem written by Rudyard Kipling that follows the days of a dog's life with his master.

When we diverted dogs from their own paths and added them to ours, we gained loyal, devoted companions. For that loyalty and companionship, we provide food, shelter and health care. As important as those things are, of equal importance is the affection and companionship you give them.

If you're thinking of adding a dog to your life, consider the following: Babies aren't born able to use a fork, dogs aren't born knowing the difference between your best shoes and their chew toys. Expecting puppies to behave like well-trained, adult dogs is like expecting your toddler to recite Hamlet. Be prepared to spend time training your puppy. Keep your sense of humor about you at all times, you need to be able to take torn pillows and chewed rugs in stride. If you've considered well the responsibilities that come with a canine companion and have decided you're ready, may your days and those of your dog's be filled with long walks, long naps, and lots of good games of catch.

For a frameable parchment copy of "His Apologies," stop by Montclair Pet Shop and pick up a free copy.



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BONUS COUPON<

Sustain

FROM PAGE B8

of course, you'll save money. Invest in a California farm and get fresh, inexpensive, local, organic produce delivered to your door. Community Supported Agriculture (CSA) symbiotically links consumers and farmers: Farmers receive pre-harvest funds and consumers get the crop of the harvest.

Each farm is slightly different. Boxes contain a wide variety of vegetables and fruits ranging from spinach to squash, Asian pears to pumpkins, and are either delivered to your home (for added cost) or to drop-off sites around the city.

Prices range from \$12 to \$25 per box, available weekly, biweekly or monthly. Information gathered from the different participant farms calculated to an average produce cost of \$1.17/lb. Obtain a list of CSA farm participants from the Community Alliance with Family Farmers (see Resources).

If CSA isn't your cup of tea, the Ecology Center holds farmers' markets three days per week in three different locations around Berkeley featuring local, organic vegetables, fruits, dairy products, breads, herbs and more.

Even the regular markets focus on organic. **The Berkeley Bowl** (2020 Oregon St., 843-6929), **Wild Ones Market** (1581 University Ave., 559-1714), and **Whole Foods** (3000 Telegraph Ave., 549-1333) are three of my favorites. They all offer inexpensive organic alternatives to everything for which there is an alternative and also label where produce is grown (state or country), so shoppers can quickly weigh the transportation costs. In addition, these markets provide various products in bulk. Buying products in bulk—either packaged or from "bulk stations"—not only minimizes packaging but also reduces

the per-unit price.

Small grocery stores scattered throughout Berkeley sell organic products. It might not be able to carry a full line of organic goods, but if it's nearby, it's convenient, and they may have some of your food staples. And the more you buy, the more they will supply and, in the process, your money will remain in the community.

Clothing

Synthetic fibers (nylon, polyester, acrylic) come from fossil fuels—nonrenewable resources. Renewable natural fibers come from plants and animals. Although this doesn't guarantee sustainability, stores like **Two Star Dog Clothing** (1370 10th St., 525-1100) are as close as they can legally get.

Two Star uses hemp fiber, which is not only stronger than cotton and from a plant that does not require chemical inputs in order to flourish, but is illegal to grow in the United States. Thus, hemp must be imported from overseas, blemishing it with an inherent environmental transportation cost.

This aside, Two Star manufactures 90 percent of its products on-site and offers "The Trunk," which contains discounts of up to 80 percent on production seconds. This is a good place to start, until we as a nation come to our senses and legalize industrial hemp farming. To complete the sustainable loop of their manufacturing process, they send scrap hemp material to paper companies who use the material to make paper.

Another option, if you are a woman or a cross-dresser, is **Tom-Tom Inc.** (1716 Fourth St., 559-7033). Tom-Tom is a "women's clothing wholesaler" that uses exclusively all-natural fibers. They manufacture all their own items in nearby Oakland. The Berkeley store, an outlet for manufactured surplus, sells at wholesale price with most prices "in the teens."

Berkeley also has its share of used

clothing stores. **Buffalo Exchange** (2585 Telegraph Ave., 644-9202), **Crossroads Trading Co.** (2338 Shattuck Ave., 843-7600), and **Mars Mercantile** (2398 Telegraph Ave., 843-6711) offer quality used clothing that demands zero resources for production, reduces the demand for the production of new clothing and is much cheaper than buying new.

Non-clothing items

The benefits of purchasing used items also apply to non-clothing products in which Berkeley offers several options. The quality of used goods varies from store to store and from item to item. This loop also provides incentive to care for possessions in order to resell them at a later date.

Omega Salvage (2407 San Pablo Ave., 843-7368) and **Urban Ore** (Sixth and Gilman 559-4454) offer literally tons of items from doors to sinks to fireplaces. Flea markets, pawnshops, auctions, and garage sales are other sources for reuse items.

Used Rubber (2500 San Pablo Ave., 644-8339) is in a league of its own. They create and sell stylish items, from address books to briefcases, out of post-consumer rubber inner tubes. Items available in the \$8 to \$25 range include address and organizer books, planners, card holders, small utility cases, wallets, and small purses.

Energy

Electricity generation is a major source of air pollution in the United States. Most of our electricity comes from burning fossil fuels, and in the process, emitting carbon dioxide, sulfur, and nitrous oxides—toxins blamed for global warming and acid rain—into our air. Conserving energy not only helps reduce pollution, but it saves money.

Located at 1324 10th St., Real



JOANNA JHANDA

THE URBAN ORE art and media room is stocked with cameras, posters, comic books, old computers and much more that would otherwise have ended up in the landfill.

Goods sells everything energy conserving imaginable including solar lawnmowers, books on strategic home design for natural heating and cooling, and several varieties of lighting, including compact fluorescent light bulbs. Fluorescent light bulbs cost more initially, but they last much longer and use one-fourth the energy than standard incandescent bulbs, conserving both energy and money over time. Purchase their rechargeable nicad batteries and have them replaced free of charge for life—a good way to keep little packages of toxic waste out of the landfill. Besides a knowledgeable, technical staff, Real Goods has a small library for energy-efficient living.

An outlet store across the parking lot from the main store offers huge discounts.

Going home

I have only shined a flashlight on the monumental issue of sustainable living, and only sipped from the ocean of available markets in Berkeley. Through markets such as those mentioned above we can assume a

very active role promoting our own health and that of our planet without climbing a coastal redwood or the Campanile, or even sacrificing money, time, convenience or quality.

Dave Brian is a freelance writer living in, you guessed it, Berkeley.

Resources

■ **The Ecology Center** (2530 San Pablo Ave., Berkeley, 94702, 1-510-448-2220)

A library filled with material about sustainable living.

■ **Real Goods** (1324 10th St., Berkeley, CA, 510 558 0700) www.realgoods.com

Much written material about sustainable living practices. Real Goods in Berkeley is a branch of the original 100 percent solar and wind powered Real Goods Solar Living Center in Hopland, CA. They offer educational tours at 11a.m.-3 p.m. Friday-Sunday. Call 1-707-744-2100.

■ **Community Alliance with Family Farmers** (P.O. Box 363, Davis, CA, 95617, 1-530-756-8518) www.caff.org

Information about sustainable agriculture, including Community Supported Agriculture. For a list of CSA participant farms, or for information on how to start up a CSA program, call 1-530-756-8518, ext. 2.

CAFF publishes the National Organic Directory that includes listings for organic farmers, retailers, wholesalers, manufacturers/processors, organic certifiers, and sustainable agriculture resource groups. Call 800-852-3832.

■ **Alameda County Recycling**

Guide: Identify and recycle materials including hazardous waste, greeting cards, video tapes, toner cartridges, eyeglasses, computer disks/laser CDs, and virtually everything else. Call 1-

510-614-1699 for a free copy.

■ **The Yellow Pages** is a great place to start looking for businesses involved in sustainable business practices.

Try looking under some of these headings: Books-Used; Clothing-Used; Environmental, Conservation & Ecological Products; Environmental & Ecological Services; Equipment and Services; Hydroponics; Recycling; Recycling Centers; Salvage; Merchandise; Scrap Metals; Thrift Shops.

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Women in Business

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This special feature pays tribute to the women movers and shakers in the East Bay. Whether you have started your own business, sold over a million dollars of real estate or have been a leader in our local community, this section salutes top women professionals through photo profiles.

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Format:

Approximately 125-150 words accompanied by a photo.

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tion. Her office is conveniently located in Montclair Village next to Peet's Coffee. If it is difficult to travel outside your home, Deborah can arrange in-home visits.

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Legals

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August 5, 1999

FICTITIOUS BUSINESS NAME STATEMENT
File No. 99-4094
The Name of the Business: Oromo, S.R.L., 3380 Over Hill Rd., Lafayette, CA 94549.
Is hereby registered to the following owners:
Zambrano, Maria Oliva Hill Road, 3380 Over Hill Rd., Lafayette, CA 94549.
This business is conducted by an individual. The registrant commenced to transact business under the fictitious business name listed herein on June 15, 1999.
This Statement was filed with the County Clerk of Contra Costa County on August 5, 1999.
FICTITIOUS BUSINESS NAME STATEMENT
File No. 99-4085
The Name of the Business: Jose Building Services, 1300 Rumrill Blvd., Sec 4, Apt 115, San Pablo, CA 94606.

File No. 99-4089
The Name of the Business: Millennium Wholesale, 1130 Cook St., Antioch, CA 94509.
Is hereby registered to the following owners:
Jose Jesus Jauregui, Laura Jauregui, 1300 Rumrill Blvd., Sec. 4 Apt 115, San Pablo, CA 94606.
This business is conducted by husband and wife. The registrant commenced to transact business under the fictitious business name listed herein on June 16, 1999.
This Statement was filed with the County Clerk of Contra Costa County on June 16, 1999.
The Journal July 15, 22, 29, August 5, 1999.

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NOTICE OF PUBLIC HEARING

Notice is hereby given that the Albany Unified School District Board of Education will conduct a public hearing during their regularly scheduled Board Meeting on July 27, 1999, to discuss and receive comment on the Board's intent to permanently maintain developer fees at the maximum limit. Current maximum fees are \$1.93 per square foot for residential development and \$.31 per square foot on commercial/ industrial development, as approved by the Board on June 9, 1999. It is the Board's intent to continue to charge the maximum developer fees beyond the time limit indicated in Urgency Resolution 99-40. Documentation for public inspection will be available in the Administrative office, 904 Talbot Ave., Albany on July 16, 1999. The regular Board meeting will begin at 7 p.m. In the Cornell School multipurpose room, 901 Cornell Avenue, Albany to be immediately followed by the public hearing at 7:15 p.m.

The Journal July 15, 22, 1999.

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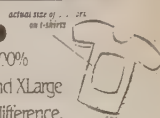
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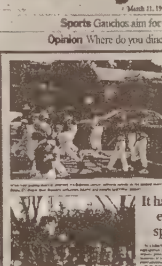
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PEOPLE

Berkeley Rep trustees

Berkeley Repertory Theatre's Board of Trustees has elected six new trustees, each to a three-year term. Kenneth P. Avery, Diana Cohen, Pat Rougeau, Gail Sheehy, Jean Strunsky, and Virginia L. Vann. At its annual meeting in June, the board elected officers for the theatre 1999-2000 season: Martin I. Zankel (president, Bartko, Zankel, Tarrant & Miller Attorneys) as president of the board for his third consecutive year; Virginia L. Vann (president, Pacific Bell Long Distance) as vice president and annual fund chair; Roger A. Strauch (chairman, The Roda Group) as vice president and capital campaign chair; Richard Shapiro (partner, Thelen, Reid & Priest) as vice president (Building Committee); Neil R. Barth (owner and president, Worldwide Educational Services of California) as treasurer; Helen Meyer (vice president and co-founder, Meyer Sound, Inc.) as secretary; and Linda K. Harris (managing partner, Creative Media Services) as chair of the committee on trustees.

Kenneth P. Avery is an assurance and business advisory services partner with Pricewaterhouse Coopers.

Before joining the San Francisco office, he spent two years in China, where he led the Shanghai ABAS practice and the Chinawide accounting and technical consulting services group. He holds a bachelor's degree in business administration from the UC-Berkeley.

Diana Cohen, a psychotherapist, has been attending Berkeley Rep since its beginnings on College Avenue and served on its Board of Trustees from 1991 to 1997. The 25-year Berkeleyan actively supports both public and private schools in the area.

Pat Rougeau is president and CEO of MDL Informations, Inc., a subsidiary of Elsevier Science. Prior to moving to California almost four years ago, she was vice president of operations at TRW for 14 years. A native of Virginia, she holds a master's degree in computer science from Virginia Polytechnic.

Gail Sheehy is an award-winning writer and lecturer. Her original 1976 landmark work, "Passages," made history, remaining on The New York Times bestseller list for more than three years and appearing in 28 languages. A four-time recipient of the New York Newswomen's Club Front Page Award, she was honored in 1992 as one of New York Public Library's Literary Lions. She resides in New York and Berkeley.

Jean Strunsky is vice president of administration at the Ira and Leonore Gershwin Trusts and currently over-



Five generations

FIVE GENERATIONS of the Gendron family were together in Billie Gendron's Berkeley home last week. Billie (center) was holds the youngest member of the family, Excell Inez Brown, her great-great granddaughter. Standing left is Billie Gendron's granddaughter Lynne Brown. Billie is flanked by great granddaughter Nicole Brown and daughter Renee Peterson

sees the office management and personnel procedures for the Los Angeles and San Francisco offices. She co-chaired the 1998 Berkeley Rep Narsai toast and was chair of the auction in 1999. She is currently serving on the Temple Emanuel committee to celebrate its 150th anniversary.

Virginia L. Vann is president of Pacific Bell Long Distance and has responsibility for South Western Bell Communication's long distance operations for the seven in-region states in California, Nevada, Arkansas, Kansas, Missouri, Oklahoma and Texas. A native of Birmingham, Ala., she holds a master's degree in business from the

University of Minnesota. Vann resides in Oakland.

Samuel King

Samuel King of Berkeley leaves this month to live with a volunteer host family and attend school in Germany for one year. Samuel, a recent graduate of Berkeley High School and its foreign language award winner, is a recipient of the Congress-Bundestag Youth Exchange Program Scholarship.

The program is administered by Youth For Understanding International Exchange in cooperation with

ASSE International Student Exchange Programs, AYUSA International and Council on International Educational Exchange.

The program begins with a pre-departure orientation held in Washington, D.C., immediately preceding a flight to Germany. In Washington, students will learn about our nation's capital, the legislative process and meet with government officials.

Upon arrival in Germany, the YFU group of Congress-Bundestag scholarship recipients will attend a month-long orientation and language course before meeting their host families.

During the year, they will travel to Berlin and Bonn for political, historical and cultural seminars and meetings with German government officials.

High achieving sophomores, juniors and seniors from all United States high schools are eligible to apply for the Congress-Bundestag scholarships for this educational and cultural exchange to Germany.

This year, more than 1,000 students applied nationwide. Three hundred students were awarded scholarships on the basis of a written application and a personal interview

in their home states.

Now in its sixteenth year, the Congress-Bundestag Youth Exchange Program is jointly sponsored by the United States Congress and the German Parliament (Bundestag). Approximately one-half of the cost of the program is financed by Federal moneys, amounting to approximately \$2.5 million, which is channeled through the Bureau of Educational and Cultural Affairs of the United States Information Agency.

YFU International Exchange, which administers all recruitment and selections for the program, is a private, nonprofit educational organization dedicated to preparing young people for their responsibilities and opportunities in a changing, interdependent world through exchange programs for high school students.

YFU operates exchange programs in more than 60 countries, has 10 regional offices in the United States, an International Center in Washington, D.C., a worldwide network of staff and several thousand professionally trained volunteers, and over 185,000 alumni.

For additional information about exchange opportunities with YFU, including the opportunity for American

families to host international students in their homes, call 1-800-833-8333.

Hyde graduates

The following students recently graduated from Hyde in Bath, Me.

Jasper Orion Darsana of Abbeville, S.C., has won the Senior Science Award and will attend the University of Maryland.

Micha Cosman Alter, son of Robert Alter and Geri man, will attend Lynchburg College.

Nathaniel Hoague Stebbins, son of Dr. George Stebbins and Dr. Poki Namkung, has won the Senior Visual Arts Award and will attend Oberlin College.

Hyde is a 33-year-old independent college preparatory school based on principles of character education.

Lucien Chan

Emory University in Atlanta at its 154th commencement ceremony on May 10, presented 2,444 graduates with degrees. Lucien Chan, son of June Chan of Suisun, is a bachelor of business administration degree.

Harvey Clars Estate Auction Gallery

Last year marked the 50th anniversary of Harvey Clars auction years. It is one of the largest and oldest auction houses in the Western United States. In 1971, the company branched into auctioning estate and personal property. Previously, Harvey Clars had been primarily a commercial and industrial auction house. By 1984, the company had outgrown its Piedmont Avenue location and moved to its present 22,000 square foot location on Telegraph Avenue in North Oakland.

Harvey Clars Estate Auction Gallery conducts a large, two day auction every fourth weekend in its Oakland Gallery.

Approximately 2 - 3,000 people attend. Each auction consists of approximately 2,000 auction lots with thousands of individual items including: furniture, paintings, jewelry, Persian rugs, bronzes, collectibles, sterling silver, crystal, porcelains, china and Asian items. You will even find cars at their auctions. The variety of items offered is amazing.

Large crowds come to Harvey Clars auctions because most items sell for significantly less than retail price.

Approximately 60% of the items offered are from estates. Another 30% comes from 'individuals who are moving or downsizing. The remainder is from dealers with excess 'inventory. A large number of consignment offers come from attorneys, real estate agents and satisfied past consignment participants.

This month's auction begins with an open to the public preview on Friday, July 16th from 1 - 6. The auction itself will take place on Saturday, July 17, and Sunday, July 18th. Doors open at 9 a.m. and bidding begins at 11 a.m. on Saturday, and 10 a.m. on Sunday.

President Redge A. Martin has a strong retail background and is very excited about the auction endeavors of Harvey Clars. "The company works hard to obtain maximum exposure and market value for property with careful attention to detail," he says. "An experienced staff tries diligently

BUSINESS FOCUS

by Laura Fischer

to assist both buyers and sellers, recognizing that many are new to the process. We try to make the auction process fun and not intimidating."

There is no deposit required for bidding. You can preview every item up until the time it is sold. Auction is held at 5644 Telegraph Avenue, Oakland. For information call: (510) 428-0100, or fax: (510) 658-9917.

Starting this month Internet absentee bidding will be available. Log on to their website for buyer and seller information at: www.harveyclars.com.

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Real Estate & Home

The Montclairion, The Berkeley Voice, The Piedmonter, The Journal

July 15, 1999

Section C

Don Dunning Value means more than just the price [C4]

Mark Wilson From dinosaurs to tract housing, all in one column! [C6]

Shaun Aghili Changes to the tax code likely affect you — see how [C12]

Builder's values set stage in renovation

Exercising eco-options can send a message to construction business

Choosing materials — voting with our pocketbooks — is where homeowners make the biggest contribution to changing the construction industry. Wittingly or unwittingly, we choose products that are big or small, resource-depleting, renewable, nontoxic, endangered, biodegradable, etcetera.

The choices, being expressions of our values, are bounded by contradictions. I want low-cost, easy, comfortable and good-looking products, and I also want a cleaner, more-equitable world. If we hold to any values, we are forced to research alternatives and think about our choices.

My own experiences highlight the quirkiness of design decisions. Some of my selections were based on "standard engineering practice," what my contractors were used to, what was available at the time we were ready for installation, what cost significantly less in dollars,



SPITZLEY Construction carpenter Bill Urban (left) and laborer Adan Ramos excavate the author's 85-year-old home for new footings.

Home Front

By Pam Chang



Pam Chang

"If we hold to any values, we are forced to research alternatives and think about our choices..."

time, or research effort, or what just looked better.

Despite these factors, many products (particularly finish materials) have turned out to be both pleasing and environmentally sound, sometimes without sig-

THE SERIES

- July 2: Benefits of undertaking your own green revolution.
- July 8: Selecting the right contractors for the job.
- Today: Working with the right stuff.
- Upcoming: What good is working eco-smart if you neglect safety?
- Upcoming: Enveloping the home renovation project with care.

nificant added cost. What follows is a summary, from foundation work through framing, of the choices I made. Finish materials will be discussed in part five of this series.

See **REVOLUTION**, Page C14

Gardens connect Bay to points around Earth

'Local' climate, geology give rise to plant kin from South Africa to Chile to Australia

By Sean O'Hara
CONTRIBUTING WRITER

Part three in a three-part series

We've seen how lucky we are to be living in what writer Trevor Nottle calls "one continuous summer." The Bay Area boasts conditions fortuitous for lovely, hardy Mediterranean gardens. Our climate and geology — earthquakes notwithstanding — are the envy of gardeners the world over.

But we're not alone in our good luck. Spectacular foliage we grow here has cousins in faraway lands where the same type of growth system prevails:

■ Our native chaparral is represented in the Mediterranean as maquis (mah-keese); in South Africa, fynbos (fine-bouse); in Chile, the matorral; in Australia, mallee.

In each of these, plants grow densely together, shading the ground, conserving water and creating extra humidity within their foliage cover. Fine textured leaves and gray or hairy foliage help reduce loss of moisture. Other adaptations include dropping leaves in the drought of summer or summer dormancy (herbaceous plants and bulbs).

Lavenders, rockroses (Cistus), bush spurges (Euphorbia), rosemary, bush germander (Teucrium), are common maquis



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plants from the Mediterranean.

California chaparral counterparts are the colorful Monkeyflowers (Diplacus), pitcher sage (Lepechinia); bush lupines (Lupinus); coyote bush (Baccharis pilularis); fragrant native wormwood (Artemisia californica); the low growing, coastal

See **GARDENS**, Page C11



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No. 290 in a series
of true experiences in real estate

A man approached us at an open house this week to ask a question. He's thinking of putting his house on the market and wants to know if he should remove the wall-to-wall carpeting in his living and dining rooms to expose the hardwood floors.

We told him that wood floors are very popular these days, and it can be a good idea to show them off. But, before deciding about the floors — or any other preparation for sale — we'd suggest that he get one or two inspections on the house. The results should help him prioritize what needs to be done.

Although not required to do so, sellers usually get a "termite" report. There are advantages to getting one sooner rather than later. This inspection, which costs around \$150, covers termites and other bugs that eat wood, as well as fungus and dry rot: damage caused by water to the wood in a house. The inspector notes the damage he finds and makes a bid

True Experiences



By Tarpoff and Talbert

for correcting the problems in a report that typically is eight to 10 pages long.

Recommended work commonly involves damaged wooden windows, stairs, porches and decks, wooden door thresholds, shower wall structures and foundation sills. Buyers, of course, are interested in how much money will be needed to make things right, and they will take the termite report bid into account when writing an offer.

Sometimes buyers will ask the seller to credit the money for the

work, but more often these days, especially in this brisk market, houses are purchased "as is" with regard to the termite work.

It is commonly believed that lenders will require that termite work be completed before the sale closes, but we have never had a sale where this was true. Some buyers have termite work done during their ownership, often while they are doing remodeling.

But other buyers never do anything about the work. Some years later, they sell to new buyers with the work still unattended. (Of course, the damage is often more extensive by then.)

For the seller, getting a report when he is first thinking of selling allows him the opportunity to make repairs. For example, a seller may be thinking of updating his bathroom

before selling. He gets a termite report which recommends only one repair: replacing the bathroom floor which has dry rot. This seller may choose to have the sub-floor and the vinyl covering replaced, allowing the house to be advertised as having a "termite clearance."

On the other hand, the termite report might recommend that extensive decking be replaced due to the presence of fungus and dry rot. The bid could be very high: \$10,000 to \$30,000, depending on the size of the decking. Knowing what the bid is, the seller could opt to replace the decks, but more likely he will get bids from other contractors who may charge less for the work. These bids would be passed along to would-be buyers.

Another inspection that sellers frequently obtain these days before

marketing is a general physical inspection. This inspection, which costs around \$400, is just what it sounds like: a look at the entire house and all of its systems. The inspector climbs up on the roof and crawls underneath the house. He looks at drainage around and under the house, the furnace, hot water heater and electrical system, also the fire-place, plumbing, appliances — every part of the house that it is possible for him to examine.

The physical inspector is like a

general practitioner who examines the health of the house. He recommends further assessments by specialists such as a fireproofing expert.

The physical inspection should be passed along to interested buyers to read. A buyer should have ample opportunity to investigate the condition of the house with his own experts. The supplied report will give the strengths and weaknesses of the building before he is offering price.

As some people are not want to buy old, original

See INSPECTIONS, p. 1



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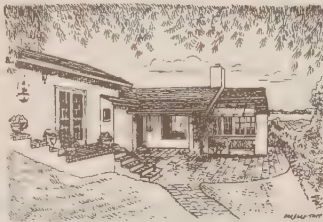
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Inspections

FROM PAGE C2

houses with 80-year-old electricity and plumbing, for others such things are not a problem.

In our experience, the more the buyer knows before he makes his offer, the better. Well informed buyers tend to be committed. They have inspectors go over the house, but they already know pretty much what to expect. Unless something new comes up, chances are good that there will be no renegotiation of price after the buyer's inspections.

Sellers who are aware of problems before their house is on the market are able to fix them and look for a higher sale price.

Recently a client of ours learned that his roof was worn in spots. The roof was only a few years old and still under warranty, so the owner called the roofer who had done the installation and explained the problem. The roofer re-coated the roof at no charge to the owner.

An inspection before a sale can also help the seller with his disclosures. A house is made up of so many parts that it is nearly impossible to know everything about its condition.

By providing a professional inspection report to buyers, in addition to writing down his own knowledge of the house on disclosure forms, the seller shows his interest in having the buyer know the truth about the house.

Before deciding such things as taking up wall-to-wall carpeting, it is wise for a seller to know the negatives about his house. Once the extent and

cost of problems is known, plans can be made about how best to present the property to buyers. Sometimes, because of what is revealed during inspections, plans change.

The owners of a house we have on the market originally intended to paint the interior before marketing. They also were going to refinish the hardwood floors, replace kitchen vinyl and have professional staging done. The idea was to sell the house in move-in condition. But before doing anything, they had inspections. The owners (and we) were shocked to find that the foundation had to be

replaced. We decided on a new tack.

We hired people to clean, but did not paint. We removed the old carpeting but did not refinish or replace the floors. We went ahead with the staging. The house looks good, but it needs work — beginning with a new foundation. We are marketing the house not to a move-in buyer, but to someone who wants a fixer-upper.

Pat Talbert and Anet Tarpoff are licensed agents and area specialists who also offer hourly real estate consulting and coaching. They can be reached at 510-653-2050.

BREATHTAKING BAY VIEWS



4609 Rising Hill Court

This exquisite custom built home proudly sits on a prestigious 35,000 square foot knoll-top property overlooking breathtaking San Francisco, Golden Gate and bay views. Price Upon Request. Sherry Benninger 510.339.0400/240 www.grubbco.com

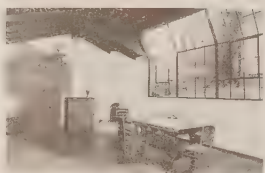
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BERKELEY



A COMING ATTRACTION

Romantic Mediterranean Revival home. North facing studio, 4 fireplaces, 3+BR, 4BA, separate apartment at garden level. Bay view. Paul Templeton ext. 131.....\$895,000



597 SAN LUIS • OPEN SUN. 2-5

Views! Best Neighborhood! Move-in condition! 3BR, au-pair, 4th BR w/private gdn, updated kitchen & family room opens to beautiful level yard! 2-car garage. Bebe McRae ext. 145.....\$550,000



BUENA VISTA WAY

Refined & sophisticated 1940 contemporary w/spectacular views on magnificent 1/3 acre. 3BR, 3BA, cook's kitchen, office/family room. Leslie Avant ext. 122.....\$835,000



1542-44 LA LOMA • OPEN SUN. 2-4

The Tolman Cottages. Quintessential Berkeley Charm. Two separate homes - level-in 2BR, 1BA & 2+BR, 2BA. Bay view, decks, private gardens. Leslie Avant ext. 122.....\$535,000



1077 PARK HILLS ROAD • OPEN SUN. 2-4:30

Dramatic light-filled contemporary. Oak floors, huge windows, great outdoor spaces. 3BR, 2.5BA. Mary Monti ext. 132.....\$495,000



FABULOUS 1906 FARMHOUSE

Situated on a huge lot (7500 sq. ft.). Main house incl. 4+BR, 2BA incl. Japanese style retreat w/spa & sauna. There is also a garden apt. & studio, ideal for extra income or other purposes. 3 gar & glorious landscaped garden. Susie Schevill ext. 144.....\$449,500

OAKLAND



HEART OF ROCKRIDGE

Restored & full of light! 4BR, 2.5BA, master suite, eat-in kit. French drs open out to new deck. Wonderful detailing & traditional woodwork. Close to College Ave., Market Hall, BART & more! Leslie Easterday ext. 134.....\$595,000



NEW PRICE!

Claremont hills traditional with landscaped yard & views! 5BR, 3BA. Bebe McRae ext. 145.....\$769,000

UPPER ROCKRIDGE. Dramatic light filled contemporary. Fully level 3BR, 2BA. Private 36 acre site. Extraordinary remodel & restoration. Bay view. Leslie Avant ext. 122.....\$775,000

ROCKRIDGE CRAFTSMAN. A handsome 4+BR, 2BA home with original wood details incl. box beam ceiling and built-in cabinets. Updated kitchen & sunporch overlooking spacious yard. Close to shopping & trans. Ron Egberman ext. 127.....\$435,000

ORINDA

CHARMING 2BR, 2BA, family room, light-filled. Wonderful location, walk to all schools! Privacy, additional off-street parking. Level-in and out. Anne Van Dyke ext. 137.....\$409,000

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644 CRAFTMONT AVE.

Bebe McRae ext. 145

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August 16

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Montclair Better Homes Realty



New Listing

Mediterranean Villa
with Top of The World View!

OPEN SUNDAY JULY 18, 2-4:30

- 4 bedrooms, 3 baths
- View of Bay, S.F., Angel Island
- Built in 1997. Upper Rockridge location
- Solid and stylish home with quality workmanship throughout
- Unusually large yard for hill home
- Split level bedrooms; lower level has bedroom & bath and allows for separate entrance, perfect for guest suite/home office.
- Sumptuous master suite with 2nd FP, private balcony, his & hers walk-in closets; adjoining loft room, luxurious bath
- Tasteful touches throughout - limestone, marble, maple floors and cabinets, skylights, plantation shutters, extensive brickwork.



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Asking price for this fine home is
\$688,000



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Piedmont - Open Sunday 2-4:30 p.m.



233 CARMEL AVENUE

NEW LISTING \$680,000
Charming English home centrally located & gated. Orig hwdw flrs & windows. Formal living & dining, 4 bdrms/2 ba, updated kitchen, patio & views. ANGELA GRUBB



1119 WARFIELD

NEW LISTING \$559,000
New Listing A traditional dream home, near schools and parks, extensively renovated! New kitchen/ba. 4bdrms/3ba. Great location! Great buy! SANDRA VOGL

Oakland & Berkeley - Open Sunday 2-4:30 p.m.

13193 CAMPUS DRIVE

\$869,000
Spacious & dramatic newly built home, 4800 sq. ft., 6bedrm/4ba, circular drive way, 2 master suites, fmly rm, mod eat-in kitch. SHERRY BENNINGER



757 LONGRIDGE RD

NEW LISTING \$769,000
Grand & elegant Crocker trad. gorgeous formal rooms, library, sunroom, fab kitch & fam room, 4bedrms/3ba beautiful garden & lower level space. JAMES GARCIA

120 CALVERT CT

NEW PRICE \$629,000
Price Slashed! Located in a uniquely serene setting & a wonderful blend of indoor & outdoor living. 3+ bdrms/2 ba, grand living room, formal dining. SUSANNE PAUL

7925 WINTHROPE STREET

\$209,000
New Listing Charm galore in trad. 3bdrms/2ba beautiful level, hwd floor, Mediterranean style backyard, sep. dr. See & fall in love. CARIN CAROE

64 SONIA STREET

NEW LISTING \$510,000
Located in the most wonderful area in Rockridge. 3bdrms, 3 full baths, views of bay and Mt. Tam. Lovely garden and play area for children. JEAN SIMMONS

1099 BROOKWOOD ROAD

\$369,000
New Listing One-of-a-kind, heart redwood and glass, 3bedrm/2ba, bonus room, large lot, lightly wooded for privacy, quite and inviting. Must see. KURT BUCHHOLZ

29 STARVIEW AVENUE

\$439,000
Contemporary 3bdrms/2 1/2ba twnhm w/ sweeping bay views, soaring ceilings, natural light, attractive patio, decks, skylights, + open modern kitch. SHERRY BENNINGER

6452 SHELTERWOOD

\$349,000
Enjoy the peace and serenity of this stylish contemporary 4 bdrms/2 ba that's located w/ easy access to Montclair Village & parks. SHEILA GALLAGHER

5408 THOMAS AVENUE

NEW LISTING \$435,000
Rockridge beauty, pride of ownership. Hrdwd flrs, 3/1 for liv rm w/brick fireplace. For din rm w/beveled glass built-ins. Large sunny garden. MINDY SCOTT

4334 EDGEWOOD AVENUE

\$299,000
Charming Glenview bungalow. Centrally located & well maintained. Single level. Hrdwd flrs. 2/2. For liv & din rms Yard & patio. MINDY SCOTT

1056 MANDANA BLVD.

\$425,000
Wonderful stately traditional in upper Crocker Highland. Level yard, 3/2 & big rec room. Great condition. Wood details & craftsmanship. ED KUO

1276 GRIZZLY PEAK

NEW LISTING \$579,000
Behind a simple wooded gate lies a world of seclusion awaiting an owner who appreciates maximum privacy serenity and sweeping bay views. MAVIS DELACROIX

4973 STONERIDGE COURT

\$399,000
Beautiful contemporary Ridgemont home with sweeping canyon views, elegant master suite, fdr, eat-in kitchen, ind spa w/swim pool & 3 car garage. MELITTA BEESON

2805 FULTON STREET

\$345,000
Traditional 4 bedroom, 2bath, formal dining room, pretty windows, hard wood floors, large deck, separate studio cottage, close to UCB. DONALD GRUBB, JR.

Piedmont - By Appointment

COUNTRY ESTATE

\$2,495,000
Historical English Country Estate with w/sunny gardens and wooded vistas. Level living, spacious formal rooms. European library & luxurious master suite. 5+ bdrms/5+ba & guest house. SANDRA VOGL



SUNNY TRADITIONAL

\$799,000
This, central Traditional welcomes you to 3 spacious bdrms upstairs, elegant formal living & dining room as well as a family room with built-ins. Enjoy summer B.B.Q.'s on the level out garden. ANIAN PETTIT TUNNEY

PIEDMONT TRADITIONAL

\$699,000
Completely remodeled, cooks kitch w/adjacent fam rm, formal dining rm, hrdwd fl, 4 bdrms/3 ba includ master suite, views & deck. KURT BUCHHOLZ

Oakland & Berkeley - By Appointment



GRACIOUS LIVING

\$789,000
From the moment you arrive you will enjoy meandering through enchanted garden paths of this marvelous home. Located in one of Berkeley's most prestigious neighborhoods. MAVIS DELACROIX

GLORIOUS VIEWS

NEW LISTING \$2,650,000
Exquisite custom built home w/breathtaking SF, Golden Gate & Bay views. 6 bdrms/7 1/2 ba, library, fam/media rm & mstr on gorgeous knoll-top. SHERRY BENNINGER

MONTREY COLONIAL

\$794,500
Fabulous neighborhood, 5 bedrooms, 3 1/2 bath, grand rooms, private back yard, beautiful traditional home and spacious rooms. DONALD GRUBB, JR.

CROCKER CRAFTSMAN

\$305,000
Fabulous home w/ 2 bedroom, 1 1/2 bath, hardwood floors, crown moldings, gorgeous fireplace, kit. Level out to sunny yard, great location. JOHN KARNAY

CENTRAL ALAMEDA

\$410,000
Central converted Victorian 5 unit building, great location, walk to Park Avenue. DEBBI DIMAGGIO

ALL LEVEL TOWNHOME

\$305,000
Enjoy one level living in this wonderful 3 bdrms/2 ba townhome. Lovingly maintained and in move in condition. Beautiful rose garden. MAVIS DELACROIX

CLASSIC TRADITIONAL

\$399,000
Enjoy the expansive feeling of this grand home with spacious with spacious rooms and views, 3+ bdrms/2+ba, wood derailling + in-law make this special. SHEILA GALLAGHER

FABULOUS BAY VIEWS

\$519,000
This dramatic Contemporary features a 3 bridge view, vaulted ceilings, 4 bdrms/2+ba, den, au-pair suite, patio, decks & attached 2 car garage. JUDY CAIN



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www.grubbco.com

Move in with time, flexibility, risk and vision

Can you find value in a market of outrageous overbids and wildly soaring prices? Yes, if you are flexible and know where to look.

Most buyers have similar requests: a charming house in good condition in a nice neighborhood, preferably with little or no work needed. Naturally, they also want to pay as little as possible.

When there are so many buyers competing for the same limited commodity, prices increase. This is why we see homes selling for \$100,000 over asking price, or \$300 or more per square foot.

In developing a buying strategy, you must decide how much your time is worth. If your time is better spent earning the money to buy the home rather than on the actual search, then paying a premium may make sense.

Few buyers I meet are in this position. Yet, because of today's competitive environment, many who cannot afford to pay more than market

What You Don't Know Can Hurt You

By Don Dunning



Don Dunning

"In developing a buying strategy, you must decide how much your time is worth."

value still do. Remember: those who follow like sheep need to guard against being shorn.

Visualize the possibilities. The average person sees things as they are, not how they can be. This is why experienced Realtors advise sellers to stage their property to show it in its best light and, thereby, increase interest. Fresh paint, gleaming hard-

wood floors, remodeled kitchens and baths, lovely landscaping and judiciously placed, tasteful furniture all add to the illusion. This creates excitement and maximizes prices.

Sometimes, however, circumstances (time, money, health and/or tenants) do not allow spiffing up the house. What if you could imagine the promise for a home that was a bit tired, but had great potential? I have two heavily marketed listings now in escrow where the buyers did just that and avoided competition.

Picture yourself sitting in the living room of a custom built contemporary in one of Montclair's most prestigious neighborhoods. You cannot see or hear people or cars, just birds singing and the sun gleaming off the majestic trees that surround

you. Walls of glass and four decks allow you to get personal with nature. Although you may not be particularly spiritual, you strongly sense a Zen-like quality.

Despite the custom crafting and quality details, you focus on the need for new carpets, skylights and pest control work. By doing so, you have missed the opportunity to buy a wonderful home at an attractive price.

Before you is a distinctive 1929 half-timber English cottage in a desirable neighborhood of similar homes. Your jaw drops as you enter and try to take in all the architectural details: hand-carved lintel, massive arches and high, beamed living room ceiling; magnificent fireplace; leaded and stained glass work — the list goes on.

However, what you remember most about the home is the tenant's moving boxes and clutter, the need for painting in and out and the sizable pest control report. Not seeing past all this to what you could make of it yourself, has cost you another well-priced home.

Flexibility saves money. Pristine properties in popular neighborhoods usually evoke multiple offers and record breaking prices. On the other hand, houses that do not show well receive less attention and lower offers.

Although it entails risk, value can be greatest where the property has "serious" problems, e.g., extensive pest control, drainage or foundation work. Some buyers miss out on opportunities because they do not know how to structure a purchase agree-

ment to protect themselves with these issues.

For this, you need a professional, savvy Realtor. Not only understand how to approach properties with problems, some are not willing to take on the work of ordering extensive inspections and bids on the buyer's behalf.

In both cases cited above, the price was much less than the problems. Despite this, the buyer for each house appreciated the opportunity. You can pay a premium or find value in flexibility, your choice.

For copies of my previous articles, How To Buy Value, "Is" Pointers, visit my website www.eastbayrealty.com

Don Dunning is a 20-year real estate veteran. He is a full-time Realtor and consultant with White Bennett Realtors in Oakland. Call him at 510-531-7575, ext. 220.

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JUST LISTED

5147 CROCKETT PL. • \$329,000

Joaquin Miller ranch. 3BD/2BA, living room w/ fireplace, formal dining room w/ Bay view, updated kitchen w/ adjoining family room leading to spa and deck.

First Open Sunday, July 18th

Gene Boomer
Top Producer - Montclair Office - 1994 thru 1998

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VOICE MAIL: 510/869-4202
E-MAIL: gnbomer@msn.com

Prudential
California Realty

OPEN SUNDAY - JULY 18 2-5 P.M.

6092 Hillegass Avenue

Just listed! 1906 Rockridge bungalow with charm! French doors leading to a private deck with brick patio and garden beyond. 3 bedrooms, 1 bath. Close to College Ave. shops & BART.

\$314,000

Ruby Ng, CRS 510/339-4779
Karen Lum 510/339-4776

www.rubyng.com
Information deemed reliable, but not guaranteed

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Berkeley, CA 94707

SUPERB Berkeley Hills Location!

Open Sunday 2-4 pm

550 Grizzly Peak

- Great view of Bay & Golden Gate
- 3+ Bedrooms, 2.5 Bathrooms
- Den/plus room can be 4th bedroom
- Beautiful yard wraps around house
- Lot size = 7,260 sq ft Living space = 2,429 sq ft
- Hardwood floors under carpet

\$499,000

ARE YOU OVER 62 YEARS OLD?

Rare opportunity to buy into
The Berkeley Townhouse Co-operative!

2550 Dana Street (at Parker)

\$49,000

Studio apartment with northern light and 6th floor view. Security building with elevator and friendly maintenance staff. Walk to UC campus activities & shuttle to North Berkeley Senior Center.

KATHRYN HILL
Real Estate Broker

THORNWALL Properties 848-1950 x242

NEW LISTING

2805 Fulton Street, Berkeley

Traditional 4 bedroom, 2 bath, formal dining room, pretty windows, hard wood floors, large deck, separate studio cottage, close to UCB

Offered at \$345,000

Donald Grubb, Jr.
Office: 510.339.0400
www.grubbco.com

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REALTY

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Open Sunday 2-4:30

Shown By Appointment

New Listing - Mediterranean Villa.....\$688,000
With Bay View! Only 2yrs. young, Split level 4BR, 3BA quality workmanship throughout. Lg yard, FDR, master with view, FP, balcony, bdrm & bath on lower level w/sep. entrance, limestone, marble, maple floors, granite, beveled glass, skylights, copper gutters, extensive brickwork.
5964 Buena Vista Ave. NAHID NASSIRI 510-531-1670

Simply Stated.....\$425,000
You'll love the quiet bird's eye view of park & hills from this conveniently located contemporary, close to SF & CAL. Move-in condition with 3BR, 2BA. 1355 Alvarado.
M.J. MCCONVILLE 510-287-9583

Danville Model.....\$739,000
Former model with 4BR + bonus room; master ste. on first level & bonus on 2nd level. Light cabinetry throughout home; formal dining room; great private back yard and more. Open 1-4.
1223 Whispering Oaks Dr. SHIRLEY CULLUM 925-837-2200

Sweet Spacious Craftsman.....\$410,000
Rockridge! New Listing. Lovely light filled w/high ceilings, Hdwd. flrs, country kitchen & sunny garden. Wonderful details throughout. Walk to Bart & shops from this tree-lined neighborhood. 5569 Taft.
M.J. MCCONVILLE 510-287-9583

Jack London Square Loft.....\$315,000
Spacious 1440sq. ft. loft in the prestigious 10 unit Pocket Building. One year old building. For sale or lease. 373 4th Street.
SHERIDELLA SIMS 510-287-9586

"Just Listed! Fabulous Upper Oakmore!".....\$549,000
Built in 1937 with loads of charm! Expansive bay and canyon view, huge master suite, level front and back yards, new roof, new paint, new kitchen.
19 Rosecrest Dr. PATRICIA BENNETT 510-482-9000

Maxwell Park Chamer.....\$189,000
Neat & Tidy, ready to move into. 2+BR, 1BA, large living room w/fireplace, dining area, finished basement, large terraced yard, hdwd flrs. 3136 Maxwell Ave.
MARK ATTARHA 510-339-8400

Rockridge Classic Traditional.....\$635,000
Grand proportions richly appointed with craftsman overtones Prime location to shops & Bart. Sunny garden. Wonderful master suite. A rare treasure. 6040 Lawton.
M.J. MCCONVILLE 510-287-9583

Oakmore English Cottage.....\$329,000
Charm abounds in this lovely 1920's home with new kitchen, refinished hardwood, enchanted private deck off master bedroom, plus laundry room & garage. 4031 Waterhouse Rd.
PATRICIA BENNETT 510-482-9000

Live in one - Rent the Other.....\$279,000
Sharp 2+BR home, gleaming hardwood flrs., sunny & spacious kitchen, full basement + private yard + 1BR, 1BA rental cottage. What a deal. 2425-27 Alida. ARNOLD MUELLER 510-530-6099

Sophisticated Buyers Apply Here!.....\$255,000
Glenview district 1920's craftsman in the rough. 2BR, 1BA + full height basement for expansion. Side yard for parking or garden. Contractor's delight 4631 El Centro.
EARLE SHENK 510-287-9590

Gated Historic Mansion in Walnut Creek.....\$2,500,000
Nestled on 2.6 acre with walking bridge & walking path Wonderful privacy. 7BR suites w/elegant baths & individual sitting rooms. Enormous library, garden tea room plus caretakers apt. Much more - please call for details.
MARILEE GOODY KOONTZ 925-837-2200

The Best Blackhawk Has To Offer.....\$1,495,000
Elegance & style, beauty & tasteful Grand foyer, FR, w/adjoining entertaining area w/full wet bar. Gourmet kitchen, cherrywood study. 5BR each w/own bath. Private backyard boasts a stunning pool & spa. Over 5800sq. ft. of entertainer's delight.
SANNER, CARDWELL, AHLBERG 925-837-2200

Blackhawk Country Club Estate.....\$1,050,000
5+BR, 5BA and approx. 5000sq. ft. Between main house, tennis quarters and detached guest cottage. Beautifully landscaped. .56 acre lot on quiet, serene court. Walk-in sauna, oversized rock spa and quality features throughout. Just Listed!
TONY CRISTIANI 925-882-2200

One Look Will Do.....\$968,000
This Piedmont home is loaded with unique & special features 6+BR, 4.5BA, 4613 sq. ft. enormous designer kit./family rm., new master wing w/2nd fam. rm., 3 car garage, slate roof, circular stairway, premier location, too many features to mention. Call to see.
NAHID NASSIRI 510-531-1670

Affordable in Sycamore.....\$410,000
It's just what you wanted - spacious family room - kitchen combo; large living room & formal dining room. Large master suite; 2 fireplaces, 3 car garage and all the perfect for summer fun sycamore amenities.
MARGE BLAKE-MYERS 925-837-2200

South Bay View - Back on Market.....\$379,000
Serene and beautiful bay views from this 4BR Sequoyah Hills home await you! Now is your second chance at this unusual opportunity. Don't Wait!
ROSEMARY GREENE 510-287-9599

Spacious Flowing Floorplan.....\$349,000
In a great neighborhood. Upper Oakmore. 2BR with family room or office, sunny level backyard and many extras!
PATRICIA BENNETT 510-482-9000

Sequoyah Heights Beauty.....\$229,000
This 2+BR, 1.5BA, with hardwood flrs. is a real beauty. Easy access to freeways.
NONI ROBINSON 510-287-2573

Single Family Home With "In Law" Unit.....\$185,000
Live in spacious 3BR, 2BA home, rent the "in-law" unit. Excellent condition, quiet neighborhood, near major freeways and shopping areas.
A.D. NASSIRI 510-869-5595

Condo With Location & Charm.....\$174,000
4 Unit building. Wonderful backyard and old style charm make this a great opportunity to buy & enjoy.
MICHAEL HARDING 510-287-9599

Affordable Emeryville.....\$135,000
Special first time buyers financing available. Desirable Emeryville Village condo. 2BR, 1BA in 4 unit shingled building. Lots of easy commute.
CAROLYN HARTLEY 510-287-9599

Don't Miss Opportunity to Own!.....\$129,000
Conveniently located in attractive complex, this spacious condo has a nice private balcony. Could be investment or home. Easy access and great space.
ROSEMARY GREENE 510-287-9599

Don't Rent Before You See This Spacious Studio.....\$58,000
Very large, well kept ready to move into. Near to major freeways shopping area and Lake Merritt.
A.D. NASSIRI 510-869-5595

Income Property/Land

4 Unit Medical Building.....\$449,000
Great owner - User - Very Clean E-Z Maint. Owner will carry loan.
HAL MARCUS 510-287-9599

Contractor's Special.....\$200,000
Triplex one 2BR, 1BA. Two 1BR, 1BA. Low rents, dine-in tenants, call listing agent to show, motivated seller, all offers are considered. 2825 High St.
TERESA CHAN 510-287-9599

Charming Duplex In Lower Laurel.....\$139,000
Live in one rent the other! Very nice 2 units & spacious. Garage was nicely converted into another room. Both units are split wse.
NONI ROBINSON 510-339-8400

Need Income?.....\$129,000
Great owner occupies duplex, has nice living space and many choice features. Live in one - collect income from the other.
ROSEMARY GREENE 510-287-9599

Price Reduction - Oakland Lot.....\$129,000
Price included plans for a 4BR home with a peak view of SF. Soil & geological reports. All utilities on lot. Gentle downslope.
ALLIE HOLLEY 510-869-5595

NEWLY LICENSED AGENTS

Montclair Better Homes Realty is offering newly licensed agents to join our team of professionals. Work as a Broker's assistant while you learn the business, and be paid. Call Gloria for an interview. (510) 339-8400.

Freddie Mac: Mortgage rates ease; refis decline

McLEAN, VA — In Freddie Mac's Primary Mortgage Market Survey, the 30-year fixed-rate mortgage (FRM) averaged 7.65 percent, with an average 1.0 point, for the week ending July 9, 1999, easing back from last week's average high of 7.71 percent; a year ago the three-year FRM averaged 6.91 percent.

The rate for 1-year Treasury-indexed adjustable-rate mortgages (ARMs) averaged 5.96 percent this week, with an average 0.9 points, down from last week's average of 6.05 percent.

A year ago, the 1-year ARM averaged 5.60 percent.

The average for 15-year FRMs also fell this week to 7.30 percent, with an average 1.0 point, down also from last week's average of 7.34 percent. A year ago, the 15-year FRM averaged 6.60 percent.

"Although interest rates declined

slightly this week, current mortgage rates have choked off much of the refinancing activity in the housing market," said Frank Nothaft, deputy chief economist for Freddie Mac.

"We have seen refinancing slip from 63 percent in October of 1998 to only about a quarter of the market today.

"Looking into the future, we project that the refi share will drop even further to remain at about 20 percent for the rest of the year, although we see the overall housing market continuing strong and vibrant at the same time."

Freddie Mac is a stockholder-owned corporation chartered by Congress in 1970 to create a continuous flow of funds to mortgage lenders. Freddie Mac has opened doors for one in six homebuyers and two million renters.

CALENDAR OF EVENTS

Sundays through Labor Day

Oakland's newest city landmark is Chapel of the Chimes Crematorium, Columbarium and Mausoleum located at the end of Piedmont Avenue. Do-cent-guided tours are offered every Sunday at 1:30 p.m. through Labor Day weekend. Call 510-594-4725.

Sunday, July 25 through Tuesday, July 27

Wildflower and landscape photography. Three-day workshop led by professional photographer Steven Raley. Focuses on Hope Valley and Carson Pass. For beginners or advanced amateurs. Learn about the techniques and problems unique to outdoor photography. For details and equipment list, call 925-449-2245.

Ongoing

Credit counseling. Consumer Credit Counseling Service, a nonprofit community service organization in Oakland has a series of free workshops. Registration is mandatory. Call (800) 501-SAVE.

Discover Oakland's changing skyline, landmarks, churches and high-rises on one of the free guided walking tours sponsored by the city's Community and Economic Development Agency. Call 510-238-3234.

Sick plant clinic. Join University of California pathologist Dr. Robert Raabe from 9 a.m. to noon the first Saturday of every month for a free Sick Plant Clinic at the UC Botanical Gardens, 200 Centennial Dr. in Berkeley. Drop in with a piece of a sick or a dying plant and Dr. Raabe will diagnose the problem. Call 510-643-2755.

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Offered at \$769,000

THE GARCIA GROUP
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James Garcia

510.339.0400 Ext. 228

Information deemed reliable but not guaranteed

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floors, updated kitchen & BA, formal liv &
din rooms, large plus room & 3BD/2BA.
Dell Orr

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Mediterranean fixer - 3BD/1.5BA, wood-
work, fireplace, eat-in kitchen, sunny rooms,
level yard. Has potential. Ruth Lockhart

3393 VICTOR.....\$269,000
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kitchen & bath. 2-car garage. Level yard in
upper level. Oak hills view. Private feel!
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'20th century design' myths really are behind the times

Part three of three parts

Last week we discussed some of the most common historical misconceptions about 19th century architecture. Now let's turn to the truth behind a few of the more widely held misconceptions about 20th century architecture.

But first, I'd like to share the most pervasive, although charming, historical misconception that I've seen.

Throughout the 1950s and '60s, the comic strip "Alley Oop" was syndicated in hundreds of newspapers across the United States. A song about the main character, a caveman named Alley Oop, made it onto the pop charts in the early 1960s. I enjoyed reading this comic strip when I was a child.

But there was a huge historical, or should I say "prehistoric," misconception that this comic strip promoted. The cavemen who were depicted in it were shown mingling with dinosaurs, and Alley Oop was shown riding on the back of a brontosaurus.

I was under no illusion that this was historically correct, as my father had taught me that all the dinosaurs had died out about 65 million years ago, and the first human ancestors had evolved only three or four million years ago.

Yet many of my grade school friends believed that dinosaurs lived at the same time as prehistoric men, due at least in part to the popularity

Owning a Piece of History

By Mark Wilson



Mark Wilson

It's the historian vs. caveman-adventurer Alley Oop in the quest for popular enlightenment.

of "Alley Oop." In fact, this false image of prehistoric life was so pervasive during my childhood that walls in the main cafeteria of the Museum of Science and Industry in Chicago were painted with scenes that showed dinosaurs and cavemen interacting!

I mention this to illustrate the influence that historical misconceptions can have on popular culture, especially when they are embraced by much of the entertainment industry, mass media and educational institutions.

What this teaches us, I hope, is that professionals in the media and academia should try to correct these myths whenever the opportunity arises. Then the public can be entertained by things like "Alley Oop"



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ALLEY OOP, created in 1933 by V.T. Hamlin, is written by Dave Graue and drawn by Jack Bender. The strip pivots on Oop, who travels from prehistoric Moo to the 21st century in a time machine.

without being confused about what is fantasy and what is history.

Certainly the greatest area of historical misconceptions regarding 20th century architecture concerns some of the construction features and building trends that are commonly assumed to have been invented after 1900. Things such as concrete foundations, skylights, tract developments, and even prefabricated housing were introduced long before the 20th century.

Let's examine the introduction of these phenomenon in American architecture:

In the late 19th century, it was the norm for most residential and commercial buildings to have brick or stone foundations. These had been the preferred materials for most foundations since Colonial times. By the mid-1800s, concrete, (which had been invented by the ancient Ro-

mans) was being used to construct the walls of warehouses and some large commercial buildings in big cities on the East Coast and the Midwest. But these structures still used brick or stone for their foundations.

In the 1870s, builders on the eastern seaboard began experimenting with using concrete for foundations. By the late 1870s, some residential developers in suburban New York, New Jersey, and Philadelphia had perfected concrete foundations, and began to use them on a regular basis.

This new material did not become the norm until after 1900, but it was certainly known to homeowners a generation earlier.

In California, it was an "act of God" that ushered in the widespread use of concrete foundations. Until 1906,

nearly all homes in California or stone foundations. The 1906 San Francisco Earthquake of that year convinced Californians how vulnerable their materials were to seismic activity.

Beginning in 1907, all incorporated cities of Northern California, (and most in Southern California) enacted building codes outlawing the use of any masonry for residential foundations.

By 1909, all of these cities had taken effect. If you see a residential structure with a brick foundation in an older city of Northern California, be sure it was built before 1909. Skylights are so closely associated with contemporary architecture.

See MYTHS, Page C1

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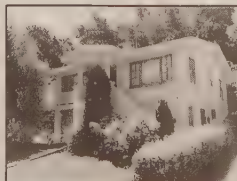
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Know the market indexes to glean economic 'big picture'

Stock indexes measure price fluctuations among stocks. By following the appropriate stock market index, you can compare the performance of your stocks to similar types of stocks within a particular index.

The Dow Jones Industrial Average

The Dow Jones Industrial Average (DJIA) is the figure most often referred to on the news when the market's daily activity is recapped.

The DJIA is a price-weighted index of 30 major companies, such as McDonald's, Wal-Mart and General Electric. As a result, high priced stocks have much more of an influence on the index than low priced stocks.

While changes have been made to the composition of the index over the last few years to more accurately

Money Matters

By Leila Gough



Leila Gough

There's more than one way to view your stocks. Learn to read the writing on Wall Street.

represent the United States' service based economy, the index is still heavily weighted toward energy stocks and stocks in cyclical industries, which often mirror the pace of economic growth and the demand

for commodities.

Also, the index is under-weighted relative to other popular averages in financial stocks and heavily under-weighted in technology stocks.

The Standard & Poor's (S&P) 500

The S&P 500, like the Dow, is designed to track the performance of large companies, often called "large caps." The S&P is a market capitalization weighted index that measures 500 stocks and is composed of a broad based group of New York stock exchange listed, American stock exchanged listed and over the counter stocks.

The index is heavily weighted toward fast growing companies and is a good reflection of the United States' service-based economy. For this reason, it is considered the

benchmark for comparing the performance of large-cap growth funds and money managers.

The index is also broken down into sectors: 400 industrial, 20 transportation, 40 utility and 40 financial stocks. Because these categories are evaluated individually, the S&P 500 is one of the best indicators for determining current market trends among specific industries.

The Nasdaq National Market System Composite Index

This index measures the performance of stocks that are traded over the counter. The index contains many "seasoned" companies as well as stocks of newer companies, mostly in the fields of technology and financial services.

The companies are generally considered to be more speculative in-

vestment risks. It is important to note that this index is wrongly but widely considered a good measure of the performance of small company ("small-cap") stocks. It is a poor measure of small-cap stock performance because of the overwhelming dominance of a handful of large-cap technology names such as Microsoft and Dell Computer.

The Russell 2000 Index

The Russell 2000 is used to measure the performance of small company stocks. The Frank Russell Company constructs the index by first determining the 3,000 largest U.S. companies, based on market capitalization. The 3,000 companies represent about 98 percent of the equity securities in the country. The largest 1,000 companies comprise the Russell 1000 index and this represents

about 90 percent of the total market capitalization of the Russell 3000 index. The smaller 2,000 companies comprise the Russell 2000 index and accounts for the remaining 10 percent of the total market capitalization of the Russell 3000.

Evaluating stock indexes will help you determine whether your stocks are beating the average for similar stocks or lagging their peers.

Leila Gough is an associate vice president with A.G. Edwards. She helps clients define and reach their investment goals. Reach her by phone at 510-273-8851, and e-mail: leila.gough@agedwards.com.

The Dow Jones Industrial Average is a trademark of the Dow Jones & Co.

HOME HEALTH BRIEFS

Electromagnetic Field Radiation (EMF)

Whether electromagnetic fields cause health problems is controversial. Many healthy home proponents argue that electromagnetic radiation from household wiring or appliances, or from high-power transmission lines, is linked to leukemia or other cancers, although David Kibbey con-

cedes, in his "Architectural Resource Guide," that the jury remains out.

Many scientists go even further. The National Research Council, a Congressionally-chartered nonprofit

group, has concluded that "no clear, convincing evidence exists to show that residential exposures to electric and magnetic fields are a threat to human health."

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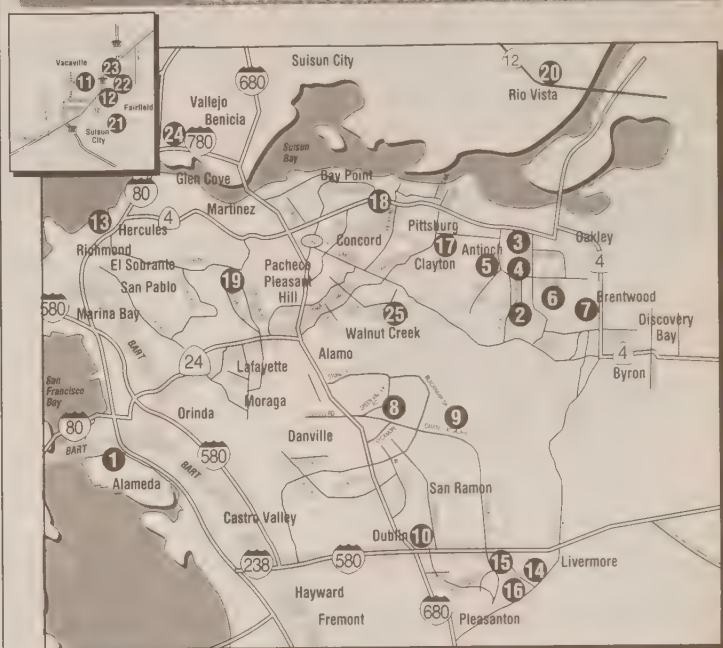
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From mid \$160,000's. Gated active adult comm. Contemporary 1 story homes. Beautiful rec. ctr. w/ game rm., swimming & more! Open 11-5 1-80 to Orange Dr. follow to Orange Tree Cir. 707-447-5800 or 707-447-5900
- Crystal Pointe**
From the \$170,000's. NOW SELLING! Hillside homes in established neighborhood w/ views of Carquinez Strait. 3 Plans to 1613 sq ft., 3 BR, 2 1/2 BA. Great commute loc. near I-80. www.richmondamerican.com. Richmond American Homes 707-643-5485

WALNUT CREEK

- Oak Creek & Shadow Brook Estates**
From \$799,900. Estate homes by Delco Bldgs. on 1 ac. lots against rolling hills/Mt. Diablo. Close to parks, schools. One of best loc. in East Bay feat. distinctive architecture, dramatic int., complete amenities. Open Sat/Sun 925-256-9504

Volunteerism strengthens community

ANNUAL GREENHOUSE TOUR SET FOR JULY 24

The Half Moon Bay Coastside is eager to show off its glorious flowers and plants once again at its annual nursery tour. Saturday, July 24th will mark the 8th annual Tour des Fleurs. Locations on tour this year:

Music Farms

This was originally the Campbell's mushroom plant founded in 1957. Vlasic Foods International, a subsidiary took over in 1998. Farm manager Rick Reyes will take you through white agaricus, brown Crimean, and portabella mushroom houses.

Oku Nursery

One of the premier rose growers in the United States and now also specializing in field flowers. Owners Steve and Tom Oku will personally lead you on a fascinating tour of this 100-year-old business.

Yerba Buena Nursery

The Yerba Buena Nursery is noted for native plants, ferns, a meandering babbling brook and a turn-of-the-century historic house, is the pride of Cathy Crane, owner and tour guide.

Pastorino Gifts and Plants

Owner Hank Pastorino will guide you through hot houses, fields of flowers and pumpkins.



JULY 24TH marks the 8th annual coastside Tours des Fleurs.

Premier Horticulture

A new coastal addition noted for their beautiful orchids that are shipped nationally.

Bay City

One of the largest commercial potted plant growers using the latest in technological advances, and shipping to all 50 states.

Daylight Nursery

John Muller, owner and farmer with 30 years experience, will tour you through fields of flowers and

potted plants. John has represented American farmers on numerous governmental committees, and is a wealth of information.

Most of these commercial growers are not ordinarily open to the public, and those that are will share a few "behind the scenes" secrets of their operations. Some will also share their

colorful and fascinating family history and how it shaped their businesses.

Each tour package takes you to three different nurseries. You drive yourself to each nursery in your tour package, and enjoy about a one-hour guided tour. There are six different packages to choose from, and each package of three nurseries costs \$15. You get a day of floriculture for \$15.

Deluxe box lunches are also available for an additional \$11. The box lunch must be reserved when booking your tour package, and will be ready for you when you complete the first of your three nursery stops.

Make a weekend of it! There are 25 lodging facilities on the Coast, and a wonderful variety of restaurants. Tour Half Moon Bay and the Coast, stroll our beaches, hike our trails, shop our Main Street... we're an unspoiled place that would love to spoil you!

For more information and to place reservations, call the Half Moon Bay Coastside Chamber of Commerce and Visitors' Bureau at 650-726-8380.

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DOWNPAYMENT ASSISTANCE FOR FIRST TIME BUYERS

Are you a low to moderate income, first-time homebuyer interested in purchasing a home in Emeryville?

CONTACT: The Emeryville Redevelopment Agency's First Time Home Buyer's Program (510) 596-4316

Sophisticated New Contemporary**6510 Pineneedle Drive, Oakland**

Located on a unique knoll in the Oakland hills, this stately 4+ bedroom, 3+ bath, architect-designed contemporary offers sweeping bay views from most rooms. Open floor plan, formal DR, kitchen/FR, decks, level-out patio and garden. **Offered at \$1,335,000**



Ann Nichols

Bus: (510) 339-6460 ext. 319

Res: (510) 465-9004

PACIFIC UNION

Pool in Montclair!

OPEN SUNDAY 2-5

**2731 Chelsea Drive**

Nestled in the Oakland Hills, this special home sits on a very large lot—almost 20,000 SqFt! Walk right in to this sprawling level-in ranch with a wonderful floor plan. Enjoy the peace, quiet and the feeling of seclusion. Don't forget to enjoy the indoor pool!

Asking \$649,000

Donna Conroy 510-339-4723

COLDWELL BANKER

**1010 Peralta, Albany OPEN SUN. 2-5**

New Listing. The Post Office has given this home two 10's. And it is well deserved! Spectacular Albany remodel. Remodel includes master bedroom suite, 4 bdms., 2 baths. Custom kitchen w/family room, formal dining room w/built-ins, charming living room, huge backyard and detached studio/office. Truly Albany's finest!

Bill McDowell 524-9888 x30.....\$525,000

88 Parnassus, Berkeley

Call for an appointment. Elegant and serene move-in condition home. Located on a large, secluded lot. Enjoy the large deck and patio. Remodeled kitchen and baths. Lovely living room, formal dining room, 3+ bdms., 2.5 baths.

Maya Trilling 524-9888 x18.....\$595,000



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"The Dragon at Gold Mountain is a new standard for Sierra Golf. There are no artificial greens, there is only harmony."

Fairways and Greens Magazine, 1999



The Dragon makes its home at Gold Mountain, an environmentally sensitive, gated, recreational community designed with vision by Taliesin Architects, the continuation of Frank Lloyd Wright's practice established in 1893. Taliesin semi-custom home design included with purchase price. Custom home design for as little as \$5,000. One to three acre homesites offer pristine high Sierra views. \$69,900 to \$119,900 and up.

Jim
Gold Mountain

Highway A-15 • Graecagle, California

For information call

1-800-446-5366

1999 Joann Dost Golf Editions, Ltd.



Whether 'tis nobler to repair

Sellers face choice: Fix or sell 'as is'

Should sellers repair defects before selling?

After years of living in a home, it's easy to fall into a habit of overlooking home maintenance chores. If there's no urgency, many homeowners procrastinate. Often problems don't get fixed until a major disaster occurs like a roof leak in the middle of a monsoon.

Deferred home maintenance can become a problem, however, when you decide to sell. Most buyers want to buy homes they can move right into without having to make a lot of repairs. Sellers need to decide before they put their home on the market whether to fix deferred repairs or leave the work for a future buyer to do.

Usually sellers who have the time, money and inclination will do better on the sale of their home if they fix problems before they list their home for sale. A home that is in move-in condition is one that appeals to a broad audience of prospective home buyers.

First-time home buyers, and buyers with busy life-styles, often won't consider buying a home that needs a lot of work. They haven't the time or experience to deal with the problems.

Real Estate Forum

By Dian Hymer



Dian Hymer

"Sellers who have the time, money and inclination may fare better if they fix problems before they list their home."

The listings that are in the best condition are in the highest demand. They can attract serious attention

from more than one buyer. If multiple offers occur, the price sometimes gets bid up.

Regardless of whether there are multiple offers, a house that is in good condition will usually sell more quickly than one that needs work. And a quick sale often results in a selling price that is close to the list price.

Sellers who don't make needed repairs before putting their homes on the market may have difficulty selling, depending on how much work is needed.

Because "fixer-upper" home buyers make up a small portion of the home buyer market, there will be less overall interest in the property

See CHORES, Page C13



**\$319,000
Just Listed!**

3 bedroom bungalow with a Mediterranean spirit!
Walk to Monterey Market!

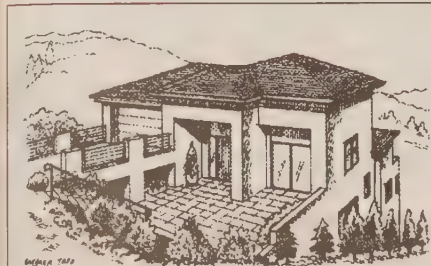
**THORNWALL
Properties**

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**484 GRAVATT
\$879,000**

Classy New Bay View Home! Streamline contemporary architecture with top end amenities and custom finishes. 4 bedrooms, home office, incredible kitchen/family room. Glass block, soaring ceiling. Art Lover's dream!
Mary Neuberger x 251



**1963 ARROWHEAD DRIVE
\$359,000**

1st time on market. Immaculate, one owner home. 3BD/2.5 baths, family room, large workshop/artist studio, lots of storage, large level play area for children.
Jaya Bhimani 482-0860

6959 NORFOLK ROAD.....\$649,000
Newer construction in the Claremont Hills. So. Bay view, 4 bedroom, 3.5 bath including au pair unit or home office. Sunny & spacious, deck & yard. Wendy Callaghan ext. 237

BY APPOINTMENT

PLEX NEAR PIEDMONT AVE.....\$385,000
3 Studios, two-1BD. Three story Victorian ear building. Upgraded in 1993. Rents below market. SF bay view. Top locale.
Frank Hennefer 654-6461

GRACEFUL SPANISH STYLE HOME.....\$285,000
Gracious living room and formal dining room with arches and niches. Remodeled main bedroom with walk-in closet and sun porch. 2 bedrooms, 1 bath. Breakfast nook, plus room for office, yard, deck and garage. Stan Hammond x 346

GARDENERS DELIGHT!.....\$209,000
Great bungalow in family neighborhood. Magical gardens! Office off kitchen, 2 bedrooms/1 bath. Large garage with work area.
Michael Childress x 215

AFFORDABLE OLD WORLD CHARM!.....\$119,000
Beautiful detailing throughout this lovely 2BD/1BA home. Relax in the woody backyard or enjoy leisure time on the sunny patio.
Heidi Tuggle 531-4554

LAND

CANYON & NORTH BAY VIEWS.....\$199,000
Level in downslope lot in lovely neighborhood. 10,000+ sq. ft., soil report available. Carol Robbiano ext. 292

CROCKER HIGHLANDS LOTS!.....\$155,000
Rare building opportunity, two level lots in prime neighborhood, 40x30 each, \$150,000 & \$155,000. Stan Hammond ext. 346

OAKLAND HILLS BAY VIEW LOT.....\$95,000
Nearly 1 acre with utilities off site. Includes completed plans & engineering. No permit issued. Great setting on cul-de-sac. Financing available. Frank Hennefer 654-6461

MONTCLAIR/OAKLAND HILLS LOT.....\$64,500
Includes approved design review plans. Ready for completion. Westerly exposure. Financing available. Utilities at front of lot.
Frank Hennefer 654-6461

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*** Indicates Homes Being Held Open Sunday**

OAKLAND / PIEDMONT

Piedmont Grand English.....\$2,495,000
6BD/7BA stately English Tudor set on a large level wooded yard. Beautiful detail.
Faye Magee 510-644-5498, 510-428-0900

Huge Piedmont Contemporary!.....\$1,339,000
New Listing! Lovely 5BD/4.5BA. Retreat for comfort, privacy, bay views! Pool! Approx. 5000 sq. ft.
Rosalee Marshall 510-428-0900

***Open Sunday!.....\$869,000**
6620 Estates Dr. 3+BD/3+BA, new const & price. Gourmet kitchen. Separate guest suite. Views.
Kurt Meyer 510-268-8123

Cyber-Tour.....\$799,000
Wonderful custom home. 4BD/3.5BA. Take a tour www.realtyvision.com. Views Views Views.
Candice 510-528-9284, 510-845-0200

***Piedmont Traditional.....\$799,000**
Close to all school levels. 4BD/3.5BA. Light-filled home, wonderful family room/kitchen.
Open 2-4:30. 229 Wildwood Ave. Caroline Peters 510-428-0900

***Open Sunday!.....\$599,000**
6860 Saroni Drive 4BD/3BA New Listing! 9 yr. Old. Paul Vincent Contemporary.
Dollie Hanson 510-869-4255

Elegant Living!.....\$550,000
New Trestle Glen listing! 1721 Trestle Glen Rd. 5BD/4BA + artist studio, gourmet kitchen.
Kathleen Crandall www.enticesoftware.com 510-845-0200

Views, Views, Views.....\$494,000
Sunny, sophisticated Hiller townhouse with open floor plan. 3BD/3BA with two suites.
Rose Jellison 510-428-0900

Piedmont Craftsman Home.....\$479,000
3BD/1 BA, hwd floors, built-ins, leaded glass, stone fireplace, wood work, great back yard for children.
Michele Alden 510-428-0900

***Upper Rockridge.....\$479,000**
Gorgeous Upper Rockridge Traditional with large yard. Must see.
Open 2-4:30 Sunday 5839 Amy Dr. Cherlie Hunt 510-337-8670

Ridgetop Retreat.....\$429,000
4BD/2.5BA family-style contemporary with fam. rm, LR, FDR. Master suite w/ sunken tub. 2 decks.
B. Klein/C. Fleming 510-644-5423

***Open Sunday!.....\$425,000**
910 Creed Rd. 3BD/2.5BA. 11 yrs. Old on cul-de-sac. Unique floor plan. Trestle Glen Area.
Herb Manor 510-869-4227

***Great Bay View.....\$375,000**
Open Sunday 593 Crestmont. Lovely contemporary w/back yard and decks.
Ben David 510-869-4205

8 minutes to S.F.!.....\$374,000
Enjoy City Life without hassle or cost! Immaculate 3BD/2BA plus 2 "in-law" units. Walk to best shops, clubs.
Logene Butler 510-524-2526

Outstanding S.F. View.....\$337,500
2BD/2.5BA 2-story Penthouse. Very special. Great bldg. Near Piedmont Ave. shops.
George Millirons 510-869-4233

Glenview Gem!.....\$295,000
2BD/1 BA plus cheerful, non-conforming apt. below. Beautifully refurbished.
Jim Resor 510-658-3476

Glenview Craftsman Fixer.....\$279,000
3BD/1+BA home, woodwork, hwd floors, built-ins, Wedgewood stove, fireplace, cute yard.
Michele Alden 510-428-0900

***Open Sunday 2-4.....\$264,500**
440-49th St. 3BD/1.25BA. Temescal bungalow. Beautifully redone hwd flrs, new carpet/vinyl, stone tpic.
Izumi Tada 510-849-3711, 510-287-9853

***Lincoln Heights-Just Listed!.....\$249,000**
Elegant, sunny 2BD w/ gorgeous kitchen, big, lush garden!
FIRST OPEN! Sunday July 18, 2-5, 2521 Carmel.
Adrianne Nash 510-763-4060, 510-845-0211

Heart of Maxwell Park.....\$229,000
A definite 10! This 3BD/2BA home with city view has over 2000 sq. ft. of living space. A Must See!
Sandi Porter 510-869-2766

***Open Sunday.....\$208,000**
3326 Florida St. 2BD/1 BA bungalow. Fresh paint, new roof and seismic upgrades.
Brian Santilena 510-339-9290

Move-in Condition.....\$189,000
2BD/1 BA sunny and bright with hardwood floors. Freshly painted in and out.
Dollie Henson 510-869-4255

Best Hidden Jewel.....\$169,000
A must to see. 3BD/1 BA with hardwood floors, dining rm, 1-car garage, carpet, new paint.
Muriel Watkins-Dixon 510-452-6191

***York Towers Condo.....\$98,000**
Lovely Adams Point 1 BD/1BA w/ garden patio. 811 York #133.
Open Sunday 2-4:30. Francesca 510-337-8670

EMERYVILLE

Emeryville for Lease!
Condo, 2BD/2BA \$2300 monthly. Prime location, wonderful views from 2 balconies. Available now. Move-in condition.
Phina Christentry 510-526-5143

BERKELEY/ALBANY

2 Lovely Houses in Elmwood!.....\$1,050,000
Price reduced! Special property! Good rents, updated systems, fine details, sunny yard, great area!
Ana & Pascal 510-273-9332

A House in the Woods.....\$389,000
Live in Elmwood for less! Cute 3BD/2.5BA at the crossroads of Berkeley and Oakland.
Candice Economides 510-528-9284 510-845-0200

***New Listing.....\$279,000**
Open Sunday! 757 Peralta Ave. 2BD/1BA Probate. Great Area. Good Value.
David Otero 510-869-4239

Lovely Westbrae Home.....\$259,000
2BD/1.5BA, 2-story traditional on great street! Office area, eat-in kitchen, sunny rear yard.
Karen Bevis 510-849-3711, 510-273-9046

***Immaculate Bungalow.....\$239,000**
Open Sunday! 537-53rd St. 3BD/2BA Charming bungalow. Potential income unit. Don't miss!
CB Rose 510-339-9290

Charming Bungalow!.....\$205,000
Walking distance to Berkeley's finest! 2BD/2BA. Hwd, built-ins, large kit, large yard, needs a little TLC.
Logene Butler 510-524-2526

Panoramic Bay View!.....\$195,000
Spacious corner unit. 2BD/2BA located in Albany. Good schools! 3-bridge, city lights & serene hills views!
Wendy Louie 510-273-9306, 510-849-3711

New Listing in Berkeley!.....\$179,000
Lovely 3BD/1BA gardener's cottage, some hwd flrs, large lot, fruit trees, nr 4th St, easy SF commute.
Cynthia Johnson 510-869-5397, 510-845-0200

Bay View!.....\$169,000
1BD/1BA Pristine condo! Pool, tennis! Convenient to Albany shops/restaurants! Excellent value!
Carol Jekabson 510-273-9322, 510-849-3711

Claremont Lot.....\$169,000
Never before built-on lot available. Canyon views. A great buy.
Miriam Wilson 510-845-0211

WEST COUNTY

Panoramic Views!.....\$1,250,000
Fab renovated hml! Beautiful finishes on large lot & extra lot avail for negotiated price. Sunny garden.
Helene Barkin 510-273-9312, 510-849-3711

Great Location!.....\$325,000
Freshly painted 3+BD/2BA w/hwd floors, 2-Car garage, big back yard, bay view, ready for you!
Jaime Roberts 510-527-9800

***El Cerrito Open Sunday.....\$229,900**
1246 Richmond St. 2BD/1BA updated charmer. New paint in/out. Plus cottage.
Jim Resor 510-658-3476

RESIDENTIAL INCOME

Beautiful 4-Plex.....\$270,000
Each unit is 2BD, new kit + ba, off st parking, \$31,000 GAI. Quiet area close to everything.
Carol Heath-Kim 510-869-4472, 510-527-9800

Diamond in the Rough.....\$239,000
Duplex 3BD/1BA each. A helping hand can make this baby shine.
Andrew Sussman 510-845-0200

Duplex in El Cerrito.....\$229,000
Charming duplex on quiet st. Separate garage & washer/dryer for each unit. \$17,000 gross income.
Carol Heath-Kim 510-869-4472, 510-527-9800

Best Buy in Area.....\$198,000
Upstairs 2BD/1BA. Lower units 1 BD/1BA great investment for owner/occupant.
Terri Ingram 510-835-6193

ALAMEDA (510) 337-8670	ALBANY (510) 524-2526	BERKELEY (510) 845-0200	BERKELEY NORTH (510) 849-3711	CLAREMONT (510) 845-0200
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WEEKLY HOME SALES

Compiled by Bud Gorham
TITLETECH

ALAMEDA

1317 9th St. - \$293,000
1406 9th St. - \$275,500
2853 Brown St. - \$259,500
311 Central Ave. - \$260,000
455 Central Ave. - \$105,000
916 Chestnut St. - \$352,000
4 Courageous Ct. #74B - \$322,000
1363 Crown Dr. - \$235,000
1340 Fernside Blvd. - \$258,000
3005 Jackson St. - \$360,000
3539 Norman Ln. - \$289,000
2137 Otis Dr. #212 - \$166,000
2209 Otis Dr. #8 - \$120,000
2021 Otis Dr. - \$373,000
3236 Ravens Cove Ln. - \$255,000
6 Redondo Ct. #153 - \$283,000
903 San Antonio Ave. - \$187,500
1810 San Jose Ave. - \$315,000
1929 Schiller St. - \$135,000
2853 Sea View Parkway - \$695,000
2525 Webb Ave. - \$250,000
1321 Webster St. #308 - \$120,500

ALBANY

729 Curtis St. - \$425,000
1049 Key Route Blvd. - \$420,000

535 Pierce St. #4110 - \$172,000
535 Pierce St. #4410 - \$220,000
729 San Carlos Ave. - \$361,000

BERKELEY

2430 5th St. #D - \$311,000
2210 7th St. - \$200,000
2508 Acton St. - \$270,000
2723 Acton St. - \$140,000
1726 Blake St. - \$455,000
762 Creston Rd. - \$433,000
1711 Curtis St. - \$220,000
3014 Dohr St. - \$210,000
3124 Eton Ave. - \$650,000
1005 Hearst Ave. - \$290,000
831 Hearst Ave. - \$200,000
835 Hearst Ave. - \$357,000
2639 Hillegass Ave. - \$420,000
1051 Merced St. - \$410,500
1516 Tyler St. - \$189,000
1032 Virginia St. - \$225,000
2632 Warring St. #1 - \$190,000
2520 Webster St. - \$480,000

EL CERRITO

5815 Alta Punta Ave. - \$246,000
127 Ashbury Ave. - \$217,000
2310 Cedar St. - \$235,000
6372 Conlon Ave. - \$217,000
6633 Cutting Blvd. - \$275,000
7501 Eureka Ave. - \$271,500

5219 Gordon Ave. - \$190,000
1522 Liberty St. - \$265,000
147 San Carlos Ave. - \$165,000
151 San Carlos Ave. - \$165,000
1207 Scott St. - \$291,000
8631 Thors Bay Rd. - \$591,000

EL SOBRANTE

4894 Appian Wy. - \$160,000
1004 Balmore Ct. - \$247,000
118 Creekside Ct. #9 - \$118,000
4572 Hilltop Dr. - \$133,000
967 Mitchell Wy. - \$129,500
478 Rincon Rd. - \$245,000
4410 San Pablo Dam Rd. - \$137,000
5408 Valley View Rd. #5 - \$133,000

EMERYVILLE

4511 Adeline St. - \$140,000
6363 Christie Ave. #522 - \$158,000
3 Commodore Dr. #257 - \$195,000
8 Commodore Dr. #458C - \$139,000

OAKLAND

1727 10th Ave. - \$120,000
1736 101st Ave. - \$119,000
2148 107th Ave. - \$118,000
1532 16th Ave. - \$85,000
2632 25th Ave. - \$125,000
1800 33rd Ave. - \$132,000
695 34th St. - \$165,000

434 44th St. - \$307,000
966 44th St. - \$136,000
338 49th St. - \$135,000
684 57th St. - \$169,500
864 57th St. - \$163,000
891 61st St. - \$85,000
1292 76th Ave. - \$81,000
1741 7th Ave. - \$230,000
1364 80th Ave. - \$118,000
1744 9th Ave. - \$129,000
6032 Acacia Ave. - \$725,000
3773 Angelo Ave. - \$89,000
3049 Arizona St. - \$168,000
127 Bay Vista Ave. #101 - \$104,000
2751 Bellaire Pl. - \$181,000
565 Bellevue Ave. #701A - \$309,000
4520 Bond St. - \$109,000
5340 Broadway Tr. #403 - \$270,000
5512 Broadway - \$226,000
9018 Burr St. - \$175,000
200 Caldecott Ln. #49 - \$220,000
646 Caldwell Rd. - \$525,000
2918 Capp St. - \$118,000
2433 Carmel St. - \$285,000
6640 Chelton Dr. - \$495,500
331 Chester St. - \$151,000
7779 Claremont Ave. - \$425,000
2329 Coloma St. - \$181,000
5739 Colton Blvd. - \$315,000
6823 Colton Blvd. - \$395,000
3286 Crane Wy. - \$425,000

10421 Dante Ave. - \$120,000
5138 Desmond St. - \$290,000
2022 East 27th St. - \$170,000
21 Echo Ave. - \$225,000
3989 Edgemoor Pl. - \$110,000
8 El Carmello Cl. - \$340,000
11041 Ettrick St. - \$399,000
490 Fairbanks Ave. - \$570,000
5529 Fleming Ave. - \$210,000
988 Franklin St. #1509 - \$150,000
2111 Fruitvale Ave. - \$94,000
4828 Harbord Dr. - \$400,000
2400 Harrington Ave. - \$107,000
7406 Hillside St. - \$115,000
7600 Holly St. - \$85,000
1 Knoll Ridge Wy. - \$383,000
3510 Maple Ave. - \$145,000
864 McElroy St. - \$121,000
4725 Melrose Ave. - \$135,000
1500 Park Ave. #324 - \$256,500
320 Park View Tr. #204 - \$94,500
5925 Pinewood Rd. - \$484,000
9916 Plymouth St. - \$113,500
2539 Rampart St. - \$235,000
2220 Ransom Ave. - \$131,500
2660 Ritchie St. - \$91,000
2740 Ritchie St. - \$116,000
4722 Stacy St. - \$246,500
7317 Sunkist Dr. - \$192,000
6173 Swainland Rd. - \$735,000
650 Sycamore St. - \$305,000

4643 Tulip Ave. - \$110,000
6086 Valley View Rd. - \$100,000
2920 Viola St. - \$171,000
3454 Wyman St. - \$225,000

PIEDMONT

201 Highland Ave. - \$70,000
128 Ronada Ave. - \$81,000

RICHMOND

831 26th St. - \$118,000
528 2nd St. - \$90,000
664 2nd St. - \$98,000
924 32nd St. - \$142,000
428 38th St. - \$135,000
336 41st St. - \$150,000
313 7th St. - \$150,000
1518 Aqua Vista Rd. - \$130,000
4710 Armo Ct. - \$147,000
1 Breakers Blvd. - \$400,000
2827 Canterbury Dr. - \$130,000
5616 Carlos Ave. - \$130,000
601 Commodore Dr. - \$130,000
2316 Dolphin Dr. - \$227,000
3034 Florida Ave. - \$150,000
2629 Garvin Ave. - \$121,000
2637 Garvin Ave. - \$150,000
2701 Garvin Ave. - \$150,000
2717 Grant Ave. - \$167,000

See SALES, Page C1

EPA sounds alert on possible home health hazards

By Dave Weinstein
CONTRA COSTA NEWSPAPERS

The federal Environmental Protection Agency suggests that homeowners follow three steps to ensure good indoor air quality: First, reduce sources of indoor pollution, such as stored toxins or chemical emissions; second, increase ventilation within the home; third, and only when absolutely necessary, consider buying an air cleaner.

Testing: According to the EPA, hiring a consultant to test for indoor pollutants can be expensive. They generally don't recommend it, except when radon is an issue, or in special circumstances. Jed Waldman, chief of the Indoor Air Quality Section of the state Department of Health Service's Environmental Health Laboratory in Berkeley, suggests that people bring in a building contractor if they suspect leaky walls, or PG&E if they suspect problems with their furnace.

Is your home making you sick?

Although there are many physicians who believe that many people are sickened by tiny exposures to a multitude of common chemicals (many are called "clinical ecologists" or say they practice "environmental medicine," most mainstream doctors and scientists say there is no proof that the condition exists and much evidence that it does not.

Dr. Ronald E. Gots, co-author of "Multiple Chemical Sensitivity," describes it as "a label given to people who do not feel well for a variety of reasons and who share the common belief that chemical sensitivities are to blame."

It defies classification as a disease. It has no consistent characteristics, no uniform cause, no objective or measurable features. It exists because a patient believes it does and a doctor validates that belief," Gots writes.

Gots and his co-author, Dr. Stephen Barrett, say that subjective symptoms of MCS cannot be verified through clinical testing or lab results; that symptoms most often cited are often caused by other ailments or can be psychosomatic; that the ailment is often blamed on levels of chemicals that are far lower than have ever been shown to produce symptoms; and that there is no scientific evidence that developing a sensitivity to one substance will lead to greater sensitivity to a wide range of substances.

They also say that many of the remedies are worse than the disease. People purportedly suffering from MCS have been told to spend thousands of dollars to modify their homes, to buy ventilators, and sometimes to move.

Getting specific

Air cleaners. According to the EPA, "There are many types and sizes of air cleaners on the market, ranging from relatively inexpensive table-top models to sophisticated and expensive whole-house systems. Some air cleaners are highly effective at particle removal, while others, including most table-top models, are much less so. Air cleaners are generally not designed to remove gaseous pollutants."

Asbestos. Asbestos can be found in many homes, but is only a problem if it is disturbed. Asbestos that is in good condition should generally be left alone, the EPA advises. Any removal should only be done by professionals. The federal Environmental Protection Agency has good information on a Web page, www.epa.gov/asbestos. Or you can reach them by phone at 415-744-1500.

Carpets. "You do not want to know what's in your wall-to-wall carpet," says Virginia Schomer, an interior designer in Mill Valley who runs Building Concerns, a nonprofit group dedicated to environmental

building principles. "You really don't want to know."

She prefers throw rugs that can be hauled out of the house regularly for thorough cleaning. Most people interested in healthy homes agree.

Even well-maintained, natural carpets fill with grime and microbes that no vacuum can remove, says Jed Waldman, chief of the Indoor Air Quality Section of the state Department of Health Service's Environmental Health Laboratory in Berkeley. The Rug Doctor and similar steam-cleaning methods can get out spots. But he says they can also encourage the growth of mold beneath the rug if drying takes too long.

There is great controversy about chemical emissions from new carpets. Kibbey and some other environmental consultants oppose almost all synthetics. Victoria Schomer recommends that her clients buy natural fabric rugs, or low-emission synthetics.

The Carpet and Rug Institute, which runs an industry-wide voluntary air quality testing and labeling program, says carpets emit fewer organic compounds than many other home-furnishings, and says most of the compounds and odor dissipate within two or three days of installation. The institute cites studies that have found no cancer or toxicity health risks from carpet.

Kathryn Sellers, the institute's director of public relations, says carpets actually can improve air quality by trapping dust that would otherwise float through the air — and into people's nostrils. It can then be vacuumed up by a vacuum with strong suction. She suggests that people who suffer allergies buy high-efficiency filtration vacuum bags. "They're more expensive, but they're worth it," she says.

According to the EPA's "The Inside Story: A Guide to Indoor Air Quality," "In recent years, a number of consumers have associated a variety of symptoms with the installation of new carpet. Scientists have not been able to determine whether the chemicals emitted by new carpets are responsible."

The EPA recommends that buyers of new carpet ask for low-emission material, have the contractor air the carpet out before bringing it into the house, and make sure the home is well-ventilated during installation and for a few days afterwards. The Carpet and Rug Institute suggests that consumers check for carpet that has the CRI Indoor Air Quality Testing label.

Gas appliances. "The first thing people should be careful about are gas appliances," Waldman says, "because they can kill you."

Carbon monoxide, an odorless byproduct of gas combustion, can kill people, or cause dizziness and confusion in smaller doses. Excess carbon dioxide from a poorly ventilated gas stove can cause drowsiness — and many kitchen stoves are not well vented. David Kibbey, a Berkeley environmental building inspector, recommends electric stoves as a safer alternative, even though gas stoves generally are more energy efficient.

Electromagnetic Field Radiation (EMF): Whether or not electromagnetic fields cause health problems is extremely controversial. Many healthy home proponents argue that electro-magnetic radiation from household wiring or appliances, or from high-power transmission lines, is linked to leukemia or other cancers, although David Kibbey concedes, in his "Architectural Resource Guide," that the jury remains out.

Many scientists go even further. The National Research Council, a Congressionally-chartered nonprofit group that is affiliated with the National Academy of Sciences, has concluded that "no clear, convincing evidence exists to show that residential

exposures to electric and magnetic fields are a threat to human health."

The council said that there is a statistical correlation between the incidence of childhood leukemia and proximity of homes to transmission lines, but said the studies failed to rule out other reasons for the correlation, noting that homes that are near power lines may also share other characteristics, including age of the home, density of the neighborhood, and traffic patterns.

Heating and air conditioning. Dirty air is often spread throughout a house by poorly installed or maintained heating and air-conditioning system. Waldman urges people to check their furnaces before winter arrives. The American Lung Association suggests that furnace filters be changed monthly. Humidifier and air conditioning drain pans should also be cleaned regularly.

Kibbey, who works with many people who suffer from allergies, respiratory problems and headaches, suggests that people upgrade their heating and air-conditioning filters. At the low end, pleated filters at \$8-\$10 each are more effective than standard fiberglass, he says. Passive

electro-static filters (\$75-\$100, and good for seven to 10 years) are even better — though he says electronic electro-static filters are ineffective and may present environmental problems of their own.

Household toxins. Toxic chemicals such as pesticides and solvents should be purchased only when absolutely necessary (safer products will often suffice), stored and disposed of properly. Every county runs a toxins drop-off program.

If toxic materials are stored in your garage and your garage exchanges air with the living areas of your house, you could be breathing in the fumes, Kibbey notes. Move them to a detached garage or shed.

For information about alternatives to household toxins, see "Your Guide to Less Toxic Shopping," published by the Contra Costa County Household Hazardous Waste Program. For East and West Counties, 800-750-4096; for Central County, 800-646-1431.

Good housekeeping is essential

"You have stuff under the sink and you don't know what it is," Wald-

man says. "Then the cat starts to rust because the thing next to it is caustic. Then you have a toxic waste site under your sink."

Lead. Lead can be a serious problem, particularly for children who live in older houses and have access to chips or flakes of lead paint. "If you maintain your house you're not going to have lead problems," Waldman says. For information about lead paint, call the National Lead Information Center and Clearinghouse at 800-424-LEAD or 800-LEAD-FYI. (www.epa.gov/lead/nlic.htm), or the Contra Costa Lead Poisoning Prevention Program, 510-567-8280; Alameda County, call 510-567-8280; Solano County, 707-421-6765.

Mold and dry rot. Mold can destroy your home's structural integrity and can smell and cause illnesses, including allergic reactions and asthmatic symptoms. Waldman suggests that homeowners check their homes for evidence of mold and dry rot, looking for discolored walls and pools of water. Pay particular attention to places that have leaked — beneath windows, under your sink.

The state Department of Health Resources, which publishes a handy

six-page guide "Mold in My Home: What Can I Do?," says mold enters your home from flooding, leaks up sewers, humidifiers, home steam from cooking and showers, even drying your clothes on door line.

"If you can see mold, or if you have an earthy or musty odor, you should assume you have a mold problem," the guide states. Moldy materials not simply be cleaned, the guide says. They should be thrown out.

Mold can be particularly dangerous if it starts growing within walls or in the floorboards. Water pooling around the foundation can cause for concern, as is pooling around windows and doors. The American Lung Association says that people keep their gutters clean and repair basement cracks. EPA suggests that people also prevent their attics and basements from getting too damp.

Paints: Synthetic paints (i.e., "stink") for at least several years after they go on, as we all have heard from Kibbey and some other proponents of environmental design say some continue to emit potentially harmful some fumes (volatile organic compounds, or "VOCs") long after



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Sales

FROM PAGE C10

1915 Lassen St. - \$129,000
 1218 Mallard Dr. - \$415,000
 121 McLaughlin St. - \$180,000
 1211 Merced St. - \$232,000
 121 Ocean Ave. - \$375,000
 121 Overlook Ln. - \$167,000
 1210 Quarry Ct. #314 - \$260,000
 1200 Roosevelt Ave. - \$183,000
 121 Sandpoint Dr. - \$330,000
 1216 Tandem Ln. - \$360,000
 1219 Tulare Ave. - \$148,000
 1214 Visalia Ave. - \$105,000

LEANDRO

1210 138th Ave. #5 - \$121,500
 1211 140th Ave. - \$235,000
 1215 143rd Ave. - \$130,000
 1213 Abbey Ave. - \$240,000
 12100 Beatty St. - \$215,000
 12100 Begonia Dr. - \$191,000
 12100 Benedict Dr. - \$255,000
 12100 Blackpool Ln. - \$204,000
 12100 Crosby St. - \$228,000
 12100 Dutton Ave. - \$258,000
 12100 Heron Dr. #61 - \$285,000
 12100 Inlet Ct. - \$271,000
 12100 Mariner Wy. - \$341,500
 12100 Maud Ave. - \$192,000
 12100 Oceanside Wy. - \$346,000
 12100 Spruce St. - \$245,000
 12100 Suffolk Dr. - \$175,000
 12100 Sylvia Wy. - \$205,000

On the average

ALBANY
 TOTAL SALES: 22
 LOWEST SALES: \$105,000
 HIGHEST SALES: \$695,000
 AVERAGE SALES: \$268,590

ALBANY
 TOTAL SALES: 5
 LOWEST SALES: \$172,000
 HIGHEST SALES: \$425,000
 AVERAGE SALES: \$319,600

ALBANY
 TOTAL SALES: 18
 LOWEST SALES: \$140,000
 HIGHEST SALES: \$650,000
 AVERAGE SALES: \$313,916

ALBANY
 TOTAL SALES: 12
 LOWEST SALES: \$165,000
 HIGHEST SALES: \$591,000
 AVERAGE SALES: \$260,708

2063 Thomas Ave. - \$190,000
 15202 Tradewinds Rd. - \$359,500
 15206 Tradewinds Rd. - \$331,500
 1535 Valley St. - \$165,000
 2077 Washington Ave. #203 - \$123,000
 362 West Broadmoor Blvd. - \$167,500

SAN LORENZO

1535 153rd Ave. - \$170,500
 16288 Galway Ct. - \$200,000

EL SOBRANTE

TOTAL SALES: 8
 LOWEST SALES: \$118,000
 HIGHEST SALES: \$247,000
 AVERAGE SALES: \$162,812

EMERYVILLE

TOTAL SALES: 4
 LOWEST SALES: \$139,000
 HIGHEST SALES: \$195,000
 AVERAGE SALES: \$158,000

TOTAL SALES: 74
 LOWEST SALES: \$81,000
 HIGHEST SALES: \$735,000
 AVERAGE SALES: \$223,790

TOTAL SALES: 2
 LOWEST SALES: \$779,000
 HIGHEST SALES: \$818,000
 AVERAGE SALES: \$798,500

RICHMOND

TOTAL SALES: 31
 LOWEST SALES: \$90,000
 HIGHEST SALES: \$575,000
 AVERAGE SALES: \$194,274

SAN LEANDRO

TOTAL SALES: 24
 LOWEST SALES: \$121,500
 HIGHEST SALES: \$359,500
 AVERAGE SALES: \$228,104

MANTOLITA

TOTAL SALES: 7
 LOWEST SALES: \$159,000
 HIGHEST SALES: \$203,000
 AVERAGE SALES: \$180,642

85 Paseo Grande - \$203,000
 17315 Via Flores - \$185,000
 15824 Via Media - \$175,000
 16069 Via Pinal - \$172,000
 17633 Wickman Pl. - \$159,000

This list was compiled for publication in the Hills Newspapers by TitleTech of Oakland which obtains weekly records from the county recorder's office. Neither company guarantees accuracy or completeness of the information. Sales prices are estimated based upon applicable county transfer taxes. All questions regarding this information and any requests for additional listings and services provided by TitleTech should be directed to Bud Gorham at 510-568-7233.

Gardens

FROM PAGE C1

sia californica); the low growing, coastal purple sage (Salvia leucophylla 'Point Sal'); and the smaller buckbushes (Ceanothus)

Nottle knows

In his wonderful essay on this topic, Gardens of the Sun (Timber Press, 1996), Trevor Nottle, an Australian historian and writer, helps gardeners understand the Mediterranean climate, its challenges and opportunities. He is a pleasure to read, and leads us to a concept of a garden rooted in uniqueness.

Sean A. O'Hara is a free-lance landscape consultant and writer in the East Bay. He can be reached at sean.ohara@poboxes.com or 510-987-0577.

NEW MONTCLAIR LISTING
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Captivating San Francisco Bay, tree and canyon vistas from almost every room of this fine custom home.

- 3 bedrooms, 3 baths
- Updated kitchen with access to front patio and small garden
- Spacious formal living and dining rooms with open truss beam ceiling and hardwood floors
- Family room with fireplace and built-ins
- Wonderful, large atrium

Easy expansion potential - ideal 4th bedroom, office or media room.



Teri Carlisle

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 Res. (510) 652-0161

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Classic Sun-Drenched Mediterranean.....\$550,000
 This 3BR/2BA Classic is located in Berkeley's wonderful Claremont neighborhood. Incredible Golden Gate, S.F. and Bay Bridge views. Features includes gourmet kitchen, sunken living room with coffered ceiling, arched doors and windows, grand fireplace, formal dining room and many architectural details. Large deck and mature flowering garden.
Open Sun. 2-4. 73 El Camino Real, Berkeley
 Todd Hodson 527-9111, 559-2915

Wonderful Canyon View!.....\$415,000
 Located on a quiet street in Kensington, this three bedroom, two bath home features a large kitchen, fireplace and hardwood floors. Enjoy the wildlife from the large private deck which puts you into the Canyon and all its surrounding beauty.
Open Sun. 2-4. 83 Kensington Rd., Kensington
 Merrill Rhodes 527-9111, 559-2928

Pristine Co-Op, Ideal Location!.....\$240,000
 This quiet two bedroom with a tranquil courtyard view features large living and dining rooms and fireplace. Very convenient to shopping and transportation.
Open Sun 2-4. 1519 Oxford Street, Apt. H, Berkeley
 Merrill Rhodes 527-9111, 559-2928



Albany New Listing.....\$399,000
 Lovingly maintained by the same family for 32 years, this home offers something for everyone. Three bedrooms, two baths, country-sized cook's kitchen, formal dining room, 32x22 sq. ft. workshop/art studio, hot tub. Easy walk to gourmet shops and restaurants or neighborhood school and playground.
 Kathleen Berg, 510-527-2700 x34

7502 FAIRMOUNT AVE, EL CERRITO • 527-9111
 1577 SOLANO AVE, BERKELEY • 527-2700

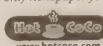
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Capital gains tax and your home: A quick primer

Effective August 1997, Uncle Sam made significant changes in the capital gains tax structure — homeowners, take note.

If you sold your owner-occupied house and bought another owner-occupied property of equal or greater value before August 1997, profits were allowed to be rolled over into the new residence, if bought within two years.

The effect was a tax deferral on



Shaun Aghili

A new tax structure means new restrictions on what you can do with capital gains.

payment of capital gains taxes. Profits can no longer be rolled over to future sales and are taxable with the sale of the current residence.

The great news

The one-time \$125,000 capital gains tax exemption for those older than 55 has been increased to \$250,000 for single and \$500,000 for married tax payers regardless of age!

Furthermore, this exemption can

be taken as many times as needed as long as the taxpayer has lived in the same residence for at least two of the past five years.

To top this off, the effective capital gains tax has been lowered to 20 percent from 28 percent. This rate will further drop to 18 percent in 2001 for those who have lived in the same residence for at least five years.

See TAXES, Page C13

Aghili on the markets

Following a recent move by the Fed to increase Fed cost of funds by 250 basis points, the prime rate was pushed to 8 percent while the bond market found a bit more stability.

There hasn't been much to move the bond and mortgage markets since then. Rates continue to be volatile with slight improvement.

The current rate hike has re-sparked interest in "Hybrid Adjustable Rate Mortgages." These ARMs offer a lower rate than 30-year fixed programs that remain

fixed for a period of

seven or even 10 years

Expect continued

rates for the next

Current rate

■ Prime rate = 8.00%

■ FNMA 30 year = 7.50%

■ 11th District = 4.480%

■ Fed cost of funds = 4.480%

■ 1 year T. Bill = 4.480%

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- 10055 BROADWAY TER.** Montclair. 5bd/4ba w/glorious SF & 3-bridge view. New custom med. Prudential CA, Mary Ruth Armstrong 654-9507
- 6510 PINEAPPLE DR.** Montclair. 4+1/35 new contemp. Bay & SF views. Family rm. Patio. Garden. Pacific Union, Ann Nichols 339-6460
- 1680 GRANDVIEW DR.** Claremont Hills. Fab new bay view contemp. 5bd/4ba. Bonus room. Pacific Union, Nancy Moore 339-6460
- 484 GRAVATT DR.** Claremont Hts. Classy New Bay View Home. 4bd. Office, fab kit/FR. Art Lover's dream. Wells & Bennett 531-7000
- 6620 ESTATES DR.** Montclair. 3+1/3+. New construction & priced Gourmet kitchen. Separate guest suite. Beautiful views. Spacious living. Prudential CA Realty, Kurt Meyer 268-8123
- 13193 CAMPUS DR.** Spacious & dramatic. Newly bit, 4800 sq. ft. 6bd/4ba. Circular drive. 2 mstr suites. GRUBB Co, Sherry Benninger 339-0400
- 718 MARLBOROUGH TER.** Claremont Hills. 5bd/3+ba. View. New Construction. Top Quality Detail Re/Max East Bay, Patrick K. 339-4100 OPEN 2-5
- 50 SCHOONER HILL.** Hiller. 3bd/3+ba. Elegant, designer luxury on 3 levels. Vaulted ceiling. SF VIEWS! Prudential CA, R. Ousterman 530-4372 2-5
- 2245 TUNNEL RD.** Oakland Hills. 4bd/3.5ba. Take a tour on www.realtovision.com Prudential CA, Candice Economides 945-0200
- 1830 GRANDVIEW, Claremont Hills.** Unique Craftsman style 3+1/2+ w/ quality Bay view. Decks. Pacific Union, Bonnie Hirsch 339-6460
- 757 LONGRIDGE RD.** Grand & Elegant. 4/3 Crocker tradl. Library. Sunroom, fab kit & FR. Beautiful garden. GRUBB Co, James Garcia 339-0400
- 5909 OCEAN VIEW DR.** Upper Rockledge. c.1912. 4bd/5ba. Three level Arts & Crafts. First Open. LaSalle Properties, Jeff Hilbert 339-8900
- 1021 AQUARIUS WAY.** Montclair. 4t/2bd/2.5ba. Family & rumpus rms. Mstr w/ frpl 2 decks. Grt aptair set-up. Prudential CA, Nancy Dean 537-7922 OPEN 2-4
- 5964 BUENA VISTA AVE.** Rockledge. NEW LISTING. Bay View Med. 4/3. 2 frpls, 2 yrs young. Many exciting features! Montclair Better Homes 531-1670
- 6350 CONTRA COSTA RD.** Upper Rockledge. 4/4 contemp hillside hm on cul-de-sac. 1.5 yrs old. NEW LISTING! Prudential CA, Mary Armstrong 339-9290
- 6810 SHERWOOD.** Claremont Hills. Incredible value! 4bd/2+ba. New. Craftsman style. Kit/FR, fenced yd. Pacific Union, Patricia Scott 339-6460
- 2731 CHELSEA DR.** Piedmont Pines. Special setting. 4/2.5 w/fam rm, on 1/2 acre. In/out living. Pool. Coldwell Banker, Donna Conroy 339-1174
- 6959 NORKOLM RD.** Claremont Hts. South Bay View. 4bd/3.5ba w/ jupair/hm office. Deck. Yd. Wells & Bennett, Wendy Callaghan 531-7000 X237
- 6040 LAWTON, Rockledge.** Wonderful 3+1/2 tradl. Richly detailed. Fab mstr suite. Sunny garden. A rare treasure! Montclair Better Homes 287-9583
- 759 MANDANA BLVD.** Crocker Highlands. 5bd/3.5ba. Wonderfully refurbished traditional. LaSalle Properties, Deb Riney 339-8900
- 120 CALVERT CT.** 3+bd/2ba w/grand LR, formal DR, wine cellar. Great in & out living. PRICE SLASHED. GRUBB Co, Susanne Paul 339-0400
- 6860 SARONI DR.** Montclair. 4bd/3ba Paul Vincent contemporary. Fab mstr suite. Skylight. NEW LISTING! Prudential CA, Dollie Benson 869-4255
- 834 CARLSTON AVE.** Crocker Highlands. 3bd/2.25 bath. Tudor style. Large level yard. Big Rooms. Investco, Lynne Tilsen 834-9033 OPEN 2-4
- 1926 ROSECREST DR.** Upper Oakmont. JUST LISTED. Fab 3bd/3b w/ view. New kitchen. Charm. Montclair Better Homes 482-9000
- 678 ARIMO AVE.** Crocker Highlands. Statly 3+1/2 tradl w/built-ins, remod kit, FDR. Great location! Pacific Union, Kathy Flynn 339-6460
- 19 VILLANOVA LANE.** Montclair Hills. 4bd/3ba. Gorgeous Pano View Home! LaSalle Properties, Doris Taboloff 339-8900
- 29 WINDWARD HILL.** Hiller. Fab 3+1/2 townhouse w/SF view. Loft, gourmet kit, unique mstr, upgrades. Prudential CA, Rita Harrington 428-0900
- 64 SONIA ST.** Choice street. 3bd/3ba w/views of the bay & Mt. Tam. Lovely garden & play area. GRUBB Company, Ilean Simmons 339-0400
- 2541 STOCKBRIDGE.** Montclair. 3bd/3ba. NEW LISTING! SF bay & canyon vistas. Updtd kit w/patio/garden access. Pacific Union, Teri Carlisle 339-6460
- 5639 AMY DR.** Upper Rockledge. 3+bd/2ba gorgeous trail w/lg yd. Prudential CA Realty, Cherie Hunt 337-8670
- 3696 DORISA AVE.** 5+bd/2ba. Excellent Estate on 1/4 + acre. Many special details. Beautiful for entertaining inside & out! EZ commute. Jackson & Karr 524-6711 OPEN 2-5
- 29 STARVIEW AVE.** 3bd/2.5ba contemp twinhm w/sweeping bay vws. Soaring ceilings. Skylites. Patio. Decks. GRUBB Co, Sherry Benninger 339-0400
- 5408 THOMAS AVE.** Rockledge beauty. 3bd/1ba w/hdwd floors, FDR w/bt-in, formal LR w/frpl. GRUBB Company, Mindy Scott 339-0400
- 910 CREED RD.** Trestle Glen. 3bd/2.5ba on cul-de-sac. 11 yrs old. Prudential CA, Herb Manor 339-9290
- 1086 MANDANA BL.** Wonderful statly tradl. Upper Crocker Highlands. 3+bd/2ba. Rec rm. Level yd. Craftsman-style. GRUBB Co, Ed Koo 339-0400
- 6911 PINEHAWK.** Montclair. Another Reduction. Vacant 3bd, 2.5 bath. Seller Motivated. LaSalle Properties, Ed Lindorfer 339-8900 OPEN 2-5
- 5569 TAFT.** Rockledge. Sweet Spacious Craftsman w/sunny garden. 2+bd/1ba. Walk to BART/shops. Montclair Better Homes 287-9583
- 579 MIRA VISTA.** Updated Prairie Style 3+1/2 on double lot. Fountain, lilypond, marble entry, view. Prudential CA, Marina Roelink 526-5143 OPEN 2-4
- 6474 OAKWOOD DR.** Montclair. 3+bd/2+ba w/lush canyon vistas. Mstr suite. Kit/FR combo. Nr Village. Pacific Union, Jeffrey Himmel 339-6460
- 1857 TRESTLE GLEN.** Crocker Highlands. 3bd/2ba w/formal LR & DR, lg plus rm, updtd kit/ba, hdwds. Coldwell Banker, Dell Orr 339-1174
- 1008 TRESTLE GLEN.** Trestle Glen/Lakeshore. Gorgeous 5bd/2ba Classic Tudor 2 frpls, decks, grt rm. Prudential, Lillie Braudy 644-5262 OPEN 2-4
- 4973 STONERIDGE CT.** Ridgmont. Beautiful contemp w/ sweeping canyon vws. FDR, EIK, elegant mstr, Spa, pool. GRUBB Co, Melitta Beeson 339-0400
- 7761 CLAREMONT AVE.** Claremont. 3bd/2.5ba cute house in private setting. Designer touches! Prudential CA, Candice Economides 945-0200
- 5933 CRESTMONT.** 3 bdrms/2 bath with Great Bay Views. \$375,000 Prudential CA Realty, Ben-David 869-4205
- 1098 BROOKWOOD RD.** 1 of a kind. NEW LISTING. 3bd/2ba, bonus rm, lg lot, private & inviting. GRUBB Company, Kurt Buchholz 339-0400
- 1963 ARROWHEAD DR.** Montclair. FIRST TIME ON MKT. 1 owner. 3/2.5 w/FR, workshop/artist studio. Wells & Bennett, Jaya Bhinani 482-0860
- 174 WOODHAVEN WAY.** Montclair. 2+1. NEW LISTING. Charming 20's home on level lot. Private backyard. Pacific Union, Nancy Chew 339-6460
- 5870 MORAGA AVE.** 2bd/1.5ba Traditional w/lg yard. Walking close to Montclair Village. EZ commute. Prudential CA, Diane MacDonald 925-253-5479
- 132 RISHILL DR.** Crestmont Heights off Skyline. 3bd/2.5ba. Hdwd floors, new bath, new paint. Ringo Liu 814-8484

- 6452 SHELTERWOOD.** 4/2 stylish contemp w/peace & serenity. EZ access to Montclair Village & parks. GRUBB Co, Sheila Gallagher 339-0400
- 5147 CROCKETT PL.** Joaquin Miller. 3bd/2ba ranch. JUST LISTED! Prudential CA Realty, Gene Boomer 869-4202
- 4031 WATERHOUSE DR.** Oakmont. Charming English Cottage. 2bd/1ba. Deck off mstr bdr. Laundry rm. Garage. Montclair Better Homes 287-9571
- 6629 ARMOUR.** Montclair. Bright 3/2+ contemp on quiet st. FDR, rec. rm w/deck. Master suite. Pacific Union, Wendy Gardner 339-6460
- 4347 TERRABELLA PL.** Sophisticated 3bd/2.5ba twinhm style living w/ bay vws, 3 decks. European Village setting. GRUBB Co, John Kamay 339-0400
- 6951 BROADWAY TER.** Montclair. 2+1/2+. Vaulted ceiling. Fresh paint & gleaming hdwd floors. Beautiful home. Prudential CA, Bill Boze 869-4216
- 373 4 TH ST.** Jack London Sq. 1440 sq ft loft in prestigious 10 unit Pocket Building. 1 yr old bldg. Montclair Better Homes 287-9586
- 6092 HILLEGASS.** Rockledge bungalow. 2+bd/1ba. French drs from kitchen to deck/patio. Near shops/BART. Coldwell Banker, Ruby/Karen 339-1174
- 5646 THORNHILL DR.** Montclair. 3bd/2ba. Nr Village. Spacious LR \$299,000 w/frpl & hdwds. DR to prt patio. Pacific Union, Teri Carlisle 339-6460
- 101 ECHO.** Piedmont Ave. 2+bd/1+ba. NEW LISTING. Great for home office & art studio. Level rear yd. Pacific Union, Carolyn Jones 339-6460
- 4334 EDGEWOOD AVE.** Charming Glenview bungalow. 2bd/2ba w/ hdwd floors, formal LR & DR. Yd & patio. GRUBB Co, Mindy Scott 339-0400
- 2425-2427 ALIDA.** Lincoln Heights. Duplex in quiet area. 2-bd home & 1/1 cottage. Private setting. Montclair Better Homes 530-6099 OPEN 2-5
- 3393 VICTOR.** Redwood Hts. 2bd/2ba incl mstr suite. Updtd kit/ba. 2-car garage. Level yd. Coldwell Banker, Lani D 339-1174
- 4631 EL CENTRO.** Glenview. FIRST OPEN! 2bd/1ba Craftsman in the Rough. Great expansion possibilities. Montclair Better Homes 287-9580
- 2521 CARMEL ST.** Lincoln Hts. JUST LISTED! Elegant & sparkling 211. - 249,500 Gorgeous kitchen. Lush gardens. Prudential CA, Adrienne Nash 763-4060 OPEN 2-5
- 3932 WOODRUFF.** Glenview. 2/1 terrific tradl. Craftsman. Details. Glowing fr floors, lg country kitchen. Backyd garden & patio & more! NEW LISTING! Red Oak Realty 527-3387 X109 OPEN 2-4
- 3299 ARIZONA.** Upper Laurel. 2bdrms. 1 bath. Gorgeous Updated California Bungalow. LaSalle Properties, Mel Copland 339-8900
- 4030 RHODA AVE.** Lincoln Hts. FIRST TIME ON MARKET! 2bd/2ba. Hdwd, frpl, enclosed porch. Yd, attd gar. Coldwell Banker, Rachel Bailor 339-1174
- 3650 MAPLE AVE.** Laurel district. 3bd/2ba. NEW LISTING. Sunny spacious bungalow w/art deco feel. Partial bay vw. Plus rooms. Lg area for garden. Pacific Union, Lee Jacobson 339-6460
- 5832 MACCALL ST.** Duplex. 3/1 each unit. Diamond in the rough. Income potential. Nds TLC to shine. Prudential CA, Andrew Suesman 287-5857
- 2612 MAXWELL AVE.** Maxwell Park. 3bd/2ba. A Definite 101 City View. FDR, refin hdwds, oversized family room. Prudential CA, Gaudi Porter 869-2766
- 923 60TH ST.** Oak/Berk/Emeryville border. Gorgeous Queen Anne. 4bd/1+ba. Hdwd floors. Lots of new upgrades: fresh paint in & out, plumbing, electric. Large yard w/pool. Prudential CA 845-0211, Cindy Boze 988-9442
- 3227 BLANDON.** 3bd/2ba cosmetic fixer. Spacious, charming rancher. Frpl, FDR, 2-car garage. Prudential CA, Barbara Hopper 845-0211 OPEN 2-5
- 7925 WINTHROPE ST.** Charm galore. NEW LISTING! 3bd/2ba tradl. Handwood floors. Mediterranean style backy. GRUBB Co, Carin Caroe 339-0400
- 3326 FLORIDA ST.** Laurel district. 2bd/1ba bungalow w/fresh paint, new roof, seismic upgrades. Lg kitchen. Prudential CA, Brian Santilena 869-4231
- 670 VERNON #302.** Rose Garden. Sunny sophisticated 2/1 condo in luxurious bldg. FDR, private terrace. Pacific Union, Jeffrey Himmel 339-6460
- 863 4167 ST.** Tri-plex. Best buy in areal! Upstairs 2/1 unit. Lower units 1/1 ea. Grt investment for owner/occupant. Prudential, Teri Ingram 835-6193
- 3136 MAXWELL AVE.** Maxwell Park. NEW LISTING! Great 2+bd/1ba. Finished bsmnt. LR w/frpl. Terraced yd. Montclair Better Homes 339-8400
- 4265 BUTER.** 3bd/2ba totally remodeled with bonus studio. Diamond Realty 530-4991 OPEN SATURDAY & SUNDAY 1-4:30
- 388 SANTA CLARA #102.** Grand Lake. NEW LISTING. Updtd condo in newer bldg. 1/1. Bonus space. Walk shops. Pacific Union, Tom Anthony 339-6460
- 8035 ILEWOOD ST.** 3bd/1ba w/FDR, hdwd floors, frpl, new paint inside, garage. Prudential CA 834-2010, Muriel Watkins-Dixon 452-6191
- 8925 GENECA.** Cute 1bdrm cottage on large wooded lot. Cul-de-sac. Bay Views. Red Oak Realty 527-3387 OPEN 1-4
- 811 YORK #133.** Adams Point. Lovely 1bd/1ba condo w/garden patio. \$98,000! Pool, security. Prudential CA, Cherie Hunt 337-8670

- 597 SAN LUIS.** VIEWS! 5bd w/apair quarters, updtd kit & family rm open to landscaped fenced yd. 2-car garage. Move in condition. Temptation Company, Bebe McRae 652-2133 X145 OPEN 2-5
- 1542-1544 LA LOMA.** The Tolman Cottages. Quintessential Berkeley Charm. 2 homes. Level in 2/1 & 2+1/2. Bay views, decks, private gardens. Temptation Company, Leslie Avant 652-2133 X122 OPEN 2-4
- 550 GRIZZLY PEAK.** 3+bd/2+ba. Great Hills location. GG View. art garden. Plus rm. Space & Light! Red Oak Re. Bob 527-3387 X132 OPEN 2-4
- 1077 PARK HILLS RD.** Dramatic light-filled contemporary. 3bd/2.5ba Oak floors. Huge windows. Temptation Co, Mary Montali 652-2133 X132
- 1909 FRANCISCO.** Grand & elegant home. 4+bd/2ba. Beautiful wood detailing. Coldwell Banker, The Longs 486-1495 OPEN 2-4
- 1355 ALVARADO.** Claremont. Peaceful views from this 3bd/2.5ba pristine contemporary. Light & spacious. Montclair Better Homes 287-9580
- 2805 FULTON ST.** Trail 4bd/2ba with FDR, hdwd floors, large deck. Separate studio cottage. Near UCB. GRUBB Co, Donald Gubbir 339-0400
- 2709 DANA ST.** Duplex. NEW LISTING! Queen Anne Victorian in fab Elmwood. Two 1/1 units, deck, yd. Pacific Union, Michelle Vasey 339-6460
- 1304 ORDAWAY.** Bright & clean 3bd/1ba charmer. Separate office. Fr yd. Walk Monterey Mkt. Thornwall, Colleen Larkin 848-1950 X240 OPEN 2-4
- 1420 PERALTA.** 2/1 delightful bungalow. Tastefully remodeled car & 82000
- 2805 FULTON ST.** Trail 4bd/2ba with FDR, hdwd floors, large deck. Separate studio cottage. Near UCB. GRUBB Co, Donald Gubbir 339-0400
- 2434 MILVIA.** Rare opportunity. 3+bd/2ba currently used as 4 offices plus unit. Coldwell Banker, The Longs 486-1495 OPEN 2-4
- 757 PERALTA AVE.** North Berkeley. 2bd/1ba. Probate. NEW LISTING! Great area/Good value. Prudential CA Realty, David Otero 869-4239
- 1519 OXFORD ST #H.** Pristine Co-op. Quiet 2bd w/transit court yd view. Lg LR/ DR. Nr shops/transp. Marvin Gardens, M. Rhodes 569-2820
- 537 53rd ST.** North Berkeley. 3bd/2ba. Immaculate Bungalow. Don't Miss! Prudential CA Realty, CB Rose 339-9290
- 1328 RUSSELL.** Perfect 2bd/1ba on cul-de-sac. Prudential CA, Mary Lou Loomis 527-9800 OPEN 2-4
- 6111 COLUMBIA.** Richmond. There's hope beyond Berkeley. Discover Richmond Annex 2bdrm/1bath w/lvely garden. Milstein & Associates, Lisa Gera 339-6460
- BLACKHAWK OPEN SUNDAY 1-4**
- 1223 WHISPERING OAKS DR.** Former "Danville" Model. 4bdrms. Formal DR. Master suite on first level. Bonus rm on second Danville Better Homes 925-837-2200
- EL CERRITO OPEN SUNDAY**
- 2102 PINEHURST CT.** 4-5bd/2.5ba. 2 frpls, 2 decks. On golf course. Has workshop room. Cameron A. Mitchell 510-232-3780 OPEN 2-5
- 1007 CONTRA COSTA DR.** Two Houses on 6/10 acre. 3bd/2ba & 1bd/1ba. GG VIEW! Marvin Gardens 527-9111, Mary Gray 569-2939 OPEN 2-4
- 1246 RICHMOND ST.** 2/1 updated charmer plus cottage. New paint in & out. New carpet. NEW LISTING, Prudential, Jim Resor 658-3476 OPEN 2-4
- 560 CULSUA.** 3+1/2 w/bay view. 2-car garage. Prudential CA, Jaime 527-9800 OPEN 2-4
- HERCULES OPEN SUNDAY 2-4**
- 118 SKELLY.** 3bd/2ba, den, frpl in LR. Great location! Prudential CA, Waucama 527-9800
- KENSINGTON OPEN SUNDAY**
- 46 ARDMORE.** 3+1/2 striking contemporary! Exercise pool. In-law studio, fruit trees, more! Prudential CA, Marina Roelink 526-5143 OPEN 2-4
- 83 KENSINGTON RD.** Wonderful Canyon View 3/2 on quiet street. Large kitchen, fireplace, hardwood floors. Lg private deck to view wildlife & Marvin Gardens 527-9111, Marilyn Rhodes 569-2928 OPEN 2-4
- 81 ARLINGTON.** 3bd/1ba w/updtd kitchen, private, hardwood floors. Tree-lined front yard. Security Pacific, Kevin Tannahill 222-8870 X27 OPEN 2-4
- ORINDA OPEN SUNDAY 1-4**
- 244 GIORIETTA BLVD.** 7bd. 8 + 3 half baths. 12,000 sq ft on 4.3 ac. 2 pools. Tennis court. 5 stall horse barn with corral. Movie theater. Jogging house. Guest house. Ballroom. ONE-OF-A-KIND! ADULTS ONLY AT OPEN
- PIEDMONT OPEN SUNDAY 2-4:30**
- 70 SOMERSET RD.** 5bd/4.5ba. NEW LISTING! Huge contemporary retreat for comfort & privacy. Bay View. Pool. Approx 5000 sq ft. Prudential CA Realty 428-0900, Rosalie Marshall 655-6166
- 469 MOUNTAIN AVE.** 3bd/3+ba. NEW LISTING. SF Bay views. Apts. Beautiful patio. Updtd kit. Den. Pacific Union, Sally Morrison 339-6460
- 229 WILDWOOD AVE.** 4bd/3.5ba. Large & Light. Great family room kitchen opens to deck & garden. Prudential CA, Caroline Peters 547-1172
- 190 MAXWELTON.** 4bd/3b. Sweeping SF & Bay vws. Park-like setting. FR, den, deck, yard. Pacific Union, Wendy Gardner 339-6460
- 233 CARMEL AVE.** 4bd/2ba charming English hm centrally located. gated. Hdws, formal LR & DR. Patio. Views. GRUBB Co, Angela Gero 92 CAMBRIDGE WAY. 4bd/1+ba Craftsman. NEW LISTING! Separate guest cottage. Tree setting. Pacific Union, Robyn Mohr 339-6460
- 1119 WAREFIELD.** Traditional dream house. NEW LISTING! 4bd/3ba w/ kit & baths. Grt house! buy! Nr schools/parks. GRUBB Co, Sandra 921 KINGSTON AVE. 3bd/1ba Craftsman. Woodwork, bit-ins, leaded glass, hdwd frs, stone frpl. Grt backyd. Prudential CA, Michele A. 339-6460
- PINOLE OPEN SUN**
- 2679 DOIDGE.** 4 bdrms. 2 baths. 2 frpls, vaulted ceilings. Private yard. Country setting. Prudential CA, Darrin Tinsley 834-2010 OPEN 2-4
- 812 ADAMS CT.** 3bd/2.5ba. 4 yrs old. Prudential CA, Carol H. Kim 527-9800 OPEN 2-4
- RICHMOND OPEN SUNDAY 2-4**
- 540 25TH.** 3bd/2ba totally remodeled. Mstr suite, frpl, FDR, wlv ovr. Hdwd floors. Detd garage. Prudential CA, C. H. Sutton 527-9800
- 61 SCENIC.** Point Richmond. 2bd/2ba tri-level architect designed twinh. Grt neighborhood. Move in condition! Prudential CA, Christine 6111 COLUMBIA. Richmond Annex. 2bd/1ba. Cheerful home w/lvely garden. Oak floor, fresh interior paint, dining room w/built-ins. Milstein & Associates 527-0211 OPEN 2-4:30
- 1367 SANTA CLARA.** Richmond Annex. 3bd/1+5ba. New carpet/patio. 1400 sq ft. Vacant. Ready! Prudential CA, Sharon Brown 527-9800
- 901 31st.** Large 1 level 3bd/2ba on corner lot. New carpet & paint. Possible family rm. Prudential CA, June 527-9800
- SAN LEANDRO OPEN SUNDAY 1-4**
- 1697 BOXWOOD AVE.** Washington Manor. 4/2 tastefully remodeled. Open floor plan. Pvt yd w/deck. First open. Prudential CA, Candy Berry 527-9800

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Taxes

FROM PAGE C12

For example

A single taxpayer makes a \$260,000 profit on the sale of her residence. She has a \$250,000 tax exemption, leaving \$10,000 in taxable capital gains. Multiply that by 20 a percent tax rate, and she's left with \$2,000 in payable taxable gains.

What does this mean for you?

Buyers

The new exemption and lower capital gains tax bracket makes buying a home an even more attractive investment than before. What other investment offers you a \$250,000 to \$500,000 capital gains exemption, a yearly tax deduction for mortgage interest and tax (real estate) payments, and provides a roof over your head along with strong appreciation potential?

Sellers

As the two-year rollover period has been abolished, sellers are not only free to spend profits up to the exemption amounts for other purposes (paying off consumer debts,

sending the kids to college, etc.) but they also now have the freedom to downsize to a smaller house without suffering a big capital gains hit.

Unfortunately, sellers with very large appreciation on their properties (well over the new exemption amounts), or those who have accumulated substantial rollover profits by buying and selling a number of residences over the years, are at a distinct disadvantage, as the rollover option no longer is available.

Shaun Aghili is a Certified Financial Planner licensee, a mortgage consultant and the author of *The No-Nonsense Credit Manual* (\$19.95 I.L.S. Publishing). Information presented in this article is for informational purposes only. Consult your own tax professional for all tax-related matters prior to making a substantial financial decision.

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and

See him this fall in Red Oak Realty's new Elmhurst / Rockridge Office on College Avenue.

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NEW LISTING/TOTAL RENOVATION.....\$219,000
2+ BR 2 BA home in lovely area of El Cerrito. NEW: Carpet, linoleum, roof, clear pest report, deck, & paint. Off-street parking for 2 cars. large lot, kitchen and baths have been renovated. #99021006. Geri Stern (510) 234-7808.

LARGE HOME IN MIRA VISTA/Price Reduction....\$259,950
Adorable 4 BR/2BA. Huge Country kitchen, dining area, family room, large 1 car garage w/ extra parking on the side, lovely landscaped yard, hwd under carpet, super neighborhood. #99017142 Len Navarro (510) 222-9772 ext 124

LARGE HOME W/GOLDEN GATE VIEW ABOVE FATAPPLES.....\$415,000
Classic home; 4 BR 3 BA Approx. 3119 Sq. Ft., 2 car att. garage, built in 1960, Master suite, 2 fireplaces, basement, huge rumpus room, Central heat. #99016370. Paul Triplett (510) 222-8870, ext. 233

PANORAMIC VIEW LOTS.....\$149,000 - \$219,000
Unobstructed view of 2 bridges & San Francisco in prestigious E.C. Neighborhood. All utilities are ready. Sarah Lo (510) 235-3983

LARGE HOME W/GOLDEN GATE VIEW ABOVE FATAPPLES.....\$415,000
Classic home; 4 BR/3BA Approx. 3110 Sq. Ft., 2 car garage, built in 1960, Master suite, 2 fireplaces, basement, huge rumpus room, central heat. #99016370 Paul Triplett (510) 222-8870 ext. 233

RICHMOND VIEW

GREAT STARTER HOME IN THE VIEW.....\$209,950
1521 Poplar, Sunny 2 BR, 1 BA w/huge kitchen, an abundance of oak cabinets, dishwasher, gas range, jennaire w/bbq & Grill. Carylton Dopp (510) 222-8870, Ext. 159.

KENSINGTON

CENTRAL KENSINGTON.....\$325,000
Lovely 3 BR 1 BA home set back off street for privacy. 81 Arlington (Open Sun 2-5). Updated Kitchen, hardwood flrs, and tree lined front yd w/deck. #99021288. Kevin Tannahill (510) 222-9970, ext. 217.

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Chores

FROM PAGE C9

than there would be in a similar property that is fixed up. If your home needs a lot of work, it could take a long time to sell and it might sell for considerably less than it would if it were fixed up.

Usually the longer a listing sits on the market unsold, the lower the ultimate selling price will be. Selling a home that needs a lot of work could delay the closing if the buyer's lender requires that the work be completed as a condition of granting the mortgage.

One Oakland home owner sold a

"Most sellers can't afford to fix everything that's wrong with their home before listing it for sale. It's important to prioritize...."

home that needed about \$25,000 of termite and dry rot repair. The buyer and seller both wanted a quick close. But the buyer's lender said the work had to be completed by close. The job was so extensive, and combined with rain delays, it took about two months to complete — it all added up to a delayed closing.

Most sellers can't afford to fix everything that's wrong with their home before listing it for sale. It's important to prioritize to make sure that your money is spent on repairs

that will have the most positive impact on prospective buyers.

Call a knowledgeable real estate agent in your area for a consultation. Complete a walk-through of your home with the agent, with pen and pad in hand. List all the improvements the agent suggests you complete before selling. Then ask him or her to order the list in terms of most and least important. Then ask how much difference it will make in terms of selling price if you complete none, some or all of the recommended repairs.

Ultimately, the amount of time and money you have usually determines how much work gets done before the property can get to market.

Dian Hymer is a top-producing broker associate with Coldwell Banker in the Montclair/Piedmont office and author of "Buying and Selling a Home in California," and "Starting Out, The Complete Home Buyer's Guide," both from Chronicle Books. Order copies from Chronicle books: 800-722-6657.



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- * Gleaming hardwood floors.
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- * Fireplace in living room.
- * Separate laundry room.
- * Wonderful convenient neighborhood.



\$249,500

Adrienne Nash, CRS, GRI
763-4060-home, 845-0211-office
Web site: adriannenash.com



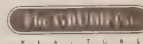
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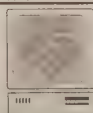


Information deemed reliable but not guaranteed

BAY AREA HOME mortgage RATES

FINANCIAL INSTITUTION	30-YEAR FIXED RATE+POINTS(APR)	15-YEAR FIXED RATE+POINTS(APR)	30-YEAR JUMBO RATE+POINTS(APR)	15-YEAR JUMBO RATE+POINTS(APR)	ADDITIONAL PROGRAMS
A Better Mortgage 800-361-7260	7.375+0(7.55)	7+0(7.18)	7.75+0(7.83)	7.375+0(7.55)	100% financing-new purchase-48 hour approval. Make your best offer with loan approval. Open Saturday and Sunday 10am-5pm.
A Simple Mortgage 925-930-0149	7.375+1(7.6) 7.625+0(7.775)	7.25+1(7.5) 7.5+0(7.65)	7.625+1(7.85) 7.875+0(7.93)	7.375+1(7.73) 7.625+0(7.73)	Easy—simple. Never fill out a form. Courteous, professional. (Company owner 10 years). Will come to your home or business. No application fee.
Aspex Mortgage 800-344-2739	7.375+0+0 7.125+1+0 6.875+2+0	7+0+0 6.75+1+0 6.5+2+0	7.75+0+0 7.375+1+0 7.125+2+0	7.375+0+0 7+1+0 6.75+2+0	VA loan specialist. Jumbo loans. Commercial loans. Call for details.
Aston Financial Group 925-934-5323	7.75+0(7.91) 7.5+1(7.75) 7.25+2(7.59)	7.5+0(7.88) 7.25+1(7.49) 7+2(7.28)	7.75+0(7.9) 7.5+1(7.75) 7.25+2(7.59)	7.5+0(7.88) 7.25+1(7.48) 7+2(7.29)	Jumbo 30/3 6.25+0. Call about our no appraisal refinances!
California Home Loans 800-952-5888 CA DRE Lic#01096460	7.1+5(7.24) 7.125+1(7.34) 7.375+0(7.49)	6.5+2(7.01) 6.875+1(7.23) 7.125+0(7.32)	7.375+2(7.64) 7.625+1(7.79) 7.875+0(7.93)	7+2(7.42) 7.25+1(7.51) 7.625+0(7.72)	Powered by Loan City with over 12,000 loan options available. Slow credit OK with purchase/refinance. Apply by phone. 100% purchase. 10% down no income verify. Same day approvals.
Chase Manhattan Mortgage-Walnut Creek 1-888-276-8145	7.25+1.5 7.375+1	6.875+1.5 7+1	7.75+1 7.875+25	7.25+75 7.375+25	10/1 ARM: first 10 years fixed at 7+0+1 to \$1.1M. Equity lines at prime, no cost! Call for no down payment loans and first time home buyer.
CMG Mortgage, Inc. 800-788-6522	6.875+1.5+1 7+1+1 7.125+1.5+1	6.5+1.5+1 6.625+1+1 6.875+0+1	7.125+1.5+1 7.5+1+1 7.625+0+1	6.75+1.5+1 7+1+1 7.25+0+1	Open Saturday and Sunday. Low-doc and quick quality programs. Email: steve@steveccarin.com
Discovery Mortgage Co. 800-303-6800	6.875+2.125 7.125+1 7.375+0	6.625+1.625 6.875+75 7.125+0	7.25+2 7.5+1 7.75+0	6.875+2 7.125+1 7.5+0	VA—FHA—CHFA—PERS—CAL VET After 5pm and on weekends call 510-539-7245. Se habla Español, call 925-688-5128.
First Blackhawk Financial 800-796-9279	7.5+0 7.375+1.625 7.25+1.25	7.25+10 7.125+375 7+875	7.875+0 7.125+625 7.625+1	7.625+0 7.5+1 7.375+1	Super-jumbo specialist. Call Mary 7 days per week. milgiteil@1stblackhawk.com
J&J Mortgage Corporation 925-254-1271	7.375+1	7+1	7.75+1	7.25+1	FHA/VA specialists. Se habla Español. Bankers since 1949. FHA 30 yr ARM 6+1+4.5. Lock 60 days-caps 1/5.
Portfolio Lending Group 800-866-1882	7.125+1 7.375+0	6.875+1 7.125+0	7.5+1 7.75+0	7.25+1 7.625+0	Conforming 5yr fixed 6.5+1. Jumbo 5yr fixed 6.75+1. Learn five ways to own your own home with no money down! Call Dave Tang (ext. 1) or email: hal2call@aol.com
Rounder Financial 800-867-9783	7+1(7.1)	6.75+1(6.91)	7.375+1(7.4)	7.125+1(7.17)	Open 7 days a week. Se habla Español. Equity 2nos to 125%. Debt consolidation.
Union Trust Mortgage Services, Inc. 800-770-UTMS	7.375+0+1 7.75+0+1	7.25+0+1 7.5+0+1	7.625+0+1 7.875+0+0	7.625+0+1 7.375+0+1	Check our website: www.utms.com Bay Area lender! Call us first!
U.S. Mortgage Center 1-888-387-8762	7.125+0(7.23)	6.875+0(7.04)	7.625+0(7.65)	7.375+0(7.42)	Open Saturday and Sunday. FHA/VA, conventional. Debt consolidation. First-time buyers special.

Information is current as of July 13, 1999. For information on specific mortgage programs, call the lender. Rates, points and programs are subject to change and cannot be guaranteed. Points include discount and origination fees. Most quotes are for 30-day lock-ins, unless otherwise stated. Rates quoted are based on loan amounts of \$125,000. Maximum conventional loan amount \$240,000; jumbo loans are in excess of \$240,000. Annual Percentage Rate (APR)—an interest rate reflecting the cost of a mortgage as a yearly rate. This rate is likely to be higher than the stated note rate or advertised rate on the mortgage, because it takes into account points and other credit costs. The APR allows homebuyers to compare different types of mortgages based on the annual cost for each loan. ARM—adjustable rate mortgage. LTV—loan to value. MI—mortgage insurance. NA—not available. Lenders, to be listed in this paid column, call 1-800-CNS-6525. To calculate your exact mortgage payments using our electronic payment calculator and for extensive mortgage, real estate, and consumer financial information, including tips and definitions of terms, please visit our website at www.cnsweb.com. Copyright 1999 Consumer News Systems



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HILLS NEWSPAPERS

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Revolution

FROM PAGE C1

Structural materials matter

From a purely environmental perspective, probably the least foundation that is structurally adequate is best. Smaller foundations require less excavation, less concrete and less steel. I would have kept my concrete blocks and posts if I could have.

Instead, I sized my footings by ease of construction and engineering standards. Originally, when I thought excavation could be done with a small "bobcat" backhoe from inside my garage/basement, I designed footings for a full-depth basement.

Later, when we learned that there was not enough headroom for the bobcat, I redesigned footings to allow a crawlspace with minimum depth to obtain code-mandated clearance under floor girders.

I designed extra-thick footings that protruded six inches beyond the exterior wall outline so that we could easily insert a concrete pump nozzle into the top of the formwork. In hindsight, I should have designed thinner footings and challenged my contractor to find a way to pour them.

RESOURCES

■ **Architectural Resource Guide**, David Kibbe, editor, Northern California Architects, Designers and Planners for Social Responsibility (ADPSR), Northern California chapter, PO Box 9126, Berkeley, CA 94709-0126; (510) 273-2428.

■ **Scientific Certification Systems (SCS)**, 1939 Harrison St., Suite 400, Oakland, CA 94612; phone: (510) 832-1415.

— Pam Chang

Fly ash comes through

Since finishing this project, I've learned that fly ash, a waste product left after burning coal, may be substituted for up to half of the cement in concrete. The resulting concrete is more durable than conventional concrete, but cures more slowly. By substituting fly ash for cement, fly ash is kept out of landfill dumps and less energy is needed to manufacture concrete. Structural engineers are beginning to look favorably on this alternative material.

For framing lumber, I had intended to use "certified sustainably-harvested" lumber. Scientific Certification Systems (SCS) is an independent agency that claims to provide "chain of custody" certification to ensure that SCS-labeled products are from well-managed, ecologically-viable and sustainable forests.

Who wants a boxcar of lumber?

Finding certified lumber, however,

was not as easy as eco-advertisers suggested. If I were ordering a boxcar of lumber, I could have placed a special order for whatever I wanted. If I were inclined to drive to Santa Cruz, I could buy lumber from the retailers who bought from the nearest SCS-certified producer.

One local supplier expressed his intention to stock sustainably-harvested plywood but didn't meet my timeframe. In the end, I bought off-the-shelf lumber Truitt and White lumberyard. They assured my contractor that we were not buying wood from the controversial, threatened, old-growth Headland Forest.

Some of the Douglas fir that was delivered did turn out to be from an SCS-certified producer; we did not special order it and it didn't cost more.

My contractor also found a lumber salvage yard that dismantled old warehouses and re-milled their beams. He bought beautiful 10' lengths of clear, straight-grained, very dry and light redwood that we shaped into decorative brackets to match those under my original roof eaves. Cost for the re-milled redwood was comparable to new wood except for Joe's time in finding and fetching it.

Alternatives to solid wood framing are laminated wood, prefabricated wood trusses, steel, or resin-impregnated plastic-and-wood extrusions.

Glulams come in handy

Glued-laminated beams (glulams), like many modern "engineered-wood" products, are an efficient use of small pieces. They have now virtually replaced heavy-timber construction. I used glulams as a ridge beam and as a floor girder spanning the width of my addition. I did not use steel framing despite the advantage it offers in saving trees and being completely recyclable when a building is demolished.

I did not use recycled-plastic-and-chipped-wood extruded "lumber" even for non-structural uses. Yes, it is a recycled material, and yes, it is durable. I am prejudiced, however, against a composite product that is non-biodegradable.

Ultimately, I was not very creative about finding alternatives to conventional wood framing. 2x4s have a "dumb" simplicity that permits easy cutting, shaping, drilling, and notching to fit around existing construction.

I used plywood where I needed to replace floor or wall sheathing — exterior grade plywood, which, paradoxically, off-gasses less than interior grade plywood made with urea-formaldehyde resins.

I am less comfortable with other engineered wood products, particularly particleboard and oriented strand board (OSB, sometimes called "waferboard"). I have misgivings both because of off-gassing of their resins and concerns about their performance when left damp for long periods.

Chronicle of a green revolution returns next week with considerations for building envelope materials.

Pamela O'Malley Chang is a Berkeley homeowner, architect, engineer and part-time construction inspector. She works for Hilliard Lau Architects in San Francisco.

FEATURED HOMES OF THE WEEK

Your exposition home?

The year is 1939. It's a wonderful year of hope and renewal. The year of "Gone With The Wind" and "The Wizard of Oz." The year of the New York World's Fair and the Golden Gate International Exposition in San Francisco. It is also the year that 6606 Colton Blvd. is built in "Montclair Highlands" as a model home for the Exposition!

In 1939, Bay Area developers, architects and builders collaborated on an unusual project, the "Exposition Model Homes Tour, Inc." Rather than build these homes on Treasure Island, where they would have to be dismantled after the Fair, they were built on

beautiful lots. Visitors could drive their cars or take a bus tour from the fairgrounds. Each house was designed for excellence by a registered architect. Each house was landscaped and furnished. After the Fair, each was sold.

6606 Colton Blvd. was the work of John B. Hudspeth, architect, and J.R. Armstrong, builder. Its redwood siding originally was painted a warm white with cornice soffits in pale yellow. This exceptional property is available for purchase by a new owner.

For more information, please contact Helen Nicholas, La Salle Properties Inc., at 510-339-8900.



STEP BACK IN TIME at 6606 Colton Blvd in Montclair



THIS HOME is smart, with good looks. Live well in Rockridge.

Stylish Rockridge living

One of the grand homes of Rockridge was built in 1922 on a scale for lavish entertaining. Step into the gracious foyer, which welcomes you to this wonderful classic. Enter the spacious sun-filled living room with south-facing windows that swing out to capture a summer's breeze; or on a winter's day, warm yourself by the fireplace flanked by built-in bookshelves.

The formal dining room is distinguished by an exquisite china cabinet and walls wrapped in warm wainscoting. The updated kitchen features a decorative pressed-tin ceiling. There's a breakfast area converted to a cozy reading corner.

On the second level, you'll find a sun room perfect for an afternoon tea. There also are three generous-sized bedrooms, including a master bedroom with walk-in closet and gorgeous built-in cherry cabinetry and faux Italian marble tile.

This rare home combines comfort and elegance throughout. You'll enjoy high ceilings, curved archways, hardwood floors and stunning details.

This home is listed by Mary McConville, who specializes in the fine, older homes of Rockridge. Call her at Montclair Better Homes Realty, 510-339-8900.

Myths

FROM PAGE C6

modern skylight first appeared as a common feature in Roman houses around the 1st century A.D. Many of the private homes unearthed in Pompeii have atriums, or small courtyards in their foyers, which had square or rectangular holes in the roof to admit light.

Many of the public buildings in Renaissance times had large glass-covered openings in the middle of their ceilings. These openings were usually barrel-vaulted or domed, and thus not the same as present day skylights.

Only a few residences in Europe incorporated such large glass-covered ceiling openings by the Baroque era, (circa 1600 to 1750). These generally were in the stairwells of the most lavish palaces and chateaux.

The first use of modern style skylights in an American private residence was at Monticello in Virginia.

Thomas Jefferson had a number of flat, glass-covered skylights installed in the private quarters of his residence in the 1790s. He was influenced by the fancier versions of skylights he had seen in Europe while serving as the U.S. ambassador to France.

Skylights in private residences did not come into wide use until after 1900. Frank Lloyd Wright was one of the first American architects to make skylights a common feature of his residential designs, incorporating them into many of his prototype Prairie School homes in the late 1890s and early 1900s.

Maybeck shines through

One of the first California architects to use skylights was Bernard Maybeck. Two of the earliest residences in the Bay Area to use skylights were designed by Maybeck, and remain largely intact today. The Professor Hiram D. Kellogg House was designed in 1902, and now sits at 2960 Linden St. in Berkeley, where it was moved in the 1950s.

The Atkinson House, at 2735 Durant Ave, just west of Piedmont Avenue in the South Campus district of Berkeley, was designed in 1909.

Prefab goes back

Many of my students are surprised to learn that prefabricated housing predates the 20th century. In fact, prefabricated home construction in America dates back to the early 1800s. In 1838, a building company in Chicago patented the first "balloon frame" construction process, in which the wooden framing of a house is assembled quickly on the foundation from a standardized blueprint. The rapid assembly of such framing was made possible by the invention of mass-produced, machined nails in the 1830s.

This type of frame, and the wooden siding that covers it, easily could be shipped in sections and assembled on any site, thus creating the first prefabricated housing.

Living in suburbia

Residential tract developments were a well-established phenomenon in America by the beginning of the 20th century. They first came into common use in the late 19th century. Tract developments of signed homes began to appear in the suburbs of Boston, New York and Philadelphia by the 1870s.

During the housing boom of the 1920s, residential tracts spread across the nation, spurred by increased mobility that automobiles provided for middle class families. By learning the truth about the most common misconceptions about historic architecture, owners, Realtors, teachers and planners will be able to understand and appreciate the real legacy of the ten obscure our surroundings.

Mark A. Wilson is a Realtor, architectural historian who works for Prudential California Realty office. Reach him at 510-273-4000 and www.topbroker.com.

PACIFIC UNION

~ Open Sunday 2:00-4:30 ~

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Fabulous new bay view contemporary with custom fixtures & designer colors. Spacious bonus room. Nancy Moore

459 MOUNTAIN AVE., PIEDMONT - 3BD/3+BA... \$849,000
New listing! Charming English with SF bay views. Updated kit, den, playroom, au pair, beautiful patio. Sally Morrison

190 MAXWELTON, PIEDMONT - 4BD/3BA... \$795,000
Sweeping SF & Bay views, private park-like setting, family room, den, remodeled kitchen, patio & yard. Wendy Gardner

1830 GRANDVIEW, CLAREMONT HILLS - 3+BD/2+BA... \$775,000
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2901 BENVENUE, BERKELEY - 3BD/2+BA... \$679,000
Spacious & Inviting 1908 Craftsman only 1 block from College Ave., formal dining, sunny level yard. Carolyn Jones

92 CAMBRIDGE WAY, PIEDMONT - 4BD/1+BA... \$679,000
New listing! Warm, inviting craftsman style home with setting. Beautiful woodwork, separate guest cottage. Robyn Mohr

6810 SHERWICK, CLAREMONT HILLS - 4BD/2+BA \$649,500
Incredible value! New, quality Craftsman style home with gorgeous design, kit/fam rm, fenced yard. Patricia Scott

678 ARIMO AVE., CROCKER HIGHLANDS - 3BD/2+BA... \$545,000
Stately traditional with gumwood built-ins, remodeled kitchen, formal dining, great location. Kathy Flynn

2541 STOCKBRIDGE, MONTCLAIR - 3BD/3BA... \$500,000
New listing! Captivating SF bay, tree & canyon vistas, updated kit w/patio & garden access, fam rm w/frpl, atrium. Teri Carlisle

6474 OAKWOOD DR., MONTCLAIR - 3+BD/2+BA... \$395,000
Lush canyon vistas from this tranquil contemporary near the Village. Dramatic master suite, kit/fam rm, combo. Jeffrey Himmel

1714 WOODHAVEN WAY, MONTCLAIR - 2+BD/1BA... \$359,000
New listing! Charming 1920's home set among oak trees on level lot. Private back yard. Architectural details. Nancy Chew

2709 DANA STREET, BERKELEY - Duplex... \$325,000
New listing! Queen Anne Victorian in fabulous Elmwood location. Two 1BD/1BA units, deck & yard. Michelle Vasey

6629 ARMOUR, MONTCLAIR - 3BD/2+BA... \$319,000
Bright contemporary on quiet street in central Montclair, formal DR, rec room, with deck, master suite. Wendy Gardner

101 ECHO, PIEDMONT AVENUE - 2+BD/1+BA... \$299,000
New listing! Just one block from Piedmont Ave. Great spaces for home office & artist's studio. Level rear yard. Carolyn Jones

5646 THORNHILL DR., MONTCLAIR - 3BD/2BA... \$299,000
Prime location near Village, spacious liv room w/frpl & hardwoods, dining room, opens to private patio. Ten Carlisle

3650 MAPLE AVENUE, LAUREL - 3BD/2BA... \$239,500
New listing! Spacious sunny bungalow with art deco feel. Partially view, plus rooms, large area for garden. Lee Jacobson

670 VERNON #302, ROSE GARDEN - 2BD/1BA... \$199,000
Sophisticated sunny condo in luxurious building. Large liv rm, FDR with built-ins, private terrace. Jeffrey Himmel

388 SANTA CLARA #102, GRAND LAKE - 1BD/1BA... \$179,000
New listing! Very spacious updated condo in newer bldg. Bonus space, walk to Grand Lake shopping. Tom Anthony

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RIDGEMONT... \$529,000
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PIEDMONT AVENUE... \$449,000
Gorgeous craftsman! Sunny 3BD/2BA home with beautiful renovations. Updated kit & baths, hwd floors, patio. Joan Dark

PIEDMONT AVENUE... \$430,000
Roomy, updated craftsman, 4+BD/3+BA, large rooms, great rounded porch, front & back yards. Joan Dark

MONTCLAIR... \$310,000
Great value! 2+BD/1+BA home with North Bay views, formal DR, eat-in kit, hwd floors, fireplace. Chuck Convin

REDWOOD HEIGHTS... \$289,500
One level Cape Cod style with 2BD/2BA, family room, hwd floors, formal L.R., w/utiful private patio. Diane McCann

DIMOND DISTRICT... \$124,900
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Dramatic Martin Davis contemporary. Double useable lot with panoramic SF views. Teri Carlisle.



ALAMEDA... \$319,000
Perfect starter home located on Alameda's Gold Coast, Updated throughout. Easy SF commute. Jeffrey Himmel



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The Auto Section

The Montclairian, The Piedmonter, The Berkeley Voice, The Journal, The Alameda Journal

July 15, 1999

Section D

Calendar Stay abreast of new developments in alternative transportation [D2]

Don Chaikin A clean ride is a happy ride — but a wash is more than scrubbing [D3]

Motor Mart Your community bulletin board for car, truck classifieds [D5]

Sun shines on 2000 Mitsubishi Eclipse

What a drive I had in the new 2000 Mitsubishi Eclipse. The Northern California coastline, with all its twists and turns, has never been so much fun.

Keane on Wheels

By Tom Keane



Tom Keane

"The wiggly up-and-down roads made the Sportronic ideal for the ride from San Francisco to Bodega Bay..."

I'm not a stranger to this area; I've been over these roads many times — but not in an Eclipse. En route, I had the opportunity to compare the three 2000 year models. The RS is the base model and sells for \$17,697; the GS model goes for \$19,047 and the GT is either \$20,187 or \$21,187 depending upon the choice of two transmissions: a five-speed manual or the four-speed automatic Sportronic.

The wiggly up-and-down roads made the Sportronic ideal for the ride from San Francisco to Bodega Bay. Just a nudge



THE 2000 ECLIPSE GT is a fun ride, says this reviewer. The car costs \$20,187 or \$21,187 depending upon the choice of two transmissions: a five-speed manual or the four-speed automatic Sportronic.

See ECLIPSE, Page D6

Drive, She Said

By Denise McLuggage



Denise McLuggage

Childhood car trips aren't what they used to be. And kids lose out...

Television sweeps passengers

Whatever became of looking out the windows?

There it was in AutoWeek, the very unspoken question lurking in my mind after yet another minivan boasted the installation of a built-in TV for backseat passengers. As well, another catalog offered a tiny aftermarket TV to be mounted on the center console or seat back for the bemusement of traveling children.

See KIDS, Page D6

Grand Opening at the "SQUARE!"

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See store for details

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ALTERNATIVE TRANSPORTATION EVENTS

WestStart-CALSTART, a national alternative transportation advocacy group, promotes transforming transportation by creating and expanding a global advanced transportation technologies industry and related markets. Through technology development, commercialization, analysis and implementation, the group's stated goals are to:

- Clean the air;
- Create high quality jobs; and
- Develop energy-efficient transportation.

WestStart-CALSTART aims to tap the knowledge and experience of world-class firms in the aerospace,

electronics, automotive and defense industries, and combine those skills with the entrepreneurial talents of exceptional small businesses to create this new industry.

For more information, contact WestStart-CALSTART at 626-744-5600 or E-mail feedback@calstart.org.

What follows is a partial list of WestStart-CALSTART-linked conferences and activities this year:

August 17-19

■ SAE Future Transportation Technology Conference and Exposition. The FIT Conference will fea-

ture advanced transportation technologies that have the potential for making real, practical improvements in vehicle and highway systems. Contact: Karin Bolcschazy, SAE Phone: 724/776-4841 Fax: 724/776-6622 e-mail: karinb@sae.org

August 19-20, 1999

■ The Changing World of Industrial and Specialty Electric Vehicles Conference sponsored by EPRI on electric off-road vehicle technologies. Discussions of applications of new technologies and exhibits of related products. Contact:

Michele Samouliades, EPRI Phone: 650/855-2127 Fax: 650/855-2900

September 8-10

■ 5th California State Fleet Management Conference Annual Conference for fleet professionals to learn more about cutting edge issues and ideas in fleet management. Contact: Robert Fornaciari Phone: 925/373-1581 Fax: 925/294-5779 e-mail: rmf@ix.netcom.com

September 8-11

■ National Conference of State

Fleet Administrators annual conference of state fleet administrators will discuss the trends and developments in fleet administration. Contact: NCFSA Phone/Fax: 606/873-2981

September 12-15

■ Moving California's Transportation Systems into the 21st Century fifth annual meeting of the California Alliance for Advanced Transportation Systems. Contact: Randi Dixon Phone: 916/325-0473 Fax: 916/325-0471 E-mail: Randi.Dixon@caats.org

September 23

■ Transportation for the Millennium: Clean Mobility Services WestStart Advanced Transportation Conference. When fuel vehicles and clean transportation technologies fit into a recently taking root around. This one day conference by WestStart-CALSTART explore these and other transportation issues. Limited space available. Contact: WestStart-CALSTART 626/744-5680 Fax: 626/744-5681 e-mail: smelson@calstart.org



MONTERO SPORT 2000.

MITSUBISHI

Improved Montero at the peak

By Marion Wechter
NORTH AMERICAN AUTO WRITERS SYNDICATE

BODEGA BAY — According to Pierre Gagnon, executive vice-president and chief operating officer for Mitsubishi Motor Sales of America, Inc. the revamped Montero Sport 2000 is designed to turn heads with its updated improvements.

With heavy competition in the sport utility field Montero is about to make its mark. Montero always was a standout. Some new features which have been added such as a new grille, front bumper, fog lights, plus a strong and yet elegant body design suggest Montero is on the right track.

Every Montero model is powered by a V-6. ES, LS, and XLS models have a 173-horsepower 3.0-liter 24-valve engine, while the larger Montero Sport Limited has the 200-horsepower 3.5-liter SOHC 24-valve V-6.

Montero always had a smooth ride. The addition of a new three-link rear coil sus-

pension will add further comfort and stability on- or off-road.

A limited slip differential for both 2WD and 4WD is available on XLS, and standard on Limited.

All Montero Sports are equipped with a 4-speed automatic transmission. The "optimum shift control" featured in the transmission responds to driving conditions.

Shift quality, gear selection, and vehicle speed are some of the variables you'll encounter when driving off-road.

With a variety of models to choose from, a prospective buyer will be able to select a vehicle from the following:

■ Montero Sport ES is considered more entry level and yet has extensive standard equipment. Even the rear seat which reclines folds down for extra cargo space.

■ Montero Sport LS is available in both 2WD and 4WD models. A driver's height adjuster, and a 60/40 split-folding rear seat plus four-wheel anti-lock disc brakes are some

of its features.

■ Montero Sport XLS has everything but the kitchen sink. New 16-inch alloy wheels and chrome grille sets it apart from its competitors. Montero Sport Limited which is available in either 2WD or 4WD, sports a 200-horsepower, 3.5-liter SOHC 24-valve V-6 engine.

A monochromatic exterior with no extra colors to detract from the body design, plus the polished 16-inch alloy wheels make me want to park this baby in the driveway. Leather, heated front seats are an option on the limited, while anti-lock brakes and a limited slip differential are part of the package. Such choices!

Our test vehicle was the Montero Sport XLS. The quiet and smoothness of the ride was very noticeable. I always like the feeling of sitting up higher in the drivers seat.

The idea of being able to see the traffic up ahead is one feature that makes the SUV a popular vehicle.

SPARE PARTS

Watercraft under fire for pollution

Personal watercraft produce the same amount of hydrocarbons and nitrogen oxides in seven hours of running as a 1998 passenger car driven 100,000 miles, according to a new report from the Izaak Walton League of America (IWL), a national conservation organization.

Much of the problem stems from their inefficient two-cycle engines, which have remained essentially unchanged since the 1940s. Together, they spew an estimated 165 million gallons of oil into America's waters each year.

In 1996, the Environmental Protection Agency called for a 70 percent reduction in emissions from these watercraft by the year 2006, but the IWL says the technology exists to make their engines 80 percent cleaner at little added cost. California has already adopted more-stringent standards for two-cycle engines and Lake Tahoe officials have ordered a ban on the use of these watercraft on its waters.

Battery breakthrough?

Robert Lutz, chairman of Exide, explains the company's breakthrough with new batteries as "... a battery that can be physically abused, left unused for months, even punctured, and still start your vehicle." Exide's Select Orbital ushers in a new era in automotive battery technology. The Orbital Select features highly efficient construction of tightly wound plates, along with gas recombinant tech-

nology to eliminate free-liquid battery acid.

Coffee adds up on morning commutes

Even though the price of gas is up, the bigger chunk of your commuting dollar is probably spent on morning java. One gallon of gourmet coffee is \$25.07. The average price of a gallon of gasoline is \$1.13. Kevin Dulsky, president of IntelliChoice, says, "When it comes to coffee, it's not just the price of the beans that determines the cost. There is also the cost of the coffee maker, the cup and other variables." The price of gas is just one part of determining the cost of car ownership, which also includes depreciation, state fees, repairs, etc.

Easy cleanup

Castrol is launching a hand cleaner that removes tough automotive dirt and grease without the use of soap, water or towels. The formula in Super Clean bonds to dirt and grease, causing it to flake and fall from your hands. Castrol is an international maker of automotive products.

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The Auto Section

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Golden rods: in auto showrooms, yellow is hot

By Warren Brown
THE WASHINGTON POST

The people who choose colors for cars — color marketers and auto designers — are among capitalism's great interdisciplinarians. They consider economics, politics, social developments, racial and ethnic demographics, cultural differences, history, clothing trends, developments in the home furnishings and entertainment industries, and myriad other factors as they try to anticipate the future tastes of a nation.

It is, therefore, of no small significance to know that, after nearly half a century in disfavor, yellow is back.

We're talking hot yellow, not mellow yellow; a shout, not a whisper; nothing in the slightest subtle. Automakers call it an "impact color," designed to shock and attract attention. And that it does.

It's not for everyone, to be sure. It's the hot niche color, meaning it's now available on roughly 2 percent of all new cars and trucks sold in the United States.

Look around and you'll see the sunburst-yellow Mercedes-Benz SLK coupe, the bright-yellow Volkswagen Beetle, the screaming-yellow Plymouth Prowler hot rod and the chrome-yellow Ford Mustang GT convertible, among others.

The reappearance of yellow, along with various shades of orange and purple, is appropriate for the national moment, automotive designers say. The U.S. economy is booming. There's a general national optimism. And since neighbors tend to frown on sunburst-yellow homes, people feel like expressing themselves and their passions through their cars, the next-largest thing to a house that most people own.

It makes a "strong emotional statement for the right vehicles," said Robert S. Dally, color styling and marketing manager for DuPont Automotive Finishes, the world's largest supplier of automotive paints and coatings.

The "right vehicles," in this case, often are two-door coupes and sports cars, specialty models, just as they were in the 1950s, when various shades of yellow appeared on cars such as the 1951 Packard convertible and the 1953 Studebaker Starliner coupe.

Those are, appropriately, "expressive" cars, in auto-industry parlance.

"A car has got to have passion or it's nothing. It's just wheels and an engine," said Michael Rierison, a Realtor, Va., resident and co-owner of one of the several hundred sunburst-yellow 1998 Mercedes-Benz SLKs now cruising the nation's highways. Rierison and his partner, Ellen Er-

See YELLOW, Page D6

Car cleaning is more involved than you thought

Try as you might, you'll never get your car to shine the way it did when it was brand, spanking new. Now, with that cruel, stark reality behind us, you should know that you can get it to come pretty darn close.

Owners Auto Know

By Don Chaikin

As obvious as it sounds, the first thing to do is wash the body. But do it frequently and out of the sun and not under some sap bearing tree. Flood the entire exterior with water from a garden hose. That will float dust and grit off the paint before you rub it into the finish with your well-intentioned sponge.

Use specially formulated car wash, not laundry or dish detergent, in warm water. Be generous with the water/soap mixture and frequently change the mix in your bucket as it begins to get dirty.

Start your washing on the top and work your way down, a section at a time. Don't rub and scrub at stubborn stains like bird droppings or tar. Rubbing will also rub the finish. Treat the stains with solvents sold for this purpose. Once the stain has been cleaned off, wash off the solvent with your warm water/car wash mix and rinse.

Eventually, as you work your way down, you'll get to the bottom: the wheels and tires. Hose each one thoroughly, spraying water up into the wheel wells too, to get rid of road crud that accumulates there. Wash



MERCEDES-BENZ

THERE'S MORE to cleaning a car than just soap and water. Would you skimp on your Mercedes-Benz CL Coupe?

each one, using a lot of soap. Aluminum or alloy wheels come out best when attacked with a special cleaner.

Just like the dinner dishes, after the body's been washed, it should be dried to prevent water spotting. For best results, use either a chamois — auto parts stores sell them — or a well-worn soft bath towel.

The varying procedure gives you the

perfect opportunity to look for small nicks, gouges and scratches in the finish. Very minor scratches will be removed by the polish. Anything larger should be treated before you polish.

Despite being freshly washed and dried, your car or truck may still look dull. That's because the surface layer of the finish has oxidized. So you have to remove that oxidized layer.

That's done in specific ways for specific types of vehicle finishes.

If your vehicle has a clearcoat finish with a final coat of clear paint over the pigmented paint, you have to use a chemical oxidation remover. Non-clearcoat paints have the pigment right to the surface and so the oxidation may be removed by a very fine abrasive, usually contained in

the polish.

Be sure you know which type of finish your vehicle has before attacking it. The abrasives for a non-clearcoat paint will actually make a clearcoat finish look duller than before you started.

Don Chaikin is the automotive editor for Popular Mechanics Magazine.

New waterless car cleaner saves on time, suds

If you're concerned about the time you spend cleaning your car, or the amount of water used to get it clean, a Las Vegas firm has a solution that's pretty dried up.

Enviro-Tech International believes Dri Wash 'n Guard offers a better way to detail your vehicle. These folks say their "unique waterless car wash cleans, polishes, seals and protects in one easy application, and with the advanced formulation Polyguard-3, the results are faster and better."

According to Rod Yanke, the founder and chairman of the company, each 32 ounce bottle of Dri Wash 'n Guard conserves an estimated 2,000 gallons of water. With only two ounces of the product used for each cleaning, one bottle lasts for about 16 applications.

Yanke says Dri Wash 'n Guard works on virtually any non-porous surface, and can be "applied directly onto a soiled surface, lifting and emulsifying dirt to create a protective barrier on the vehicle's finish. Then it allows the user to literally

Aftermarket Review

By Alex Law

wipe off the dirt without scratching or streaking."

One bottle of Dri Wash 'n Guard retails for \$38.95. For more information on other waterless cleaning products made by Enviro-Tech, call the toll free number at 800-820-6893, or contact the company's website: www.enviro-tech.com.

The Baltimore firm that produces Spare Tank believes you no longer have to worry about running out of gasoline, or the danger that comes from carrying extra gasoline in your trunk. It's not anywhere near as inexpensive as gasoline, but it does the job of getting you moving to a gas station.

Spare Tank is the world's first and only patented non-flammable gasoline derivative available for sale across North America. It's specifically designed and formulated for

emergency use in a vehicle which has run out of gas.

"Just as the spare tire has become an essential piece of equipment for all automobiles sold worldwide," says Richard W. Jones, chief executive officer of Emergency Fuel, a department of Emergency Solutions, "we expect that Spare Tank will quickly become standard equipment in everyone's car trunk. It fulfills a longstanding need for motorists and gives them the most cost effective insurance policy against

running out of gas."

Consumers should be able to buy Spare Tank at BJ's Wholesale Club, Bradlee's, Comrad Industries, GI Joe's, Kmart, Lustrine Auto Group, Media Syndication Group, Sunny's Surplus and Travel Centers of America. Spare Tank is also available in the summer 1999 edition of the AAA Member's Marketplace, and QVC, Inc. featured the worldwide launch of Spare Tank on June 18.

Jones says the product is legal

and safe to store in the trunk of any vehicle and meets U.S. Department of Transportation regulations for all 50 states.

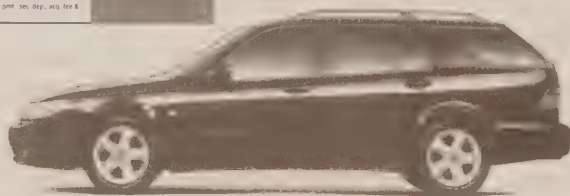
He describes Spare Tank as a blend of environmentally safe, biodegradable, organic and synthetic compounds. It has a National Fire Prevention Agency and Department of Transportation rating of "Combustible," as opposed to conventional gasoline's NFPA and DOT rating "flammable."

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Headlamp Wipers	std	\$7851	\$8851	std	\$7501
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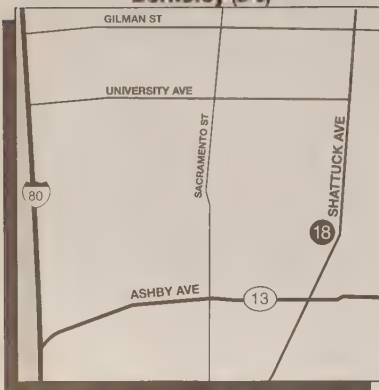
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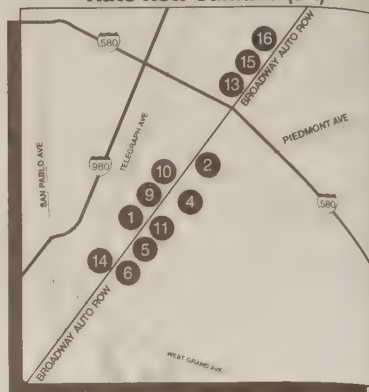
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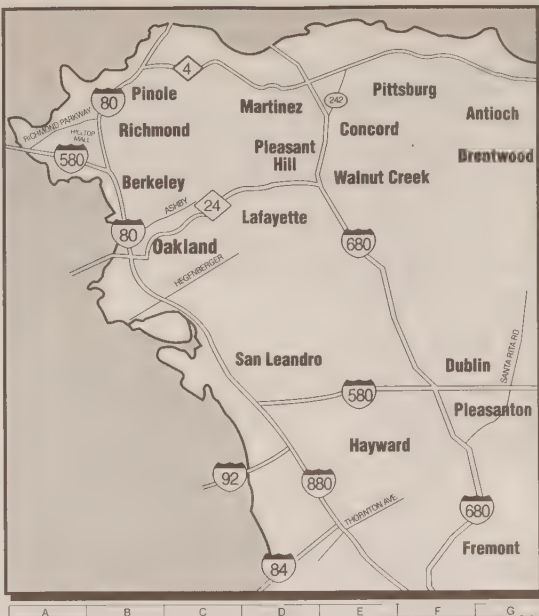
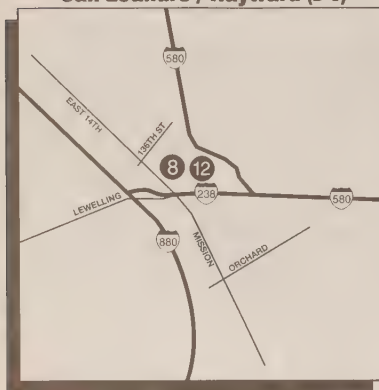
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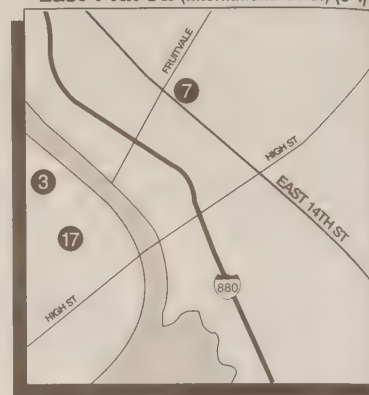
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PO Box 20292
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E-mail: mustanggt@hotmail.com
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Secretary Chuck Wilens 510-481-8784

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BMW Vintage Club of America

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916-489-6631

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5825 Vista Avenue
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Chapter of Model A Ford Club of America, Inc.
PO Box 6125
Concord, CA 94524

Contact: Steve Mick, 925-838-7570, smick@verio.com.

Meetings 8 p.m. third Friday of the month (except December) at St. Andrews Presbyterian Church, 1601 Mary Drive, Pleasant Hill, CA.

Diablo Four Wheelers

Concord, CA
Contact: Steve Mallo, vice president 925-799-1063

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Meetings first Tuesday of every month 7:30 p.m. at Round Table Pizzeria, Martinez, Pine St. exit off Hwy. 4. Guests are encouraged and welcome.

Diablo Valley Classics

PO Box 21514
Concord, CA 94521
(925) 609-7419

For all 1955-1957 Chevrolet cars, trucks and Corvettes. Meetings are usually the first Friday each month at the Contra Costa Water District building off Concord Ave. Main annual event: Annual Classic Get Together at Concord Blvd. Neighborhood Park (Oct. 3 this year.)

Diablo Valley Corvette Club

PO Box 5824
Concord, CA 94524
Hotline: 925-672-8225
President: Jim Neylan (925) 676-0873

Diablo Valley Mustang Association

President: Mike Weldon
Web site: www.jps/dvma
Meetings: Second Wednesday each month at Fuddrucker's, the Wilows, Diamond Blvd., Concord. Mustangs of all years.

DKW Club of America

260 Santa Margarita Avenue
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Attn: Byron Brill

Early Ford V-8 Club of America

PO Box 2122
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Attn.: Dan Wittern

Econoline Organization

15039 Costela Street
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Attn: Jay Long

Falcon Club of America, River City Chapter

c/o Mark Milton
610 Kentucky Ave.
Woodland, CA 95695
530-661-3606

Fiero Owners Club of America

Northern California Chapter
2380 Pleasant Hill Rd.
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Ford T5 Owners

PO Box 669
Livermore, CA 94551-0669

Golden Gate Classic Thunderbird Club

Mike or Rita Press
124 Hollyhock Ct.
Hercules, CA 94547
510-799-0556
E-mail: mjprp@hotcoco.infi.net
Meeting/outing: Second Saturday of the month. For those interested in 1955 through 1957 Thunderbirds. Members come from Contra Costa, Alameda, San Francisco, Marin and San Mateo counties.

Golden Gate Lotus Club

PO Box 117303
Burlingame, CA 94011

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www.jag.org
JAG is a San Francisco Bay Area car club consisting of 300+ owners and individuals who appreciate Jaguar automobiles. The location of meetings changes each month. Newsletter: The JAGazette, Richard H. France, editor, 408-353-3770.

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170 Monte Vista Road
Orinda, CA 94563

Locomobile Society of America

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San Francisco, CA 94115-2412
Attn: Norm Buckhart

Mercury Stray Cats Classic Cougar Automobile Club

Dennis Pierachini, President
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Fairfield, CA 94533-0004
E-mail: info@classiccougar.com
Web site: www.classiccougar.com
Dedicated to preservation and enjoyment of classic Cougars, 1967-73.
Meetings: 2 p.m. second Saturday each month, Burger Road, Pleasant Hill. Monthly newsletter with technical tips, calendar of events, reports, flyers from related events, list of establishments for club discounts, want ads and more. Annual car show, fall club outing, technical workshops. Membership \$20/year.

MG Owners' Club (MGOC)

Correspondence secretary: George Steneberg

9 Pomona Ave.
El Cerrito, CA 94530
510-525-9125

E-mail: j2george@pacbell.net
Web site: home.pacbell.net/jensten
Meetings: 7 p.m. second Thurs-

day each month, location varies. Activities include tours, rallies, tech sessions, shows, picnics, annual dinner, awards, monthly gatherings at pubs, meetings. Monthly newsletter The Octagon provides free ads for members, technical and helpful articles, humor, and events.

Mid-Peninsula Old Time Auto Club

PO Box 525
Belmont, CA 94002
Attn: Hal Schuette

Military Vehicle Club of California/Military Vehicle Preservation Association

East Bay Contact: Lee Edwards, 925-447-9387.

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National association: PO Box 520378
Independence, MO 64052-0378
816-737-5111
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4026 Burbank Dr.
Concord, CA 94521
925-827-0851 after 7 p.m.
925-686-2624 from 9 a.m. to 5 p.m.
1992-1999 Corvettes and Camaros. Meetings once a month, schedule varies. Contact: Nancy Henderson.

National Auto Sport Association

PO Box 21555
Richmond, CA 94805

Northern California Corvette Association

Sharon Evans, social director, 510-538-8716
www.classicar.com/clubs/ncca/nccahome.htm

Meetings first Tuesday every month 7:30 p.m. at Castro Valley Women's Club, 18330 Redwood Rd., Castro Valley

Billed as America's oldest Corvette club. Events include autocross, drag races, tours, shows, charitable events. Annual event is Vette Magic, 2-day race event early June.

North American Singer Owners Club

6211 Westwood Way
Oakland, CA 94611
Attn.: Jonas Waxman
(510) 339-1556
singer4ad@aol.com

See CLUBS, Page D6

MOTOR MART

AUTOS

CHEVY 1991 Camaro RS, 3.1L, very clean, 1-year powertrain warranty, good gas mileage. \$5600/OBO. 510-865-1456.

CHEVY 1987 CORVETTE, mint in/out, sunroof, 5-speed, 36k warranty. Will finance. Vin#104780. \$9950 925-634-8489

CIVIC 1993 EX, all power, sunroof, AT, 85k, CD, \$9000. 510-652-4451.

DODGE '98 Neon. 4-door sedan. Fully loaded, automatic, 12K miles. \$9500. Call 530-4695.

DODGE 1994 RAM 350, White, Excellent condition, automatic, AC, full power. \$10,000. 510-638-6601

FORD 1993 Arrowstar, 80k miles, excellent condition, \$4000. 510-749-9550; 510-655-3797.

FORD 1988 Tempo, automatic, PS, A/C, leather, alloys. Runs like new. Must sell! \$1500. 510-796-9268; 510-917-2086.

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FORD 1986 F150 pickup. Runs well, good tires, new front brakes, campershell, 150K. \$2500. 522-2081.

HONDA'S FROM \$500
Police Impounds, Tax Repo's. For listings call 1-800-319-3323 ext 2714.

HONDA '89 Accord LX, 5-speed, 170K miles, all repair records, excellent condition. \$3900/ obo. 510-865-6457.

HONDA '88 Prelude, Automatic \$4000. (510)525-8306.

HONDA 1986 Accord DX, runs great, equipped with cell phone. \$2100 obo. 510-814-6123

JAGUAR 1990 XJ6, mint, sunroof, chrome wheels, 36k miles warranty. Will finance. Vin#623916. \$7950. 925-634-8489

JAGUAR 1988 XJ6, mint in/out. sunroof, Black, 36k mile warranty. Will finance. Vin#540072. \$6900. 925-634-8489

JEEP '98 Cherokee Limited, Leather, Loaded, 19K, Amethyst color, Square body. \$18,300 OBO. Rich 707-751-0984.

JEEP 1998 Wrangler for lease, 2 years left. Black, soft-top, \$272/mnth payment. 510-597-0708

MAZDA 1986 626, 2-door, 5-spd, new paint, good clean car. \$2900. Pager # 510-716-8736

MERCEDES 1988 190E, pristine, sunroof, chrome wheels, 36k warranty. Will finance. Vin#448006. \$8000-925-634-8489

MERCEDES 1984 500SEC, pristine in/ out, sunroof, leather, Will finance. Vin#005981. \$8900. 925-634-8489

MERCEDES 1987 300E, mint in/out, sunroof, low miles, warranty. Will finance. Vin#544566. \$11,000. 925-634-8489

PONTAIC '78 Trans Am-Original owner, Automatic, AC, New front tires, 170K, \$1200 OBO. (510)594-1199.

SATURN 1992 SL1. Automatic, AM/FM Cassette, well-maintained. Excellent condition. 92K. \$5500/OBO. 510-522-2081.

SUBARU 1986 Wagon, turbo, automatic, loaded, AC, 2WD, 142k, moonroof, runs good. 1-owner. \$2850. 510-531-9415

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TOYOTA '92 Tercel Sedan, automatic transmission, power steering, cassette, moonroof. Mint condition 85K. \$5365. 510-558-1348.

VW '82 Jetta- Diesel, 4-door, 5-spd., a/c, only 75K, good condition, \$2600 OBO. (510)444-0271. Phil.

VW 1986 JETTA GL Wolfsburg, 4-dr, moonroof, stereo, 120K, new tires, good condition. \$2500/obo. 510-444-4752

VW 1986 Westfalia Camper, great family car, seats 7, sleeps 4, excellent condition. \$8000. 510-522-1017

BOATS

ALUMINUM boat, 14' 5 1/2 Johnson outboard motor. Electric boat loader. \$1000 cash. Duck decoys and Aluminum decoy boat \$275. 510-223-2896.

BOAT, motor & trailer. We have a \$585 offered. Will sell to highest bidder. 510-523-2844

CHRIS-CRAFT, 1968, 17 1/2 ft. pleasure boat, canopy/trailer. Red/White. Excellent condition. \$5000. Call 510-633-3336.

Clubs

FROM PAGE D5

Santa Clara Valley Thunderbirds

6371 Firefly Drive
San Jose, CA 95120

Shelby American Auto Club

PO Box 700789
San Jose, CA 95170

Solid Axle Corvette Club

PO Box 2288
N. Highlands, CA 95660

Sorry Safari Touring Society - MGs (SSTS)

Membership: Ben Lenci
719 Wichtaw Dr.
Fremont, CA 94539
510-651-0808

Sports Car Club of America

301 Preston Court
Livermore, CA 94550

Sprite-Midget Owners Group

PO Box 3217
Santa Clara, CA 95051

Sunbeam Alpine Club

1752 Oswald Place
Santa Clara, CA 95051

Sunbeam Tiger Owners Association

5712 San Luis Court
Pleasanton, CA 94566
www.enravers.com/tiger

Tri-Valley Classic Chevy Club

Meets 7:30 p.m. on the second Friday of the month at the Livermore Airport. '55-'57 Chevy cars, trucks.

Vintage Mustang Owners Assn.

6371 Firefly Drive
San Jose, CA 95120

Volvo Club of America

E-mail: Dspielvol@aol.com.
Call David at 510-849-0961

Western States Corvettes

2321 Falling Water Ct.
Santa Clara, CA 95054

Zimmerman Registry

2081 Madeline Court
Los Altos, CA 94024-6725
Attn: Chet & Marlene Zimmerman

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Yellow

FROM PAGE D3

ickson, also own an "azure blue" 1999 Mercedes-Benz ML430 sport-utility vehicle, the significance of which is that it really isn't blue at all. It is a pearlescent purple, or deep violet, depending on the light. What's certain is that "it's not silver or black," said Erickson, who works in the computer industry.

The people who want cars in yellow, or other bright colors, "usually won't take anything else," said Mark Zetlin, a partner in the American Service Center, a Mercedes-Benz dealership in Arlington, Va.

Demographically, buyers in pursuit of yellow "aren't much different from the rest of our customers," Zetlin said. "They all have money or they wouldn't be looking at Mercedes-Benz. But if they want yellow, that's what they want, and if they have to wait to get it, they'll wait."

In other words, they feel passionately about it, which is also the risky side of yellow for manufacturers. Many people hate yellow as passionately as others love it, so it doesn't pay to stock it, despite the revival in yellow.

Gray, in fact, "is the new neutral color" and is showing signs of displacing white and green, which have been the top automotive colors in the United States for the past three years, said Bob Burrell, North American director of color marketing for Pittsburgh-based PPG Industries, another global supplier of automotive paints.

"It's a timing issue," Burrell said. "Gray was particularly big in the early 1980s, but it's been out of circulation for nearly 18 years. Now it's coming back."

While gray and yellow would seem to have little in common, those who are paid to know these things say that the return of gray is also a sign of good times.

Gray, silver, charcoal and black are the primary colors of affluence, when it comes to car paint. They were popular in the 1980s before the stock market went bust in 1987. Their growing popularity today is due, in part, to the generally robust health of the market today, according to Burrell and other color marketers.

In contrast to yellow, however, these are conservative colors — secure as a bank vault, solid as steel. With an average retail price of about \$21,000, new cars are being bought

by affluent people, according to analysts at J.D. Power and Associates in Agoura Hills, Calif. Affluence and conservatism tend to go hand in hand, those analysts say, except for the people who buy big yellow.

The buyers of yellow, whether they know it or not, are being influenced by what designers and color marketers call "street factor," which is a euphemism for urban minorities' influence on design.

Ford Motor Co., for example, has invested much time and money examining the street influences in hopes of coming up with a breakthrough color palette, said Christine Fry, who heads the company's color trend and product design group.

"Currently at Ford, we're going through a revolution. We don't want to look at color the same way we did in the past," Fry said.

Auto colors for Detroit cars essentially were chosen by affluent white men, mostly from the Midwest, who attended schools such as Ohio State, Michigan State and the University of Michigan, according to interviews with many industry experts.

These men tended to think in terms of "school colors" and had a penchant for wearing gray or blue suits, white shirts and sensible ties, their critics say. To these men, red was hot, an over-the-edge color, which is why they often put it on anything that looked like a sports car.

That kind of thinking is no longer in vogue at Ford, Fry said.

"We can't just ignore those colors people are wearing in urban minority neighborhoods," Fry said. Those colors tend to be vibrant, expressive, off the mainstream, partly as a way of being seen and demonstrating individuality in a land where many minorities view themselves as invisible, according to Fry and other designers.

Ford's approach is to use those colors — yellows, shades of orange, purples — on sporty and small models.

And, as it happens, Ford has an announcement to make. It is making its 1999 Mustang GT convertible available in "Grabber Green Metallic," "Grabber Blue," "Grabber Green," "Grabber Lime," "Grabber Yellow" and "Grabber Orange."

How does that grab you?

Kids

FROM PAGE D1

Whatever happened to just looking out the window?

I thought back to the car trips of my childhood, rolling along undulating miles of two-lane blacktop. What we did was look out the window. We saw barns in fields and schoolhouses on hills. We counted mailboxes on our side of the road and competed for score points with a sibling counting them on her side. We collected sightings of obscure license plates. When we grew a little older, we named the state capitals.

We played alphabet games with billboards — first a word beginning with an A, then B then C, etc. For Xs and Zs we could continue playing through towns with store signs (please let them sell xylophones or do x-rays).

Towns, billboards and mailboxes are all largely absent from today's long trips on the bland sameness of Interstates. Interstates may be safer and faster than the winding byways of my youth, but far less appealing when it comes to looking out the window.

How can you play White Horse on an Interstate? That was a game which involved collecting the sighting of white horses. Only the first person to spot the animal and yell "White Horse" could claim it for more score points.

The sighting had to be "stamped." That meant licking the palm of your left hand and smacking the spot with the fist of your right hand. Originally when the ritual was first learned (from other kids I suppose), it had involved spitting into the palm, but a fastidious mother arbitrated a rule change. So licking it was. This must have been a highly regional game (Kansas), because I've never met anyone else who played White Horse. Arguments sometimes ensued: that horse wasn't completely white, you couldn't collect a V inside a town only X, Y, Z, and of course, "Mother, make her move over. She's on my side."

These territorial disputes led to the invention of "the pinching bug." The alleged offended party would progress down the unmarked boundary separating our equal fiefdoms with a pinching motion, thumb and forefinger. "Here comes the pinching bug." Fair warning. Any body part left protruding over the "line" would get pinched.

Separation sometimes settled that

"Cranked down windows offered other games. Flying your hand, palm flat, fingers into the wind our hands would swoop and dive into the airflow. But it was a forbidden game..."

problem. I would be moved to the front seat next to Daddy. I was paid a nickel to read the signs to him. "Junction Route 73, 2 miles," "School Zone," "Cattle Crossing," and my favorite "Tractors With Lugs Prohibited." I had no idea what lugs were (tough customers, or lovable knaves as in "You big lug").

Sign reading was a clever parental ploy to separate the warring factions, but I saw it as Helping Daddy Drive. Today, kids should not ride in the front seat because of the danger from the possible hurtful impact of deploying airbags. In my youth, airbags were unheard of though, as were seat belts. So was air conditioning.

Cranked down windows offered other games. Flying your hand, palm flat, fingers into the wind our hands would swoop and dive into the airflow. But it was a forbidden game. The dangers of something called "sideswipe" was ever impressed upon us, along with tales of arms off at the elbow.

Windmills, the handheld type on a stick, amused us for a while until — despite warnings — we stuck it too far outside the car and the wind tore it to shreds. "See. I told you." When games paled we hung over the front seat with the universal question "Are we there yet?"

Maybe today, with slow-blink eyes glued to video games or favorite movies, kids are different. But I can't help think they are missing something essential by not looking out the window.

Eclipse

FROM PAGE D1

of the shifter and I could turn third to fourth or third to whatever. The frequency of the turns demanded quick action, which made the ride enjoyable.

When driving at a more measured pace, I simply used the manual version of the transmission, and enjoyed the ride.

Another advantage of the automatic transmission is the variable shift logic and "learn to drive" feature. With the gear in drive, the transmission learns my driving style and adjusts the shifts accordingly.

When I was in a mood, the shifts were made at engine speed which provided gas mileage and smoother

2000 MITSUBISHI ECLIPSE

- VEHICLE TYPE
4-passenger, 2-door hatchback
- BASE PRICE
\$21,187 (as tested: \$24,000)
- ENGINE TYPE
V6 SOHC 24 valve w/Star
- DISPLACEMENT
3-liter
- HORSEPOWER (net)
205 at 5500 rpm
- TORQUE (lb-ft)
205 at 4500 rpm
- TRANSMISSION
4-speed auto Sportronic
- WHEELBASE
109 in. 2788 mm
- FUEL CAPACITY
16 gal. 60.5 L
- EPA MILEAGE RATING
20 city, 28 highway

The computer could sense frequently I'd brake going down and adjust the shocks accordingly. It would also use similar logic driving uphill.

When I became aggressive shifting would take place allowing me to get the most out of the engine's higher revving. The high-tech performance might expect of a sports car, twice the price. To enjoy the performance in a \$20,000 is very notable.

Another reason I enjoyed the model is this sporty hatchback is equipped with a 3.0-liter V6. It produces both 205 horsepower torque-enabling quick response

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2000 Sienna's OVER 10 Units In Transit

'99 Corolla LE Sedan
36 mos. \$99⁹⁵
PS, AC, AM/FM/CASS., & More

\$11,999*

7574.45 RESIDUAL \$380 - \$500 MFG. REBATE = \$350
DRIVE OFF 15K MILES PER YEAR \$3590.40
TOTAL OF 36 PYMTS.
MODEL#1714 STK #21589 281964

2000 TUNDRA ACCESS CAB V8
There's a new truck in town!!
AUTOMATIC, PS, AC, PW, PL, ALLOY WHEELS, CASS /CD W/ 6 SPEAKERS AND MUCH MORE

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\$25,944

15125 RESIDUAL \$4888 TOTAL DRIVE OFF 15K MILES PER YEAR \$11,661
TOTAL OF 36 PYMTS.
MODEL#7728 STK #21521 001602

'99 Camry LE Sedan
AUTO, PS, AC, TILT, CRUISE, PW, PL AND MUCH MORE

\$199⁹⁵

\$19,071

\$12,071.60 RESIDUAL \$5500 - \$500 MFG. REBATE = \$4000
DRIVE OFF 15K MILES PER YEAR \$7139.56
TOTAL OF 36 PYMTS.
MODEL#1232 STK #21627 595389

'99 4RUNNER
36 mos. \$299⁹⁵
AUTO, PS, AC, PW, PL, TILT, CRUISE AND MUCH MORE

\$24,616*

15096.34 RESIDUAL \$4000 TOTAL DRIVE OFF 15K MILES PER YEAR \$10,764
TOTAL OF 36 PYMTS.
MODEL#43640 STK #21605 056534

'99 RAV4
4 DOOR, AUTO, PS, AC, PW, PL, ALLOY WHEELS, MORE

\$249⁹⁰

\$20,154*

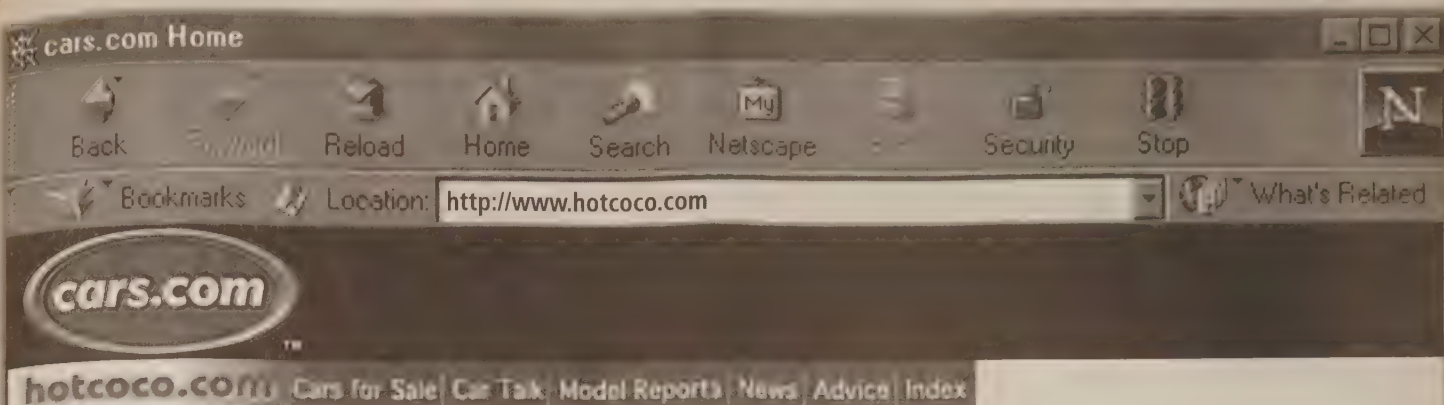
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TOTAL OF 36 PYMTS.
MODEL#4416 STK #21631 059847

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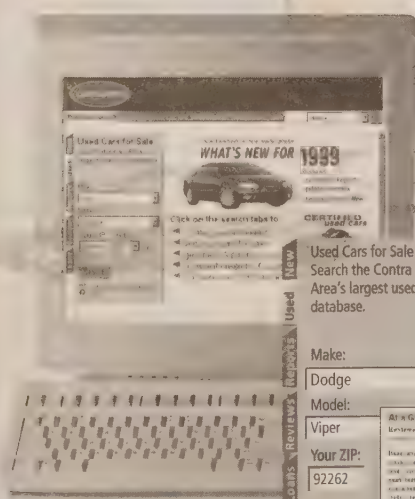
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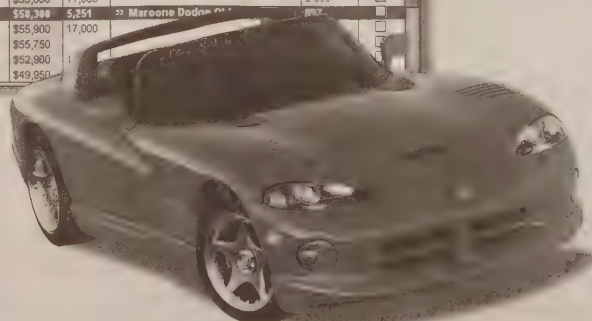
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1997	Dodge Viper	\$59,300	5,251	Maroon Dodge	893	
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FOUND Pitbull type dog and owner. High Street July 3rd. 510-531-4786

FOUND cat, about 1-yr old, grey/black, living in El Cerrito on 7th. 415-502-7371

FOUND 8y 8m 2 puppies, grey/black & Broadway, Call 603-D-9-3-C-R-I-B-E (510)337-1005

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URGENTLY need temporary foster homes for homeless animals. Need food, cages, litter, traps. Marc 510-444-3204

FEMALE part Lab, about 5 yrs, friendly, fun loving. Needs good home. Donations 510-655-1543

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"BEN & Willard", beautiful Siamese rats, playful, cute. Donation 510-444-3204

206 Lost

"LOBO" male Shepherd mix, 75lbs. Lost 7/6, Rhoda up Carmel. Sweet but timid. Tags. 510-482-9140.

206 Lost

LOST White & Black Cockatiel. Lost near tennis courts off Colton. Reward \$50 (510)339-2506

COCKATIEL gray with orange cheeks, near Wildwood Elementary on 710 Reward. Call 510-835-2556

LOST Dog, black/white Boston Terrier, Male. Approx. 15lbs. Vicinity Harrison/Lake Shore. Reward 510-839-9097

BIRD, small green parrot with long tail. Near Montclair Golf Course "Peanut" Reward. 510-482-8534

POODLE mixed male, lost 5y, white/tan, small. California St., San Pablo Reward (510)234-4551

DEPOSABLE camera, 4th of July Parade/ picnic, Piedmont. Call 510-654-1114.

209 Workshops & Classes

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EDUCATION

303 Instruction & Tutoring

MEDICAL ASSISTANT, PHLEBOTOMY, EKG Boston Reed Company, California Registration Number 3901291-1800-201-1141.

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SMILES DAY SCHOOL Pre-school program 2-5 years. Full-time and part-time. Before and after school program. Pick up and delivery to local elementary schools 7:30 - 6:00 339-3830

EMPLOYMENT

401 Childcare Wanted

BABYSITTER Wanted for fabulous kids: 3 and 5 years old. 3-6pm weekdays. Kensington. 510-525-8253

CAREGIVER- P/T, 3-6:30pm, Monday-Friday, 2-4th children, 967 Great Oakland neighborhood English speaking, non-smoking, C.D.L. 510-444-4478

CHILD CARE, Full-time, 8/1-9/5, six year old girl. Must own car. Live-in or out 510-558-3111

CHILD CARE, 1 and 3 yrs, PT afternoons, Monday-Friday, light housekeeping, own car, C.D.L. 510-632-6777

CHILD CARE needed for 5 & 6 yr old, FT in August, 2:00pm beginning 9/1. Own car, fluent English, references. Call Terry 339-4400 or 339-6726

CHILD CARE, Full-time, 8/1-9/5, six year old girl. Must own car. Live-in or out 510-558-3111

CHILD CARE, 1 and 3 yrs, PT afternoons, Monday-Friday, light housekeeping, own car, C.D.L. 510-632-6777

CHILD CARE needed for 5 & 6 yr old, FT in August, 2:00pm beginning 9/1. Own car, fluent English, references. Call Terry 339-4400 or 339-6726

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NANNIES

Many jobs, live-in, live-out, no fee. Moms Away, 559-9195.

401 Childcare Wanted

LOVING, playful caregiver, 4 years exp. occasionally 8yr old girl. Monday, Wednesday, Thursday afternoons, our Berkeley home. Own car, fluent English, experienced (510)869-3831

NANNIES NEEDED

Full-time, part-time, 9-12/hrs. Refs, exp'd car req'd. Res. 330-3380. Be In Our Care Nanny Agency

NANNY needed for 9 month old boy, full-time. References required 510-339-1228

NANNY needed for 2 yr old boy, 9 yr girl. Monday-Friday Afternoons, 28-35 hours/week. Responsibilities include: afterschool pickup, help with homework, light housekeeping. Own car, English, excellent references required. North Berkeley 510-549-1538.

SEEKING to share wonderful nanny, mornings September, 4 year old boy Glenview, Crocker, Piedmont 510-450-9612

402 Domestic & Caregiver

CAREGIVER for loving woman with alzheimers. Evenings. Overnights. Weekends. Live-in/out. Experience. References 510-655-8482

CAREGIVERS IMPORTANCE paid to responsible, experienced, compassionate. Certified Nurses Assist. Home aides, housekeepers/ companions immediate hourly to part-time live-in care. A caring Connection, 524-8076

CENTRAL American refugees seek employment in housekeeping, gardening, childcare, painting, moving. Skilled and reliable 864-9011

HOME Helper, Irg No Berkeley home, room/ board exchange for 18hrs work. English or Spanish 510-524-0487

HOUSEHOLD Helper North Berkeley home, late weekday afternoons, some flexibility. Driving kids, simple cooking. light housekeeping, etc Must have car, references. 510-525-0276

VERY strong, extremely reliable, experienced caregiver for woman with long time MS. References required 510-428-1037

ACCOUNTANT: Oakland non-profit is seeking a FT/PT accountant responsible for AP, P/R, budgets, bank reconciliations, project reporting, grant reports and financial statements. Requires bachelors degree or business degree, 5 years experience and experience with PC applications. Experience with non-profit funding accounting is desirable. Send resume and cover letter to: Administrative Director, 672 - 139th Street, Oakland, CA. 94612

ACCOUNTING CLERK- AP & AR, accounting skills, detail-oriented, team player, 6 months experience preferred. Fax resume to 510-748-8714 or email disparis@gateway.net

ACCOUNTING Assistant, Oakland, CPA office Billing, English, & Cantonese Friendly and pleasant. P/T or FT. Knowledge of basic accounting, Excel, 10-key by touch, good phone skills, typing 40 WPM. For interview call Rose 510-251-6228

ADMIN ASST./ Receptionist- Small Industrial Co in Oakland seeks self-starter to handle all receptionist and related duties. Must know all basic PC skills and MS Word. Please send resume to HR, P.O. Box 12308, Oakland, CA 94604

Admin/Cust. Service Berkeley woman's clothing manufacturer is looking for a team player with excellent admin and org. skills. Must be able to multi-task in a fast pace environment and work independently. Excellent computer and clerical skills and professional phone manner a must. Salary starting at \$36,000 plus benefits. Tel. 510-644-1408; Fax 510-644-0675 or email to: hr@brynwalker.com

BOOKKEEPER, Specialty food company seeking a self-starter to join in our administrative team. Attention to detail, team player, able to take directions. We offer competitive wages and a benefits package. Fax resume to David at 510-601-8251

BOOKKEEPER- For Jack London Square company. 2 times per month. QuickBooks experience. Call 510-839-0257

CARPENTER WANTED Residential remodeling, and structural repair/constructor is looking for experienced journeyman carpenter comfortable with running projects and supervising a small crew. Must have a strong construction background and good people skills. Please call Jim Gardner at 510-655-3409

CARPENTER, lead. High quality, East Bay remodeling. Fax resume and 3 references to 510-594-2463

CLASSIFIED DISPLAY ADS REALLY WORK! Call Classified to find out more! 339-8777

403 Help Wanted

ADMINISTRATIVE Assistant To support activities related to accreditation issues for Colleges and Universities. Self-motivated, self-starter and good writer preferred. Duties include: Word processing, Recording meeting minutes, Complex calendaring, Organizing off-site meetings, Data entry. Some travel. Great benefits. Fax resume to (510)832-5321. Office to relocate to Alameda in Fall

ADMINISTRATIVE Asst for fast growing Alameda Rental property management office. Heavy phones, typing, Word Processing and customer service. Salary/benefits negotiable. Fax resume: 510-521-3492

ADMINISTRATIVE Assistant, part-time, St. Paul's School. Admissions office. Resume to: 116 Montecito Ave., Oakland, 94610

ADMINISTRATIVE Assistant, A non-profit organization seeks a temporary administrative assistant in coordinating national conference. Main duties include managing database, registration and correspondence. Experience with Filemaker Pro and Microsoft programs is required. Graduate hours July 99-November 99- \$12 an hour. Apply to: Attn: A Tucker, CES, 1814 Franklin Street, Suite 700, Oakland, CA 94612

ADMINISTRATIVE Assistant, Immediate opening for principal secretary account clerk, substitute paraprofessional and office clerical. Apply Alameda USD, 2200 Central Expressway, Suite 100, Alameda, CA 94601. Job Hotline 510-337-7043

CONSTRUCTION: Lead Carpenter M/F needed for high-end Residential Remodeling Co. Capable of running projects in the \$100K range. Seeking a complete, motivated, organized foreperson who can really make a difference. Call Jordan at: 510-652-1557 or Fax your resume to 510-654-5210

COOK: Experienced line cook, days Call for appointment 510-444-4734

CUSTOMER SERVICE REP Professional person with excellent telephone and communication skills, detail-oriented, computer literate. Duties include order processing and data entry in a fast-paced environment. M-F, Monday-Friday, Full Benefits. Fax resume to HR Dept 510-436-4510

CUSTOMER SERVICE 50 yr young food/ beverage ingredients firm near Jack London Square seeking multi-cultural, detail-oriented, computer literate. Duties include editing and dissemination of information, data entry, administrative assistant, customer service, general office and phones, self-starter, quick learner. Fax resume and salary requirements to: 510-893-6590; e-mail: Help@McKenzie-Flavel.com

DENTAL Front office FT Full benefits plus bonus. Experience req'd. Emeryville 510-652-8855

DENTAL Assistant 3 1/2 to 4 days perio office Oakland if qualified can start immediately. (510)384-3414

DENTAL Team Applicants: Alameda County Dental Society Members have openings for DA, RDA, RDH, front office 510-547-7189

DOCTORS Assistant/ Receptionist/ FT, including Saturday, 8:30-5:00, 510-893-6590; e-mail: Help@McKenzie-Flavel.com

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403 Help Wanted

FLORAL Designer- experienced. Berkeley. Fax resume to 510-653-7722, attention Bobbie or call 510-653-7227

GARDENING Helper, P/T, Minimum wage. Must have phone/ transportation. Punjabi or Hindi speaking okay 510-232-8619

GENERAL Office Clerk, FT/ Must have excellent communication skills, computer skills for Windows, willing to learn. Fax resume to 510-769-9819

GLAZIERS- Experienced only. Glass Co. with reputation for professional craftsmanship is looking for a few good glaziers interested in professional opportunity with a growing company (510)523-5046

HAIRSTYLIST for small unique multi-cultural salon in Alameda. Rental station, very affordable. Sharon 510-864-2755

HAIRSTYLIST & Manicurist, both rentals, Berkeley, seeking experience and professionals with clientele. Use: 510-841-0288

HOUSECLEANER/ Supervisor. Immediate opening for principal secretary account clerk, substitute paraprofessional and office clerical. Apply Alameda USD, 2200 Central Expressway, Suite 100, Alameda, CA 94601. Job Hotline 510-337-7043

403 Help Wanted

MARKETING ASSISTANT
Part-time Computer Group, a growing Oakland based company seeks a motivated and energetic individual to assist our sales and marketing efforts. Must have a minimum of 2 years experience in a sales position. Please send resume to: 10000 Lakeside Blvd., Suite 200, Oakland, CA 94603. Fax: 510-527-7443.

403 Help Wanted

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403 Help Wanted

POLICE OFFICER
City of Alameda
SALARY \$55,432-\$67,371
PER YEAR
Excellent Benefits
RECRUIT: first 300 complete applications accepted
ACADEMY GRAD: Must have graduated by 8/3/99 from CA POST Basic Academy (within last 3 years) but not yet received POST Basic Certificate
LATERAL: Must possess POST Basic Certificate and be currently employed as a Police Officer in CA for 1 year
Applicants must meet required education, physical and driving standards by application deadline 8/3/99. HR Dept. City Hall, 2363 Santa Clara Ave., Alameda 94501. www.ci.alameda.ca.us/obs.html or 24 hour hotline: 510-748-4635. EOE/M/F/D.

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403 Help Wanted

RECEPTIONIST/ Administrative Assistant
PT, great phone manner, positive attitude, strong verbal, written, team player, heavy phones, typing, computer experience. \$9/ hour, benefits. Friendly office. In Oakland. Use 510-452-6118.

403 Help Wanted

RECEPTIONIST
Berkeley Office Practice, PT, must be efficient, accurate with strong communication and computer skills. 510-528-3937

403 Help Wanted

RECEPTIONIST, P.T.
Albany Berkeley Chiropractic Clinic, Monday, Wednesday, Friday 8:30am-5:00pm. More hours in future. Some skills. Friendly, front office skills. \$6-\$11 DOE. Fax resume: 510-528-6271.

403 Help Wanted

PANDA SOFTWARE
Multinational software company has an immediate opening for a receptionist at rapidly growing San Francisco office.

403 Help Wanted

RECEPTIONIST
Phonics, Filing, Mail, UPS, Calendar, Light Word Processing, MS Word, Excel, \$11/ hr.

403 Help Wanted

OAKLAND
Front Desk Professional. Phones, Clients, Short term. MS Word. \$12/ hour.

403 Help Wanted

Wellborn/ McElroy
Personnel Service, Inc. 925-946-0200 Fax: 925-944-8791

403 Help Wanted

RECEPTIONIST/ General Office
PT, Oakland property management company looking for an organized, multi-tasking, detail-oriented person. Word processing skills necessary. Fax resume: 510-893-9379 after 5:00pm.

403 Help Wanted

Panda Software
580 Washington St. San Francisco, CA 94111 Fax: 415-392-6116

403 Help Wanted

RECEPTIONIST/ Admin.
Berkeley Arch firm needs FT rexp/ admin, answer phones, multi-task/ order supplies, coordinate meetings, errands. Strong writing and clerical skills, attn to detail. Computer skills and car a must. Fax resume and salary requirements to: Judy Maslin 510-644-1929

403 Help Wanted

RECEPTIONIST/ Greeter
Large Marine dealership seeks full-time person, able to work weekends. Computer knowledge a plus. Call Dave 510-535-6160/ Fax 510-458-4109

403 Help Wanted

RECEPTIONIST
Part-time, busy akere salon. Must enjoy people, be detail-oriented, multi-tasked. Duties: appointment scheduling, cash handling, good phone skills, computer literate, retail experience, bookkeeping a plus. Sunday 10:45-7:45, Monday-Thursday evenings 5:45-9:15pm. Send resume/ salary requirements to: 1009 Solano Ave., Albany 94706; Fax 510-526-7767

403 Help Wanted

RECEPTIONIST ADMIN. ASSISTANT
Well-established East Bay PT agency seeks FT Receptionist/ Administrative Assistant to work as part of our professional team. This position requires the ability to handle many assignments while working under tight deadlines. Exceptional organizational, proof-reading, grammar and computer skills needed. Great benefits. Fax resume and salary requirements to: Jane at 510-865-5165.

403 Help Wanted

RESIDENT Manager
Organizational and interpersonal skills a must. Experience required. Fax resume to: (510) 763-9586 or call (510) 763-9500.

403 Help Wanted

SCOTT'S REST.
Jack London Square currently seeking experienced server/ bartender manager and waitstaff with fine dining skills. Excellent starting wage and company benefits. Apply between 9-11am or 2-4pm.

403 Help Wanted

RETAIL
McCauley's Montclair, full-time receiving and marking women's clothing. Apply in person: 6211 Macaulay Place, Montclair.

403 Help Wanted

RETAIL
Sales: Established upscale furniture store looking for team player. Only confident and skilled in sales need apply. \$25/ hr + potential. Call Debbie: 510-521-6227

404 Independent Employment

FREE
Multi-million dollar company seeks motivated outgoing individuals to lead regional sales efforts. Free intensive training with right attitude. 510-524-1049.

404 Independent Employment

SALES-MARKETING
Earn money managing promotions. National marketing firms offers unique job opportunities managing promotions at near by Colleges for credit cards and other top national companies. Earnings comprised of commissions and expenses averaging up to \$500-\$1000 per week. Call Monday-Friday ask for Arnette 9-5pm at 1-800-475-8880 ext 12.

404 Independent Employment

BERKELEY High Students
Available for part-time work. Career Center 548-5627.

404 Independent Employment

CHILD CARE & HEALTH CARE SERVICES

404 Independent Employment

SUGAR & SPICE
Welcome to quality child-care. We offer a warm and loving environment where children can discover the joy of growing up. 0-4 yrs. Visit Family Membership \$750. Includes transfer fee. (925) 883-5097.

404 Independent Employment

411 Childcare - Licensed

404 Independent Employment

413 Babysitting Offered

404 Independent Employment

413 Home Health Care Offered

404 Independent Employment

ABLE CARE INC.

404 Independent Employment

502 Business Opportunities

404 Independent Employment

FOR SALE

404 Independent Employment

601 Appliances

404 Independent Employment

602 Art/Antiques

404 Independent Employment

603 Miscellaneous For Sale

404 Independent Employment

605 Home Furnishings

404 Independent Employment

605 Home Furnishings

404 Independent Employment

605 Home Furnishings

603 Miscellaneous For Sale

CLAREMONT Pool & Tennis Club
transferable family membership for sale. \$4000. Please call: 510-531-3874.

603 Miscellaneous For Sale

ENCYCLOPEDIA Britannica
19 volume Macropedia, 15th edition, \$400. Call Samuel 510-524-3445.

603 Miscellaneous For Sale

FURNITURE For Sale
Large Couch, Hide-a-bed, Arm chair, Coffee table, Corner tables plus W/D, China place setting for ten. (510) 339-6580.

603 Miscellaneous For Sale

INTEL Pentium 166 mhz 58k
modern, CD Rom, 1.2 Gb, Windows 95, Free unlimited Internet, 14" Color monitor. \$295. 510-872-7866.

603 Miscellaneous For Sale

MONTCLAIR Swim Club
Family Membership \$475 plus transfer fee. You will save \$200. 510-336-0053

603 Miscellaneous For Sale

NORDICRAFT Walk fit treadmill
\$300. Like new. Call 510-339-1582.

603 Miscellaneous For Sale

PEWTER
books, cross-stitch, plates, Oriental collectibles, 6 1/2" x 2 1/2" square, 6 1/2" x 2 1/2" square, 6 1/2" x 2 1/2" square. 510-233-7944.

603 Miscellaneous For Sale

THE Hills Swim and Tennis Club
Family Membership \$4500 plus Transfer Fee. (510) 339-8166.

603 Miscellaneous For Sale

THE Hills Swim and Tennis Club
Family membership \$4250/ OBO. Call 510-420-0786.

603 Miscellaneous For Sale

THE Hills Swim & Tennis Club
Family Membership \$3950. Call 510-482-2633

603 Miscellaneous For Sale

THE Montclair Swim Club
Family Membership \$750. Includes transfer fee. (925) 883-5097.

603 Miscellaneous For Sale

THE Oakland Hills Tennis Club
Family Membership \$600. Call 510-530-9361.

603 Miscellaneous For Sale

2' Pool Table
new, fast, \$800. Call Frank. 510-749-7611

603 Miscellaneous For Sale

605 Home Furnishings

603 Miscellaneous For Sale

15th ANNIVERSARY SPECIAL

603 Miscellaneous For Sale

DESK with Credenza
Solid Oak \$475. Oak Table with 4 chairs \$150. (510) 521-4113.

718 2 Bedrooms

\$800 SPACIOUS Two bedroom apt., wall-to-wall carpeting, new paint, near BART. 510-989-9311.

719 3+ Bedrooms

\$1800 SIX month lease, water/garage/pk. Coin laundry, heat. #199374-B. Homefinders 549-6450. Fee/Guarantee.

\$2400 CHARMING brown shingle upper 3 bdrm flat designed by Julia Morgan. Fully view, fireplace, formal dining room, hardwood floors. W/D, totally refurbished 254-3971.

875 IVY HILL

1 bdrm apt with skylight, well maintained, quiet street, pleasant, south facing. Garden & patio area. 510-419-0449

\$680 3630 PENNIMAN Ave. Open house Sun, 2-3pm. Fully furnished. Formal dining/living rooms. 510-465-8211.

\$495 Kaiser Hosp. neighborhood, 1 bedroom w/ deck, near BART, Telegraph Ave. & Grand Ave. Clean, sunny, closets, convenient. 510-654-4965.

HEART OF ADAMS POINT

276 Lee St. 1 bdrm, fresh carpet, paint, elevator, interior entry, laundry, INTERCOM entry, laundry. MUST SEE! Call 510-523-8604.

\$750 1309 WELLINGTON #2. 1 bdrm, 1 ba, Glenview District, upper corner unit, indoor cat ok. Harbor Bay Realty 510-523-1166.

\$750 743 OAKLAND Ave., 1 bdrm, best location, fresh carpet and paint, 1 block to Rose Garden. Call 510-596-8934.

\$750 ONE bdrm, 1 bath, clean, immaculate, W/D on-site, covered parking. 3080 Richmond, cross street Piedmont/ MacArthur. (510)452-0455 for appointment.

\$800 LAKE Merritt, 1 bdrm, water/garage included, parking, roof deck, walk to BART. 510-834-5328.

\$800 LUXURIOUS condo with fireplace, new paint, wall-to-wall carpet, fresh paint. Near Piedmont. Great location. Lee 510-452-8600.

\$800 PLUS \$450 dep. Grand Lake area, water/garage incl. sec. bldg/pk. For appointment 510-452-2044.

\$825 QUIET, clean in-law apt. Rockridge. Utilities/Indy included, small kitchen. 29 Westminster Dr. Open house 12-3pm, Saturday 7/17.

718 2 Bedrooms

\$825 VERY lg 1 bdrm apt at the Lake, close to everything. Call 510-451-7197.

\$850- Top Floor unit with bridge view, fireplace, balcony, and parking. 424 Orange St. (510)893-9380 ext. 16.

\$850 LOVELY large 1 bdrm in small Victorian building. 1/2 block to Lake Merritt. Hardwood floors, fireplace, modern appliances, small dog possible. \$1800 move-in. August 7 510-525-0395.

\$875 LOWER ROCKRIDGE 1 bedroom, patio, gas kitchen, parking, near UC, shopping and transportation. 510-654-3693.

ROCKRIDGE

Large 1 bdrm with dining area and large living room. Quiet location, well maintained property. Convenient to shopping & transportation. Parking. 510-584-8189.

CHINA HILL

Large 1 bdrm plus studio in Grand 1920's building. Sunny, quiet, 9 ceilings, bay windows. New paint, blinds. Garden. 510-465-8774.

\$875 ONE bdrm, \$1000 2 bdrm, 1 bath, \$1400 4 bdrm, 1 bath. A remodeled, converted Victorian. Lindy facilities, nice view, close to transportation and shopping. 1131 Bella Vista. 925-930-7780

721 El Cerrito & North

\$835 EL CERRITO, 2 bdrm, like new, hardwood floors, stove, refrigerator, quiet. Non-smoking. Agent 526-9661.

\$1075 EL CERRITO, clean, quiet, upper 2-bdrm, balcony, 4-plex, large enclosed garage. Lease. 510-237-1131; 510-232-3886

\$1800 MARINA Bay, immaculate 2 bdrm, 2 1/2 bath, townhouse. Walk to Marina. Gated, pool, garage, Indy. Park view. Available July 23rd. Non-smoking, no pets. 510-845-0364

724 Oakland & Piedmont

\$800 PLUS \$450 dep. Grand Lake area, water/garage incl. sec. bldg/pk. For appointment 510-452-2044.

\$825 QUIET, clean in-law apt. Rockridge. Utilities/Indy included, small kitchen. 29 Westminster Dr. Open house 12-3pm, Saturday 7/17.

\$825 QUIET, clean in-law apt. Rockridge. Utilities/Indy included, small kitchen. 29 Westminster Dr. Open house 12-3pm, Saturday 7/17.

725 Studios

\$415 LAKE English Tudor studio, shared bathroom with 2 others, water, garage. Transportation. 510-601-5363.

\$425 SMALL studio, all utilities paid. Clean, sunny, Indy, close to Highland hospital. 2900 14th Ave. 510-865-0300.

\$625 450 40TH STREET-studio in charming 1940's building, close to shopping and transportation. Walk to BART. Call 510-594-9282.

\$675 MONTCLAIR, woody setting with deck, separate unit, water & garage included. Jan: 510-339-1074 message.

\$695 264 Lee Street-studio. Great neighbors, central Adams Point location. Call 510-763-0749.

\$750 CHARMING large studio, North Oakland. Hardwood floors, high ceilings, huge corner unit. Hardwood floors, laundry, BART. 925-284-1887.

\$875 NORTH Oakland Studio Plus near Rockridge, BART. 439 49th. Hdws, spec., cat neg. 510-547-1590.

\$895 UPPER floor. Old World Charm near Piedmont. Great location, private, cat negotiable. 81 Glen. 510-547-1590.

\$1250 LAKESHORE Ave. Great views, good location, spacious, hardwood floors, beautiful building. (510)832-3900.

726 1 Bedroom

\$475 MONTCLAIR, Snake Road. Furnished bedroom in private home. Bath, Sun-porch. Parking. Secure. View. 510-339-1019.

\$560 ADAMS Point, security building, balcony, wall-to-wall carpeting, manager: 510-655-8504

\$625 JUNIOR 1 bedroom, bright, sunny, clean. Cat ok. (510)763-4357/465-8827.

GREAT UNIT!

Available Now! Sunny, new linoleum paint, wall-to-wall, part utilities. Clean, Quiet, secure building. 2440 8th Ave. 510-268-4900.

\$895 PIEDMONT border. Ideal location. Updated lower flat in quiet triplex. Garage, shared patio. Convenient to Grand Ave shopping/transportation. No pets. Leave message. 707-884-4278.

\$895 PIEDMONT border. Ideal location. Updated lower flat in quiet triplex. Garage, shared patio. Convenient to Grand Ave shopping/transportation. No pets. Leave message. 707-884-4278.

726 1 Bedroom

\$895 SPACIOUS 1 bd, nr Piedmont. Pkg. Lindy Fac. 612 Mariposa Ave. 510-655-5845; 510-653-6019.

\$900 X-LARGE Sunny Spanish-style one bedroom, separate dining, hardwood floors, Cathedral ceiling, lots of windows, all utilities included. 2215 Carroll St. (510)834-6646.

\$950 CHOICE Glenview location, classic 1920's security building, residential tree-lined street, 1 block off Upper Park Blvd. Tastefully refurbished corner unit, features separate eating area, hardwood floors, decorative fireplace. 415-459-4295.

\$950 DELUXE 1 bdrm flat, top floor, quiet triplex. New paint and vinyl. Fireplace, laundry, Levators, carpets, dishwasher. Heat/water included. Available 8/1. 510-452-1658.

\$950 GLENVIEW Spacious corner unit. Hardwood floors, 3738 Rock Blvd. W. Open 7/14, 5:30-6:30p.m. 510-769-0300.

\$1000 NEW spacious quiet Oakmore in-law. Walk-in closets, laundry, off-street parking. Non-smoking. No pets. 531-5155.

\$1050 QUIET, immaculate, new and sunny in-law. Large closet, laundry facilities, private parking. All utilities pk. Call evenings 510-549-1824.

\$1050 UPPER Rockridge, great neighborhood, cat neg, security, elevator, balcony, coin-op, Indy, 5901 Broadway. 510-428-2481.

\$1100 Lakeshore Area. Huge (920sq ft), sunny, bright, 1 bdrm, 1 bath, through-out. Laundry, garage. Non-smoking. Open 7/16 6-7pm, 7/17 12-1pm. 687 Arthur #2. (510)531-5059.

\$1295 ONE bdrm, Rockridge, College/ Glenview. Pool, courtyard, gardens. Non-smoking. No pets. Lease. Security, laundry, BART. Parking extra. 925-5-2-1-6 8 7 9.

\$1400 SPACIOUS, BRIGHT, 1 bdrm, large dining/living room with fireplace. Great location near Lakeshore/ Piedmont border. Hardwood floors, blinds, W/D, basement storage, shared yard, ample street parking. Evenings 415-885-4865.

\$1495 FURNISHED Beautiful 1-bedroom. Shows like a model, one of a kind Italian tile. Sunny, Courtyard, deck, parking, laundry. Best location. Short long term. 473 Jean St. Oakland. 510-652-2905

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727 2 Bedroom

\$1500 ADAMS Pt. Condo. Large quiet 2Bd/Ba, balcony w. view of Bay. Secure garage, parking, all appliances. Lots of closets. 12 month lease. (510)839-1442 or 635-1477.

\$1500 BEAUTIFUL downtown Montclair, walk to shops and restaurants. Close to transportation. No pets. 6520 Lucas Ave. 925-930-7760

\$1595 UPPER Rockridge. Great neighborhood. Elevator, coin-op, Indy, cat negotiable. Hardwood, balcony. 5901 Broadway. 510-428-2481.

\$1650 UNIQUE, upscale 2 bdrm duplex. Upper Grand. 510-452-1063.

\$1700 LAKE Merritt, 2 bdrm, 2 bath condo, 18th floor, doorman. Secured parking. 915-395-6472 evenings.

\$1950 TWO bdrm plus loft, Parkwoods Condo. Covered parking, gym, pool, quiet. 925-254-9439.

728 3+ Bedrooms

\$1550 LOVELY 2/3 bdrm, 1 1/2 ba Townhome. Private, woody, end unit. Garage, fireplace, W/D, small deck. Available 8/1. Call Shawn or Darby at 707-892-7225 for further information.

\$1850 SUNNY Glenview flat. 3 bdrm, 1 bath, 1500 sq ft. Lindy, hardwood floors, fireplace. 415-647-2424

729 San Leandro & South

\$625 SAN LEANDRO, sunny carpeted 1 bdrm. Stove, refrig, Indy, garage. Convenient to downtown. 510-531-1914.

COTTAGES

\$737 Berkeley

\$1125 NORTH Berkeley 1+ bdrm cottage. Garden, spacious. Call 510-891-7-B. Homefinders 549-6450. Fee/Guarantee.

742 Oakland & Piedmont

\$1100 PIEDMONT. Small, private one bedroom carriage house. No pets. Laundry, utilities included. 595-3351

HOMES FOR RENT

\$750 Albany & Kensington

ALBANY, Kensington, El Cerrito; two, three, four bedroom cottages, flats, and houses. Berkeley Connection, 845-7821.

\$2250 PLUS \$3000 security deposit. Kensington. Lease August 1st. View, 2 bdrms. Hardwood floors, fireplace, double garage, quiet. No pets, no waterbeds, non-smoking. 510-524-6674

751 Berkeley

\$850 TWO bdrm, 1 bath, deck, immaculate, w/d on site, covered parking. 3080 Richmond, cross street Piedmont/ MacArthur. (510)452-0455 for appointment.

\$950 LAUREL dist condo, 2 bdrm, 1 1/2 bath. Carpeted, fireplace, W/D, dishwasher, secure prng. Available now. 510-649-3883.

\$950 TWO bdrm, 1 bath, Penthouse, off Grand Ave., close to Lake and transportation. 510-835-3341

\$975 LAUREL District, quiet, immaculate, hillside location between 1-580 and Highway 13. 3773 High Street near Mills and Holy Names Colleges. New interior, appliances, dishwasher, balcony. Covered parking, coin laundry on-site, remote controlled gate access to property. No pets. 510-530-2032.

\$1000 GLENVIEW duplex. 2 bedrooms, 1 bath, dishwasher, garage. Downstairs unit. Prosecholor upstairs. 925-829-0554. Open Saturday, 9:30-12:30, 1024 Esl-nore.

\$1025 SPACIOUS 2 bd, near Piedmont. Pkg. Lindy Fac. 612 Mariposa Ave. 510-655-5845; 510-653-6019.

\$1050 ROCKRIDGE, duplex, small unit, parking, garden. Lawton. #33087-B. Homefinders 549-6450. Fee/Guarantee.

\$1100 CLEAN 2 bdrm, 1 bath, garage, in Adams Point. Close to Grand Ave and shopping. No pets. 270 Van Buren. 925-930-7760

\$1125 HIGH ceilings, hardwood floors, older 4-plex with character, nice backyard. C.P.S./Select. (510)482-0550.

\$1200 NEAR Grand Lake, 2 bdrm, 1 ba, H/Wd floors, view, prng. Sunday 12-3pm. 510-836-0758

\$1300 TWO bdrm, 1 1/2 ba split-level Condo. Fireplace, double garage, new carpets, storage. Secluded in Oakland Hills. 510-918-9965.

\$1400 PENTHOUSE, 2 bdrm, 2 ba, balcony/ deck overlooking hills. Call for appointment 510-452-2044.

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757 El Cerrito & North

\$2500 RICHMOND Hills, 4 bdrm plus master suite, 3 ba, 3500 sq. ft., 1/2 acre. To much to list 510-223-5181.

760 Oakland & Piedmont

\$1175 BELOW temple, 3873 Coolidge, new bathroom, private yard. No pets. Available 8/1. 510-530-4265.

\$1200 LAUREL District, cute B

